

### **Immigrant Justice Task Force - Meeting**

Wednesday, April 12th, 7:00 PM - 8:30 PM, Parish Hall

This meeting is open to all at ASC who are interested in working for immigrant justice. We want to formulate a mission statement, and to determine—with the resources that we have—what we can do? How can we become strongly allied with the refugee/immigrant community? What are other congregations and groups around the country doing to offer their support? Are there congregations and groups with whom we could begin working? What are ways ASC congregants may become involved?



### U.S. Never-Ending War in the Time of Trump and How to Stop It

Thursday, April 13th, 7:00 PM, Friends Meeting at Cambridge, 5 Longfellow Park All are welcome to a presentation by David Swanson followed by a discussion and book signing. This event is sponsored by United for Justice with Peace, Women's International League for Peace and Freedom - Boston; and Veterans for Peace, Smedley D. Butler Brigade. For more information, please email info@justicewithpeace.org or visit justicewithpeace.org. Suggested donation \$5.00.

### **Arlington Street Church Visitor Tours**

The guided tour program for our historic church and its unique Tiffany stained glass windows will begin again on April 25th. Tours will be offered 10:00 am - 3:00 pm on Tuesday through Saturday during April and May and Monday through Saturday from June to October. We need volunteers to warmly welcome our guests from all over the globe. If you are interested in serving as an ambassador or greeter in the visitor's center, please contact office@ASCBoston.org for further details and to sign up.



### A Long Strange Trip Part 2: The Birth of Unitarianism (1553 – 1794)

Sunday, April 30th ~ 1:00 PM, Hunnewell Chapel

Throughout 2017, Arlington Street historian, Holly Hendricks, will be screening all six episodes of Ron Cordes' documentary series tracing Unitarian Universalist history from early Christianity to the modern era. The second film in our series chronicles religious liberals in Poland and Transylvania, concluding with the emigration of Joseph Priestley from England to America in 1794. Upcoming films in the series in viewing order include American Unitarianism 1620-1860; Universalism 1600-1860; Evolution 1861-1961; and Unitarian Universalism 1961 on.



### **Black Lives Matter Boston is Coming Back to ASC!** Sunday, April 30th ~ 3:00 PM, Sanctuary

Come learn about the struggle for racial equality in our city and country. The presenters will build on February's event; newbies and seasoned activists alike can learn how you can make a difference! Presentation and discussion from 3:00 - 5:00; a reception will follow. There will be ASL interpretation. Please let us know your other accessibility needs. Childcare is available (please let us know if you need it). Tickets are \$20 (some \$10 tickets are available for folks with limited ability to pay). Get your advance tickets to this important event now before we open it up to the public tomorrow. Visit https://tinyurl.com/BLMASC for tickets. Please email Eve Lauria through office@ASCBoston.org with questions.



### Come to the Table Gala

Saturday, May 6th ~ 5:00 PM, Arlington Street Church

Join the Friday Night Supper Program for their inaugural fundraising gala in early May. The event will include a seasonal three-course meal, live entertainment, and a silent auction featuring items from local businesses.

Proceeds from the gala will support the program's mission to feed the hungry and homeless of Boston. Tickets are \$40 per person, with sales directly benefitting weekly dinners for an average of 120 disadvantaged members of our community each and every Friday. Purchase tickets at FridayNightSupper.org/donate.



### **Intersectional Book Discussion**

Monday, May 15<sup>th</sup> ~ 6:00 PM, Frothingham Library

Join Rev. Kim for the second in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading Hillbilly Elegy: A Memoir of a Family and Culture in Crisis. Former Marine and Yale Law School graduate J.D. Vance writes movingly about the Appalachian values of his upbringing in a poor Appalachian town, offering a probing look at the struggles of America's white working class. All are welcome!

### **Hate Crimes Hotline**

Attorney General Maura Healey has launched a new hotline to help protect the basic civil rights of residents and visitors to Massachusetts. To report an incident of a bias-motivated threat, harassment, or violence, call 800-994-3228. Learn more at mass.gov/

### Suggestion Box

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston. org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

#### SCHEDULING EVENTS AT **ARLINGTON STREET CHURCH**

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

### Inside Submission Guidelines

Please email all Sunday "Inside" announcements before Tuesday noon to publications@ascboston. org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, Unitarian Universalist 351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday - Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729 Email: Office@ASCBoston.org • Web: www.ASCBoston.org



# NEWS FROM THE SOUL OF SUNDAY

SUNDAY, APRIL 2<sup>ND</sup>, 2017

If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.

### **TODAY**



Coffee Hour and Lunch
Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community. Additional volunteers are always welcome to help with food preparation and, especially, with clean-up. To learn more about joining our team, please stop by the kitchen.



### Living in the Cave: Addiction and Shame with Peg O'Connor

Today ~ 1:00 PM, Hunnewell Chapel

Plato's famous allegory of the cave is a way to understand some dimensions of addiction, relapse, and recovery. As useful as the allegory may be, it does raise an important question: Why are some people in the cave in the first place? This talk explores structural dimensions of oppression and their relation to addiction and how shame can be both a cause and a consequence of addiction. Peg O'Connor is the author of Life on the Rocks: Finding Meaning in Addiction and Recovery and the popular "Philosophy Stirred, Not Shaken" blog on psychologytoday.com. She is also a columnist for the Pro Talk series on rehabs.com and served as chair of the 2015 Nobel Conference on Addiction. Peg is a recovering alcoholic who believes that philosophy helped her to get and stay sober.

### **THIS WEEK**



### **Kundalini Yoga Class**

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



### A Syrian Refugee's Journey

Saturday, April 8th ~ 5:00 PM, Hunnewell Chapel

Sarah Ezzat Mardini is coming to Arlington Street to share her incredible story. In the summer of 2015, Sarah and her sister climbed into a crowded rubber dinghy in Turkey bound for the Greek island of Lesbos. When the boat began taking on water, the sisters plunged into the sea and swam for hours, tugging the vessel toward shore. Their

continued on next page...

bravery and determination saved the lives of all 20 passengers onboard. Today, Sarah lives in Germany with her family and helps Syrian refugees in Greece rebuild their lives. Please RSVP through the Facebook event "A Syrian refugee's journey of courage and hope." Co-Sponsors: ASC Social Action, UU Mass Action and Jewish Voice for Peace Boston



### The Art of Living Happiness: Program

Friday, April 7<sup>th</sup> – Sunday, April 9<sup>th</sup> ~ Hunnewell Chapel

Learn a mix of yoga, breathing, and meditation that raises the quality of your life in terms of contentment, connection, and kindness. It's just one weekend, but the possibilities are endless! You can take home practices for your life: practical tools to release stress and deal calmly with even the most difficult of situations. This program is about connection in action harmonizing your body, breath, and mind; and connecting with yourself and others at a deeper level. Meet like-minded people and become part of one of the most dynamic communities in Boston! Sign up today at https:// register2.artofliving.org/us/civicrm/event/register?id=142991&lcMessages en GB&reset=1& ga=1.113715399.1924302487.1490805450



### Only a Child Fundraiser

Saturday, April 8th ~ 7:00 PM, American Legion Hall (215 Waverly Oaks Road, Waltham)

Project Only A Child is holding its annual fundraiser on April 8th. This program was founded by our own George Leger to support impoverished youth in Guatemala. Enjoy a buffet supper and buy raffle tickets to win restaurant gift certificates, handcrafted Guatemalan textiles, and beautiful boxes made by the young men in Only A Child's carpentry shop. Tickets are \$30 each (\$20 for seniors and students) and can be purchased at www. onlyachild.org or at the door. Please join us for this festive evening and worthy cause!

### **ANNOUNCEMENTS**



# Arlington Street Circle of Caring

Sundays, April 9th, 23rd, and May 21st ~ 12:30 PM, Carol Smith Room Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitators Maureen Peterson and Lisa Kirk lend their significant personal and professional experience to create a safe space for sharing our stories and supporting one another through the crises of life.



### **Easter/Spring Fair with COA**

Sunday, April 9th ~ 1:00 PM, Parish Hall

Join in as we decorate eggs, make Peep Easter bonnets, and play games! All are welcome!



## Pru in Review from March 21 meeting

- The Prudential Committee's working groups made their reports: ASC Investments: the endowment is in good hands and returns will be reviewed annually.
- ASC/Foundation: the Pru established the church's goals and will meet with the Foundation to discuss their plans.
- The Finance Team provided an update on the budget, pledges, and covenant renewal.

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

### This Week

### Sunday, April 2, 2017

\*9:30 ам Choir Rehearsal ~ Sanctuary 11:00 ам Sunday Morning Worship ~ Sanctuary

Children's Religious Education (CRE) ~ Clarke Room

12:00 рм Coffee Hour and Lunch ~ Parish Hall

> Spiritual Practice: Recovery with Peg O'Connor Hunnewell Chapel

### Monday, April 3, 2017

12:30 рм

No congregational events are scheduled

#### Tuesday, April 4, 2017

Worship Committee ~ Perkins Room 6:00 PM \*7:00 РМ Spiritual Practice for Professional Caregivers

Frothingham Library

#### Wednesday, April 5, 2017

\*12:30 PM Staff Meeting ~ Perkins Room 6:00 рм Kundalini Yoga ~ Hunnewell Chapel

### Thursday, April 6, 2017

Choir Practice ~ Clarke Room 7:00 рм

### Friday, April 7, 2017

Friday Night Supper Program (FNSP) ~ Parish Hall 6:30 рм Art of Living Happiness Program ~ Hunnewell Chapel

### Saturday, April 8, 2017

Art of Living Happiness Program ~ Hunnewell Chapel 10:00 am 5:00 рм A Syrian Refugee's Journey ~ Hunnewell Chapel

#### Sunday, April 9, 2017 \*9:30 ам

Choir Rehearsal ~ Sanctuary 9:30 ам Social Action ~ Carol Smith Room 11:00 ам Sunday Morning Worship ~ Sanctuary 11:15 ам Children's Religious Education (CRE) -Nursery, Chapel, Perkins and Carol Smith Room 12:00 PM Coffee Hour and Lunch ~ Parish Hall 12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room 12:30 рм Uncomfortable Conversations ~ Stage Right Room 1:00 PM Easter/Spring Decorating with CoA ~ Parish Hall Art of Living Happiness Program ~ Hunnewell Chapel

For additional listings, please visit www.ASCBoston.org



- Jennifer Pinck (construction management) and Brigid Williams (preservation architect) presented plans for restarting the ramp project. The Pru approved the dispersal of \$50K from the previously approved budget for phase one: rebuilding the stairs (to bring them up to ADA compliance) and removing the poured concrete foundation on the Boylston Street side of the church. Next steps for the ramp are being discussed.
- Deb Pontes guided the Pru through the next steps of processing the ideas and input from the retreat to keep our momentum high! The Pru minutes are available to ASC members. Please contact office@ASCBoston.org.



### **UU Advocacy Day**

Tuesday, April 11th ~ 9:30 AM, Arlington Street Church & MA State House

Arlington Street is partnering with UU Mass Action to host Advocacy Day 2017. Join UUs from across the state as we urge our elected representatives to support legislation that promotes a world where all people are honored and valued. The morning program, including worship, music, the keynote address, and lunch, will take place at Arlington Street. The afternoon will be spent at the State House in legislative appointments. Learn more and register at UUMassAction.org. Please contact Laura Evonne (LES@ASCBoston.org) if you are interested in volunteering for this event. Please contact Laura Evonne (LES@ASCBoston.org) to volunteer for this event.



### Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, April II<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 Buddha's Belly: We will continue our discussion of The Book of Joy by His Holiness The Dalai Lama and Bishop Desmond Tutu. Please read through "Envy: That Guy Goes Past Yet Again in his Mercedes-Benz" (page 144). 7:00 Arlington Street Zen Center: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



## Arlington Street's Literary Salon, The Wednesdays: Shakespeare

Wednesdays ~ 6:00 PM, Frothingham Library

April 12<sup>th</sup> ~ Much Ado About Nothing

April 26<sup>th</sup> ~ Julius Caesar

May 10<sup>th</sup> ~ As You Like It

Prof. Alan Helms and Rev. Kim welcome you to the next installment of the Wednesdays Shakespearathon! Reading all 38 of Shakespeare's plays is admittedly a huge ambition, but Shakespeare is, by universal consent, not only the greatest writer in the English language, but one of the immortals of world literature. We'll need patience with archaic language while attending to a plethora of footnotes (there's no doing without them unless you live in a world where you cut your meat with a bodkin and your children say their orizons at bedtime). In other words, these Shakespeare courses are not for the faint of heart. But since it's generally true that "as ye sow, so shall ye reap," the rewards will be enormous. For many of us, this will be one of the great experiences of our lives! All are welcome!

<sup>\*</sup> Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.