

# SUNDAY, JULY 12<sup>TH</sup>, 2015

## Welcome to Summer Services

\*You are invited to stand as you are willing and able.

#### **PRELUDE**

Nocturne in B major, Op. 32, No. 1 ... Frédéric F. Chopin (1810 -1849) Nocturne in G minor, Op. 15, No. 3 Karolina Rojahn, piano

CHALICE LIGHTING ...... LUKE 6:30-32

The flaming chalice is the symbol of our free faith.

## WELCOME AND GREETINGS

# \*Hymn 349

We Gather Together

## **COMMUNITY CANDLES OF SORROW & JOY**

You are invited to share your sorrows and joys with the congregation by filling out a Candle Card in the back pew on the right-hand side of the sanctuary. Candle Cards are collected until the beginning of the first hymn. After the service, Candle Cards are posted downstairs during coffee hour. You may also submit a candle by Saturday night at the church website, ASCBoston.org, by clicking on "Worship."

# Spirit of Life (Hymn 123)

Spirit of Life, come unto me.

Sing in my heart all the stirrings of compassion.

Blow in the wind, rise in the sea;

Move in the hand, giving life the shape of justice.

Roots hold me close; wings set me free;

Spirit of Life, come to me, come to me.

Fuente de Amor, ven hacia mí.

Y al corazón, cántale tu compasión.

Sopla al volar, sube en la mar;

Hasta moldear la justicia de la vida

Arráigame, libérame,

Fuente de Amor, ven a mí, ven a mí.

## AFFIRMATION AND COVENANT

Love is the spirit

of this congregation,

And service is our gift.

This is our great covenant:

To dwell together in peace,

To speak our truths in love,

And to help one another.

El amor es el espíritu

de nuestra congregación

Y el servicio es nuestro regalo.

Esto es a lo que nos comprometemos:

Convivir en paz,

Hablar nuestras verdades con amor,

Y ayudarnos los unos a los otros.

#### \*HYMN 112

Do You Hear

#### **SERMON**

Random Acts of Kindness ...... Harlow Robinson

# SILENT REFLECTION, MEDITATION, AND PRAYER

#### OUR SHARED RESPONSIBILITY

Over 300 pledging members and friends support the work of Arlington Street Church with commitments averaging \$20 a week plus volunteer service. Whatever you give is greatly appreciated. Please consider a generous donation today! Contributions placed in an envelope will be credited toward your pledge.

#### **OFFERTORY**

## PARISH HIGHLIGHTS

## \*Hymn 118

This Little Light of Mine

## \*BENEDICTION AND EXTINGUISHING THE CHALICE

#### **POSTLUDE**



# News from the Soul of Sunday Sunday, July 12<sup>TH</sup>, 2015

## All Are Welcome

## We are glad you have joined us this morning for worship!

This morning, we invite you to:

- \* Fill in the Welcome Card and place it in the collection plate;
- \* Join us for coffee and a light lunch in the Parish Hall;
- \* Introduce yourself to the service leaders, and;
- \* Please come back again soon!

## TODAY'S SPEAKER

Harlow Robinson is an author, lecturer and professor of history at Northeastern University. Harlow has been a proud member of ASC since 2003, and has served on the Worship Committee and the Prudential Committee. He and his husband Robert Holley were married at ASC in 2004.

# SPEAKING ON SUNDAY, JULY 19<sup>TH</sup>

Let it Go ...... Rev. Vera O'Brien

How do we know when to hold on and when to let go? What guidelines might we use to decide?

Rev. Vera O'Brien is an interfaith chaplain at Brigham and Women's Hospital where she feels blessed to work primarily with palliative care and cancer patients. She co-leads a small group of volunteers and is involved in a variety of educational activities of chaplains and physicians. Rev. Vera is our Affiliated Community Minister and our former Lifespan Educator. She is a proud graduate of Meadville Lombard Theological School (a UU seminary) and was joyfully ordained at ASC.

#### SUMMERTIME AT ARLINGTON STREET

Every Sunday through Labor Day, a different member of the Arlington Street community will be preaching, while Rev. Kim, Mark, and Laura Evonne are away on summer break. Should you need a minister over the summer, please call the church office at 617-536-7050. The admin staff is always here for you; Jeffrey, and Brad are glad to help! Happy summer, one and all!

During summer, life at Arlington Street Church slows down and *Inside Arlington Street Church* is published in this leaner format. Until Homecoming Sunday Service on September 13<sup>th</sup>, the best way tostay informed on all of the church's activities is to visit our website, ASCBoston.org and click on "Calendar." Jeff Bouchard, our facilities manager, keeps it current.

### **SUMMER WORSHIP HIGHLIGHTS**

## CHILDCARE DURING SUMMER WORSHIP SERVICES

The formal CRE program begins again on Sunday, September 13<sup>th</sup>. This summer, Arlington Street youth and adult volunteers will be here to care for elementaryaged children during the service. Please meet them at the back of the sanctuary before the service begins.

We ask that older children stay with their families in the service. Very young children can either stay in the service or use the nursery where the service piped in.

### **Coffee Hour**

Immediately following the service in the Parish Hall

Let's all gather downstairs for beverages, a light lunch, and community!

#### KUNDALINI YOGA CLASS

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

## JOIN THE ARLINGTON STREET CHOIR!

Every Thursday starting September 10th ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome—we are a mix of professionals and amateurs. All are welcome!

# JOIN THE SOCIAL ACTION COMMITTEE IN THE FALL

Join the committee and bring a social action topic that concerns you: voting rights, climate change, economic inequality, gun violence, Citizens United, homelessness, etc. The committee will support you! In September, the committee resumes meeting on the second Sunday of each month at 9:30 AM. For more information, contact Art Judge at socialaction@ASCBoston.org. "The service begins when the service ends."

#### **ANIMAL ISSUES GROUP**

Do you believe in kindness toward animals, yet are uneasy about the ways animals are treated in today's world? Have you considered switching to a plant based diet, but making changes seems overwhelming? Do you feel compassion for others should be as inclusive as possible? If you would like to see animal issues as part of our social action initiatives, please email the social action committee at socialaction@ASCBoston.org, and place "animal issues" in the subject line. We can discuss how to make changes in our daily lives, support the national Unitarian Universalist Animal Ministry, and educate interested members of our congregation about living more mercifully, healthfully, and sustainably.

Elizabeth (Dinny) Fletcher is a lifelong animal lover, and current board member of the Boston Vegetarian Society. She also volunteers for the Massachusetts Animal Rights Coalition (MARC). Dinny would welcome any level of participation or discussion of animal issues.