#### **MUSIC**

### Add More Music to Your Life This Spring!

Be part of our Arlington Street Church Choir! Do you love to sing? Would you like to be part of a community of sharing music? Do you want or need to take just a couple hours out of your week to create something beautiful? The Arlington Street Church Choir may be just the place for you! No musical experience necessary! We find that making music with and for our community here at Arlington Street is a central and beautiful part of our spiritual practice as Unitarian Universalists. We rehearse one night a week and sing Sunday mornings at our weekly services, performing an array of challenging, evocative repertoire spanning dozens of cultures, and centuries of musical and liturgical history.

The choir is open to all interested singers able to make a commitment to the choir's schedule. Attendance each week is not mandatory, though members find that it's difficult to function effectively if they miss more than a quarter of the rehearsals. We rehearse on Thursdays from 7:00–9:00 pm in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles, who is available at the front of the sanctuary following the service or via email at <a href="mailto:MBuckles@ASCBoston.org">MBuckles@ASCBoston.org</a>.



If your baby grows restless during worship, please bring him or her to the nursery (located off of the Chapel, through the leather door). Restless toddlers and older children are invited to join the church school program downstairs.

## COVENANT RENEWAL PLEDGE FORM 2010 thru. 2011

Name:		
Address:		
City:	State:	Zip:
I/We Commit A Total Of \$ to Support the Work of the Arlington Street Church for 2010-2011.		
My/Our Pledge W	ill Be Paid:	
□ Weekly	$\square$ Monthly	□ Quarterly
□ Semi-annually	□ One payment	□ Or As Follows:
Signature:		Date:
Signature:		Date:
Phone:	Email:	
are paying your ple to clearly mark the <i>Payment</i> ". Checks st and also please incl	dge with cash via the envelope with your r hould be made payal lude "2011 pledge pa	eck, or credit card. If you Sunday collection, be sure name(s) and indicate " <i>Pledge</i> ble to Arlington Street Church syment" on memo line. If you te the information below:
$\square$ Mastercard	□Visa	
Credit Card #:		
Expiration Date: _		
□ One Time Charge □ Monthly Contribution		

#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org
Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "Our Caring Community" to the right.

#### INSIDE SUBMISSION GUIDELINES

Please deliver all Sunday announcements before Tuesday at 3:00 pm by e-mail to communications@ ASCBoston.org. Announcements will not be accepted by telephone. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

## SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, Assistant to the Administrator. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617-536-7050 ext. \*814 or by e-mail at JBouchard@ASCBoston.org.

#### **OUR CARING COMMUNITY**

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office. Our staff and ministers will be in touch to lend support.

#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended! Also, please be attentive when exiting the church into the alley. When walking in the alley avoid being alone, carry a cell phone, walk in the center of the road, and pay attention!

Arlington Street Church, *Unitarian Universalist* 351 Boylston Street Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 am to 5:00 pm Phone: 617-536-7050 • Fax: 617-536-7051 E-mail: office@ASCBoston.org • Web: www.ASCBoston.org



## News from the Soul of Sunday

SUNDAY, MAY 2<sup>ND</sup>, 2010

#### CONGREGATIONAL ANNOUNCEMENTS

#### \*Covenant Renewal 2010-2011

**TODAY:** Sunday, May 2<sup>nd</sup> ~ II:00 am, Parish Hall

Please join with members and friends of ASC for our annual Covenant Renewal Celebration, when we renew our financial support of the church and our commitment to the values of a liberal faith. Our theme this year is **NOW MORE THAN EVER**.

*Now More Than Ever* we need your financial support to continue the work of the church and this community. *Now More Than Ever* we need your energy and commitment to sustain and enrich the abundance that is ASC. *Now More Than Ever* we invite you to explore the connection between what you give and what you receive from ASC, and experience that contribution as a source of growth and joy!

Please join us for a wonderful meal in the parish hall to cap our celebration!

## Forty Years of Earth Day!

A tribute to the impact of one man - and many men - Earth Day began in 1962 thanks to the efforts of Wisconsin Senator Gaylord Nelson. In the 70's it was picked up and expanded by grass roots actors. This past and current week NPR is airing multiple programs inspired by Earth Day. Participation by many other groups and institutions- including the 40/40/40 program created by the UUA - serves to educate and engage us all.

Take the 40/40/40 pledge and commit to one or more actions for forty days to help the earth. For a list of suggested actions you can take go to <a href="http://www.ascboston.org/programs/cmtes-grps/green.html">http://www.ascboston.org/programs/cmtes-grps/green.html</a>. There is also a link to the green page on the ASC home page.

# Support Immigrant Rights! Come and Listen to the Student Immigration Movement!

We are fortunate to have with us on May 9th at 12:30 after the service some undocumented students in our community from the Student Immigration Movement. Please come listen to their stories, and support them in their struggle for higher education and a pathway to citizenship.

Sponsored by the Social Action Committee

### **CONGREGATIONAL ANNOUNCEMENTS** (Continued)

## Unitarian Universalist Reading Group: Here If You Need Me, by Kate Braestrup

Monday, May  $10^{th} \sim 6:15 - 7:45$  PM, Frothingham Library

All are welcome to our discussion of our new selection, *Here If You Need Me*, a memoir by Kate Braestrup. Braestrup is a UU Chaplain to the Maine Warden Service, and excerpts from her book have appeared in *UU World* magazine. Sample quote: "If anyone needs proof that God has a sense of humor, here it is: I am a middle-aged mother of four who works primarily with young, very fit men... And I, a famously loquacious person, have a job that requires me mostly to just show up, shut up, and be." For more information, please contact Sarah Richards at *office@ascboston.org*.

### A Memorial Service for Emily Dunn

Sunday, May 16<sup>th</sup> ~ 1:00 PM, Sanctuary

Come celebrate the life of our beloved Emily. Rev. Kim officiating; Rodger Clinton Vine on organ and piano. *All are welcome*.

## Parents as Resident Theologians

Sunday, May 23<sup>rd</sup> ~ I:00 PM, with Rev. Kim

Let us build memories in our children lest they allow treasures to be lost because they have not been given the keys. We live, not by things, but by the meanings of things. It is needful to transmit the passwords from generation to generation. – *Antoine de St. Exupéry* 

What are the "passwords" we want to transmit? What insights can we glean from our own spiritual journeys to accompany our children on theirs? All are welcome! Childcare will be provided.

#### Sandwich Board

#### The Little Red Hen Needs Help, Please!

Each Sunday, a delicious feast is prepared for us by a dedicated, fun-loving crew. You want to be part of this, and we need you now!

No prior cooking experience necessary. Join us!

Please contact Sharon Pressly–Fiero and Tom Ellertson through office@ASCBoston.org, or find them in the kitchen! Thank you!

#### At the Social Action table

#### Fund Our Communities, Reduce Military Spending

Sign a letter to your elected representatives asking that they enact a 25% reduction in military spending, with all the savings redirected to urgent community needs.

## Thinking about Membership in Arlington Street Church?

Stop by the Welcome Table in the Parish Hall to get information and to sign up for our next two-part new member class, set for two Thursday evenings, **May 6th and 13th, from 6 to 8 pm**. Be sure to schedule both those dates if you are considering joining. *All are welcome!* 

We invite you to cut out this calendar and clip it to your refrigerator or bulletin board!

## Coming Up...

#### Sunday, May 2<sup>nd</sup>, 2010

Choir Warm-Up – Sanctuary 9:30 ам 10:00 ам Children's Chapel – Chapel 11:00 ам Sunday Morning Worship - Sanctuary 11:00 ам Covenant Renewal - Sanctuary/Parish Hall 12:00 рм Coffee Hour - Parish Hall Path to Membership - Welcome Table/Parish Hall 12:00 рм 12:00 рм ASC Council Meeting – Archives Room 12:30 рм Young Adult Group Lunch – Stage Right Room 1:00 рм Connections Meeting - Clarke Room

#### Monday, May 3<sup>rd</sup>, 2010

6:30 PM Membership Committee – Perkins Room

#### Tuesday, May 4th, 2010

5:00 PM Planning for Pride 2010 – Perkins Room
 6:00 PM Worship Committee – Perkins Room
 7:30 PM Spiritual Practice for Professional Caregivers – Frothingham Library

#### Wednesday, May 5th, 2010

3:30 PM \*Staff Meeting – Perkins Room
 6:00 PM Kundalini Yoga – Chapel
 6:00 PM The Wednesdays Literary Salon – Frothingham Library

#### Thursday, May 6th, 2010

6:00 PM So You Want To Be A UU – Perkins Room/Kitchen 7:00 PM Choir Rehearsal – Clarke Room

#### 7.00 FM CHOIL Renearsar - Clarke N

### Friday, May 7th, 2010

5:00 РМ Friday Night Supper Program – Parish Hall/Kitchen

#### Saturday, May 8th, 2010

10:00 AM Soul Sisters Meeting – Perkins Room/Kitchen

#### Sunday, May 9th, 2010

Children's Religious Education (CRE) – Perkins Room 8:00 ам 9:30 ам Choir Warm-Up – Sanctuary 9:30 ам Social Action Committee – Archives Room 11:00 ам Sunday Morning Worship – Sanctuary 12:00 рм Coffee Hour – Parish Hall Path to Membership - Welcome Table - Parish Hall 12:00 рм Santuario – Chapel Nominating Committee – Archives Room Young Adult Group Lunch - Stage Right Room 12:30 рм

**NOTE:** This calendar is accurate as of noon the Wednesday before publication and only includes events directly related to the congregation. For complete, up-to-date calendar listings over the coming months, visit www.ASCBoston.org.

<sup>\*</sup> Denotes Closed Meetings



#### **ADULT RELIGIOUS EDUCATION**

### Kundalini Yoga Class

Wednesdays, ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There will be a \$10 charge that will go to the church.

# The Wednesdays, Arlington Street's Literary Salon: Haiku

Four Wednesday evenings: May 5<sup>th</sup>, 12<sup>th</sup>, 26<sup>th</sup> and June 2<sup>nd</sup>, ~ 6:00 PM, Frothingham Library

Join Professor Alan Helms and Rev. Kim for four Wednesdays of haiku, the world's shortest poetic form and one that has seized the imagination of the West in the past hundred years. An invention of the Japanese of roughly four hundred years ago (though haiku were actually written in Japan a thousand years ago), haiku are now written in languages all over the world. We'll read lots and lots of haiku, especially by the three acknowledged Japanese masters: Basho, Buson, and Issa. We'll write haiku of our own. We'll compare Eastern and Western kinds as well as ancient and modern examples. We'll analyze them, admire them, enjoy them. They're like popcorn and pretzels: small and delicious, and once you start, it's hard to stop. All aboard!

## Could there by more fun in spring than reading haiku?

Wow! A lightening bug!

Required text: Haiku, selected and edited by Peter Washington, Everyman's Library Pocket Poets, Knopf. There are inexpensive copies at ABEBooks.com, but order ASAP!

First assignment: Read the "Introduction" handout (available from Kim), and also go through the text reading all the haiku by Basho, the acknowledged master, the Shakespeare of haiku.

## Talking Our Walk: A Discussion Group for People Affected by Depression

Third Wednesdays, ~ 5:30 PM, Perkins Room

A wonderful, supportive atmosphere, facilitated by our own John Sacco, awaits in this open discussion group: not a substitute for therapy or medication, but a different kind of healing. The group meets the third Wednesday of the month. Please speak with John or Rev. Kim for more information. *You are not alone!* 

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