# UU Retreat for Gay & Bisexual Men

July 16th — July 23rd, UU Ferry Beach Park Association, Maine

Each summer at GAYLA about 100 men form a week-long community of acceptance, affirmation and celebration. Choose from optional activities including practical spirituality, ecology, and the arts, as well as optional morning chapel in the Grove, volleyball, and festively themed evening activities. Enjoy sumptuous family style meals; Maine scenery with beach, waves, and sand dunes; and opportunities to participate in the Northeast UU Choral Festival. Leave with amazing new friendships!

There are limited funds available for a newcomer discount and financial aid. The approximate cost is \$1300 depending on accommodations.

For more information or to register, visit www.ferrybeach.org/gayla.html or call 207-282-4489. Also, feel free to contact past ASC attendees including Kerry Marshall, Steve Vorenberg, and Joel Light at Office@ASCBoston.org.

## **ARLINGTON STREET MINISTRIES**



# Join the Arlington Street Choir!

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and nonmusicians are welcome—we are a mix of professionals and amateurs. We meet every Thursday in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.

# Children's Religious Education Wants You! Would you enjoy assisting behind the scenes, sharing a sta

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt? If the answer is yes, please contact Laura or Erica this week for more information at CRE@ASCBoston.org.

## **Transformation Team for Racial Justice**

The Transformation Team for Racial Justice is an ongoing task force of Arlington Street Church that seeks to identify and eliminate interpersonal and institutional barriers of racism and oppression, and build a justice-seeking, multiracial, multicultural community. If you have suggestions, questions, comments, or concerns for The Team, please email transformation@ ASCBoston.org, attend our open meetings on the third Tuesday of every month from 7 - 8:30 PM or speak with a team member (Jonah Beukman, Sarah Cooleybeck, Margy Herley, Peter Lowber, Laura Pattison, Nancy Perna, Steve Marable, and Barbara Seidl). Membership on the Team requires a one year commitment and anti-racism/anti oppression/multicultural training.



## **Animal Issues Group**

Do you believe in kindness toward animals, yet are uneasy about the ways animals are treated in today's world? Have you considered switching to a plant based diet, but making changes seems over-whelming? Do you feel compassion for others should be as inclusive as possible? If you would like to see animal issues as part of our social action initiatives, please email socialaction@ASCBoston.org, and place animal issues in the subject line.

### Suggestion Box

Thanks!

Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston. *org.* The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up.

The staff and leadership of Arlington Street

#### SCHEDULING EVENTS AT Arlington Street Church

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday - Friday, 8:00 AM - 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

#### Inside Submission Guidelines

Please email all Sunday "Inside" announcements before Tuesday noon to publications@ascboston. org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!



Arlington Street Church, Unitarian Universalist 351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday - Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729 Email: Office@ASCBoston.org • Web: www.ASCBoston.org



## News from the Soul of Sunday

SUNDAY, MAY 15<sup>TH</sup>, 2016



### **TODAY**

# **Covenant Renewal Sunday: #LEAP4ASC**

Today ~ Arlington Street Church

Today is the day members and friends pledge our financial support for the coming church year! Following worship, in celebration of Covenant Renewal, Friday Night Supper Program's (FNSP) Board of Directors will serve a homemade lunch to thank the congregation for 33 years of support in helping to feed our hungry and homeless neighbors. Thank you for supporting our spiritual home and community!



# Arlington Street Circle of Caring Today ~ 12:30 PM, Carol Smith Room

Are you battling illness, caring for someone who is ill, struggling with isolation, or in the process of losing someone you love? Have you already lost someone and are trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through and be in a place of quiet listening and support, then please join the Circle of Caring.

Maureen Peterson is an ASC member who has lost her parents and several close friends to cancer and her brother and close friends to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love. She is joined this year by two amazing co-facilitators, Art Judge, who is both a retired physician and hospital chaplain and Lisa Kirk, one of ASC's newest members who has lead grief and small support groups for other congregations.



# **Uncomfortable Conversations**

Today ~ I:00 PM, Clarke Room

The Transformation Team offers this time and space for open discussion and continuing conversation about developing an anti-racist worldview. We plan to hold these conversations monthly at Arlington Street Church. All are welcome and no RSVP is needed. For more information, please email transformation@ascboston.org.

continued on next page...

## **THIS WEEK**



## Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



## **New Member Class**

Wednesday, May 18th, Spiritual Journey ~ 6:00 PM, Perkins Room Sunday, May 22<sup>nd</sup>, Meet ASC ~ 12:30 PM, Hunnewell Chapel Sunday, June 5th, Breakfast & Book Signing ~ 9:30 AM, Hunnewell Chapel

All interested newcomers are warmly invited to our next two-session new member class. Rev. Kim joins us for the first session, where we share stories about our spiritual journeys and ask our burning questions. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. In our second session, we learn a little of Arlington Street's history, polity, and practices; and meet some of our illustrious leadership and staff. Please sign up at the Welcome Table in the parish hall after the service. All are welcome!



# Blessing of the Bikes

Friday, May 20<sup>th</sup>, 5:30-6:00 PM, Trinity Church, Copley Square, Boston

Join the Boston Cyclists Union, Hope Central Church in JP, Old South Church, and Trinity Church on the front steps of Trinity Church and have your faithful bicycle blessed. Whether it has carried you through salt and snow or is just getting dusted off; whether it is shiny, carbon, vintage, or just plain rusty; it will be blessed for safe journeys through the tangled streets of Boston. Bikes of all religious traditions are invited!

## **ANNOUNCEMENTS**



## Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, May 24th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

**6:00 Buddha's Belly:** We will continue our discussion of *The Authentic Life:* Zen Wisdom for Living Free from Complacency and Fear by Ezra Bayda. Please read Chapters 10-12.

7:00 Arlington Street Zen Center: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. This is the season for boots and warm jackets! Beginners and experienced meditators from all traditions are warmly welcome.

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

## This Week

### Covenant Renewal Sunday, May 15, 2016

9:30 am	Social Action Committee ~ Carol Smith Room
*9:30 ам	Music Rehearsal ~ Sanctuary
11:00 ам	Sunday Morning Worship ~ Sanctuary
11:15 ам	Children's Religious Education ~
	Chapel, Perkins, Parish Hall, Carol Smith Room
12:00 рм	Coffee Hour and Lunch ~ Parish Hall
12:30 рм	ASC Circle of Caring ~ Carol Smith Room
1:00 рм	Uncomfortable Conversations ~ Clarke Room
1:00 рм	OWL ~ Perkins Room
2:00 рм	OWL Party ~ Parish Hall

#### Monday, May 16, 2016

No congregational events are scheduled

#### Tuesday, May 17, 2016

6:00 PM Prudential Committee ~ Perkins Room Transformation Team for Racial Justice ~ Frothingham Library 7:00 PM

#### Wednesday, May 18, 2016

Kundalini Yoga ~ Hunnewell Chapel 6:00 рм Spiritual Journeys ~ Perkins Room

### Thursday, May 19, 2016

Choir Practice ~ Clarke Room 7:00 PM

### Friday, May 20, 2016

10:30 ам Connections ~ Carol Smith Room Friday Night Supper ~ Parish Hall 5:00 рм

### Saturday, May 21, 2016

No congregational events are scheduled

### Sunday, May 22, 2016

*9:30 ам	Music Rehearsal ~ Sanctuary
11:00 ам	Sunday Morning Worship ~ Sanctuary
11:15 ам	Children's Religious Education ~
	Chapel, Perkins, Parish Hall, Carol Smith Room
12:00 рм	Coffee Hour and Lunch ~ Parish Hall
12:30 рм	Meet ASC ~ Hunnewell Chapel

<sup>\*</sup> Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org





## Team Finn!

Walk Five Miles on Sunday, May 29th with CRE!

Remember Finn the Christmas Eve sheep? Finn is doing well at the Maple Farm Sanctuary in Mendon, MA. Team Finn will be walking around the Boston Common and Gardens to raise \$500 for this beloved sheep and his friends. Please speak with Laura Evonne or email her at LES@ASCBoston. org for more information. To donate to Team Finn: https://www.gofundme. com/moove-it-team7.



## Pride!

Saturday, June IIth ~ II:00 AM, Sanctuary

Come one, come all, to our annual pre-parade Pride service and celebration, featuring a live band led by our own Mark David Buckles! Join in as we proclain who we are, bear joyful witness, and celebrate proudly! Friends, family, and allies — All are welcome!

At 11:45, we'll leave to march in the parade and head to the festival together. Please come for the fun! All are welcome!



# Dance the Night Away with Off the Record! Saturday, June 11th ~ 7:00 PM, Sanctuary

Eat, drink, dance, and bid to help raise money for the Friday Night Supper Program! This benefit concert will be loads of fun and an excellent opportunity to support this vital program.



## Isabella Freedman MiniVacation

June 20<sup>th</sup> — 23<sup>rd</sup> ~ Isabella Freedman Jewish Retreat Center, Falls Village, CT

Directed by our very own Laura Evonne Steinman, this Isabella Freedman MiniVacation is a summer camp experience for adults participating in long-term mental health treatment programs. Guests have the opportunity to participate in structured learning and social programming while enjoying the benefits of the rustic farm and forest setting in the Connecticut Berkshires. http://hazon.org/ calendar/isabella-freedman-minivacation.

# Dining Out with Arlington Street Church Neighbors

Enjoy an evening out with Arlington Street members in your neighborhood! The Membership Team is planning a series of dinners around town to give members a chance to socialize, make new friends, and build community. The team is currently organizing gatherings in these areas:

South End Jamaica Plain, Brookline, & Brighton

Cambridge Merrimack Valley

Want details on one of these dinners or help in starting a Dining Out program in your area? Visit the Welcome Table in the Parish Hall after the service or e-mail the membership team through the church office at office@ASCBoston.



# Parking Spaces in Alley - No Parking 24/7

The Finance Team has started to rent additional parking spaces to help generate additional income for the church. As a result, parking spaces will no longer be available for weeknight activities. Fortunately there are several low cost options nearby including 10 St. James, the Common Garage (ask about coupon books at their office) and along Arlington Street after 7pm.