has exerted enormous influence on subsequent great artists, inducing Dante, Boccaccio, Chaucer, Titian, Tintoretto, da Vinci, Michelangelo, Caravaggio, and Rembrandt. The Metamorphoses was Shakespeare's favorite book, and our favorite playwright would be unrecognizable without benefit of his Roman predecessor.

Two things probably account for Ovid's enduring popularity: his gifts as a great poet and his ability to tell spell-binding stories. We'll deal with the specifics of the poetry in class; as for the stories, we'll follow the sexual escapades of Jupiter as he abducts the beautiful Europa in the guise of a bull, has his way with Leda in the form of a swan, and seduces Danae as a shower of gold. We'll follow Narcissus's transformation from a beautiful youth to a flower that heralds the advent of spring; Hercules in his twelve labors; Jason on his quest for the Golden Fleece; and Pygmalion as he brings to life the ivory statue who becomes his wife. Famous lovers abound: Venus and Adonis, Pyramus and Thisbe, Jason and Medea, Orpheus and Eurydice, Apollo and Hyacinth, and many, many more.

This course also gives you a bigger bang for your buck (even though it's free) since, in addition to the pleasure of our reading, it also serves as an introduction to Greek and Roman mythology. Few books yield as much sheer joy as the Metamorphoses. All are welcome to join the fun!

Required translation: Ovid Metamorphoses translated by Rolfe Humphries, Indiana University Press (Amazon has over 200 used copies starting at a penny each).

# An Opportunity to Support Justice for Palestinians Sunday, April 10<sup>th</sup>, 12:45 PM, Hunnewell Chapel

Speakers from Jewish Voice for Peace (JVP) and Unitarian Universalists for Justice in the Mid-East (UUJME) will talk about the Boycott, Divestment, and Sanctions (BDS) movement. These leaders are urging Unitarian Universalists to support the resolution, "Divestment from Corporations Complicit in the Violation of Palestinian Rights," that will be debated and voted on at General Assembly this June.

# Team Finn!

#### Walk Five Miles on Sunday, May 29th with CRE!

Remember Finn the Christmas Eve sheep? Finn is doing well at the Maple Farm Sanctuary in Mendon, MA. Team Finn is looking for a few more people to join the team and help raise \$500 for this beloved sheep and his friends. Please talk to Laura Evonne for more information.

#### **ARLINGTON STREET MINISTRIES**

# Join the Arlington Street Choir!

## Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and nonmusicians are welcome—we are a mix of professionals and amateurs. We meet every Thursday in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.

### **COVENANT RENEWAL PLEDGE FORM** July 2015 through June 2016

Name:		
City:	State:	Zip:
	TAL <u>ANNUAL</u> PLEDGE of Arlington Street Chu	
Signature:		_ Date:
Signature:		Date:
Phone:	Email:	

#### Pledge contributions may be made by cash, check, or credit card.

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and "2015 Pledge Payment."
- Checks should be made payable to Arlington Street Church with "2015 Pledge Payment" written on the check memo line.
- If you wish to pay by credit card, please complete the following:

#### *Accepted:* □ Mastercard □ Visa

#### Credit Card #:

Expiration Date: mm \_\_\_\_\_ yy\_\_\_\_

- Please charge my credit card in either:
- □ One payment for my entire pledge on \_\_\_\_
- $\Box$  Equal monthly installments on the *10<sup>th</sup> of each month*
- □ I'm adding a pledge of SERVICE! Here's how I'd like to serve:

#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston. org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

#### SCHEDULING EVENTS AT Arlington Street Church

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help vou Monday – Friday. 8:00 AM – 3:00 рм. Не can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

#### INSIDE SUBMISSION GUIDELINES

Zip Code:

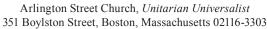
Please email all Sunday "Inside" announcements before Tuesday noon to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### **OUR CARING COMMUNITY—EMMERGENCIES**

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### Security Note

This is an urban church. Please do not leave your valuables unattended!



Office Hours: Monday - Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729 Email: Office@ASCBoston.org • Web: www.ASCBoston.org





Friends, we have a new supply of Just Coffee! Please come and get yours at the Social Action table after the service. Just \$12 per pound for great 100% organic coffee! Help support the grower cooperative in Chiapas, Mexico, www.justcoffee.org.



The Transformation Team would like to offer a time and space to continue the conversation about developing an anti-racist worldview. At the January 9th workshop on this topic, we learned about the "Uncomfortable Conversations" which have been held at the First Unitarian Universalist Church of New Orleans. We hope to hold these conversations monthly at Arlington Street Church. All are welcome!



Are you looking for new ways to journal? Have you always wanted to keep a journal but never started? This workshop, for beginning and experienced practitioners alike, will explore ways to approach writing for yourself as a spiritual practice. We'll look at time-honored traditions like Lectio Divina and out-of-the-box techniques. Join Liz Weber, seminarian and member of the Worship Team, in a time for



## News from the Soul of Sunday SUNDAY, MARCH $13^{\text{TH}}$ , 2016

# TODAY

Coffee Hour and Lunch Today ~ Immediately following worship, Parish Hall Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table. In preparation for Jon Ellertson's upcoming hip replacement and recovery, the Sandwich Board team is seeking new volunteers. Drop by the kitchen on Sunday around 10:00 am to don an apron, learn the prep routines, and make some new friends. And thanks to the many, many who have been helping with prep and cleanup....it takes many hands! For more information, please email Jon at Office@ASCBoston.org.

# Just Coffee - Just for You!

### Today ~ Immediately following worship, Parish Hall

### Uncomfortable Conversations

#### Today ~ 12:30 PM, Carol Smith Room

# Spiritual Passions 2016: Spiritual Journaling

### Today ~ 1:00-3:00 PM, Frothingham Library

introspection and expression. Paper and pens will be provided, but feel free to bring a journal if you have one.



Today, and April 17<sup>th</sup> (speaker) ~ 1:00-3:00 PM, Hunnewell Chapel

Representatives of the Social Action Committee, Transformation Team for Racial Justice, and Rev. Kim are preparing a multi-faceted response to escalating violence toward the Muslim community. Toward the end of extending ourselves in friendship and sanctuary to our Islamic neighbors here in Boston, we'd like to offer some opportunities to learn about Islam. For this Sunday's book discussion, please read The Muslim Next Door: The Qur'an, the Media and That Veil Thing by Sumbul Ali-Karamali (available at the library as well as new and used from Amazon and ABE books). Lori Kenschaft, coordinator of the Mass Incarceration Working Group and member of First Parish in Arlington, will lead this discussion. She has a Master's of Theological Studies and a doctorate in American Studies and has been learning and teaching about Islam in for nearly a decade. Her most recent book is a co-authored college textbook, Gender Inequality in Our Changing World: A Comparative Approach (Routledge, 2015). We will conclude our series on April 17th with a discussion with Shannon Erwin, a convert to Islam and wonderful speaker! Please save the dates and plan to be part of this life-saving initiative! Childcare will be provided by Allie Dagg.

### **THIS WEEK**

# Kundalini Yoga Class

## Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

#### **ANNOUNCEMENTS**

#### **Arlington Street Circle of Caring**

#### Sunday, March 20<sup>th</sup> ~ 12:30 PM, Carol Smith Room

Are you battling illness, caring for someone who is ill, struggling with isolation, or in the process of losing someone you love? Have you already lost someone and are trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through and be in a place of quiet listening and support, then please join the Circle of Caring.

Maureen Peterson is an ASC member who has lost her parents and several close friends to cancer and her brother and close friends to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love. She is joined this year by two amazing co-facilitators, Art Judge, who is both a retired physician and hospital chaplain and Lisa Kirk, one of ASC's newest members who has lead grief and small support groups for other congregations.

We invite you to cut out this calendar or view the full calendar at ASCBoston.org



## **This Week**

Sunday, March I	3, 2016
*9:30 ам	Music Rehearsal ~ Sanctuary
9:30 am	Social Action Committee ~ Carol Smith Room
11:00 am	Sunday Morning Worship ~ Sanctuary
11:15 ам	Children's Religious Education ~
	Chapel, Perkins, Parish Hall, Carol Smith Room
12:00 рм	Coffee Hour and Lunch ~ Parish Hall
12:30 рм	Uncomfortable Conversations ~ Carol Smith Room
1:00 рм	Spiritual Journaling ~ Frothingham Library
1:00 рм	Islam 101 ~ Hunnewell Chapel
1:00 pm	Nominating Committee Meeting ~ Clarke Room
Monday, March	14, 2016
6:30 рм	Shambhala Meditation Class ~ Hunnewell Chapel
Tuesday, March	15. 2016
6:00 рм	Prudential Committee ~ Perkins Room
7:00 рм	Transformation Team for Racial Justice $\sim$ Frothingham Library
Wednesday, Mai	rch 16, 2016
6:00 рм	Kundalini Yoga ~ Hunnewell Chapel
Thursday, March	n 17, 2016
Thursday, March 7:00 PM	<b>17, 2016</b> Choir Practice ~ Clarke Room
7:00 рм	Choir Practice ~ Clarke Room
-	Choir Practice ~ Clarke Room
7:00 рм Friday, March 18 5:00 рм	Choir Practice ~ Clarke Room <b>5, 2016</b> Friday Night Supper ~ Parish Hall
7:00 PM Friday, March 18	Choir Practice ~ Clarke Room <b>5, 2016</b> Friday Night Supper ~ Parish Hall
7:00 рм Friday, March 18 5:00 рм	Choir Practice ~ Clarke Room <b>5, 2016</b> Friday Night Supper ~ Parish Hall <b>19, 2016</b> No congregational events are scheduled.
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\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org





"Sabbath requires surrender. If we only stop when we are finished with all our work, we will never stop, because our work is never completely done. With every accomplishment there arises a new responsibility... Sabbath dissolves the artificial urgency of our days, because it liberates us from the need to be finished." (Wayne Muller) Join our affiliated minister, Joanna Lubkin, as we explore ways to balance the rhythm of our lives and engage in practices that are nourishing, life-giving, and restful. All are welcome!



**One Act Play: Mariposa and the Saint** Thursday, March 24<sup>th</sup> ~ 8:00 PM, Milford Performing Arts Center "Mariposa and the Saint" is the true story of a woman locked in solitary confinement for nearly three years. The performance is co-sponsored by EMIT (End Mass Incarceration Together), a task force of Unitarian Universalist Mass Action Network. Join UUs from across Massachusetts in attending this play at the Milford Performing Arts Center. Admission is by donation. For more information, please visit www.ASCBoston.org/ programs/cmtes-grps/SocialAction.html.



6:00 Buddha's Belly: Tonight, we will finish our discussion of Calming the Fearful Mind: A Zen Response to Terrorism by Thich Nhat Hanh. Please read remaining chapters.

7:00 Arlington Street Zen Center: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. This is the season for boots and warm jackets! Beginners and experienced meditators from all traditions are warmly welcome.



Wednesdays, March 30<sup>th</sup>, April 6<sup>th</sup>, April 20<sup>th</sup>, April 27<sup>th</sup>, 6:00-8:00 PM, Frothingham Library March 30: Books one-four April 20: Books nine-twelve April 6: Books five-eight April 27: Books thirteen-fifteen If a literary classic is a work that has survived the test of time, Ovid's Metamorphoses is one of the greatest classics ever. Published in the year 8 CE and spanning a period from the creation of the world to the deification of Julius Caesar, the book has been wildly popular for over two thousand years. Its happy readers number in the millions, and it

#### Cuba

#### Sunday, March 20<sup>th</sup> ~ 12:45 PM, Sanctuary

Join Peter Lowber as he presents pictures from his Witness for Peace trip to Cuba. Peter will discuss the healthcare and education systems in Cuba today as well as the status of children. Come hear about Cuban's perspective on their country and what the future holds for this island nation in transition. All are welcome!

# Spiritual Passions 2016: The Art of Sabbath

Sunday, March 20<sup>th</sup> ~ I:00-3:00 PM, Hunnewell Chapel

# Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, March 22<sup>nd</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

# The Wednesdays: Ovid's Metamorphoses, or The Book of Transformations