ANNOUNCEMENTS

Covenant Renewal ~ Have You Pledged Yet?

Covenant Renewal season is not over! We are still counting on pledges from an additional 51 member households. Please get your pledge in now, so we can balance the budget!

There is a pledge form on the back of this publication. Just fill it out and place it in the offering basket! Please give enough to stand by this church—to maintain the glorious building we love, to step up and pay our national and district dues, to grow the programs we so enjoy, and to support the minister and staff we depend on!

Call for Children's Religious Education Facilitators!

Would you like to share a bit of your time with the children and youth at Arlington Street Church? We are looking for people to co-lead one or more Sunday morning Children's Religious Education (CRE) sessions on Unitarian Universalism and world religions, our theme for this year. If interested, please contact our Director of Religious Education, Laura Evonne Steinman at LES@ ASCboston.org.

The Spiritual Journey from Fundamentalism to Unitarian Universalism

Are you a former fundamentalist or evangelical? What happened to bring you through the great doors of Arlington Street Church and into the big tent of Unitarian Universalism? What did you love? Why did you leave? What are you still trying to understand? What do you need now? If you're interested in an evening of sharing your story and reflecting on these questions with those who have made similar spiritual journeys, please speak with Rev. Kim or email her at office@ASCBoston.org. This will be a closed meeting, but a later gathering on the same topic will be open to the larger congregation.

Love of Singing

Thursdays ~ 7:00 - 9:00 PM, Clarke Room

Do you love to sing? Would you consider sharing your voice as a gift of service to this community? Do you want to take just a couple of hours out of your week to create something beautiful? The Arlington Street Church Choir awaits you!

We rehearse on Thursdays in the Clarke Room on the second floor of the church. Musicians and non-musicians are welcome! If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles, who is available at the front of the sanctuary following the service or via email at MBuckles@ ASCBoston.org.

COVENANT RENEWAL PLEDGE FORM July 2013 through June 2014

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SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

Inside Submission Guidelines

Please email all Sunday "Inside" announcements before Tuesday noon to print@ascboston. org. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessasary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist* 351 Boylston Street Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-7051 E-mail: office@ASCBoston.org • Web: www.ASCBoston.org



NEWS FROM THE SOUL OF SUNDAY

SUNDAY, SEPTEMBER 8th, 2013

TODAY

Coffee Hour

Today \sim Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson or Sharon Pressly-Fiero.

THIS WEEK

Buddha's Belly ~ The Buddhist Book Discussion and the Arlington Street Zen Center

Tuesday, September 10th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

Buddha's Belly meets at 6 PM. We will discuss our summer book, *Search Inside Yourself* by Google engineer and personal growth pioneer Chade-Meng Tan, and we will choose our first book of the fall.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

Kundalini Yoga Class

Wednesday, September II $^{\text{th}} \sim 6:00$ PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

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Save the Date

Peace Walk: "Peace is the Way: Offering Peace at Every Step"

Sunday, September $15^{th} \sim 2:00$ PM, Copley Sq. (to leave all together, meet Rev. Kim at our Great Doors at 1:30)

Vietnamese Zen Master Thich Nhat Hanh, nominated for the Nobel Peace Prize by Rev. Dr. Martin Luther King, Jr., will lead a peace walk from Trinity Church in Copley Square with the theme "Peace is the Way: Offering Peace at Every Step." Zen master, author, poet and peace activist Thich Nhat Hanh invites everyone to walk mindfully together in silence, generating the energy of peace, solidity, and freedom.

Thay (Vietnamese for "Teacher") writes, "There is no walk for peace; peace is the walk. By walking, we generate peace within our body, our consciousness. We embrace and heal the pain, the sorrow, the fear in us, and that is the ground for helping peace to be a reality in the world."

Before the Peace Walk, you are invited to participate in a silent, seated, meditation, guided by Thich Nhat Hanh at Copley Square.

This is a walk open to everyone, from every path, experienced or not. Participation is free; no tickets are necessary. The organizers kindly ask that there be no display of any banners or signs, nor giving out of flyers during the Peace Walk.

If you would like to come but need an assist with mobility, we are happy to rent a wheelchair! Please leave a message for Rev. Kim with Jeffrey Bouchard (office@ASCBoston.org) by Tuesday, September 10th. We'll all work together to be sure everyone is included!

Homecoming Potluck

Saturday, September 28th ~ 5:00 PM, Parish Hall

Everyone, adults and children, are invited to a homecoming potluck! See next week's *Inside* for details.

Blessing of the Animals

Sunday, September 29th ~ II:00 AM, Sanctuary

Each year on a Sunday near the Feast Day of St. Francis, we celebrate the animal companions in our lives by welcoming them (crated, on a leash, in a bowl) to be blessed. Come join in this happy, hilarious, and love-filled worship service!

Words and Songs

Saturday, October 5th ~ 7:30 PM, Sanctuary

What happens when a noted Boston-area humorist and columnist joins forces with an award-winning singer and songwriter to share the same stage? The result is "Words and Songs," premiering at Arlington Street Church.

Judah Leblang, storyteller and author of Bay Windows' column "Life in the Slow Lane," teams up with singer/songwriter Maria Sangiolo to present two views of life 'outside the box.' When Sangiolo combines her songs centered on life as a mother and songwriter in a small rural town with Leblang's musings as an urban, gay single man

We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at ASCBoston.org

This Week

Sunday, September 8, 2013

9:30 AM Choir Rehearsal ~ Sanctuary
9:30 AM Social Action Committee ~ Smith Room
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education ~ Perkins Room

12:00 PM Coffee Hour ~ Parish Hall

Monday, September 9, 2013

No congregational events

Tuesday, September 10, 2013

6:00 PM Buddha's Belly ~ Hunnewell Chapel *6:30 PM Sarah Richard's Internship Committee ~ Perkins Room 7:00 PM Arlington Street Zen Center ~ Hunnewell Chapel

Wednesday, September II, 2013

*12:00 PM Staff Meeting ~ Perkins Room
6:00 PM Kundalini Yoga ~ Hunnewell Chapel
6:30 PM Building the World We Dream ~ Perkins Room

Thursday, September 12, 2013

7:00 PM Choir Practice ~ Clarke Room

Friday, September 13, 2013

5:00 PM Friday Night Supper ~ Parish Hall

Saturday, September 14, 2013

No congregational events

Sunday, September 15, 2013

9:30 AM Choir Rehearsal ~ Sanctuary
11:00 AM Sunday Morning Worship ~ Sanctuary
12:00 PM Coffee Hour ~ Parish Hall
*1:15 PM Our Whole Lives ~ Perkins Room
1:30 PM Peace Walk ~ Meet at the Great Doors

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



navigating the road through middle age, the outcome ranges from lyrically poignant to achingly hilarious.

Tickets are available at judahleblang.com—\$12 for Arlington Street members and \$15 for the general public.

On the Rocks Is a Form of Life: Philosophy & Addiction

Sunday, October 20th ~ 12:30 PM, Hunnewell Chapel

What an honor to welcome New York Times columnist Peg O'Connor for a talk and book signing! All are welcome!

Addiction is a quest to find a meaning of life. How does a person make meaning or sense of her life when she feels defeated and worthless and experiences the world as alien, hostile, and devoid of meaning? Some of us looked to alcohol and drugs as a way to cope with our realities. In asking questions such as, "what kind of person do I want to be," or "who am I and why am I like this," and "does any of this matter in the bigger scheme of things," a person is seeking self understanding and an understanding of her place in the world. For millennia, philosophy has been grappling unapologetically with questions about meaning and value, seeking understanding of human nature and the human condition. This talk addresses addiction and recovery from a western philosophical perspective. Rates of addiction to alcohol, illicit drugs, and prescription drugs are reaching epidemic proportions. More people are interrogating themselves about their relationships to these substances and behaviors. This interrogation, the ancient Greek philosopher Socrates might claim, is about examining one's life. "On the Rocks" introduces some of the core concepts and vexing questions of philosophy as a way to help addicts and those affected by our addictions to examine ours and perhaps transform our relationship to our drugs or behaviors of choice. A recovering alcoholic for more than 25 years and a philosophy professor for 18, philosophy helped the speaker get and stay sober.

The Wednesdays: Huckleberry Finn

Wednesdays, October 23rd, November 6th & 13th~ 6:00 PM, The Froth Please join Professor Alan Helms and Rev. Kim for Arlington Street's fall literary salon: Mark Twain's *Huckleberry Finn*!

Hemingway said that "All modern American literature comes from one book by Mark Twain called *Huckleberry Finn*," and generations of readers and writers have agreed. Published in England in 1884, it appeared the next year in the United States and was immediately banned throughout the country. A century and a half later, it's still a controversial book because it forces us to confront the central problem of American life: our national tragedy of slavery.

Professor Helms writes, "It's an extremely important book but also

one of the most delightful and memorable novels ever written. Its vivid characters, antic events, and hilarious satire make for compulsive reading. I know of no other American novel that is as much fun and also as profound as Huck Finn." Join us as we explore this towering, necessary, and mesmerizing American masterpiece.

Recommended text: The Norton Critical Edition of "*The Adventures of Huckleberry Finn*" (3rd edition). You'll find cheap copies at Amazon and abebooks.com. But pretty much any edition will work.

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