


musical rejoicings by American composers on the poetry of Walt Whitman, e. e. cummings, and African American spirituals. Don't miss the chance to hear *Leaving Limerick* by composer Pablo Ortiz, on a poem by US Inaugural Poet Richard Blanco, commissioned for and premiered by Coro Allegro at the Terezin Foundation Liberation GALA. Then experience the profoundly moving and transcendent power of Mozart's *Requiem*, as we remember those who struggled for but never saw this day and the great, unfinished work of human rights worldwide. Please see ASC members Jim Tice or Steve Vorenberg for tickets or order online at [www.coroallegro.org](http://www.coroallegro.org).


 **Arlington Street Church Corporation Meeting**  
 Sunday, November 22<sup>nd</sup> ~ 12:30 PM, Hunnewell Chapel  
 \*Vote required

**Agenda**  
 \*Membership Update ..... Doc Kinne  
 \*Special Election: New Co-Moderator ..... Gaby Whitehouse  
 GA Delegates Report ..... Joanna Lubkin  
 Report on Ramp and Tiffany Windows ..... Susie Nacco and others  
 Treasurer's Report ..... Susie Nacco  
 Q&A on Written Reports  
 Other Business


 **Corporation Meeting: General Assembly Delegate Report**  
 Sunday, November 22<sup>nd</sup> ~ 12:30 PM, Hunnewell Chapel

The Arlington Street delegates to the General Assembly in Portland, Oregon this past June will present a brief report of their experiences and learnings at the next Corporation Meeting on Sunday, November 22<sup>nd</sup>.


In the upcoming weeks, they will be sharing several videos and articles about memorable moments, important decisions, and other items of note from their trip. Here is the second in that series: UU World published an extensive article about UUA GA in its Fall 2015 edition, including a description of an Action of Immediate Witness pledging support for the Black Lives Matter movement. <http://tinyurl.com/UUWorld-GA>

 **VNACare Network and Hospice Seeks Volunteers**  
 Join our Volunteer Team! VNA Hospice Care seeks volunteers to visit patients and families in your community. A volunteer may provide patients with company, give the spouse, partner, or other caregiver a needed break from caregiving, or help run errands.

A strong need exists for volunteers who can visit on weekdays. We are also looking for volunteers who can visit on Saturdays and Sundays. In addition, we seek musicians who would like to sing or play music quietly at the beside; and Reiki practitioners who would like to give Reiki to patients and caregivers. Please call 781-569-2888 and ask to speak to a volunteer coordinator, or email [lpalais@vnab.org](mailto:lpalais@vnab.org) for more information. Thank you!

 **Dining Out with Arlington Street Church Neighbors**  
 After hearing about the good time the Merrimac Valley contingent is having dining out together The Membership Team has decided to try this in different areas of the ASC Community. We're starting with the these areas: Cambridge, Somerville, Belmont, and Arlington.


Anybody who lives in these towns, and is interested in getting together for dinner can contact Gaby Whitehouse at [gabygeo@gwcats.com](mailto:gabygeo@gwcats.com), or can sign up at the Welcome Table. More areas to follow!

 **Want To Showcase Your Crafts at the Holiday Bazaar?**  
 Sundays, December 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> ~ 10:30-10:45 AM & 12-1:00 PM, Parish Hall  
 December is around the corner, and it's almost time for our Holiday Bazaar! Would you like help make this happen? Please speak with Laura Evonne ([les@ascboston.org](mailto:les@ascboston.org)) ASAP! Would you like to reserve a table? Each table is asked to make a free-will donation to the church from their proceeds.

---

## ARLINGTON STREET MINISTRIES

---

 **Join the Arlington Street Choir!**  
 Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome—we are a mix of professionals and amateurs.

We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at [MBuckles@ASCBoston.org](mailto:MBuckles@ASCBoston.org).

### *SUGGESTION BOX*

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

### *SCHEDULING EVENTS AT ARLINGTON STREET CHURCH*

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

### *INSIDE SUBMISSION GUIDELINES*

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### *OUR CARING COMMUNITY—EMERGENCIES*

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### *SECURITY NOTE*

This is an urban church. Please do not leave your valuables unattended!

---

Arlington Street Church, *Unitarian Universalist*  
 351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM

Phone: 617-536-7050 • Fax: 617-536-2729

E-mail: [office@ASCBoston.org](mailto:office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

---

# INSIDE



## ARLINGTON STREET CHURCH

*NEWS FROM THE SOUL OF SUNDAY*  
 SUNDAY, NOVEMBER 8<sup>TH</sup>, 2015

---


### TODAY

---

  **Coffee Hour and Lunch**  
 Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today or contact Jon Ellertson.

 **Your Thanksgiving Pie Order Provides Hot Meals**  
 Today ~ 12:00 PM, Parish Hall

Every Thanksgiving since 1993, 150 of Boston area's top chefs donate more than 18,000 freshly baked pies to support Community Servings. Every \$28 pie sold enables Community Servings to provide a week of free, nutritious, home-delivered meals to 1,525 critically ill individuals and their families. 90% of this year's \$675,000 goal will directly support the mission.

The PIE IN THE SKY bake sale is your chance to enjoy a wonderful, freshly-baked gourmet pie and celebrate the true spirit of Thanksgiving. Choose regular or diabetic apple, pecan, pumpkin, or sweet potato! You can pick up your pies the day before Thanksgiving at over 90 different sites in the greater Boston area.

Order directly from Lisa Drapkin and Debbie Lewis in the Parish Hall today or next Sunday, or order at [pieinthesky.org](http://pieinthesky.org) and enter Lisa Drapkin as your "Pie Seller." All pie orders must be received by Nov. 23<sup>rd</sup>. If you do not want a pie, please consider making a donation!

 **New CRE Band Starts Today!**  
 Today ~ 12:30-1:00 PM, Clarke Room

Kids and Youth, come join the band! Bring your voices and musical instruments! The first song to play together is "This Little Light of Mine" with community friend, Itai Gal, singer-songwriter and pianist.

For more information, please contact children's religious educator Laura Evonne Steinman at [les@ascboston.org](mailto:les@ascboston.org). All welcome!

## Jay Michaelson Book Release!

Today ~ 12:30 PM, Hunnewell Chapel

*The Gate of Tears: Embracing Joyful Sadness on the Spiritual Path* Authentic spiritual practice embraces sadness and joy, spirituality and social justice, equanimity and emotion, seriousness and play. Living in the dynamic tensions between them is the subject of the sixth book by ASC-Extended-Family member Rabbi Dr. Jay Michaelson, a book called *The Gate of Tears: Sadness and the Spiritual Path*. *The Gate of Tears* is both a personal chronicle of Dr. Michaelson's coming to terms with the loss of his mother, and a heartfelt spiritual teaching about the happiness that can coexist with the full range of human experience. Drawing on Jay's fifteen years in Jewish, Buddhist, and LGBTQ spiritual communities, Jay's teaching is infused with a contemporary sensibility, skepticism, and, yes, even humor. And as a public figure who regularly appears on national media, Jay argues for an integration of political engagement and spiritual vulnerability. All are welcome!

## Arlington Street Circle of Caring

Today ~ 12:30 PM, Smith Room

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle.

Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer, her Aunt to Alzheimer's and her brother and close friends to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.

## Tell Me the Truth: Exploring the Heart of Cross-Racial Conversations

Today ~ 3:00 PM, UUUM, Roxbury, MA

Please join the Unitarian Universalist Urban Ministry (UUUM) for their annual Jack Mendelsohn Forum.

Guest speakers are Shay Stewart-Bouley, the first African American Executive Director of Community Change Inc., a Boston-based anti-racist organization; and Debby Irving, author of *Waking up White, and Finding Myself in the Story of Race*. Free and open to all!

The UUUM is a five minute walk from the Roxbury Crossing Station on the Orange line. For more information, contact Rev. Rebecca Hinds at rhinds@uum.org, and visit [www.uuum.org/directions](http://www.uuum.org/directions) for directions.

## THIS WEEK

### Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, November 10<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

Buddha's Belly meets at 6 pm. We continue our discussion of Daniel

*We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, November 8, 2015

9:30 AM	Social Action Meeting ~ Smith Room
*9:30 AM	Music Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Nursery, Chapel, Perkins, and Carol Smith Room
12:00 PM	Coffee Hour and Lunch ~ Parish Hall
12:30 PM	CRE Band ~ Clarke Room
12:30 PM	Jay Michaleson / Gate of Tears ~ Hunnewell Chapel
12:30 PM	ASC Circle of Caring ~ Smith Room
12:30 PM	Meet ASC ~ Frothingham Library
1:00 PM	CRE Volunteer Training ~ Perkins Room

### Monday, November 9, 2015

No congregational events are scheduled.

### Tuesday, November 10, 2015

6:00 PM	Buddha's Belly ~ Hunnewell Chapel
7:00 PM	Arlington Street Zen Center ~ Hunnewell Chapel   Sanctuary

### Wednesday, November 11, 2015

Office Closed.

6:00 PM	Kundalini Yoga ~ Hunnewell Chapel
---------	-----------------------------------

### Thursday, November 12, 2015

7:00 PM	Choir Practice ~ Clarke Room
---------	------------------------------

### Friday, November 13, 2015

5:00 PM	Friday Night Supper ~ Parish Hall
---------	-----------------------------------

### Saturday, November 14, 2015

No congregational events are scheduled.

### Sunday, November 15, 2015

9:30 AM	Social Action Meeting ~ Smith Room
*9:30 AM	Music Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Nursery, Chapel, Perkins
12:00 PM	Coffee Hour and Lunch ~ Parish Hall
*12:30 PM	OWL-Our Whole Lives ~ Perkins Room
1:00 PM	Nominating Committee ~ Clarke Room
3:00 PM	Inside Out Concert ~ Hunnewell Chapel

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

Goleman's new book, *A Force for Good: The Dalai Lama's Vision for Our World*. Please continue to read Part Three.

Arlington Street Zen Center meets at 7 pm and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

## Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

## The ASC Merrimac Valley Group Invites UU

November 13<sup>th</sup> ~5:30 PM, Dinner at El Talle (<http://eltallerarts.com/menudupe/>) RSVP <https://www.facebook.com/events/523925257763729/> 7:00 PM - 9:00 PM, A film screening & discussion of "Community Bonds: Life Inside Immigration Detention in Massachusetts" (free admission)

Please join us for dinner, followed by an evening highlighting the first-person experiences of people who have been detained in one of Massachusetts' detention facilities. Sponsored by Mass Humanities and CIVIC: ending the isolation and abuse of people in U.S. immigration detention through visitation, independent monitoring, storytelling, and advocacy. All are welcome!

## ANNOUNCEMENTS

### The Conversation Project: Death Café

Sunday, November 15<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

Join Rev. Vera O'Brien, our Community Minister and chaplain at Brigham and Women's Hospital, for Arlington Street's first Death Café. Rev. Vera will facilitate informal, small group discussions on topics such as how to speak with family and friends about how to begin to think about the decisions you might be called upon to make for yourself and others. We'll also talk about our own end-of-life wishes. Having these conversations now is a great gift to give during the holiday season - a gift of comfort and peace of mind in the future. You'll choose the topic in which you wish to participate and join with others in that conversation. We will be one of many congregations, of many faiths, participating in such conversations this month, sponsored by The Conversation Project. Bring lunch if you like. Tea and cookies will be served. All are welcome!

### Inside Out Concert

Sunday, November 15<sup>th</sup> ~ 3:00 PM, Hunnewell Chapel

Works by Joan Tower, Virgil Thomson, and J. S. Bach played by Sharan Leventhal on violin with Eli Epstein as our concert guide.

Inside Out builds bridges to audiences by showing connecting with music is about tapping into the emotional essence and universal human experience that's inherent in every work of art.

### A Concert for Marriage Equality

Sunday, November 15<sup>th</sup> ~ 3:00 PM, Sanders Theatre, Cambridge, MA

Join Coro Allegro in celebrating this year's historic marriage equality victory with Wolfgang Amadeus Mozart's radiant *Exsultate Jubilate* and