

Congregational Study/Action Issues (CSAIs)

Congregational Study/Action Issues (CSAIs) are issues selected by Unitarian Universalist member congregations for four years of study, reflection, and action. There are currently six proposed CSAI's. Congregations need to vote on five by February 3rd. The top five CSAI's will be considered by the GA in June 2014, and one will be chosen as the CSAI for 2014-2015.

1. Age and Ability Reconsidered Snapshot ~ December 20th
2. Ending War on Terror Snapshot ~ December 20th
3. Escalating Inequality Snapshot ~ December 27th
4. Gun Violence Snapshot ~ December 27th
5. American Democracy Snapshot ~ January 3rd
6. Peace for Israelis & Palestinians Snapshot ~ January 3rd

At the Pru's suggestion, the Social Action Committee will submit two issues each week to appear in Snapshot. Information about each CSAI can also be found at uua.org/statements/current/290505.shtml. There will be an open meeting on Sunday, January 12th at 9:30 AM to discuss which issues Arlington Street wants to support. A formal congregational vote will follow at the Corporation Meeting the same day at 12:30 PM.

Just Coffee—Just for You!

Friends, we have a new supply of Just Coffee! Please come and get yours at the Social Action table after the service. Just \$12 per pound for great 100% organic coffee! Help support the grower cooperative in Chiapas, Mexico, at www.justcoffee.org.

Do You Love To Sing?

Thursdays ~ 7:00 - 9:00 PM, Clarke Room

The Arlington Street Choir is a great place to connect and find spiritual community. Consider taking just a couple of hours out of your week to create something beautiful, while offering service and ministry to those around you.

We rehearse on Thursdays in the Clarke Room on the second floor of the church. Musicians and non-musicians are welcome! If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles, who is available at the front of the sanctuary following the service, or via email at MBuckles@ASCBoston.org.

Are You a SnapShot Subscriber?

If you would like the week's news from Arlington Street Church to arrive in your inbox every week, please sign up for our e-newsletter, SnapShot. There's no easier way to stay in touch with all the activities at Arlington Street Church. Register today on the home page of www.ASCBoston.org.

COVENANT RENEWAL PLEDGE FORM

July 2013 through June 2014

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

I/We commit an annual total pledge of \$ _____ to support the work of Arlington Street Church.

Signature: _____ Date: _____

Signature: _____ Date: _____

Phone: _____ Email: _____

Pledge contributions may be made by cash, check, or credit card.

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and **"2014 Pledge Payment"**.
- Checks should be made payable to Arlington Street Church with **"2014 Pledge Payment"** written on the check memo line.
- If you wish to pay by credit card, please complete the following:

Accepted: Mastercard Visa

Credit Card #: _____

Expiration Date: mm _____ yy _____ Zip Code: _____

Please charge my credit card in either:

- One payment for my entire pledge
- Equal monthly installments on the 10th of each month

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to **print@ascboston.org**. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM
Phone: 617-536-7050 • Fax: 617-536-7051
E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, JANUARY 5TH, 2014

TODAY

Coffee Hour

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson at office@ascboston.org.

Guest at Your Table

Today ~ 11:00 AM, Sanctuary

This is the day to return the Guest at Your Table box to Arlington Street Church. We will gather all the boxes, count the money, and deliver our Arlington Street donations to Unitarian Universalist Service Committee (UUSC)!

We Can Stop the Deportations of Janet & Milton!

Today ~ 12:30 PM, Perkins Room

Janet, her three children and Milton and his family will be here to tell you their stories. Janet and Milton are at risk for deportation and the loss of their families and communities. Come find out how you can help! This event is sponsored by the Social Action Committee, Children's Religious Education, and Resist the Raids.

Spiritual Passions 2014!

Arlington Street Zen Center: Introduction to Meditation

Today ~ 1:00-3:00 PM, Hunnewell Chapel

Don't just do something; sit there! And when you sit, just sit. Very simple directives ... simple, but not easy! Join Rev. Kim and members of Arlington Street Zen Center for Meditation 101, including answers to burning questions such as, "Where do I put my legs?" and "How do I quiet my mind without going to sleep?" This ancient spiritual practice will bring profound benefits not just to you, but to all whose life touches yours. Wear comfortable clothing (and yes, you can meditate in a chair!)

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THIS WEEK

Kundalini Yoga Class

Wednesday, January 8th ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

Talking Your Walk

Wednesday, January 8th ~ 6:30 PM, Smith Room

Talking Your Walk meets every second Wednesday. This is a non-clinical support group in solidarity with those who are dealing with the challenge of depression. Our own John Sacco, LICSW, is the facilitator. Please see Rev. Kim or John with questions, or to let us know that you will be joining the group.

A Service in Celebration of Herb Gleason

Saturday, January 11th ~ 1:00 PM, Sanctuary

Our beloved Herb will be memorialized on January 11th at Arlington Street Church. Come honor Herb Gleason and his extraordinary life!

SAVE THE DATE

Arlington Street Church Corporation Meeting

Sunday, January 12th ~ 12:30 PM, Hunnewell Chapel ***Vote required**

- *Vote on Membership Status Changes David McClain
- *Congregational Study/Action Issues Social Action Team
- Building the World We Dream Update The Team
- Website Initiative The Team
- GA 2013 Delegates Report The Delegates
- Q&A on Written Reports
- Other Business

Written Reports

- Treasurer Susie Nacco
- Prudential Committee Shane McBride
- Business Administrator Phyllis Guiliano
- Accessibility Committee Art Nava
- Children's Religious Education Team The Team

Inside Out Concert ~ Mozart and Beethoven!

Sunday, January 12th ~ 4:00 PM, Hunnewell Chapel

Hannah Shields, piano; Amanda Hardy, oboe; Michael Norsworthy, clarinet; and Ronald Haroutunian, bassoon, delight us today with Mozart's Quintet in Eb major for piano and winds, K. 452 and Beethoven's Quintet in Eb major for piano and winds, Op. 16. Eli Epstein of Inside Out will be our musical tour guide!

Inside Out Concerts show that a connection with music is not so much about knowing (although it's useful to know the historical and cultural context of a piece), it's more about tapping into the emotional essence and universal human experience that's inherent in every work of art, be it music, dance, theatre, film, or visual art.

We invite you to cut out this calendar and keep it handy or view the full calendar at ASCBoston.org

This Week

Sunday, January 5, 2013

- 9:30 AM Choir Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins Room
- 12:00 PM Coffee & Lunch Hour ~ Parish Hall
- 12:30 PM Story of an Immigrant Family ~ Perkins Room
- 1:00 PM Introduction to Meditation ~ Hunnewell Chapel

Monday, January 6, 2013

- *10:00 AM Connections Group ~ Perkins Room
- 6:45 PM Web Team Meeting ~ Perkins Room

Tuesday, January 7, 2013

- 6:00 PM Worship Committee ~ Perkins Room
- 6:30 PM Connections Group ~ Hunnewell Chapel
- *7:30 PM Spiritual Practice for Professional Caregivers ~ Frothingham

Wednesday, January 8, 2013

- *12:00 PM Staff Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel
- 6:30 PM Talking Your Walk ~ Smith Room
- *6:30 PM Building the World We Dream ~ Perkins Room

Thursday, January 9, 2013

- 7:00 PM Choir Practice

Friday, January 10, 2013

- 5:00 PM Friday Night Supper ~ Parish Hall

Saturday, January 11, 2013

- 1:00 PM Herb Gleason Memorial ~ Sanctuary

Sunday, January 12, 2013

- 9:30 AM Choir Practice ~ Sanctuary
- 9:30 AM Social Action Committee ~ Smith Room
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins Room
- 12:00 PM Coffee & Lunch Hour ~ Parish Hall
- 12:30 PM Corporation Meeting ~ Sanctuary
- 4:00 PM Inside Out Concert ~ Sanctuary

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON
STREET CHURCH
Unitarian Universalist

The award-winning *Inside Out* approach helps concertgoers access their memories and activate their imaginations so that they can have more moving, meaningful, and personal experiences with classical music.

Buddha's Belly ~ The Buddhist Book Discussion and the Arlington Street Zen Center

Tuesday, January 14th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

Buddha's Belly meets at 6 PM. Please finish reading *The Heart of the Revolution: The Buddha's Radical Teachings on Forgiveness, Compassion, and Kindness* by Noah Levine, for tonight's discussion.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

The Wednesdays: Arlington Street's Literary Salon Robert Frost's Winter Poems

Wednesday, January 15th ~ 6:00 PM, Frothingham Library

Join Prof. Alan and Rev. Kim for a cozy evening of winter poems by Robert Frost. Here are a dozen that will warm your heart, money-back guarantee! Printed copies of the poems will be available, but if you'd like a head start, the poems are as follows (in chronological order):

- | | |
|--------------------------------------|----------------------------------|
| Reluctance | The Onset |
| The Wood Pile | On a Tree Fallen Across the Road |
| An Old Man's Winter Night | Our Singing Strength |
| Birches | A Winter Eden |
| Dust of Snow | Desert Places |
| The Runaway | |
| Stopping by Woods on a Snowy Evening | |

Climb in your sleigh and come join us! All are welcome!

Mid-Winter Potluck

Saturday, January 25th ~ 5:30 PM, Parish Hall

Everyone, adults and children, are invited to an Arlington Street mid-winter potluck! See next week's *Inside* for details.

ANNOUNCEMENTS

The Seven Principles CD

Several years ago, a few members commissioned Mark David Buckles, Arlington Street Church's Director of Music, to set the Unitarian Universalist's Seven Principles to music. We have been enjoying this music during worship services ever since!

Now, a professionally recorded CD version of Mark's Seven Principles is available for \$15, with all profits going to the church. Purchase yours through the church office. All CD checks can be made out to Tori Bell. Tori has 100 CDs now, and more will be made available in 2014. Take some Arlington Street spirit with you to share with your friends and loved ones!

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