### Kundalini Yoga Class

### Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

### Join the Arlington Street Choir!

### Every Thursday starting September 10th ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome-we are a mix of professionals and amateurs. All are welcome!

### **Children's Religious Education Wants You!**

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt? If the answer is yes, please contact Laura or Erica after Labor Day for more information at CRE@ASCBoston.org.

### Join the Social Action Committee in the Fall

Join the committee and bring a social action topic that concerns you: voting rights, climate change, economic inequality, gun violence, Citizens United, homelessness, etc. The committee will support you! In September, the committee resumes meeting on the second Sunday of each month at 9:30 AM. For more information, contact Art Judge at socialaction@ASCBoston.org. "The service begins when the service ends."

### **Animal Issues Group**

Do you believe in kindness toward animals, yet are uneasy about the ways animals are treated in today's world? Have you considered switching to a plant based diet, but making changes seems overwhelming? Do you feel compassion for others should be as inclusive as possible? If you would like to see animal issues as part of our social action initiatives, please email the social action committee at socialaction@ASCBoston.org, and place "animal issues" in the subject line. We can discuss how to make changes in our daily lives, support the national Unitarian Universalist Animal Ministry, and educate interested members of our congregation about living more mercifully, healthfully, and sustainably.

Elizabeth (Dinny) Fletcher is a lifelong animal lover, and current board member of the Boston Vegetarian Society. She also volunteers for the Massachusetts Animal Rights Coalition (MARC). Dinny would welcome any level of participation or discussion of animal issues.

### **OUR UNITARIAN UNIVERSALIST FAITH**

Arlington Street Church is an historic congregation (1729) with a progressive faith. Long on the cutting edge of movements for social justice, we affirm the inherent worth and dignity of every being. All are welcome!

### **CONGREGATIONAL LEADERSHIP**

The Prudential Committee is the elected governing board of Arlington Street Church.

### THE PRU MEMBERS ARE:

Tina Rose (chair) / Mary Marcel (vice chair) Rick Cresta / Alex Frost / Connie Scanlon Dave Erbe / Eve Lauria / Kerry Marshall / **Thomas Simers** 

### **OFFICERS OF THE CORPORATION ARE:**

Susie Nacco (treasurer) / Tori Bell & Desmond Ravenstone (co-moderators) / Doc Kinne (clerk) Thomas Simers (assistant clerk)

### SPECIAL CONSIDERATIONS FOR SPECIAL NEEDS

FM amplification headsets are available from the ushers. Please do not remove them from the sanctuary. Accessible entry is via the ramp on the Arlington Street alley at the right-hand side of the front doors to the Church. Braille hymnals are available! Please ask an usher for assistance.

### Ministers

Rev. Kim K. Crawford Harvie, Sr. Minister Office@ASCBoston.org, ext. 10 Rev. George G. Whitehouse, Minister at Large

### Music

Mark David Buckles, Director of Music

MBuckles@ASCBoston.org Yevgenia Semeina-Maroyan Organist and Pianist Office@ASCBoston.org, ext 10

GWhitehouse@ASCBoston.org, ext. 10

### **Choir Section Leaders**

Julie Gregorio, soprano Glorivy Arroyo, mezzo soprano Daniel Rosensweig, tenor Justin Hicks, bass

### PLEASE SILENCE YOUR CELL PHONE. THANK YOU!

### Service is Our Gift

Guest Speaker, Rev. Vera O'Brien Worship Coordinator, Kate Birney Candles Coordinator, Art Nava Lead Greeter, Jenn Britt Lead Usher, Ellen Spencer Assistant Treasurers, Ellen Spencer & Carol Fisher

### CHILDREN'S PROGRAMMING

Children's Religious Education begins every Sunday in the sanctuary. Children are sung out near the beginning of the service and gather downstairs for CRE. Children rejoin their families in the sanctuary to end the service. Just off the Hunnewell Chapel is a nursery for fussy babies and their caregivers. The service is piped in, and a rocker, changing table and supplies are available. For information about our CRE program, please contact the church office or see our religious educator.

### **ALLELUIA!**

At Arlington Street Church, we raise a hand and circle two fingers above our heads to signal joyous affirmation.

### PARKING AT ARLINGTON STREET CHURCH

Parking on Sundays is available at the Back Bay Garage for a discount. Discount coupons are available at the Welcome Table after worship. Additional parking may be available on Arlington Street past "The Castle."

### **Staff Directory**

**Children's Religious Education** Laura Evonne Steinman, Religious Educator &Artist in Residence, LES@ASCBoston.org Erica Long, CRE Assistant

ELong@ASCboston.org

### Inside, OOS & Web Laurinda O'Connor Publications@ASCBoston.org Jeffrey Bouchard, Congregational Administrator JBouchard@ASCBoston.org, ext. 14

Brad Nobles, Sexton [Bouchard@ASCBoston.org, ext. 17

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### WELCOME AND GREETINGS

\*Hymn 290 Bring O Past Your Honor

# **READING 657**

### **COMMUNITY CANDLES OF SORROW & JOY**

You are invited to share your sorrows and joys with the congregation by filling out a Candle Card in the back pew on the right-hand side of the sanctuary. Candle Cards are collected until the beginning of the first hymn. After the service, Candle Cards are posted downstairs during coffee hour. You may also submit a candle by Saturday night at the church website, ASCBoston.org, by clicking on "Worship."

# Spirit of Life (Hymn 123)

Spirit Sing in SUNDAY,  $[ULY 19^{TH}, 2015]$ Welcome to Summer Services

\*You are invited to stand as you are willing and able.

PRELUDE . Tyler Turner

### **CALL TO WORSHIP**

We Meet on Holy Ground ...... Rev. Richard Gilbert

CHALICE LIGHTING ...... Rev. Vera O'Brien The flaming chalice is the symbol of our free faith.

It Matters What We Believe

of Life, come unto me.	Fuente de Amor, ven hacia mí.
n my heart all the	Y al corazón,
ings of compassion.	cántale tu compasión.
n the wind, rise in	Sopla al volar,
sea;	sube en la mar;
in the hand, giving	Hasta moldear
the shape of justice.	la justicia de la vida
hold me close; wings	Arráigame,
ne free;	libérame,
of Life, come to me,	Fuente de Amor, ven a mí,
e to me.	ven a mí.

### **AFFIRMATION AND COVENANT**

Love is the spirit of this congregation, And service is our gift. This is our great covenant: To dwell together in peace, To speak our truths in love, And to help one another.

El amor es el espíritu de nuestra congregación Y el servicio es nuestro regalo. Esto es a lo que nos comprometemos: Convivir en paz, Hablar nuestras verdades con amor, Y ayudarnos los unos a los otros.

### \*Hymn 345

With Joy We Claim the Growing Light

### **SERMON**

Let it Go ...... Rev. Vera O'Brien

### SILENT REFLECTION, MEDITATION, AND PRAYER

### **OUR SHARED RESPONSIBILITY**

Over 300 pledging members and friends support the work of Arlington Street Church with commitments averaging \$20 a week plus volunteer service. Whatever you give is greatly appreciated. Please consider a generous donation today! Contributions placed in an envelope will be credited toward your pledge.

### **OFFERTORY**

### **PARISH HIGHLIGHTS**

### \*Hymn 145

As Tranquil Streams

### **\*Benediction and Extinguishing the Chalice**

### POSTLUDE



Arlington Street Church, Unitarian Universalist 351 Boylston Street Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-7051 E-mail: office@ASCBoston.org • Web: www.ASCBoston.org



# News from the Soul of Sunday

SUNDAY, JULY  $19^{\text{TH}}$ , 2015

### All Are Welcome

### We are glad you have joined us this morning for worship!

This morning, we invite you to:

- \* Fill in the Welcome Card and place it in the collection plate;
- \* Join us for coffee and a light lunch in the Parish Hall;
- \* Introduce yourself to the service leaders, and;
- \* Please come back again soon!

### **Today's Speaker**

**Rev. Vera O'Brien** is an interfaith chaplain at Brigham and Women's Hospital where she feels blessed to work primarily with palliative care and cancer patients. She co-leads a small group of volunteers and is involved in a variety of educational activities of chaplains and physicians. Rev. Vera is our Affiliated Community Minister and our former Lifespan Educator. She is a proud graduate of Meadville Lombard Theological School (a UU seminary) and was joyfully ordained at ASC.

### Speaking on Sunday, July 26<sup>th</sup>

The Perversity of Diversity ...... Rev. Dr. Mark Morrison-Reed and featuring the Unitarian Universalist Musicians Network

Reverend Dr. Mark Morrison-Reed, who hails from Chicago, joined the Chicago Children's Choir in 1957 (the second year of its existence) and was the second African-American child to sing in that fine chorus. He earned his M.A. from the University of Chicago and his D.Min from Meadville Lombard Theological School. He served as co-minister with his wife, Donna Morrison-Reed, in Rochester, NY and Toronto, Canada. Currently he is an Affiliated Faculty at Meadville Lombard and Coordinator of its Sankofa Archive. He is recognized as the premier historian of the African-American experience in UUism. In much demand as a preacher, he has spoken at over 200 UU congregations and conferences in Canada, the U.S. and Europe.

**UUMN** is a professional organization of the Unitarian Universalist Association. We were founded in 1983 to develop and enrich music ministry in the denomination and to support the musicians

who carry out this vital work. Our current 600 plus membership encompasses both professional and lay musicians, largely from North America. While the majority of our resources are intended for music staff in UU congregations we welcome all who support this vital ministry. UUMN members include music directors, organists, conductors, singers, instrumentalists, composers, ministers, religious educators, music committee members, troubadours, as well as individual members of congregations.

The Mission of the Unitarian Universalist Musicians Network is to nurture, educate, and inspire UU music leaders to create dynamic and transformative music ministries. The members of UUMN covenant to support and motivate one another in joyous and loving community.

# **Social Hour and Lunch**

The Sandwich Board continues to serve lunch all summer long, featuring cold soups, sandwiches, salads, watermelon and other seasonal items. Volunteers to help with food preparation and, especially, clean-up, are always encouraged to stop by the kitchen on Sunday or contact Jon Ellertson.

## SUMMER WORSHIP HIGHLIGHTS

### **Summertime at Arlington Street**

Every Sunday through Labor Day, a different member of the Arlington Street community will be preaching, while Rev. Kim, Mark, and Laura Evonne are away on summer break. Should you need a minister over the summer, please call the church office at 617-536-7050. The admin staff is always here for you; Jeffrey, and Brad are glad to help! Happy summer, one and all!

During summer, life at Arlington Street Church slows down and Inside Arlington Street Church is published in this leaner format. Until Homecoming Sunday Service on September 13<sup>th</sup>, the best way to stav informed on all of the church's activities is to visit our website. ASCBoston.org and click on "Calendar." Jeff Bouchard, our facilities manager, keeps it current.

### **Childcare during Summer Worship Services**

The formal CRE program begins again on Sunday, September 13th. This summer, Arlington Street youth and adult volunteers will be here to care for elementary-aged children during the service. Please meet them at the back of the sanctuary before the service begins.

We ask that older children stay with their families in the service. Very young children can either stay in the service or use the nursery where the service piped in.

### Immediately following the service in the Parish Hall

continued on back...