

## Indulge in a Taste of Spring

Second Annual Gala Celebration to Benefit Arlington Street Church  
Saturday, March 5<sup>th</sup> ~ 6:30 PM, Parish Hall

A fun-filled evening with hors d'oeuvres and cocktails, gourmet dinner, silent and live auctions, entertainment, and more!

Plans are coming together for Indulge 2011! We have a recruited Head Chef, Nicolas Besesti of Beacon Hill's *21 Amendment Restaurant*, to prepare our dinner, and Don Cloutier and Dave Hanks of *Berries 'n Bears Catering* to coordinate the hors d'oeuvres and a dessert buffet. David Brown will be back again as our guest auctioneer (we're working on some wonderful auction items that will have great appeal). Our Parish Hall will be transformed into a Spring Garden setting!

We hope you will join us for this fun-filled evening that provides important support for Arlington Street Church. Tickets are \$75 per person or \$550 for a table of 8. Invitations will be out by the end of January. Please contact ASCIndulge2011@aol.com with your ideas, feedback, or any questions.

## Do You Love To Sing?

Rachel Gitner, our soprano section leader and experienced classical, jazz, and choral singer, would love to help you develop your natural voice and have fun in the process! Rachel recently graduated from the Peabody Institute of Music with a degree in Voice Performance and Pedagogy (Teaching).

If you hope to apply to music schools, audition for a solo, lead a band, or sing better in choir, Rachel can help singers of all ages to sing with confidence and power. She also teaches music theory and musicianship to interested students. Lessons can take place at Rachel's home near Arlington High School or at your house. Please contact Rachel via the church office at office@ASCBoston.org or 617-838-4904 or view www.rachelgitner.com for more information.

## COVENANT RENEWAL PLEDGE FORM 2010 thru. 2011

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We Commit an Annual Total Of \$ \_\_\_\_\_ to Support  
the Work of the Arlington Street Church for 2010-2011.

My/Our Pledge for the Year Will Be Paid:

Weekly  Monthly  Quarterly

Semi-annually  One payment  Or As Follows: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Contributions may be made via cash, check, or credit card. If you are paying your pledge with cash via the Sunday collection, be sure to clearly mark the envelope with your name(s) and indicate "**Pledge Payment**". Checks should be made payable to Arlington Street Church and also please include "2011 pledge payment" on memo line. If you wish to use a credit card, please complete the information below:

Mastercard  Visa Zip Code: \_\_\_\_\_

Credit Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

One Time Charge  Monthly Contribution

### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "**Our Caring Community**" to the right.

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, Assistant to the Administrator. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements before Tuesday noon to **print@ascboston.org**. Phyllis Guiliano (church administrator) will receive this email and will compile all of the announcements for publication. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### OUR CARING COMMUNITY

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051

E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

# INSIDE

ARLINGTON STREET CHURCH

*NEWS FROM THE SOUL OF SUNDAY*

SUNDAY, JANUARY 30<sup>TH</sup>, 2011

## TODAY

### Coffee Hour

Parish Hall, immediately following the worship service

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

Our kitchen team is friendly and has a wonderful time! Join the fun and serve! To officially join the team, please contact Jon Ellertson or Sharon Pressly-Fiero at office@ASCBoston.org.

### Parents as Resident Theologians

Today, 12:45 PM ~ HUNNEWELL CHAPEL

Today is another in our series of occasional discussions for parents, teachers, and everyone helping to raise spirited kids, facilitated by Rev. Kim and Laura Evonne Steinman, Religious Educator.

Following on our earlier discussions of bringing the sacred into everyday life and of "unplugging the Christmas machine," this gathering will focus on teaching our children spiritual practices for calming, quieting, and compassion. That's only the starting point, though! Please bring your challenges and insights to share. Childcare will be provided.

### Sources: A Unitarian Universalist Cantata

Today, 3:00 PM ~ First Church in Roxbury, 10 Putnam St.

"Sources: A Unitarian Universalist Cantata" will be presented at the First Church in Roxbury to benefit the work and outreach programs of the UU Urban Ministry. Singers from the Unitarian Universalist Musicians Network – Greater Boston Coalition, from 10 participating congregations, are joining forces to produce this event. Tickets are \$20; \$15 for students and seniors; and are available through the UU Urban Ministry at (www.uuum.org).

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## MLK National Volunteer Fundraiser Continues

Parish Hall, immediately following the worship service

Arlington Street Church is continuing the drive to support School On Wheels of Massachusetts. Our focus is to supply homeless children (K-12) with new, high quality backpacks filled with school supplies: pens, pencils, notebooks, pocket folders, flashcards, new books for children ages 3-10, educational workbooks for reading and math, rulers etc. \$50 will sponsor a filled backpack. However, all donations will be gratefully accepted! Please mail checks to ASC made out to Arlington Street Church, with a notation for School on Wheels; or drop off your backpacks, supplies, and donations at the Membership Table. For more information, speak to Susie Nacco, Rob Cuddi, or go to [www.schoolonwheelsmass.org](http://www.schoolonwheelsmass.org).

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## THIS WEEK

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### English as a Second Language (ESL) for Adults

Tuesday and Thursday, February 1<sup>st</sup> & 3<sup>rd</sup> ~ 9:30 AM, Perkins Room

Learn English! Improve your English! This class meets twice a week, Tuesdays and Thursdays at 9:30 AM. Students will practice speaking, listening, reading, and writing. Topics include general conversation, cooking, and holiday events, as well as grammar and pronunciation. Students are welcome to suggest their own topic ideas. Instructor Helen Bhardwaj has taught ESL in the United States, China, and Thailand.

### Kundalini Yoga Class

Wednesday, February 2<sup>nd</sup> ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There will be a \$10 charge that will go to the church.

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## SAVE THE DATE

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### Mezzo Soprano Katarzyna Sadej & Pianist Mark McNeill

Sunday, February 6<sup>th</sup> ~ 11:00 AM, Sanctuary

Sunday, February 13<sup>th</sup> ~ 2:30 PM, Sanctuary

The Canadian duo of mezzo soprano Katarzyna Sadej and pianist Mark McNeill will join us as guest musicians for our Sunday morning worship service and present a full recital the following Saturday. They offer a vibrant feast of songs in English, French, Polish, and Spanish!

### Gu-zheng

Sunday, February 13<sup>th</sup> ~ 11:00 AM, Sanctuary

2011 is the Year of the Rabbit! Congratulations and be prosperous! In honor of the Chinese New Year, Phil and Megan Savoy perform music for the Sunday morning worship service on the gu-zheng, a traditional Chinese 21-stringed zither.

*We invite you to cut out this calendar and clip it to your refrigerator or bulletin board!*

## This Week

### Sunday, January 30, 2011

9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee Hour ~ Parish Hall
12:45 PM	Parents as Resident Theologians ~ Hunnewell Chapel
3:00 PM	Sources: A UU Cantata ~ First Church in Roxbury

### Monday, January 31, 2011

No congregational events

### Tuesday, February 1, 2011

9:30 AM	Adult English as a Second Language Class ~ Perkins Room
6:00 PM	Worship Committee ~ Perkins Room

### Wednesday, February 2, 2011

*3:30 PM	Staff Meeting ~ Perkins Room
6:00 PM	Kundalini Yoga ~ Chapel
6:30 PM	Membership Team ~ Perkins Room

### Thursday, February 3, 2011

9:30 AM	Adult English as a Second Language Class ~ Perkins Room
7:00 PM	Choir Rehearsal ~ Hunnewell Chapel

### Friday, February 4, 2011

5:00 PM	Friday Night Supper Program ~ Parish Hall   Kitchen
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### Saturday, February 5, 2011

No Congregational Events

### Sunday, February 6, 2011

9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee Hour ~ Parish Hall
12:30 PM	Nominating Committee Meeting ~ Smith Room

**NOTE:** This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation. For complete, up-to-date calendar listings over the coming months, visit [www.ASCBoston.org](http://www.ASCBoston.org).

\* Denotes closed meetings

*For more information, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



## Special Corporation Meeting ~ One Agenda Item

Sunday, February 13<sup>th</sup> ~ 12:00 PM immediately following service, Sanctuary  
Election to replace one Pru Member for completion of a 3- year term. The Nominating Committee has selected Art Nava.

## Spiritual Passions 2011!

### Making Every Day a Sacred Day

Intern Minister, Rebecca Froom

Sunday, February 13<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

Join our Intern Minister Rebecca Froom for an interactive workshop to reflect on the ways in which we can creatively ritualize our days. What thoughts and practices might we use to mark the every day transitions of our lives such as waking up, eating, taking breaks during work, arriving home, and preparing for bed? This workshop will include opportunities for reflection and discussion as well as creative, playful engagement of new and familiar spiritual practices. If you have a personal journal, or a favorite book of contemplative readings, feel free to bring it along (and if you don't, no worries; supplies for your spiritual toolbox will be provided).

## What Moves Us: Unitarian Universalist Faith Reflections

Mondays, February 28<sup>th</sup> through May 9<sup>th</sup> ~ 6:00 PM, Perkins Room/Chapel

This 10-session Adult Religious Education program facilitated by our Intern Minister, Rebecca Froom, provides a space for participants to reflect on what it means to live in the world as a Unitarian Universalist person of faith. This course, written by the UU theologian Rev. Dr. Thandeka, explores the life experiences of historic and contemporary UU theologians, highlighting that which caused in them a change of heart, a new direction, new hope, and a deeper understanding of their own liberal faith. These workshops invite participants to reflect on their own personal experiences in light of the questions raised by each theologian. The program offers a pathway for deepening one's own personal theology as well as one's understanding of the threads of our Unitarian Universalist theological heritage. Registration, by Sunday February 21<sup>st</sup>, is required. You can register at the Welcome Table during coffee hour or by contacting the church office at [office@ASCBoston.org](mailto:office@ASCBoston.org).

For more information please contact Rebecca at [RFroom@ASCBoston.org](mailto:RFroom@ASCBoston.org).

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## SPECIAL ANNOUNCEMENTS

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### Temporary Nursery Area

While the church is under construction, the nursery has temporarily moved! If your baby is restless, please feel free to retreat to the chapel, right through the leather door at the front right of the sanctuary. There's a changing table with supplies and a rocking chair; please make yourselves comfortable. The service is broadcast through a speaker into the chapel; you won't miss a thing!

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