

## **El Día de los Muertos ~ Day of the Dead**

Sunday, October 30<sup>th</sup> ~ 11:00 AM, Sanctuary

Join in as we celebrate the lives of beloved family and friends who have gone before us, calling out their names to affirm their continuing presence in our lives. Please bring photographs and mementos to place on the altar. The young and the young at heart are invited to wear costumes as well.

## **Special Guest Mike Ward Releases His New Book from the High Pulpit!**

Sunday, October 30<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

Rev. Kim is thrilled to be joined in the pulpit by her longtime friend, Mike Ward, who will read from his memoir - officially to be published the next day! In *The Sea is Quiet Tonight*, Mike returns to the early years of the AIDS epidemic and chronicles in candid detail his partner Mark's decline and eventual death. By looking back on these devastating events, the author not only honors a generation lost to the illness but also opens a vital window onto the past when HIV/AIDS was a death sentence. Following the service, join Mike for further reading, discussion, and breaking out the very first shipment of his books to sign them for us! Learn more at [theseaisquiettonight.com](http://theseaisquiettonight.com).

## **Uncomfortable Conversations**

Sundays, October 30<sup>th</sup> & November 13<sup>th</sup> ~ 12:30 PM, Carol Smith Room

The Transformation Team for Racial Justice offers this time and space for facilitated discussion and continuing conversation about developing anti-racist worldview. We plan to hold these conversations periodically at Arlington Street Church. All are welcome and no RSVP is needed. For more information or to suggest discussion topics in advance, email [transformation@ascboston.org](mailto:transformation@ascboston.org).

## **UU Mass Action's 3rd Annual Story Slam**

Saturday, Nov. 5<sup>th</sup> ~ 7:00 PM, First Parish UU Arlington, 630 Massachusetts Ave, Arlington

In keeping with the theme of "Millennials in the Pulpit!," this event will feature a talented line-up of storytellers sharing their personal experiences of being a millennial and a UU. Sam Teitel, 2015 Story Slam winner and recent ministerial intern at First Church Boston, will keep the evening lively as the event emcee. The Story Slam is UU Mass Action's annual fundraising event - come for a night of fun as you support UU justice building in Massachusetts! Learn more at [www.UUMassAction.org](http://www.UUMassAction.org).

## **Building Bridges with Our Muslim Neighbors**

Sunday, November 6<sup>th</sup> ~ 12:45 PM, Hunnewell Chapel

Please join this important discussion with the Social Action Committee as we plan our next steps for continuing to learn about Islam and demonstrating solidarity with the Muslim community. This will be an opportunity to share experiences from our recent visit to the Islamic Society of Boston among both the participants and those who were unable to attend. All are welcome!

## **New Member Class**

Monday, November 7<sup>th</sup> ~ Spiritual Journey ~ 6:00 PM, Perkins Room

Sunday, November 13<sup>th</sup> ~ Meet ASC ~ 12:30 PM, Clarke Room

Sunday, Nov. 20<sup>th</sup> ~ Breakfast/Joining ~ 9:30 AM, Hunnewell Chapel

Are you thinking about joining Arlington Street Church? All interested newcomers are warmly invited to our upcoming series of new member classes. Rev. Kim joins us for the first session, where we share stories about our spiritual journeys and ask those burning questions of the minister. The second session offers an opportunity to learn a bit about Arlington Street's history and practices and meet some of our illustrious leadership. Please sign up at the Welcome Table in the Parish Hall after the service. All are welcome!

## **Have You Made Your Pledge Yet?**

If you have not yet made a financial pledge of support to Arlington Street for this church year, it's not too late! This church is a self-supporting community that relies on the generosity of members to fund everything from our transcendent worship to our mundane electric bill. Coordinating your values with where your money goes is a powerful spiritual practice! Plus, pledging helps the church plan responsibly for the year ahead. We are very close to reaching our goal of \$260,000, which will allow for a fully-funded budget. Covenant Renewal forms are available in the pews and at [ASCBoston.org](http://ASCBoston.org). Please submit your pledge today!

### **SUGGESTION BOX**

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

### **SCHEDULING EVENTS AT ARLINGTON STREET CHURCH**

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday - Friday, 8:00 AM - 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

### **INSIDE SUBMISSION GUIDELINES**

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### **OUR CARING COMMUNITY—EMERGENCIES**

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### **SECURITY NOTE**

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday - Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729  
Email: [Office@ASCBoston.org](mailto:Office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

# INSIDE

## ARLINGTON STREET CHURCH

### **NEWS FROM THE SOUL OF SUNDAY**

SUNDAY, OCTOBER 16<sup>TH</sup>, 2016

### **TODAY**

#### **Coffee Hour and Lunch**

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table.

Additional volunteers are always welcome to help with food preparation and, especially, with clean-up. To learn more about joining our team, please stop by the kitchen.

#### **Last Chance to Support the Faithify Campaign!**

Today is the FINAL day to support the crowdfunding campaign for Arlington Street's accessibility ramp. Alan Helms has challenged



us to double our original goal by offering to match every contribution up to \$10,000. Every little bit helps, and your support will count twice as much if you get it in today! Don't wait - visit [www.tinyurl.com/ArlingtonStreetRamp](http://www.tinyurl.com/ArlingtonStreetRamp). Thank you for your generous support in helping us finish construction on the long-awaited ramp!

#### **Children's Religious Education Volunteer Meetup**

Today ~ 12:00 PM, Perkins Room

Calling all CRE volunteers and anyone interested in potentially getting involved with this program! Please plan to attend today's one hour training in the Perkins Room after the service.



#### **Just Coffee—Just In!**

Today ~ Immediately following worship, Parish Hall

Stock up on "caffeine with a conscience" at the Social Action table in the Parish Hall today. Just Coffee is made from organic, shade-grown beans that are free from chemical fertilizers and pesticides. Try this delicious coffee and support a grower-owned cooperative and their mission to alleviate poverty in Chiapas, Mexico. Dark and light roast options are available in both ground and bean form for just \$12 per pound. Learn more at [www.justcoffee.org](http://www.justcoffee.org).

*continued on next page...*



## Arlington Street Circle of Caring

Today and Sunday, Oct. 30<sup>th</sup> ~ 12:45 PM, Carol Smith Room

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle. Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer and her brother and close friends to AIDS. Lisa Kirk, who officially joined the ASC Community last year has lead grief and small support groups for other congregations and has lots of experience and insight to share with the group.

Their vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.



## Pet Loss Healing Circle

Today ~ 7:00 PM, First Parish in Brookline, 382 Walnut St.  
(Walkable from Green Line T/Brookline Hills stop and bus lines)

Are you experiencing or anticipating the loss of a beloved animal companion? Join UU Rev. Eliza Blanchard in a pet loss healing circle to share stories, support one another, and light candles of sorrow and memory. The gathering is free and open to all. For more information, call Rev. Blanchard at 774-551-6071.

## THIS WEEK



## Shambhala: Meditation in Everyday Life

Mondays, October 17<sup>th</sup> - November 21<sup>st</sup> ~ 6:30 PM, Hunnewell Chapel

Meditation in Everyday Life is a 5-week course that teaches mindfulness meditation and shows us how this practice can improve our daily lives in the most practical sense. The first class in the Way of Shambhala curriculum offers a glimpse of the Shambhala vision of an enlightened society created through mindfulness-awareness meditation. Please visit [boston.shambhala.org](http://boston.shambhala.org) for additional information and registration.



## Upcoming Pru Meeting

Tuesday, October 18<sup>th</sup> ~ 6:00 PM, Perkins Room

The next meeting of Arlington Street's governing body (affectionately known as "The Pru") will be this Tuesday. Pru meetings are open to any church member interested in attending, and meeting minutes are available upon request.



## Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)

## This Week

### Sunday, October 16, 2016

- \*9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education (CRE)
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:00 PM CRE Volunteer Training ~ Perkins Room
- 12:45 PM Arlington Street Circle of Caring ~ Carol Smith Room
- 1:30 PM Memorial Service John Michael Gray ~ Sanctuary

### Monday, October 17, 2016

- 6:30 PM Finance Committee Meeting ~ Carol Smith Room
- 6:30 PM Shambhala Boston ~ Hunnewell Chapel
- \*8:00 PM Internship Committee Meeting (Erica Long) ~ Perkins Room

### Tuesday, October 18, 2016

- 6:00 PM Pru Meeting ~ Perkins Room
- 7:00 PM Transformation Team Meeting ~ Frothingham Library

### Wednesday, October 19, 2016

- \*12:30 PM Staff Meeting ~ Perkins Room
- 5:30 PM Tiffany Board Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel

### Thursday, October 20, 2016

- 7:00 PM Choir Practice ~ Clarke Room

### Friday, October 21, 2016

- 5:00 PM Friday Night Supper ~ Parish Hall

### Saturday, October 22, 2016

No congregational events are scheduled.

### Sunday, October 23, 2016

- \*9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education (CRE)
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Indulge 2017 Planning Meeting ~ Carol Smith Room
- 1:00 PM Walden Pond with COA ~ Meet in Frothingham Library

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON STREET CHURCH  
Unitarian Universalist

## ANNOUNCEMENTS



## Indulge 2017 Planning Meeting

Sunday, October 23<sup>rd</sup> ~ 12:30 PM, Carol Smith Room

Join the planning as we start thinking about decorations, menu, and auction details. Indulge 2017 is our spring time fundraiser. Come be a part of helping to make this fun night a reality!



## Coming of Age: Around Walden Pond with Rev. Kim

Sunday, October 23<sup>rd</sup> ~ 1:00 PM, meet at the Frothingham Library to leave for Concord

In 1845, Henry David Thoreau began a two year, two month, and two day stay on the shore of Walden Pond. Join Rev. Kim for a saunter around the pond and explore the favorite haunts of our Unitarian forbear. Adults interested in becoming mentors for COA youth are invited to attend as well!



## Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, October 25<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

*6:00 Buddha's Belly:* We will continue our discussion of Charlotte Joko Beck's *Everyday Zen: Love and Work*. Please read through Section V.

*7:00 Arlington Street Zen Center:* Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



## Arlington Street's Literary Salon, The Wednesdays: Shakespeare

Wednesdays ~ 6:00 PM, Frothingham Library

October 26<sup>th</sup> ~ A Midsummer Night's Dream

November 9<sup>th</sup> ~ The Merchant of Venice

November 16<sup>th</sup> ~ Henry IV, part 1 (we finally meet Falstaff!)

November 30<sup>th</sup> ~ Henry IV, part 2

Professor Alan Helms and Rev. Kim welcome you to the third installment of the Wednesdays Shakespearathon! Reading all 38 of Shakespeare's plays is admittedly a huge ambition, but Shakespeare is, by universal consent, not only the greatest writer in the English language, but one of the immortals of world literature. We'll need patience with archaic language while attending to a plethora of footnotes (there's no doing without them unless you live in a world where you cut your meat with a bodkin and your children say their orizons at bedtime). In other words, these Shakespeare courses are not for the faint of heart. But since it's generally true that "as ye sow, so shall ye reap," the rewards will be enormous. For many of us, this will be one of the great experiences of our lives! All are welcome!