# Changes for OOS, Inside, the Web, & Reimbursements

Our Business Administrator, Phyllis Guiliano, has taken a new position and is no longer working at Arlington Street. There are two new people who now handle the publications and the finances.

- Laurinda O'Connor will be producing Inside and OOS and continuing her weekly role updating the ASC web content. When you have a listing for any of these, including Snapshot, please send it to publications@ASCboston.org. The deadline is still Tuesday at noon!
- Adam Berman will take over the bookkeeping. Adam can be reached at bookkeeper@ASCboston.org for reimbursements or for payments that need to be made to outside organizations, etc.
- Jeffrey Bouchard is responsible for donations, member contact information, pledge forms, and email distribution lists. Jeff can be reached at jbouchard@ASCboston.org.

# Covenant Renewal ~ Have You Pledged Yet?

Along with volunteer service, an annual pledge is an important component of membership at Arlington Street Church. Please fill out a pledge form and place it in the offering basket! Let's give to maintain the glorious building we love, to grow the programs we so enjoy, to support the minister and staff we depend on, and to make real our vision of love, service, justice, and peace in the world!

# Children's Religious Education Wants You!

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt! If the answer is yes, please contact Laura or Erica for more information!

# Join the Arlington Street Choir this Fall!

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome—we are a mix of professionals and amateurs. One highlight of our coming fall repertoire will be Benjamin Britten's resplendent masterwork, Rejoice in the Lamb.

We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.

# COVENANT RENEWAL PLEDGE FORM July 2014 through June 2015

Address:	
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	L <u>ANNUAL</u> PLEDGE of \$ Arlington Street Church for 2014-2015.
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#### Suggestion Box

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to *Comments@ASCBoston.org*. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

#### Scheduling Events at Arlington Street Church

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

#### Inside Submission Guidelines

Please email all Sunday "Inside" announcements before Tuesday noon to print@ascboston.org. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessasary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### Our Caring Community—Emergencies

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist* 351 Boylston Street Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM
Phone: 617-536-7050 • Fax: 617-536-7051
E-mail: office@ASCBoston.org • Web: www.ASCBoston.org



# News from the Soul of Sunday

SUNDAY, OCTOBER 5<sup>TH</sup>, 2014

## **TODAY**

## **Coffee Hour and Lunch**

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson.

# **Rev. Eugene Navias Memorial Service**

Sunday October 5th ~ 1:30 PM, Sanctuary, Parish Hall

All are welcome at this celebration of the life of our beloved associate minister emeritus.

For 29 years, Gene served as Director of the Religious Education Department at the Unitarian Universalist Association. He was one of the most important forces in Unitarian Universalist religious education and music. Gene was passionate about a lot of things: religious education, history, LGBT rights, sex education, music (especially hymns ... and opera!), and Arlington Street Church. There will be a lot of beautiful music, a chalice lighting by his family members, story-telling by Rev. Kim and more of his beloved colleagues, followed by a wonderful collation (food and friendship!). All are welcome!

Please note: We are establishing a memorial fund in Gene's honor! Donation checks can be written to Arlington Street Church with Gene Navias Fund in the memo line.

## **THIS WEEK**

# Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class.

continued on next page...

Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

## Multiculturalism / Anti-Racism Workshop Series

Wednesdays, October 1<sup>st</sup>–November 19<sup>th</sup> ~ 6:30-8:30 PM, Perkins Room Building the World We Dream About is a Unitarian Universalist workshop curriculum that seeks to interrupt the workings of racism and transform how people from different racial/ethnic groups understand and relate to one another. It offers:

- Honest and open conversations about race
- Tools to better understand your own ethnic and racial identity and journey
- Practical skills you need in your own life, right now, in an increasingly multicultural world

This highly interactive class consists of eight, two-hour workshops including take-home activities, reflections, and readings to be done between workshops. It will be facilitated by Arlington Street members Art Nava and Barbara Seidl. For more information or to sign up, please email transformation@ascboston.org. Childcare available upon request. Please let us know the ages of your children. The series is free!

## Save the Date

# **Unity Singers**

Sunday, October 19th - 11:00am, Sanctuary

Next week, Arlington Street Church welcomes a special guest ensemble, the Unity Singers, from the Unity Church-Unitarian in Saint Paul, MN. The Unity Singers is a nineteen voice choir directed by Ruth Palmer. Their vision is to illustrate the human experience through words, harmony and spirit. Please welcome these special guests!

# A Spiritual Journey Through Alzheimer's Disease

Book Reading & Signing with Rev. Dr. Jade Angelica

Sunday, October 19<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

Please join Rev. Kim in welcoming her beloved colleague, Jade Angelica, whose ground breaking work offers hope, inspiration, and healing through her "Healing Moments Alzheimer's Ministry." (healingmoments.org). Rev. Jade writes, "Our mission is to improve the quality of life for persons with Alzheimer's and dementia, reduce caregiver stress, and inspire a hopeful attitude. Our intent is to help caregivers and communities develop a deeper understanding of these diseases, and nurture the belief that deep, meaningful relationships remain possible throughout all the stages of dementia."

Rev. Jade's new book, both a spiritual memoir and pastoral guide, is entitled *Where Two Worlds Touch*. In it, she shares the reassuring words of someone who has been there and can give advice on

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

## This Week

#### Sunday, October 5, 2014

9:30 AM Choir Rehearsal ~ Sanctuary
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education ~ Perkins, Parish, Stage Right
12:00 PM Coffee Hour and Lunch ~ Parish Hall
1:30 AM Gene Navias Memorial Service ~ Sanctuary, Parish Hall

#### Monday, October 6, 2014

No congregational events

## Tuesday, October 7, 2014

6:00 PM Worship Committee ~ Perkins Room

\*7:30 PM Spiritual Practice for Professional Caregivers ~ Frothingham

Library

## Wednesday, October 8, 2014

\*11:30 AM Staff Meeting ~ Perkins Room
6:00 PM Kundalini Yoga ~ Hunnewell Chapel
6:30 PM Multiculturalism / Anti-Racism Workshop Class

## Thursday, October 9, 2014

7:00 PM Choir Practice ~ Clarke Room

#### Friday, October 10, 2014

5:00 PM Friday Night Supper ~ Parish Hall

## Saturday, October 11, 2014

No congregational events

## Sunday, October 12, 2014

9:30 AM Choir Rehearsal ~ Sanctuary
9:30 AM Social Action Committee ~ Smith Room
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education ~ Perkins, Parish, Stage Right
12:00 PM Coffee Hour and Lunch ~ Parish Hall

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



preserving connection, finding hope, and staying open to the possibility of grace. To read Rev. Jade's beautiful piece entitled "Acceptance and Gratitude: Transforming Spiritual Practices for Alzheimer's Caregivers," please see huffingtonpost.com/jade-c-angelica/acceptance-gratitude-tran\_b\_5699475.html.

A brief reading will be followed by questions and answers. Books will be for sale at a special price, and Rev. Jade will be happy to sign them for us. All are welcome!

# Movie Night! "An Uncommon King"

Thursday, November 6  $\sim$  7:30-9:30 pm, Landmark Kendall Square Cinema, 355 Binney Street, Cambridge

Tickets: \$12

This past April, Sakyong Mipham Rinpoche, head of the Shambhala (Tibetan) Buddhist lineage, was our honored guest at Arlington Street. "An Uncommon King" is a new film that tells Rinpoche's story, beginning with the young Tibetan attempting to overcome language, cultural, and personal obstacles to take over from his wild, pioneering father (Trungpa Rinpoche).

An Uncommon King was shot over 17 years in Tibet, India, China, Europe, and North America. Through verité footage, interviews, and archival material, the documentary follows Rinpoche's father's escape over the mountaintops of Tibet, to Sakyong Mipham's birth in a refugee camp in India, growing up in Colorado, moving to Nova Scotia, his father's death, and becoming an "Earth Protector," part of a lineage of spiritual kings. When greed and aggression tip the balance of nature and society, he is called upon to continue his father's work to transmit the antidote: teachings on how to bring about a good human society. This film embraces the universal themes of family, heritage, and cultural survival. Above all, it is a story about human goodness.

## **ANNOUNCEMENTS**

# GLAD's LGBTQ/HIV Legal Infoline Needs Volunteers

Gay & Lesbian Advocates & Defenders (GLAD), New England's leading LGBTQ/HIV legal rights organization, seeks committed volunteers to staff GLAD's legal information service, called GLAD Answers! Be trained in LGBTQ/HIV civil rights legal issues. No prior legal experience is needed.

Register now for the next training, October 14 & 16 (5:30-9:30 pm) and October 18 (9:00 am-4:00 pm). Volunteer one weekday afternoon a week from 1:30-4:30 pm helping people who have experienced discrimination by providing legal information that can make a real difference in their lives!

You can get more information and an application by contacting Bruce Bell, (617) 426-1350 or email bbell@glad.org, or online at: www.glad.org/rights/infoline/volunteer/.

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