Covenant Renewal and Friday Night Supper Appreciation Luncheon

Sunday, May 17th ~ 11:00 AM, Sanctuary and 12:00 PM, Parish Hall

On Covenant Renewal Sunday, members and friends pledge their financial support for the coming church year, which provides almost half of the annual income for our spiritual community and our work in the world. Following worship, once again, in celebration of Covenant Renewal, Friday Night Supper Program's (FNSP) Board of Directors will serve a homemade lunch to thank the congregation for 32 years of support in helping to feed our neighbors who are hungry and homeless. For more information about FNSP, please go to www.fridaynightsupper.org. Thank you for your part in supporting our spiritual home and community!

Just Coffee!

Just Coffee from the coffee grower cooperative in Chiapas, Mexico is available at the Social Action table in the Parish Hall: dark roast and medium roast; ground and beans; \$12 a pound. Brought to you by your friends from the Social Action Committee!

Contacting the Transformation Team for Racial Justice

The Transformation Team for Racial Justice is an ongoing task force of Arlington Street Church that seeks to identify and eliminate interpersonal and institutional barriers of racism and oppression, and build a justice-seeking, multiracial, multicultural community. If you have suggestions, questions, comments, or concerns for The Team, please email transformation@ascboston.org, attend our open meetings on the third Tuesday of every month from 7 - 8:30 p.m. or speak with a team member (Sarah Cooleybeck, Margy Herley, Peter Lowber, Laura Pattison, Nancy Perna, Steve Marable, and Barbara Seidl). Membership on the Team requires a one year commitment and anti-racism/anti oppression/multicultural training.

Join the Arlington Street Choir!

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome—we are a mix of professionals and amateurs. We rehearse every Thursday in the Clarke Room and are always accepting new members. Please feel free to send questions to our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.

Children's Religious Education Wants You!

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt? If the answer is yes, please contact Laura or Erica for more information at CRE@ASCBoston.org.

COVENANT RENEWAL PLEDGE FORM July 2014 through June 2015

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Suggestion Box

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to *Comments@ASCBoston.org.* The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

Inside Submission Guidelines

Please email all Sunday "Inside" announcements before Tuesday noon to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessasary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist* 351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-7051 E-mail: office@ASCBoston.org • Web: www.ASCBoston.org



News from the Soul of Sunday

SUNDAY, APRIL 26TH, 2015

TODAY

Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson.

Covenant Renewal: #lamASCBoston

Today ~ 12:30 PM, Parish Hall

We are - every one of us! - the people of the beloved community at Arlington Street. Once a year, we renew our covenant of love and service with one another, and the world. This year's theme is #IamASC! Today, and for the entire month of April, our own Christa Lamb will be in the photo booth to snap your head shot for our #IamASC social media campaign. We'll also be filling in the blanks on ASC "Mad Libs" to share a little bit more about who we are. Come on by after the service and be part of the fun!

Arlington Street Circle of Caring

Sunday, April 26th ~ 12:30 PM, Frothingham Library

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle.

Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer, her Aunt to Alzheimer's and her brother and close friends to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.

Social Action Committee's Winter Clothing Drive

Today through May 3rd

Why we are collecting winter apparel now that it's finally Spring? We're hoping that many of you and your neighbors will be disposing of unwanted winter items that can be put to good use. We plan to store cold weather clothing now for next winter, to distribute to people who are homeless. Please help us prevent cold weather injuries, such as frostbite and hypothermia, in a population that faces exposure to the elements on a daily basis. Donations may be dropped off today at the social action table, or during the week at the church office. Thank you!

THIS WEEK

Membership Team Meeting

Monday, April 27th ~ 6:30 PM, Perkins Room

The Membership Team is interested in your ideas about how Arlington Street can be the welcoming community we strive to be to both new and long time members. Have you ever wished the Welcome Table included program information? Do you have ideas of how we can better help members get involved in the wonderful programs at Arlington Street? Would you like to help plan the next new members class and joining ceremony? You are invited to come to the next Membership Team meeting to express your ideas and get your questions answered! We hope to see you.

Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, April 28th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

Buddha's Belly meets at 6 pm. We will continue our discussion of Matthew Bortolin's *The Dharma of Star Wars*. Please read Section 3, "Ignorance: The Shroud of the Dark Side."

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

The Wednesdays: Arlington Street's Literary Salon Whitman's "Song of Myself"

Wednesdays, April 29th, May 6th and 13th ~ 6:00-8:00 PM, Frothingham Library

Join Professor Alan Helms and Rev. Kim to discuss Walt Whitman's "Song of Myself," one of the masterpieces of world literature. Whitman was the first American poet who published in free verse, and

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, April 26, 2015

11:00 ам	Sunday Morning Worship ~ Sanctuary
11:15 ам	Children's Religious Education ~ Perkins, Parish Hall, Stage R.
12:00 рм	Coffee Hour and Lunch ~ Parish Hall
12:30 рм	Arlington Street Circle of Caring ~ Frothingham Library
12:30 рм	#IamASCBoston Photos and Mad Libs ~ Parish Hall
1:00 рм	Study Group on Palestine/Israel ~ Sanctuary

Monday, April 27, 2015

6:30 PM Membership Team Meeting ~ Perkins Room

*9:30 AM Music Rehearsal ~ Sanctuary

Tuesday, April 28, 2015

6:00 PM Buddha's Belly ~ Hunnewell Chapel 7:00 PM Arlington Street Zen Center ~ Sanctuary

Wednesday, April 29, 2015

*11:30 AM Staff Meeting ~ Perkins Room 6:00 PM Kundalini Yoga ~ Hunnewell Chapel 6:00 PM The Wednesdays ~ Frothingham Library

Thursday, April 30, 2015

7:00 PM Choir Practice ~ Clarke Room

Friday, May 1, 2015

5:00 PM Friday Night Supper ~ Parish Hall

Saturday, May 2, 2015

No congregational events planned.

Sunday, May 3, 2015

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*9:30 am	Music Rehearsal ~ Sanctuary
11:00 ам	Sunday Morning Worship ~ Sanctuary
11:15 ам	Children's Religious Education ~ Perkins, Parish Hall, Stage
12:00 рм	Coffee Hour and Lunch ~ Parish Hall
12:30 рм	Lama Surya Das Book Signing ~ Hunnewell Chapel
12:30 рм	Indulge Meeting ~ Clarke Room

9:15 AM CRE Committee Meeting ~ Così Cafe, 399 Boylston Street

For additional listings, please visit www.ASCBoston.org



the first to write in the American vernacular, eschewing words like "swain" and "sward" and employing Americanisms like "duds" and "pal" and "reckon." He said women matter as much as men, black people matter as much as white people, and sex is nothing to be ashamed of but something to be celebrated, and he's refreshingly irreverent, as when he claims that "The scent of these armpits is aroma finer than prayer," the line which caused Oliver Wendell Holmes to throw his copy in the fireplace. Outside the United States, Whitman is recognized as the peer of Shakespeare, Homer, and Dante. Come one and all to find out why!

This book has slightly different titles, but basically you want *Leaves of Grass*, the Original Edition (Penguin paperback, usually). You'll find many copies for a penny at Amazon & ABEBooks, or for free at the public library. Please be sure to read sections 12 - 25 of *Song of Myself* before our second meeting.

Announcements

Make Me One With Everything

Sunday, May 3rd ~ II AM, Sanctuary and 12:30 PM, Hunnewell Chapel Lama Surya Das joins Rev. Kim in our high pulpit to release his newest book, *Make Me One with Everything: Buddhist Meditations to Awaken from the Illusion of Separation*. Lama Surya teaches that, if you've ever felt "at one" with something, you've experienced what he calls "inter-meditation." Based on Tibetan Buddhism's core insights into the inherent essence of who we are, Lama Surya's teachings of shared spirituality offer us a better way to live—not just on the meditation cushion, but in every moment of our lives.

Lama Surya will stay after the service for a visit and book signing.

All are welcome!

Please join Team ASC for the 19th Annual Mother's Day Walk for Peace

Sunday, May 10th ~ 7 AM, Town Field, Dorchester

We hear and read about it every day: needless and senseless violence in our schools, on our streets, and in our neighborhoods. Let's ALL walk the walk that makes it clear: the time to end the violence is NOW.

The walk takes a couple of hours; we'll be back in time for worship at Arlington Street Church. Take the Red Line to Field's Corner, and walk to Town Field. If you drive, you can find parking on the side streets.

This is the annual fundraiser for the Louis D. Brown Peace Institute, which serves as a center of healing, teaching, and learning for families and communities dealing with murder, trauma, grief, and loss. Their principles—Love | Unity | Faith | Hope | Courage | Justice | Forgiveness—are aligned with our Unitarian Universalist principles. If you can, please contribute for supporting the Walk by going to the ASC pledge page for the Walk at this link: http://goo.gl/krCTMe. If you have any questions, please email transformation@ASCBoston.org.

^{*} Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.