

it's generally true that "as ye sow, so shall ye reap," the rewards will be enormous. For many of us, this will be one of the great experiences of our lives! All are welcome!

Art & Soul: A Workshop to Deepen Your Creative and Spiritual Life

Saturday, November 12th ~ 2:00 PM, First Parish, 23 Dedham Ave, Needham

Are you inspired by the intersection between art, spirituality, and social justice? Members of the Sanctuaries, DC, organized by Rev. Erik Martinez Resly (former intern minister at First Parish in Milton), are visiting Boston for the first time to share their talents from their art and activism-based community. This event is suitable for ages 12 and older and all are welcome. Learn more about this and their other public events at thesanctuaries.org/boston.

Souls Slam!

Saturday, Nov. 12th ~ 7:00 PM, First Parish, 382 Walnut St, Brookline

Don't miss this arts showcase featuring racially and spiritually diverse artists from Washington, DC. The line-up will include musical fusions of Afro-folk, classical Indian ragas, hip hop, and soul, as well as storytelling, live painting, and spoken word poetry. All ages but artists may curse. Visit thesanctuaries.org/boston for more information.

ANNOUNCEMENTS

Uncomfortable Conversations

Sunday, November 13th ~ 12:30 PM, Carol Smith Room

The Transformation Team for Racial Justice offers this time and space for facilitated discussion and continuing conversation about developing anti-racist worldview. We plan to hold these conversations periodically at Arlington Street Church. All are welcome and no RSVP is needed. For more information or to suggest discussion topics in advance, email transformation@ascboston.org.

Cycling as a Spiritual Practice—Tina Rose

Sunday, November 13th ~ 1:00 PM, Sanctuary

What can cycling teach you about learning to stay balanced, to ride your ride, and to take your pulls? Come join Pru Chair Tina Rose as she shares lessons from her spiritual practice and wisdom for finding your own. All are welcome, even if you've never ridden a bike!

A Taste of Guatemala!

Saturday, November 19th ~ 6:00 – 8:00 PM, Parish Hall

Please join us for a festive evening to benefit Only A Child, a non-profit organization that helps disadvantaged youth in Guatemala work toward long-term self-sufficiency by promoting healthy physical, emotional, vocational, and spiritual growth. The event includes appetizers and music from Central America and presentations about Only A Child's work. Tickets are \$40.00 and can be purchased at www.onlyachild.org or from Board member Jim Tice. Opportunities to sponsor the event for \$100, \$250, or \$500 are also available if you are so moved. The evening promises to be filled with color, energy, warmth, good cheer, and the opportunity to share in the important work that ASC's own George Leger is doing in Guatemala City.



Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, November 22nd ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha's Belly*: We will continue our discussion of Charlotte Joko Beck's *Everyday Zen: Love and Work*. Please read up to Section VII, Boundaries (through page 152).

7:00 *Arlington Street Zen Center*: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



Have You Made Your Pledge Yet?

If you have not yet made a financial pledge of support to Arlington Street for this church year, it's not too late! This church is a self-supporting community that relies on the generosity of members to fund everything from our transcendent worship to our mundane electric bill. Coordinating your values with where your money goes is a powerful spiritual practice! Plus, pledging helps the church plan responsibly for the year ahead. We are very close to reaching our goal of \$260,000, which will allow for a fully-funded budget. Covenant Renewal forms are available in the pews and at ASCBoston.org. Please submit your pledge today!

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street, Boston, Massachusetts 02116-3303

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INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, NOVEMBER 6TH, 2016

TODAY



Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table.

Additional volunteers are always welcome to help with food preparation and, especially, with clean-up. To learn more about joining our team, please stop by the kitchen.



Just Coffee—Just In!

Today ~ Immediately following worship, Parish Hall

Stock up on "caffeine with a conscience" at the Social Action table in the Parish Hall today. Just Coffee is made from organic, shade-grown beans that are free from chemical fertilizers and pesticides. Try this delicious coffee and support a grower-owned cooperative and their mission to alleviate poverty in Chiapas, Mexico. Dark and light roast options are available in both ground and bean form for just \$12 per pound. Learn more at www.justcoffee.org.



Your Thanksgiving Pie Order Provides Hot Meals

Today ~ Noon, Parish Hall

Every Thanksgiving since 1993, 150 of Boston area's top chefs donate more than 20,000 freshly baked pies to support Community Servings. Every \$30 pie sold enables Community Servings to provide a week of free, nutritious, home-delivered meals to 1,850 critically ill individuals and their families. 90% of this year's \$800,000 goal will directly support the mission.

The PIE IN THE SKY bake sale is your chance to enjoy a wonderful, freshly-baked gourmet pie and celebrate the true spirit of Thanksgiving. Choose apple, pecan, pumpkin, or sweet potato! You can pick up your pies the day before Thanksgiving at over 100 different sites in the greater Boston area.

Order directly from Lisa Drapkin and Debbie Lewis in the Parish Hall today or next Sunday. All pie orders must be received by Nov. 13th. If you do not want a pie, please consider making a donation!

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Arlington Street Circle of Caring

Today and Sundays, Nov. 20th, Dec. 4th, and 18th ~ 12:30 PM,
Carol Smith Room

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle. Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer and her brother and close friends to AIDS. Lisa Kirk, who officially joined the ASC Community last year has lead grief and small support groups for other congregations and has lots of experience and insight to share with the group.

Their vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.



Building Bridges with Our Muslim Neighbors

Today ~ 12:45 PM, Hunnewell Chapel

Please join this important discussion with the Social Action Committee as we plan our next steps for continuing to learn about Islam and demonstrating solidarity with the Muslim community. This will be an opportunity to share experiences from our recent visit to the Islamic Society of Boston among both the participants and those who were unable to attend. All are welcome!



Inside Out Concert

Today ~ 3:00 PM, Hunnewell Chapel

Come enjoy works by György Kurtág and J. S. Bach played by Sharan Leventhal on solo violin with Eli Epstein as our concert guide. Inside Out builds bridges to audiences by showing that connecting with music is about tapping into the emotional essence and universal human experience inherent in every work of art.



Pru In Review

Highlights from the last Pru meeting include approving funds for a regular security patrol of the property and determining the agenda for the upcoming Corporation Meeting. The Senior Minister's report concentrated on various charitable and income producing projects that are being looked into. Finally, a report was given on the ongoing Ramp project and approval was given for a recommended site survey to be done before construction is restarted.

THIS WEEK



New Member Class

Monday, November 7th ~ Spiritual Journey ~ 6:00 PM, Perkins Room
Sunday, November 13th ~ Meet ASC ~ 12:30 PM, Hunnewell Chapel
Sunday, Nov. 20th ~ Breakfast/Joining ~ 9:30 AM, Hunnewell Chapel

Are you thinking about joining Arlington Street Church? All interested newcomers are warmly invited to our upcoming series of new member

*We invite you to cut out this calendar or
view the full calendar at ASCBoston.org*

This Week

Sunday, November 6, 2016

*9:30 AM Music Rehearsal ~ Sanctuary
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education (CRE) ~ Nursery, Chapel, Perkins,
and Carol Smith Rooms
12:00 PM Coffee Hour and Lunch ~ Parish Hall
12:30 PM ASC Circle of Caring ~ Carol Smith Room
12:45 PM Building Bridges with Our Muslim Neighbors ~ Hunnewell Chapel
3:00 PM Inside Out Concert ~ Hunnewell Chapel

Monday, November 7, 2016

6:00 PM New Member Class ~ Perkins Room
6:30 PM Shambhala Boston ~ Hunnewell Chapel

Election Day, Tuesday, November 8, 2016

No congregational events are scheduled.

Wednesday, November 9, 2016

*12:30 PM Staff Meeting ~ Perkins Room
6:00 PM Kundalini Yoga ~ Hunnewell Chapel
6:00 PM The Wednesdays ~ Frothingham Library

Thursday, November 10, 2016

7:00 PM Choir Practice ~ Clarke Room

Friday, November 11, 2016

5:00 PM Friday Night Supper ~ Parish Hall

Saturday, November 12, 2016

No congregational events are scheduled.

Sunday, November 13, 2016

*9:30 AM Music Rehearsal ~ Sanctuary
9:30 AM CRE Committee Meeting - Pret Cafe, 507 Boylston Street
9:30 AM Social Action Meeting ~ Carol Smith Room
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education (CRE) ~ Nursery, Chapel, Perkins,
and Carol Smith Rooms
12:00 PM Coffee Hour and Lunch ~ Parish Hall
12:30 PM Uncomfortable Conversations ~ Carol Smith Room
12:30 PM Meet ASC ~ Hunnewell Chapel
1:00 PM Cycling as a Spiritual Practice ~ Sanctuary

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON
STREET CHURCH

Unitarian Universalist

classes. Rev. Kim joins us for the first session, where we share stories about our spiritual journeys and ask those burning questions of the minister. The second session offers an opportunity to learn a bit about Arlington Street's history and practices and meet some of our illustrious leadership. Please sign up at the Welcome Table in the Parish Hall after the service. All are welcome!



Shambhala: Meditation in Everyday Life

Mondays, through November 21st ~ 6:30 PM, Hunnewell Chapel

Meditation in Everyday Life is a 5-week course that teaches mindfulness meditation and shows us how this practice can improve our daily lives in the most practical sense. Please visit boston.shambhala.org for additional information and registration.



Our 5th UU Principle calls us to VOTE

The election is Tuesday...please be sure to cast your vote! Find your voting location at wheredoivotema.com/bal/MyElectionInfo.aspx



Tiffany Window Guided Tours

Wednesdays through Saturdays ~ 11:00 AM, 1:00 PM and 2:00 PM;
Sundays ~ 1:00 PM and 2:00 PM, Sanctuary

With the successful restoration of our Tiffany stained glass windows, we have opened our doors to the public! In our first month, visitors from all over the world were enthralled by our landmark building, windows, and unique heritage. Both guided tours and a self-guided written tour are available. All are welcome—please invite your family, friends, and neighbors to tour our beautiful space!



Boston Stands with Standing Rock

Wednesday, November 9th ~ 5:30 PM, South Station

Let's come together in a peaceful gathering to bring awareness and to show support to those at Standing Rock. For more information, please visit www.facebook.com/events/556414357877554.



Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



Arlington Street's Literary Salon, The Wednesdays: Shakespeare

Wednesdays ~ 6:00 PM, Frothingham Library

November 9th ~ The Merchant of Venice

November 16th ~ Henry IV, part 1 (we finally meet Falstaff!)

November 30th ~ Henry IV, part 2

Professor Alan Helms and Rev. Kim welcome you to the third installment of the Wednesdays Shakespearathon! Reading all 38 of Shakespeare's plays is admittedly a huge ambition, but Shakespeare is, by universal consent, not only the greatest writer in the English language, but one of the immortals of world literature. We'll need patience with archaic language while attending to a plethora of footnotes (there's no doing without them unless you live in a world where you cut your meat with a bodkin and your children say their orizons at bedtime). In other words, these Shakespeare courses are not for the faint of heart. But since