

immersion introduction, please join us! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (we will be walking in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning, and stay as long as you like. At 5:00, we'll celebrate by walking down to Bangkok Blue to enjoy Thai food together! BYO\$. All are welcome!

### The New Jim Crow ~ An Arlington Street Reading Group

Sundays, Feb. 24<sup>th</sup>, March 17<sup>th</sup>, & April 7<sup>th</sup> ~ 12:30-2:30 PM, Clarke Room  
Join a group to discuss Michelle Alexander's book, *The New Jim Crow*, the Unitarian Universalist Association's (UUA) common read of the year (meaning many congregations across the country will be reading this book together). The UU curriculum will provide the framework for the discussions. We will explore Alexander's call for building a spiritual movement to dismantle the new Jim Crow, and consider how we might begin the work. A quote from the author: "What has changed since the collapse of Jim Crow has less to do with the basic structure of our society than the language we use to justify it. In the era of colorblindness, it is no longer justifiable to use race. So we don't. Rather than rely on race, we use our criminal justice system to label people of color "criminals," and then engage in all the practices we supposedly left behind."

- Michelle Alexander, *The New Jim Crow*, 2010

If you would like to be in this reading group, please speak with David Cecere or Peter Lowber. Or contact them at [socialaction@ASCBoston.org](mailto:socialaction@ASCBoston.org).

## ANNOUNCEMENTS

### 30 Days of Love: A Spiritual Journey for Social Justice

January 19<sup>th</sup> to February 17<sup>th</sup>

Standing on the Side of Love is a community of people compelled to speak out against oppression, united in the common belief that love is the ultimate guiding force of our world.

Thirty Days of Love is a period for intentional action, service, education, and reflection. Arlington Street is joining this spiritual journey for social justice.

#### Week four is "Share the Love"

The 30 Days of Love culminates with Valentine's Day—our National Standing on the Side of Love Day, a holiday of social justice where we actively engage in sharing the love that speaks to our core values. More information can be found at [standingonthesideoflove.org](http://standingonthesideoflove.org), and Laura Evonne Steinman will be posting a daily question on [facebook.com/ArlingtonStreetChurch](https://www.facebook.com/ArlingtonStreetChurch) for folks to ponder for each of the Thirty Days of Love.

#### Just Coffee is Back!

Back by popular demand for only \$12 a pound! Choose from beans or ground, regular or dark roast at the Social Action table in the parish hall after today's service.

### COVENANT RENEWAL PLEDGE FORM

July 2012 through June 2013

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an annual total pledge of \$ \_\_\_\_\_ to support the work of Arlington Street Church.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

#### Pledge contributions may be made by cash, check, or credit card.

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and "2013 Pledge Payment".
- Checks should be made payable to Arlington Street Church with "2013 pledge payment" written on the check memo line.
- If you wish to pay by credit card, please complete the following:

**Accepted:**  Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_ Zip Code: \_\_\_\_\_

#### Please charge my credit card in either:

- One payment for my entire pledge on July 15, 2012
- 12 equal monthly installments on the 15<sup>th</sup> of each month

#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

#### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

#### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [print@ascboston.org](mailto:print@ascboston.org). Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051

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# INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, FEBRUARY 10<sup>TH</sup>, 2013

## TODAY

### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson or Sharon Pressly-Fiero through the church at [office@ASCBoston.org](mailto:office@ASCBoston.org).

### Valentine Making

Today ~ Noon, Perkins Room

Let's create Valentines together! Bring your cards, stamps, and addresses to the stage in the parish hall from noon to 1 PM. Or just bring yourself, and use the supplies provided. All ages are welcome!

### Spiritual Passions 2013!

#### Building the World We Dream ~ Film & Discussion

Today and Sunday, March 3<sup>rd</sup> ~ 12:30 PM, Hunnewell Chapel

The Building the World We Dream working group is proud to present a new film that asks America to talk about the causes and consequences of systemic inequity. *Cracking the Codes: The System of Racial Inequity* features moving stories from racial justice leaders including Amer Ahmed, Michael Benitez, Barbie-Danielle DeCarlo, Joy DeGruy, Ericka Huggins, Humaira Jackson, Yuko Kodama, Peggy McIntosh, Rinku Sen, Tilman Smith, and Tim Wise.

The first half of the film to be shown today explores the impact of racism on our own spiritual and personal lives. The second half of the film, to be shown on March 3<sup>rd</sup>, looks at how racism impacts the ways we live our lives in the wider world. All are welcome!

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## THIS WEEK

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### English as a Second Language (ESL) for Adults

Monday, Feb. 11<sup>th</sup> & Wed. January 13<sup>th</sup> ~ 10:00 AM, Perkins Room

Learn or improve your English! The class usually meets on Monday and Wednesday. Students practice speaking, listening, reading, and writing. Topics include general conversation, cooking, and holiday events, as well as grammar and pronunciation. The class is taught by Ann Troise, a member of Arlington Street Church, who has been certified to teach ESL by the Boston Academy of English.

### Gay Men's Spirituality Group

Monday, February 11<sup>th</sup> ~ 7:00 PM, Hunnewell Chapel

This is an open topic meeting. Members are encouraged to bring a friend and any issues/ideas they would like to discuss.

Mark Troia will share pictures of his recent trip to Thailand and Cambodia.

### Buddha's Belly ~ The Buddhist Book Discussion and the Arlington Street Zen Center

Tuesday, February 12<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the church year.

Buddha's Belly meets at 6 PM. Please read chapters 3 and 4 of Pema Chödrön's *Living Beautifully with Uncertainty and Change*.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

### Kundalini Yoga Class

Wednesday, February 13<sup>th</sup> ~ 6:00 PM, Parish Hall

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church.

### The Wednesdays Literary Salon: Hemingway Professor Alan Helms and Rev. Kim

Wednesday, February 13<sup>th</sup> ~ 6:00-7:30<sup>ish</sup>, Frothingham Library

Like most celebrated writers, Hemingway suffered a decline in reputation immediately following his death. In our time, however, he's being rehabilitated, and now it's his short stories that are prized more than his novels. We'll discuss roughly seven short stories per meeting, many of them now considered classics of the genre: "A Clean, Well-Lighted Place," "Hills Like White Elephants," "The Snows of Kilimanjaro," and "Big Two-Hearted River." Our text is the collection *In Our Time*, which you can find for pennies at abebooks.com or at the library. We'll also read from a hand-out, which you can pick up on the chairs behind the pulpit.

Professor Alan strongly recommends that you read all the stories as soon as you can and then reread them for our meetings. Of all the literary genres, the short story is closest to the lyric poem, in

*We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, February 10, 2013

- 9:30 AM Choir Rehearsal ~ Sanctuary
- 9:30 AM Social Action Committee ~ Smith Room
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:00 PM Valentine Making for All ~ Perkins Room
- 12:30 PM Building the World We Dream Film/Discussion ~ Clarke
- 12:30 PM Membership Team ~ Stage Right Room

### Monday, February 11, 2013

- 10:00 AM Adult ESL Class ~ Perkins Room
- 5:30 PM Connections Group ~ Stage Right Room
- 7:00 PM Gay Men's Spirituality Group ~ Hunnewell Chapel

### Tuesday, February 12, 2013

- \*11:30 AM Intern Committee ~ Smith Room
- 6:00 PM Buddha's Belly ~ Hunnewell Chapel
- 6:30 PM Connections Group ~ Perkins Room
- 7:00 PM Arlington Street Zen Center ~ Sanctuary

### Wednesday, February 13, 2013

- 10:00 AM Adult ESL Class ~ Perkins Room
- \*3:30 PM Staff Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Parish Hall
- 6:00 PM The Wednesdays Literary Salon ~ Frothingham Library
- 6:00 PM Connections Group ~ Smith Room

### Thursday, February 14, 2013

- 7:00 PM Choir Practice ~ Clarke Room

### Friday, February 15, 2013

- 5:00 PM Friday Night Supper ~ Parish Hall

### Saturday, February 16, 2013

- 7:00 PM Young Adult Game Night ~ Parish Hall

### Sunday, February 17, 2013

- 9:30 AM Choir Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM A Peace of My Mind ~ Hunnewell Chapel
- 12:30 PM Indulge Planning Meeting ~ Stage Right Room
- 1:00 PM Connections Group ~ Clarke Room

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

that it's highly concentrated and aims for one main overall dramatic effect. As anyone familiar with poetry knows, it's impossible to "get" a poem on a single reading; ditto a short story. This is especially true of Hemingway, who said that a good story should be like an iceberg with only one tenth showing above the water. The powerful part of the story, in his theory, isn't visible, which means that Hemingway isn't an immediately accessible writer. He definitely bears rereading.

All are welcome; all aboard!

### Young Adult Game Night

Saturday, February 16<sup>th</sup> ~ 7:00 PM, Parish Hall

The Arlington Street Young Adult Group (age 18 to 35<sup>ish</sup>) is having a game night. Participants are encouraged to bring their favorite board and party games to play. Those who wish to meet for dinner should arrive at 6 PM at the Boylston Street entrance. All are welcome, and we hope to see you there!

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## SAVE THE DATE

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### A Peace of My Mind

Sunday, February 17<sup>th</sup> ~ 12:30-1:30 PM, Hunnewell Chapel

Since 2009, Minneapolis photographer John Noltner has asked people from diverse backgrounds the simple question, "What does peace mean to you?"

The result is a compelling collection of portraits and personal stories called *A Peace of My Mind: Exploring the Meaning of Peace One Story at a Time*.

In a world that asks us to focus on the things that can separate us, *A Peace of My Mind* asks us to consider the common humanity that connects us. The series has been published as an award-winning book with a foreword by Ela Gandhi and also as a traveling exhibit that John will be installing at NYU this month.

Join John for a talk about this ongoing project and how it has developed through his own personal faith journey. More information can be found at [apeaceofmymind.net](http://apeaceofmymind.net).

### Plan To Come Plan Indulge!

Sunday, February 17<sup>th</sup> ~ 12:30 PM, Stage Right Room

Join the team as we continue to prepare for this wonderful gala dinner and auction scheduled for Saturday, April 6<sup>th</sup>! Also, there is a special "Indulge" table in the parish hall where you can volunteer for the event or donate items for the silent or live auctions.

### Arlington Street Zen Center Meditation Retreat

Sunday, February 24<sup>th</sup> ~ 1:00-5:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Zen Center

Don't just do something; sit there! We invite you to an afternoon meditation retreat. We'll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)—same format as our twice-monthly gatherings, just a longer session.

Whether you are experienced in meditation or interested in a full-

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