



Care Cards Table

Now that summer services at Arlington St. Church have begun, the Care Cards table will be on hiatus until September 8th. We would love to invite new volunteers to join us in the fall. Can you spare an hour once a month? The Care Cards group is seeking volunteers to help with setting up and hosting the Care Cards table in the Parish Hall during the after service lunch. Volunteers collect the candles of sorrow and joy from the worship team, prepare cards to be signed, host the table during lunch, and deliver the signed cards to the office for mailing. If you have a busy life and live a long commute from ASC, this is a perfect way to be of service to the community! We will start setting up again on a weekly basis on Sunday, September 8th. Please email Office@ascboston.org to be put in touch with the Care Cards team.



ASC Young Adults (ASCYA)

We're starting a Young Adult Group here at Arlington Street! Are you 18-35 years old? Find us on Facebook at ASC Young Adults, or contact Rebecca Reid through the church office (Office@ASCBoston.org). *Join us!*



Summer Reading

Buddha's Belly: Arlington Street's Buddhist book group is reading Pema Chödrön's *The Places That Scare You: A Guide to Fearlessness in Difficult Times*. All are welcome to join in the discussion on Tuesday, September 10th at 6:00 pm.

Intersectional Book Group: Join Rev. Kim for the thirteenth in our series of occasional discussions about books with intersectional themes. Our next book is Michelle Alexander's *The New Jim Crow*. We'll meet to discuss it on Monday, September 9th at 5:30 pm.



Tiffany Center is Open: Join Our Team!

Sundays, 1:00 - 4:00 PM & Monday - Saturday 10:00 AM - 3:00 PM (closed Tuesdays), Sanctuary

Are you looking for an interesting way to get more involved here? Are you curious about the history of the building and the BEAUTIFUL windows? Would you like to meet people from around the world? We need greeters and tour guides every day except Tuesday. It's low-commitment, flexible scheduling, and less than three hours per shift. No experience necessary; all training will be provided! Please speak with Alissa Butler or email her at astiffany@gmail.com. *Thank you!*

June Share the Plate: Into the Woods

Into the Woods is a program that takes high school teenagers and their parents out of the city ... and ... into the woods! Co-facilitated by our own Rev. George G. Whitehouse and Healthy Boston's Jamiese V. Martin, Into the Woods is funded in part by the United States Department of Agriculture and their subsidiary, the Department of Forestry, and doubles as a recruiting tool to identify new personnel for the National Forests. Orvis has joined the project and supplied fishing poles and fishing lessons on the most recent trip (to Vermont)! The next trip will be in late summer. For more information, please speak with Rev. George or write to him at office@ASCBoston.org. *Thank you for your generous support!*

OUR UNITARIAN UNIVERSALIST FAITH

Arlington Street Church is an historic congregation (1729) with a progressive faith. Long on the cutting-edge of movements for social justice, we affirm the inherent worth and dignity of every being. All are welcome!

CONGREGATIONAL LEADERSHIP

The Prudential Committee is the elected governing board of Arlington Street Church.

THE PRU MEMBERS ARE:

Lois Hartsough (chair) / Deb Pontes (co-chair) / Joe Alen / Dan Brotman / Al Ingram / Reese Millican / Alan Rodgers / Philip Roberts / Kevin Tyrrell

OFFICERS OF THE CORPORATION ARE:

Liz Teixeira (treasurer) / Tori Bell & Gaby Whitehouse (co-moderators) / Doc Kinne (clerk)

SPECIAL CONSIDERATIONS FOR SPECIAL NEEDS

FM amplification headsets are available from the ushers. Please do not remove them from the sanctuary. **Accessible** entry is via the ramp on the Arlington Street alley at the right-hand side of the front doors to the Church. **Braille** hymnals are available! Please ask an usher for assistance.

TIFFANY WINDOWS

The 2015 restoration of Arlington Street Church's Tiffany stained glass windows was made possible through the generous support of this congregation, an anonymous donor, and the George B. Henderson Foundation. The guided tour program for our historic church and its unique Tiffany stained glass windows is closed for the winter and will open May 1, 2019. Please visit www.asctiffany.org for more information.

ALLELUIA!

At Arlington Street Church, we raise a hand and circle two fingers above our heads to signal joyous affirmation.

PARKING AT ARLINGTON STREET CHURCH

Parking on Sundays is available at the Back Bay Garage for a discount. Discount coupons are available at the Welcome Table after worship. Additional parking may be available on Arlington Street past "The Castle."

Staff Directory

Parish Ministers

Rev. Kim K. Crawford Harvie, *Senior Minister*
Rev. George G. Whitehouse, *Minister at Large*
Rev. Dave Egan, *Director of Family Ministry*
Rev. Erica Rose Long
Assistant Director of Family Ministry
Chaplain, Massachusetts General Hospital

Community Ministers

Dr. Arthur Judge
Hospital Chaplain, retired
Rev. Fred Small
Minister for Climate Justice
Rev. Joanna Lubkin
Chaplain, Wellesley College
Rev. Vera O'Brien
Chaplain, HopeHealth
Sandwich and Martha's Vineyard

Intern Ministers

Ali Jablonsky
Tufts Medical Center
Rev. Liz Weber
Massachusetts General Hospital

Music

Mark David Buckles, *Director of Music*
Kelly Lenahan, *Collaborative Pianist and Organist*
Rodger Clinton Vine, *Artist in Residence*

Administration

Jeffrey Bouchard, *Congregational Administrator*
Adam Berman, *Bookkeeper*
Brad Nobles, *Sexton*
Laurinda O'Connor, *Publications*

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729
Email: Office@ASCBoston.org • Web: www.ASCBoston.org

Service is Our Gift

Guest Speaker, *Melissa Dlugolecki*
Worship Coordinator, *Darrell Waters (Caroline Miranda, shadow)*
Candles Coordinator, *Art Judge*
Hymn Leader, *Reese Millican*
Lead Greeter, *David Scanlon*
Lead Usher, *Mike Cournoyer*
Assistant Treasurers, *Kevin Tyrrell and Dawn Bellamo*



ARLINGTON STREET CHURCH

Unitarian Universalist

SUNDAY, JUNE 30TH, 2019

Welcome to Summer Services

**You are invited to stand as you are willing and able.*

PRELUDE

Nocturne, Op. 49 *Louise Farrenc (1804 - 1875)*
Kelly Lenahan, piano

WELCOME

CHALICE LIGHTING

The flaming chalice is the symbol of our free faith.

GREETINGS

*HYMN 1068

Rising

COMMUNITY CANDLES OF SORROW & JOY

You are invited to share your sorrows and joys with the congregation by filling out a Candle Card in the back pew on the right-hand side of the sanctuary. Candle Cards are collected until the beginning of the first hymn. After the service, Candle Cards are posted downstairs during coffee hour. You may also submit a candle by Saturday night at the church website, ASCBoston.org, by clicking on "Worship."

Sanctuary *John W. Thompson and Randy Scruggs (b. 1953)*
text adapted: *Crawford Harvie/Buckles*
music arranged: *Mark David Buckles (b. 1980)*

Open my heart to be a sanctuary
All made holy, loved and true
With thanksgiving, I'll be a living
Sanctuary for you

AFFIRMATION AND COVENANT

Love is the spirit
of this congregation,
And service is our gift.
This is our great covenant:
To dwell together in peace,
To speak our truths in love,
And to help one another.

El amor es el espíritu
de nuestra congregación
Y el servicio es nuestro regalo.
Esto es a lo que nos comprometemos:
Convivir en paz,
Hablar nuestras verdades con amor,
Y ayudarnos los unos a los otros.

*HYMN 108

My Life Flows On in Endless Song

SERMON

Choose Growth Melissa Dlugolecki

SILENT REFLECTION, MEDITATION, AND PRAYER

OUR SHARED RESPONSIBILITY

During the offertory, you are invited to open your heart and engage in the spiritual practice of generosity. For 288 years, the abundant support of our community has allowed Arlington Street Church to remain a beacon for liberal religious values in downtown Boston. Your gifts in the Sunday plate sustain both



the church and the larger community – half of the offering is shared with a partner in our mission of love, service, justice, and peace. As a convenient option, you may text the word GIVE to 617-300-0509 or scan the QR code. *Thank you for your stewardship and support!*

OFFERTORY

Le Tombeau de Couperin *Maurice Ravel* (1875 - 1937)
III. Forlane
Kelly Lenahan, piano

PARISH HIGHLIGHTS

*HYMN

3 Little Birds *Bob Marley* (1945 - 1981)

Rise up this mornin,
Smiled with the risin sun,
Three little birds
Pitch by my doorstep
Singin sweet songs
Of melodies pure and true,
Sayin, (this is my message to you-ou-ou:)

Singin: don't worry bout a thing,
Cause every little thing gonna be all right.
Singin: don't worry (dont worry) bout a thing,
Cause every little thing gonna be all right!

Rise up this mornin,
Smiled with the risin sun,
Three little birds
Pitch by my doorstep
Singin sweet songs
Of melodies pure and true,
Sayin, this is my message to you-ou-ou:

Singin: don't worry about a thing, worry about a thing,
Every little thing gonna be all right. don't worry!

Singin: don't worry about a thing -
Cause every little thing gonna be all right.

Singin: don't worry about a thing,
Cause every little thing gonna be all right
Singin: don't worry about a thing,
Cause every little thing gonna be all right.
Singin: don't worry about a thing
Cause every little thing gonna be all right!

*BENEDICTION AND EXTINGUISHING THE CHALICE

*RECESSIONAL (sung twice; please join in!)

Where You Go (I Will Go) *Shoshana Jedwab* (b. 1964)
choral arrangement: *Mark David Buckles* (b. 1980)

Where you go I will go, beloved
Where you go I will go
Where you go I will go, beloved
Where you go I will go
For your people are my people
Your people are mine
Your people are my people
Your divine, my divine

POSTLUDE

Prelude & Fugue in G Major, BWV 541 *J.S. Bach* (1685 - 1750)
Kelly Lenahan, organ

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, JUNE 30TH, 2019

All Are Welcome

We are glad you have joined us this morning for worship!

This morning, we invite you to:

- * Fill in the Welcome Card and place it in the collection plate;
- * Join us for coffee and a light lunch in the Parish Hall;
- * Introduce yourself to the service leaders, and;
- * Please come back again soon!

Today's Speaker

Melissa Dlugolecki is a member of the Arlington Street Worship Committee, a life coach, gut-health educator and energy junkie. All studies she pursued after losing her daughter Leyden Saige to NEC at Boston Children's Hospital in 2014. Her path of bereavement sparked a curiosity in how to channel our energy to choose growth and help others do the same. She is a marathon runner, yogi and host of the podcast, Grief, Guts & Green Smoothies.



Speaking on Sunday, July 7TH

Already Broken, Already Whole Rev. Fred Small

A glass vase will one day shatter. If we accept it as “already broken,” Buddhists advise, we may appreciate it more while it is whole. In this sense, everything is already broken: our bodies, our relationships, our planet. But at the soul level we are also “already whole” —innocent, intact, and everything we need to be at this moment.

Rev. Fred Small is a Unitarian Universalist pastor, folksinger-songwriter, and former environmental lawyer who serves on the Steering Committee of the Faith Science Alliance for Climate Leadership. He is Minister for Climate Justice at Arlington Street Church.

SUMMER WORSHIP HIGHLIGHTS



Summertime at Arlington Street

The program staff and the Arlington Street Choir are away for the summer, but will be back for worship on September 8th. Today and every Sunday through Labor Day, we are grateful to our musicians, our preachers, and the volunteer team for this beautiful worship service! Next to the Hunnewell Chapel, there is a nursery for restless babies and their caregivers. This space offers a rocking chair, changing table with supplies, and a live audio feed of the service.

Should you need a minister over the summer, please call the church office at 617-536-7050. The admin staff is always here for you; Jeffrey, and Brad are glad to help! Happy summer, one and all!

During summer the best way to stay informed on all of the church's activities is to visit our website, ASCBoston.org and click on “Calendar.” Jeff Bouchard, our congregational administrator/facilities manager, keeps it current.



Coffee Hour

Immediately following the service in the Parish Hall

Let's all gather downstairs for beverages, light lunch, and community!



Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Perkins Room

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



The Festival of the Chariots Sri Jagannatha Ratha Yatr

Today ~ 11:30 AM, Procession starts at I Cambria St., Boston
Festival, 2:00 - 6:00 PM, Boston Common

Please join an enlivening procession with ecstatic music and chanting — a beautiful scene of devotees dancing their way to a celebration! The Boston Common will have stage performances, drama, food, exhibits, spiritual literature, a meditation tent, and more!

Special guests include HH Niranjana Swami, HH Chandreshekhar Swami, Madhavananda Prabhu and Krishnakunda Mataji, DASI group, Kishori Yatra Bus from Alachua, and Ramaroy Prabhu along with 15 bramhacaris from New York City's Harinaam Ashram. *All are welcome!*

continued on back...