## Get Ready to Indulge ... Vegas Style!

#### Saturday, March 28<sup>th</sup> ~ 6:30 PM, Arlington Street Church

With just four weeks to go, Indulge needs your help! The success of ASC's annual fundraising gala depends on dedicated volunteers who staff the event and those who donate auction items. So, if you haven't already signed up to help, please stop by the **Indulge** table in the Parish Hall to volunteer and help make the 6th annual Indulge the best ever!

The Indulge raffle is back with three fantastic prizes. Cost is \$20 per ticket. The drawing will be at 10 pm at the end of Indulge festivities, and you do not have to be present to win.

- Grand Prize: iPad Mini 3 and Smart Cover
- 2nd Prize: Bose SoundLink Mini Bluetooth Speaker
- 3rd Prize: Two GoBoston passes

Get your raffle tickets at the **Indulge** table during coffee hour or at the event.

## Join the Arlington Street Choir!

#### Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and nonmusicians are welcome—we are a mix of professionals and amateurs. We rehearse every Thursday in the Clarke Room and are always accepting new members. Please feel free to send questions to our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.

## **Children's Religious Education Wants You!**

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt? If the answer is yes, please contact Laura or Erica for more information at CRE@ASCBoston.org.

### **Covenant Renewal ~ Have You Pledged Yet?**

Along with volunteer service, an annual pledge is an important component of membership at Arlington Street Church. Please fill out a pledge form and place it in the offering basket! Let's give to maintain the glorious building we love, to grow the programs we so enjoy, to support the minister and staff we depend on, and to make real our vision of love, service, justice, and peace in the world!

# COVENANT RENEWAL PLEDGE FORM

\_\_\_\_\_

July 2014 through June 2015 Name: \_\_\_\_\_ Address: City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_ I/We commit an *TOTAL ANNUAL PLEDGE* of \$ to support the work of Arlington Street Church for 2014-2015. Signature:\_\_\_\_\_ Date:\_\_\_\_\_ Signature:\_\_\_\_\_ Date: \_\_\_\_\_ Phone: \_\_\_\_\_\_Email: \_\_\_\_\_ Pledge contributions may be made by cash, check, or credit card. • If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and "2015 Pledge Payment". • Checks should be made payable to Arlington Street Church with "2015 Pledge Payment" written on the check memo line. • If you wish to pay by credit card, please complete the following: *Accepted:*  $\Box$  Mastercard  $\Box$  Visa Credit Card #: \_\_\_\_\_ Expiration Date: mm\_\_\_\_\_ yy\_\_\_\_ Zip Code: \_\_\_\_\_ Please charge my credit card in either: □ One payment for my entire pledge on July 10, 2014  $\Box$  Equal monthly installments on the 10<sup>th</sup> of each month □ I'm adding a pledge of SERVICE! Here's how I'd like to serve:

#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston. org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

#### SCHEDULING EVENTS AT

Arlington Street Church All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 ам – 3:00 рм. Не can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [Bouchard@ASCBoston.org.

#### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements before Tuesday noon to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessasary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### **OUR CARING COMMUNITY—EMMERGENCIES**

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### Security Note

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, Unitarian Universalist 351 Boylston Street Boston, Massachusetts 02116-3303

Office Hours: Monday - Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-7051 E-mail: office@ASCBoston.org • Web: www.ASCBoston.org



# Power of a Loving Heart: A Weekend Intensive of Kirtan & Spiritual Teachings

with Krishna Das, Sharon Salzberg, and Lama Surya Das Today ~ 1:00 PM, Newton South HS, 140 Brandeis Rd., Newton

Let's come together to discover and celebrate the power of the heart by cultivating our natural capacity for faith, compassion, and love! Tickets are \$85, available at the door.

free!



# News from the Soul of Sunday

## SUNDAY, MARCH 1<sup>st</sup>, 2015

## TODAY

## Coffee Hour and Lunch

### Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson.

## Just Coffee Just In!

We have a new supply of Just Coffee from the coffee growers cooperative in Chiapas Mexico. Please get your supply at the Social Action table in the Parish Hall after the service: dark roast and medium roast; ground and beans; \$12 a pound. Brought to you by your friends from the Social Action Committee.

## THIS WEEK

## Kundalini Yoga Class

### Every Wednesday ~ 6:00 PM, Clarke Room

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is

## **New Member Class**

Spiritual Journeys, Wednesday, March 4<sup>th</sup> ~ 6:00 PM, Perkins Room Meet ASC, Sunday, March 8<sup>th</sup> ~ 12:30 PM, Clarke Room

All interested newcomers are warmly invited to our next two-session new member class. Rev. Kim joins us for the first session, where we share stories about our spiritual journeys and ask our burning questions. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. In our second session, we learn a little of Arlington Street's history, polity, and practices; and meet some of our illustrious leadership and staff. Please sign up at the Welcome Table in the Parish Hall after the service. All are welcome!

## **5th Annual St. Patrick's Peace Parade Planning Meeting**

#### Wednesday, March 4<sup>th</sup> ~ 7:00 PM, Hunnewell Chapel

5th Annual Saint Patrick's Peace Parade, the alternative parade for Peace, Equality, Environmental Stewardship, Jobs, Social and Economic Justice, is right after church on Sunday, March 15th. With just over a week to go and a lot of work ahead, help is needed now more than ever. Please join this organizing meeting this Wednesday. All are welcome!

## SAVE THE DATE

## "It's Been a Long Winter" Potluck

### Saturday, March 7<sup>th</sup> ~ 5:00 PM, Parish Hall

Join Rev. Kim and her fabulous kitchen mavens for an evening of food, fellowship, and fun at our winter potluck! We have games (including Scrabble and Bananagrams), a crafts table for the kids, and a veritable gastronomic extravaganza of delicious home cooked foods. Entrees and beverages will be provided. Just bring along your own specialty side dish, salad, or dessert, preferably enough to share with 10-12 people.

We are asking folks to sign up, so we have some idea of how much food to cook for entrees. Sign up sheets will be at the Welcome Table on Sunday, or you may email Queen Cheryl via the church office (office@ASCBoston.org) to let her know you'll be there. Bring the whole family and snow-weary friends, neighbors, and co-workers. Come hungry!

## **Arlington Street Circle of Caring**

### Sunday, March 8<sup>th</sup> ~ 12:30 PM, Stage Right Sunday, March 29<sup>th</sup> ~ 12:30 PM, Frothingham Library

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle.

Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer and her brother and close friends to AIDS.

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

# This Week

Sunday, March I	, 2015
*9:30 ам	Music Rehearsal ~ Sanctuary
11:00 am	Sunday Morning Worship ~ Sanctuary
11:15 am	Children's Religious Education ~ Perkins, Parish Hall, Stage R.
12:00 рм	Coffee Hour and Lunch ~ Parish Hall
12:30 рм	Youth Group ~ Perkins Room
1:00 pm	Gather to Leave for Lunar New Year Parade ~ Perkins Room
1:00 pm	Spiritual Passion: Celebrate the Power of a Loving Heart! ~
	Newton South High School

#### Monday, March 2, 2015

No congregational events are scheduled.

#### Tuesday, March 3, 2015

6:00 рм	Worship Committee Meeting ~ Perkins Room
*7:30 рм	Spiritual Practice for Professional Caregivers ~
	Frothingham Library

#### Wednesday, March 4, 2015

11:30 ам	Staff Meeting ~ Perkins Room
6:00 рм	Kundalini Yoga ~ Clarke Room
6:00 рм	Spiritual Journeys ~ Perkins Room
7:00 рм	Vets for Peace ~ Hunnewell Chape

#### Thursday, March 5, 2015

7:00 рм Choir Practice ~ Clarke Room

#### Friday, March 6, 2015

5:00 рм Friday Night Supper ~ Parish Hall

#### Saturday, March 7, 2015

5:00 рм Arlington Street Church Pot Luck ~ Parish Hall

## Sunday, March 8, 2015

*9:30 ам	Music Rehearsal ~ Sanctuary
9:30 am	Social Action Committee Meeting ~ Smith Room
11:00 ам	Sunday Morning Worship ~ Sanctuary
11:15 ам	Children's Religious Education ~ Perkins, Parish Hall, Stage R.
12:00 рм	Coffee Hour and Lunch ~ Parish Hall
12:30 рм	Indulge 2015 Planning Meeting ~ Smith Room
12:30 рм	Meet ASC ~ Clarke Room
12:30 рм	Arlington Street Circle of Caring ~ Stage Right
12:30 рм	Arlington Street Church History Class ~ Chapel
*12:30 рм	The Conversation Project ~ Frothingham Library
1:00 pm	Study Group on UU Principals: Palestine and Israel ~
	Sanctuary

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



Unitarian Universalist

## Arlington Street Church History, 20<sup>th</sup> Century

Holly Hendricks, Arlington Street Church historian, will discuss the 20th century history of ASC with a special emphasis on civil rights and anti-war efforts at mid-century. Come learn about ASC member Reverend James Reeb, who died in Selma, the draft-card turn-in, and the era of the hippies.

## Buddha's Belly ~ The Buddhist Book Discussion and **Arlington Street Zen Center**

Tuesday, March 10<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday.

## Nondiscrimination/Inclusion Amendment to the ASC Bylaws

Many thanks to Desmond Ravenstone for proposing and drafting this excellent addition to our bylaws, and to the Prudential Committee and attendees at the January 11th corporation meeting for their work in refining its language. Please visit ASCBoston.org and click on the Announcements link to read Article 1. A vote on this amendment will be taken at our corporation meeting on March 22nd. Comments are most welcome, and may be sent to office@ASCBoston.org.

At the March 22nd corporation meeting, we will elect delegates to represent Arlington Street at three different gatherings and organizations. The first is five delegates to the General Assembly of the Unitarian Universalist Association scheduled for June 24th -28th in Portland, Oregon. These delegates will be voting on issues of importance to us and the larger world, and reporting to the congregation on their return. The second is three delegates to the Massachusetts Bay District meeting scheduled for April 25th in Weston. The final is three delegates to the UU Urban Ministry in Roxbury (with a meeting to be scheduled in May). For more information on any of these positions, please contact nominating@ascboston.org

Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.

Sunday, March 8th ~ 12:30–1:30 pm plus Q&A, Hunnewell Chapel Wondering about ASC's connection with events in Selma, 1965?

Buddha's Belly meets at 6 pm. We will be finishing our discussion of Pema Chödrön's The Wisdom of No Escape and the Path of Lovingkindness. Please read chapters 19-22. Our next book will be Matthew Bortolin's The Dharma of Star Wars.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

## Announcements

## **Delegates to Represent Arlington Street**