

to fund everything from our transcendent worship to our mundane electric bill. Coordinating your values with where your money goes is a powerful spiritual practice! Plus, pledging helps the church plan responsibly for the year ahead. We are very close to reaching our goal of \$260,000, which will allow for a fully-funded budget. Covenant Renewal forms are available in the pews and at ASCBoston.org. Please submit your pledge today!

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## ARLINGTON STREET MINISTRIES

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### Join the Arlington Street Choir this Fall!

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life!

Musicians and non-musicians are welcome - we are a mix of professionals and amateurs. We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org



### Sign Up for a Small Group!

Sanctuary Boston is planning to offer 3 small groups in Cambridge and downtown Boston this fall. Each group of committed people meets 6 times over several months for the chance to talk deeply about a wide range of spiritual topics. Whether you're a seasoned veteran of small groups, or if you've never participated before, all are welcome! For more information, please contact Emily Balkam at emilyrbalkam@gmail.com.



### Children's Religious Education Wants You!

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt? If the answer is yes, please contact Laura for more information at CRE@ASCBoston.org.



### Join the Social Action Committee

Join the committee and bring a social action topic that concerns you: voting rights, climate change, economic inequality, gun violence, Citizens United, homelessness, etc. The committee will support you! The committee meets on the second Sunday of each month at 9:30 AM. For more information, contact David McLain at socialaction@ASCBoston.org. *"The service begins when the service ends."*

## COVENANT RENEWAL PLEDGE FORM

July 2016 through June 2017

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ \_\_\_\_\_

to support the work of Arlington Street Church for 2016-2017.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

***Pledge contributions may be made by cash, check, or credit card.***

Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_

***Please charge my credit card in either:***

One payment for my entire pledge.

Equal monthly installments on the 12<sup>th</sup> of each month.

#### ***SUGGESTION BOX***

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

#### ***SCHEDULING EVENTS AT ARLINGTON STREET CHURCH***

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

#### ***INSIDE SUBMISSION GUIDELINES***

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### ***OUR CARING COMMUNITY—EMERGENCIES***

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### ***SECURITY NOTE***

This is an urban church. Please do not leave your valuables unattended!

# INSIDE



## ARLINGTON STREET CHURCH

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### ***NEWS FROM THE SOUL OF SUNDAY***

SUNDAY, SEPTEMBER 18<sup>TH</sup>, 2016

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## TODAY

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### **Coffee Hour and Lunch**

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.



### **CRE**

Today, 12:30 PM, Perkins Room

ASC Youth group (8th - 12th grades) please meet in the Perkins Room for pizza and conversation before we head over to the Islamic center together!



### **Arlington Street Circle of Caring**

Today, October 2<sup>nd</sup>, 16<sup>th</sup>, and 30<sup>th</sup> ~ 12:45 PM, Carol Smith Room

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle. Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer and her brother and close friends to AIDS. Lisa Kirk, who officially joined the ASC Community last year has lead grief and small support groups for other congregations and has lots of experience and insight to share with the group.

Their vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.


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Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729  
Email: Office@ASCBoston.org • Web: www.ASCBoston.org

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 **Arlington Street Visits the Islamic Center of Boston!**  
Sunday, September 18<sup>th</sup> ~ 2 PM, 100 Malcolm X Blvd., Roxbury

Join Rev. Kim, the Transformation Team for Racial Justice, and the Social Action Team for a special tour of the Islamic Society of Boston Cultural Center (ISBCC) and to meet members of Boston's Muslim community. Their vision is to build a community of leaders rooted in the Islamic tradition who are committed to American ideals and empowered to serve the common good.

If you plan to attend, please RSVP to Jeffrey in the church office (jbouchard@ascboston.org). Children are welcome, but must be accompanied by an adult. Out of respect for their traditions, please dress modestly (no skin-tight clothing; arms and legs covered). The Center is across the street from the Roxbury Crossing T stop on the Orange Line. If you need a ride, or can provide a ride, please let us know. All are welcome!

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## THIS WEEK

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 **Join the Finance Committee**

Monday, September 19<sup>th</sup> ~ 6:30 PM, Carol Smith Room

This is a great service team for you if you enjoy numbers and don't glaze over while looking at budgets and balance sheets. We have a challenging set of goals for the year and could use your help. The committee meets monthly on Monday evenings at 6:30 PM. For more information, contact us at [finance@ascboston.org](mailto:finance@ascboston.org).

 **Kundalini Yoga Class**

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

 **Community Dialogues on War and Reconciliation**

September 23<sup>rd</sup> - 25<sup>th</sup> ~ Unitarian First Church Boston  
66 Marlborough Street

The Joiner Institute invites you to "Community Dialogues on War and Reconciliation," featuring three staged readings of Reconciliation, a Joiner Institute commissioned and produced play about the Iraq War, followed by talk backs and public discussions with veterans, writers, and artists. Free and open to the public. Visit [www.umb.edu/joinerinstitute/boston\\_to\\_baghdad/reconciliation](http://www.umb.edu/joinerinstitute/boston_to_baghdad/reconciliation) for more information.

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## ANNOUNCEMENTS

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 **Blessing of the Animals**

Sunday, September 25<sup>th</sup> ~ 11:00 AM, Sanctuary

Save the date for Arlington Street's annual commemoration of the Feast Day of St. Francis. We celebrate the animal companions in our lives by welcoming them (crated, on a leash, in a bowl, in a photo) to be blessed. Come join in this happy, hilarious, and love-filled worship service!

*We invite you to cut out this calendar or  
view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

**Sunday, September 18, 2016**

\*9:30 AM Music Rehearsal ~ Sanctuary  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children's Religious Education (CRE)  
12:00 PM Coffee Hour and Lunch ~ Parish Hall  
12:30 PM Boston Area YoUth Group ~ Perkins Room  
12:45 PM Arlington Street Circle of Caring ~ Carol Smith Room

**Monday, September 19, 2016**

6:30 PM Finance Committee Meeting ~ Carol Smith Room

**Tuesday, September 20, 2016**

No congregational events are scheduled.

**Wednesday, September 21, 2016**

6:00 PM Kundalini Yoga ~ Hunnewell Chapel

**Thursday, September 22, 2016**

7:00 PM Choir Practice ~ Clarke Room

**Friday, September 23, 2016**

5:00 PM Friday Night Supper ~ Parish Hall

**Saturday, September 24, 2016**

No congregational events are scheduled.

**Sunday, September 25, 2016**

\*9:30 AM Music Rehearsal ~ Sanctuary  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children's Religious Education (CRE)  
12:00 PM Coffee Hour and Lunch ~ Parish Hall  
12:30 PM Uncomfortable Conversations ~ Hunnewell Chapel  
2:00 PM Woody O'Kane Memorial Service ~ Sanctuary

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



## Let's Ramp Up Our Prophetic Hospitality!

Arlington Street's ramp construction project is currently featured on Faithify, the crowdfunding platform of Unitarian Universalism. With your help, we hope to raise \$5,000 in the next 30 days. If we successfully meet our Faithify goal, Arlington Street will be eligible for a matching grant from the Woburn Fund, for a total of \$10,000 to put toward



finishing construction on our ramp. Please consider making a special contribution to this important project today at [tinyurl.com/ArlingtonStreetRamp](http://tinyurl.com/ArlingtonStreetRamp). Thank you, as always, for your generosity!



## 1st Annual New England Muslim Festival

Sunday, September 25<sup>th</sup>, 11:30 AM - 6:00 PM, Malden City Hall Plaza

Celebrate the diversity and the rich cultural heritage of the American Muslim community at this free family event. The festival includes an international bazaar, Halal food, cultural songs, folk dances, poetry, a comedy show, bouncy houses, face painting, and much more. Learn more at [nemuslimfestival.org](http://nemuslimfestival.org)



## Uncomfortable Conversations

Sunday, September 25<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

The Transformation Team for Racial Justice offers this time and space for facilitated discussion and continuing conversation about developing an anti-racist worldview. We plan to hold these conversations periodically at Arlington Street Church. All are welcome and no RSVP is needed. For more information or to suggest discussion topics in advance, email [transformation@ascboston.org](mailto:transformation@ascboston.org).



## Woody O'Kane

Sunday, September 25<sup>th</sup> ~ 2:00 PM, Sanctuary

With grateful hearts, we share with you that longtime Arlington Street member Mary Alice (Woody) O'Kane, age 89, died peacefully on September 6th. Woody was a veteran of our choir and was with George Whitehouse in the bell tower on Christmas Eve, as always, ringing in the holiday. All are welcome to this celebration of her life!



## Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, September 27<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

*6:00 Buddha's Belly:* We will begin our discussion Charlotte Joko Beck's *Everyday Zen: Love and Work*. Please read through the first two sections of Chapter II.

*7:00 Arlington Street Zen Center:* Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



## Have You Made Your Pledge Yet?

If you have not yet made a financial pledge of support to Arlington Street for this church year, it's not too late! This church is a self-supporting community that relies on the generosity of members