

And don't miss the chance to meet the musicians at the delicious reception in the Hunnewell Chapel following the concert. Tickets are \$35, but for ASC members and friends there's a 50% discount! For tickets, visit BCMS at [www.bostonchambermusic.org](http://www.bostonchambermusic.org) and enter ASC50 as the discount code.

 **Cris Williamson - Barbara Higbie - Teresa Trull**  
**The Reunion Tour**

Saturday, March 31<sup>st</sup> ~ 7:00 PM, Sanctuary

Back momentarily from New Zealand where she now makes her home, Teresa Trull joins forces with Barbara Higbie and Cris Williamson for an evening of beloved old and new favorites. This trio of friends, composed of gutsy blues/rock vocal dynamo and songwriter, Teresa Trull; Grammy-nominated multi-instrumentalist and singer, Barbara Higbie; and the iconic singer/songwriter Cris Williamson, bring a mixture of new material and old favorites to Arlington Street as part of a special few East Coast dates. Without a doubt, the very real friendship binding these three musicians brings a powerful mixture guaranteed to delight, inspire, cheer, and comfort. Tickets are available at [brownpapertickets.com](http://brownpapertickets.com)

**MARK YOUR CALENDAR!**

There are many great Arlington Street Church events in the works for the New Year. As you begin planning for 2018, be sure to save the dates for:

**February 11<sup>th</sup>** Chinese New Year Parade & Dim Sum Outing

**March 10<sup>th</sup>** Concert by Boston Chamber Music Society

**March 24<sup>th</sup>** Indulge Auction & Celebration  
Arlington Street Annual Fundraiser

**March 31<sup>st</sup>** Cris Williamson in Concert

**April 1<sup>st</sup>** Easter Sunday Worship

**April 8<sup>th</sup>** Rise Against Hunger Service Event

**April 29<sup>th</sup>** Covenant Renewal Sunday

**May 6<sup>th</sup>** Ordination of Beth Robbins

**May 12<sup>th</sup>** Sakyong Mipham (son of Chögyam Trungpa;  
head of Shambhala)

**June 9<sup>th</sup>** Pride!  
... and an evening Kirtan with Krishna Das

**ARLINGTON STREET MINISTRIES**

 **Join the Arlington Street Choir**  
Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life!

Musicians and non-musicians are welcome - we are a mix of professionals and amateurs. We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at [MBuckles@ASCBoston.org](mailto:MBuckles@ASCBoston.org).



**COVENANT RENEWAL PLEDGE FORM**  
December 2017 through June 2018

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ \_\_\_\_\_  
to support the work of Arlington Street Church for 2017-2018.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Pledge contributions may be made by cash, check, or credit card.**

Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_

**Please charge my credit card in either:**

One payment for my entire pledge.

Equal monthly installments on the 12<sup>th</sup> of each month.

**SUGGESTION BOX**

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

**SCHEDULING EVENTS AT ARLINGTON STREET CHURCH**

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday - Friday, 8:00 AM - 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

**INSIDE SUBMISSION GUIDELINES**

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

**OUR CARING COMMUNITY—EMERGENCIES**

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

**SECURITY NOTE**

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday - Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729  
Email: [Office@ASCBoston.org](mailto:Office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

**INSIDE**  **ARLINGTON STREET CHURCH**

**NEWS FROM THE SOUL OF SUNDAY**

SUNDAY, JANUARY 7<sup>TH</sup>, 2018

*If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.*

**TODAY**

  **Coffee Hour and Lunch**

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! Please visit the Arlington Street Cares Table (on your right as you enter the Parish Hall) to sign cards for those who have shared candles of sorrow and joy with us.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.

 **Indulge 2018 Planning Meeting**

Today ~ 12:30 PM, Program Office

Join the team as we continue planning decorations, menu, and auction details. Indulge 2018 is our spring fundraiser scheduled for Saturday, March 24<sup>th</sup>. Come be a part of helping to make this fun night a reality!

 **Spiritual Passions 2018! Arlington Street Zen Center: Introduction to Meditation**

Today ~ 12:30 PM, Hunnewell Chapel

*Don't just do something; sit there! And when you sit, just sit. Very simple directives ... simple, but not easy!* Join Rev. Kim and members of Arlington Street Zen Center for Meditation 101, which will include answers to burning questions such as, "Where do I put my legs?" and "How do I quiet my mind without going to sleep?" This ancient spiritual practice will bring profound benefits not just to you, but to all whose life touches yours. Wear comfortable clothing (and yes, you can meditate in a chair!)

 **Inside Out Concert**

Today ~ 4:00 PM, Hunnewell Chapel  
*Free, Donations Gratefully Accepted*

The award-winning Inside Out concert series returns to Arlington Street Church with works for wind quintet.

The Inside Out approach helps concert goers access their memories and activate their imaginations so that they can have more moving, meaningful, and personal experiences with classical music.

*continued on next page...*

## THIS WEEK



### Intersectional Book Group

Monday, January 8<sup>th</sup> ~ 5:30 - 7:00 PM, Frothingham Library

Join Rev. Kim for the fourth in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading Lindy West's *Shrill: Notes from a Loud Woman*, a series of essays dealing with issues of body image, popular culture, feminism, and social justice. All are welcome!



### Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, January 9<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha's Belly*: We'll continue our discussion of *All the Rage: Buddhist Wisdom on Anger and Acceptance* (Andrea Miller, editor). Please read through page 91, "When the Tornado Touches Down."

7:00 *Arlington Street Zen Center*: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



### Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



### Pru in Review ~ December

The Prudential Committee is our governing board, made up of leadership elected by and from Arlington Street members.

The Pru reviewed and discussed reports on:

- Financial status (including approving expenditures for a ramp-related survey and UUA dues)
- Foundation projects to inspect/repair the building exterior and light the Tiffany windows
- An opportunity to move our endowment to another investment company
- Accessibility ramp financing options
- Visioning, and strategic/operations planning approach and roadmap

## ANNOUNCEMENTS



### Ice Skating & Hot Chocolate!

Sunday, January 14<sup>th</sup> ~ 1:00 PM, Frog Pond

All are invited! Bring your friends and family! To join in, meet in the Parish Hall at 1:00 pm to walk over together.

We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)

## This Week

### Sunday, January 7, 2018

*9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee Hour and Lunch ~ Parish Hall
12:30 PM	Spiritual Passion - Introduction to Meditation ~ Hunnewell Chapel
12:30 PM	Indulge 2018 Planning Meeting ~ Program Office
1:00 PM	ASC Circle of Caring ~ Carol Smith Room
4:00 PM	Inside Out Concert ~ Hunnewell Chapel

### Monday, January 8, 2018

5:30 PM	Intersectional Book Group ~ Frothingham Library
---------	---

### Tuesday, January 9, 2018

6:00 PM	Buddha's Belly ~ Hunnewell Chapel
7:00 PM	Arlington Street Zen Center ~ Sanctuary

### Wednesday, January 10, 2018

6:00 PM	Kundalini Yoga ~ Hunnewell Chapel
*7:00 PM	Ministerial Internship Committee ~ Carol Smith Room

### Thursday, January 11, 2018

6:30 PM	Finance Committee ~ Carol Smith Room
7:00 PM	Choir Practice ~ Clarke Room

### Friday, January 12, 2018

5:00 PM	Friday Night Supper Program (FNSP) ~ Parish Hall
---------	--

### Saturday, January 13, 2018

No congregational events are scheduled.

### Sunday, January 14, 2018

*9:30 AM	Choir Rehearsal ~ Sanctuary
9:30 AM	Social Action ~ Carol Smith Room
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee Hour and Lunch ~ Parish Hall
12:30 PM	Tiffany Committee ~ Carol Smith Room
1:00 PM	Ice Skating ~ Frog Pond

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)



ARLINGTON  
STREET CHURCH  
Unitarian Universalist



### Arlington Street Church Corporation Meeting

Sunday, January 21<sup>st</sup> ~ 12:30 PM, Hunnewell Chapel

- Senior Minister's Report (Rev. Kim)
- Director of Family Ministry Search Update ~ HR Committee
- Treasurer's Report (Art Nava)
- Proposed Change of Investment Company\* (Art Nava)
- Accessibility Ramp Update (Tina Rose)
- Strategic Planning Update (Al Ingram/Ted Rudinsky)
- Q&A on Written Reports  
Family Ministry (Beth Robbins)  
Prudential Committee (Al Ingram)
- Any Other Business

\* Indicates vote required



### Black Lives Matter Boston presents: *Imagine!*

Sunday, January 21<sup>st</sup> ~ 3:00 PM, Sanctuary

Come experience *Imagine!* with our own Karlene Griffiths Sekou, internationally acclaimed slam poet Neiel Israel, and other special guests!



### To Renewal House with Love

Sunday, February 11<sup>th</sup> ~ Arlington Street Church

It's time for our annual lovefest for Renewal House, Unitarian Universalist Urban Ministry's shelter for women and children escaping domestic violence. This year, please bring full-sized toiletries: shampoo, conditioner, soap, razors, deodorant, toothbrushes, toothpaste, and tampons and pads. All contributions will be gratefully received! Thank you!



### Meditation Retreat

Sunday, February 28<sup>th</sup> ~ 1:00-5:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Zen Center invite you to an afternoon meditation retreat. We'll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)-the same format as our twice-monthly gatherings, just a longer session.

Whether you are experienced in meditation or interested in a full immersion introduction, please join us! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (we will be walking in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning and stay as long as you like. At 5:00, we'll celebrate by enjoying an early dinner together somewhere nearby. BYO\$.



### Concert by Boston Chamber Music Society (BCMS)

Saturday, March 10<sup>th</sup> ~ 11:30 AM, Sanctuary

Welcome to Morning Light! Our own Gaby Whitehouse, BCMS board member, invites you to come listen to this magnificent chamber orchestra play an all-Brahms concert in our beautiful sanctuary. We had great feedback from our fall concerts and look forward to seeing you at the final one in this three-concert series. It's good to see Boston catching up with European cities (think Prague and Amsterdam!), where morning concerts in churches are a wonderful part of daily life.