

## Join the Arlington Street Choir!

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome—we are a mix of professionals and amateurs.

We rehearse every Thursday in the Clarke Room and are always accepting new members. Please feel free to send questions to our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.

## Children's Religious Education Wants You!

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt? If the answer is yes, please contact Laura or Erica for more information at CRE@ASCBoston.org.

## Contacting the Transformation Team for Racial Justice

The Transformation Team for Racial Justice is an ongoing task force of Arlington Street Church that seeks to identify and eliminate interpersonal and institutional barriers of racism and oppression, and build a justice-seeking, multiracial, multicultural community. If you have suggestions, questions, comments, or concerns for The Team, please email transformation@ascboston.org, attend our open meetings on the third Tuesday of every month from 7 - 8:30 p.m. or speak with a team member (Sarah Cooleybeck, Margy Herley, Peter Lowber, Laura Pattison, Nancy Perna, Steve Marable, and Barbara Seidl). Membership on the Team requires a one year commitment and anti-racism/anti oppression/multicultural training.

## Covenant Renewal ~ Have You Pledged Yet?

Along with volunteer service, an annual pledge is an important component of membership at Arlington Street Church. Please fill out a pledge form and place it in the offering basket! Let's give to maintain the glorious building we love, to grow the programs we so enjoy, to support the minister and staff we depend on, and to make real our vision of love, service, justice, and peace in the world!

## COVENANT RENEWAL PLEDGE FORM

July 2014 through June 2015

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ \_\_\_\_\_ to support the work of Arlington Street Church for 2014-2015.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Pledge contributions may be made by cash, check, or credit card.**

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and "**2015 Pledge Payment**".
- Checks should be made payable to Arlington Street Church with "**2015 Pledge Payment**" written on the check memo line.
- If you wish to pay by credit card, please complete the following:

**Accepted:**  Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Please charge my credit card in either:**

- One payment for my entire pledge on July 10, 2014
- Equal monthly installments on the **10<sup>th</sup> of each month**
- I'm adding a pledge of SERVICE! Here's how I'd like to serve:**

\_\_\_\_\_  
\_\_\_\_\_

### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051  
E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

# INSIDE

ARLINGTON STREET CHURCH

## NEWS FROM THE SOUL OF SUNDAY

SUNDAY, MARCH 29<sup>TH</sup>, 2015

### TODAY

#### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson.

#### Just Coffee!

Just Coffee from the coffee grower cooperative in Chiapas, Mexico is available at the Social Action table in the Parish Hall: dark roast and medium roast; ground and beans; \$12 a pound. Brought to you by your friends from the Social Action Committee!

#### Arlington Street Circle of Caring

Today ~ 12:30 PM, Frothingham Library

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle.

Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer and her brother and close friends to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.

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## THIS WEEK

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### Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

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## Announcements

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### Only a Child Annual Celebration!

Saturday, April 11<sup>th</sup> ~ 7 PM

Waltham American Legion Hall, 215 Waverly Oaks Rd.

Only a Child will be hosting its annual fundraiser/celebration on Saturday night, April 11th. The event will include an informal buffet as well as a large raffle. There will also be a presentation by Only A Child founder and ASC's own George Leger, highlighting Only A Child's work with disadvantaged youth in Guatemala. Tickets are \$30.00/\$20.00 for seniors and will be on sale at the Social Action table after the service. All are welcome!

### The Installation of Rev. Rebecca Froom

Sunday, April 12<sup>th</sup> ~ 3:30 PM

United First Parish Church, 1306 Hancock Street, Quincy

Our former intern minister, Rev. Rebecca, will be installed as the Senior Minister at our congregation in Quincy. Let's celebrate! Please RSVP to her church office@UFPC.org or 617.773.1290

### Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, April 14<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday.

Buddha's Belly meets at 6 PM. We will begin our discussion of Matthew Bortolin's *The Dharma of Star Wars*. A wonderful and fanciful introduction to the teachings of the Buddha, it explains how life a long time ago in a galaxy far, far away can teach us more about Buddhism. Please read parts I and II, through page 30.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)

## This Week

### Sunday, March 29, 2015

- 8:00 AM Indulge 2015 Meeting ~ Hunnewell Chapel
- \*9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins, Parish Hall, Stage R.
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Arlington Street Circle of Caring ~ Frothingham Library
- 1:00 PM Study Group on Palestine/Israel ~ Church Office

### Monday, March 30, 2015

No congregational events planned.

### Tuesday, March 31, 2015

No congregational events planned.

### Wednesday, April 1, 2015

- \*11:30 AM Staff Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel

### Thursday, April 2, 2015

- 7:00 PM Choir Practice ~ Clarke Room

### Friday, April 3, 2015

- 5:00 PM Friday Night Supper ~ Parish Hall

### Saturday, April 4, 2015

No congregational events planned.

### Sunday, April 5, 2015

- \*9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins, Parish Hall, Stage R.
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Spiritual Passion ~ Hunnewell Chapel

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



## Stories of Overcoming Obstacles: An LGBTQ Intergenerational Community Event with True Story Theater

Friday April 17<sup>th</sup> ~ 3:00-5:30 PM

Holden Chapel, Harvard Yard, Harvard University, Cambridge

How in our journeys have we managed to move through barriers to express our true selves? Who or what made a difference? We invite the true stories of discovering how to claim and celebrate LGBTQ identities or other key moments in that journey. This event is facilitated by True Story Theater, which performs and teaches a magical and inspiring form of improvisational storytelling. To RSVP, call 617.628.2601 ext. 3151. Food from Bertucci's will be provided.

## Over My Dead Body: How to Plan Your Own Memorial Service

Sunday, April 19<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

Join our Community Minister, Rev. Vera O'Brien, for a hands-on, interactive workshop to plan your own memorial service. We'll talk about memorable services—memorable for better or for worse! Then we'll plan, with the goal that each participant will leave with a draft or finished product that can go on file with the church office and be shared with family and friends.

If you'd like, bring up your lunch from coffee hour, and come with your ideas and any favorite poems or music. Hymn books and other resources will be available. Creating your own service is truly a gift you can give your loved ones.

Rev. Vera is a chaplain at Brigham and Women's Hospital and former Lifespan Educator at ASC. Please contact Rev. Vera at office@ascboston.org for more information or if you have questions.

## Please join Team ASC for the 19<sup>th</sup> Annual Mother's Day Walk for Peace

Sunday May 10<sup>th</sup> ~ 7 AM, Town Field, Dorchester

We hear and read about it every day: needless and senseless violence in our schools, on our streets, and in our neighborhoods. Let's ALL walk the walk that makes it clear: the time to end the violence is NOW.

The walk takes a couple of hours; we'll be back in time for worship at Arlington Street Church. Take the Red Line to Field's Corner, and walk to Town Field. If you drive, you can find parking on the side streets.

This is the annual fundraiser for the Louis D. Brown Peace Institute, which serves as a center of healing, teaching, and learning for families and communities dealing with murder, trauma, grief, and loss. Their principles—Love | Unity | Faith | Hope | Courage | Justice | Forgiveness—are aligned with our Unitarian Universalist principles. If you can, please contribute for supporting the Walk by going to the ASC pledge page for the Walk at this link: <http://goo.gl/krCTMe>. If you have any questions, please email [transformation@ASCBoston.org](mailto:transformation@ASCBoston.org).