## Jobs Not Jails: Rally to End Mass Incarceration!

Saturday, April 26<sup>th</sup> ~ 1:00 PM, Boston Common

- End Massachusetts funding for building jails and support funding for jobs instead!
- End mandatory sentences for non violent drug offenses!
- Sign the petition at the Social Action table

We will meet on the front steps of the church at 12:30 to walk over to the rally.

## **Connections Groups Are Still Open**

Connections groups meet twice a month for small-group facilitated sharing and reflection on a variety of topics. This year's groups are meeting on Monday mornings, Tuesday evenings, and Thursday evenings. If you're looking for an opportunity to listen to others' stories and offer your own, please see Thomas Simers, Nancy Perna, or Jean Ko Stewart, or e-mail connections@ascboston.org. Recent topics have included retirement, forgiveness, anger, grace, and disappointment.

## Help Keep Immigrant Families Together

Sunday, May 4th ~ 2:00 PM, 20 Bradston Street, Boston

Help stop the raids and deportations of immigrant families by attending a vigil for immigrant detainees at the Suffolk County House of Correction. This vigil is sponsored by the Boston New Sanctuary Movement. We will car pool from the church at 1:15. If you want a ride, please email socialaction@ascboston.org!

# Mother's Day Walk for Peace

Sunday, May 11<sup>th</sup> ~ 7:00 AM, Assemble at Town Field in Dorchester This is the 18<sup>th</sup> Annual Walk to honor the mothers and families who

This is the 18<sup>th</sup> Annual Walk to honor the mothers and families who have lost their children to homicide in the city of Boston. Come walk with the Arlington Street contingent! We will gather at Town Field in Dorchester. The walk takes a couple of hours, getting us back in time for Sunday service. Take the Red Line to Field's Corner and walk to Town Field. If you drive, you can find parking on the side streets.

This is also the annual fund-raiser for the Louis D. Brown Peace Institute, which organizes the Walk. The Institute is staffed almost entirely by survivors of violence, and it supports other survivors while sponsoring anti-violence services and workshops in local schools. If you can, please contribute your financial support with the Arlington Street Team at goo.gl/5zhdrk. If you have any questions, please email socialaction@ASCBoston.org.

# July 2014 through June 2015

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#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

# SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

#### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements before Tuesday noon to print@ascboston.
org. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessasary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist* 351 Boylston Street Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-7051 E-mail: office@ASCBoston.org • Web: www.ASCBoston.org



# News from the Soul of Sunday

SUNDAY, APRIL 20<sup>TH</sup>, 2014

## **TODAY**

### **Coffee Hour**

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! Thanks to CRE for the spring edibles which have been blessed during today's service. If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson at office@ascboston.org.

## Share the Plate with Only A Child

Today ~ II:00 AM, Sanctuary

We continue our new spiritual practice of generosity at Arlington Street. For April, *Share the Plate* donations will go to Only A Child.

Only A Child, founded by our own George Leger, turns 20 this year! The organization maintains a group home and carpentry shop for street youth in Guatemala City, offering them something to belong to; a place where they are respected and cared for; a place where they can grow and develop an identity complete with confidence and self-esteem.

Half of this morning's offering will sustain Arlington Street, and half will go to Only A Child. You may donate with cash, a check, or a credit card. You may also split a donation between your pledge to Arlington Street and *Share the Plate* with a notation specifying how much money goes toward each. Thank You!

# Buddha's Belly ~ The Buddhist Book Discussion and the Arlington Street Zen Center

Tuesday, April 22<sup>nd</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every  $2^{nd}$  and  $4^{th}$  Tuesday.

Buddha's Belly meets at 6 PM. For tonight's discussion, we begin a new book, *The Shambhala Principle: Discovering Humanity's Hidden Treasure* by Sakyong Mipham. Please read chapters 1-4.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

# Kundalini Yoga Class

Wednesday, April 23<sup>rd</sup> ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 donation that goes to the church. First class is free!

## **SAVE THE DATE**

# **Connections Facilitators Training & Information Session**

Saturday, April 26th ~ 1:00 PM, Perkins Room

Planning for next year's Connections small group ministry is underway. Attend this Facilitators Training and Information Session to learn more about facilitating, ask questions, or jump right in. You can also e-mail Thomas at connections@ascboston.org.

## **Problems and Promises of Unearned Privilege**

Sunday, April 27th ~ 12:30-2:00 PM, Hunnewell Chapel

In this workshop, we explore the privileges and advantages we experience as people of white or European ancestry, and the disadvantages and lack of opportunities we experience as people of color. We also look at how white privilege manifests in congregational life. Through these exercises, we have an opportunity to generate ways to become more intentional and inclusive in our practice. This workshop is offered by Building the World We Dream About (BTWWDA). Everyone is Welcome!

# Are You a Highly Sensitive Person?

Sunday, April 27<sup>th</sup> ~ 1:00 PM, Stage Right Room

Have you ever been told "You're too sensitive"? Do you wonder why you sometimes get overwhelmed by everything going on around you? Do you "sense" other people's feelings before they express them? Then you might be one of the 20% of the population that is wired as a Highly Sensitive Person. Join our facilitator, Michael Parise, Life & Spirit Coach, and explore this wonderful and challenging gift with like-minded people. Receive the support you deserve! We will be meeting on the last Sunday of every month for 45 minutes.

# **Arlington Street Humanists**

Sunday, April 27th ~ 1:00 PM, Clarke Room

The Arlington Street Humanists will be continue discussing a good definition of Religious Humanism and how it can compliment the Unitarian Universalism experience. We'll also continuing talking about the new TV program "Cosmos," being presented by the American Humanist Association's 2009 Isaac Asimov Award Winner, Dr. Neil deGrasse Tyson, and how it is being received. All are welcome!

# **Covenant Renewal Sunday**

Sunday, May 4<sup>th</sup> ~ 11:00 am, Sanctuary

Sunday, May 4<sup>th</sup> is a very special worship service! During Covenant Renewal, members and friends will pledge their financial support for the coming church year, which provides almost half of the annual income for this church. Thank you for your part each year in renewing our spiritual home and community!

We invite you to cut out this calendar and keep it handy or view the full calendar at ASCBoston.org

## This Week

#### Sunday, April 20, 2014

9:30 AM Choir Rehearsal ~ Sanctuary
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education ~ Perkins, Parish, Carol Smith
12:00 PM Coffee Hour and Lunch ~ Parish Hall

#### Monday, April 21, 2014

Patriots Day Holiday ~ church office is closed

#### Tuesday, April 22, 2014

6:00 PM Buddha's Belly ~ Hunnewell Chapel \*6:30 PM Connections Group ~ Perkins Room 7:00 PM Arlington Street Zen Center ~ Hunnewell Chapel

#### Wednesday, April 23, 2014

\*12:00 PM Staff Meeting ~ Perkins Room
6:00 PM Kundalini Yoga ~ Hunnewell Chapel
\*6:30 PM Building the World We Dream ~ Perkins Room

#### Thursday, April 24, 2014

7:00 PM Choir Practice ~ Clarke Room

#### Friday, April 25, 2014

5:00 PM Friday Night Supper ~ Parish Hall

## Saturday, April 26, 2014

1:00 PM Connections Facilitators Training/Information ~ Perkins

### Sunday, April 27, 2014

9:15 AM CRE Committee Meeting ~ Perkins Room
9:30 AM Choir Rehearsal ~ Sanctuary
11:00 AM Sunday Morning Worship ~ Sanctuary
12:00 PM Coffee Hour and Lunch ~ Parish Hall
12:30 PM Workshop on Unearned Privilege ~ Hunnewell Chapel
1:00 PM Highly Sensitive People Support Group ~ Stage Right Room
1:00 PM Arlington Street Humanists ~ Clarke Room

For additional listings, please visit www.ASCBoston.org



### **New Member Class**

Sunday, May 4<sup>th</sup>, Meet ASC ~ 12:30 PM, Clarke Room Wednesday, May 7<sup>th</sup>, Spiritual Journeys ~ 6:00 PM, Perkins Room

All interested newcomers are warmly invited to our next twosession new member class. In our first session, we learn a little of Arlington Street's history, polity, and practices; and meet some of our illustrious leadership and staff. Rev. Kim joins us for the second session, where we share stories about our spiritual journeys and ask our burning questions. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. Please sign up at the Welcome Table in the parish hall after the service. All are welcome!

## **Spiritual Passions**

# **Higher & Friendly Power: William James and Addiction**

Sunday, May 4<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

Please attend this *Spiritual Passion* led by Peg O'Connor, professor of philosophy at Gustavus Adolphus College and the author of the *Psychology Today* blog, "Philosophy Stirred, Not Shaken: Philosophy and Addiction." Peg has written several pieces for *The New York Times* on addiction and is a recovering alcoholic.

The philosopher/psychologist William James and his great work, *The Varieties of Religious Experience* (1902), had a profound influence on the founding of Alcoholics Anonymous. This talk introduces James's concepts of "surrender," "conversion," "habitual centers of personal energy," "misery thresholds," "world sickness," "higher and friendly power," "healthy-mindedness," and "practical fruits of the spiritual tree." In a time of increasing addiction rates, William James is a most welcome companion and guide to anyone struggling with addiction or living a life of recovery.

#### Catie Scudera's Ordination

Sunday, May 18<sup>th</sup> ~ 5:00 pm, (4:30 clergy robing), Sanctuary Arlington Street Church, along with the Winchester Unitarian Society, will be ordaining our intern Catie Scudera into the Unitarian Universalist ministry! All Arlington Street members and friends are invited to participate in this celebration of our family of faith. Reception of heavy appetizers and desserts to follow in the parish hall.

#### **ANNOUNCEMENTS**

## Requests for Jubilee Support

Our Jubilee initiative supports Arlington Street Church's "work in the world". Church members are welcome to submit requests for support (financial and other) that promote the Jubilee initiative and its guiding principles. Applications will be considered on an ongoing basis. Requests for Jubilee projects to begin this summer should be submitted by May 15<sup>th</sup>. Project ideas for the coming church year should be submitted by October 1<sup>st</sup>. For more information, please email jubilee@ascBoston.org.

continued on next page...

**<sup>\*</sup> Denotes closed meetings.** This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.