

Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning and stay as long as you like. At 5:00, we'll celebrate by enjoying an early dinner together somewhere nearby. BYO\$.

 **Arlington Street's Literary Salon,
The Wednesdays: Ezra Pound's "Cathay"**

Wednesday, February 15th ~ 6:00 PM, Frothingham Library

In 1915, Ezra Pound published 15 translations from Chinese writers under the title "Cathay." Pound's little book electrified the reading public who had been mostly ignorant of the amazingly rich literature of China. Most of his translations are of Li Po, the Tang poet who is the Shakespeare of Chinese literature, and all of them are of an unparalleled beauty and tenderness. This is most definitely a book to take to your desert island! All are welcome!

 **Spiritual Passions 2017:
The Spiritual Passion of Godless UUs**

Sunday, February 19th ~ 1:00 PM, Hunnewell Chapel

Come join this conversation on defining meaning, values, and impact in a non-theistic framework. All are welcome!

 **Spiritual Passions 2017:
Getting Your Financial Legacy In Order**

Sunday, February 26th ~ 12:30 – 3:00 PM, Hunnewell Chapel

Do you have questions about setting up a will, or a trust, health care proxy, or other estate planning options? Would you like to leave behind a gift to Arlington Street Church or another charitable organization? Members of the Covenant Renewal Team invite you to a presentation and question/answer session featuring attorney Scott Squillace. Young and old, penny-savers and millionaires, this is where you can find out what to do!

 **#BlackLivesMatter Book Discussion:
Between the World and Me**

Monday, March 6th ~ 5:30 PM, Frothingham Library

Join Rev. Kim for a discussion of American writer, journalist, and educator Ta-nehisi Coates' award-winning book, *Between the World and Me* (2015). In a review for Slate, Jack Hamilton wrote that the book, "is a love letter written in a moral emergency, one that Coates exposes with the precision of an autopsy and the force of an exorcism." All are welcome!

 **Judah Leblang: One-Man Show
One Man's Journey through the Late Middle Ages**

Friday, March 24th ~ 8 pm, Hunnewell Chapel

Writer/storyteller/columnist Judah Leblang presents a new version of his one-man show—One Man's Journey through the Late Middle Ages. The show, based on Judah's book, *Finding My Place*, is a mostly humorous look at getting older and dealing with times when "man planned and God laughed." Tickets are \$15/\$12 for ASC members at the door. For more information, visit www.judahleblang.com or call 617-466-9637.

COVENANT RENEWAL PLEDGE FORM
July 2016 through June 2017

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ _____
to support the work of Arlington Street Church for 2016-2017.

Signature: _____ Date: _____

Phone: _____ Email: _____

Pledge contributions may be made by cash, check, or credit card.

Mastercard Visa

Credit Card #: _____

Expiration Date: mm _____ yy _____

Please charge my credit card in either:

One payment for my entire pledge.

Equal monthly installments on the 12th of each month.

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

***SCHEDULING EVENTS AT
ARLINGTON STREET CHURCH***

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729
Email: Office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE



ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, JANUARY 22ND, 2017

If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.

TODAY

  **Coffee Hour and Lunch**

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community. Additional volunteers are always welcome to help with food preparation and, especially, with clean-up. To learn more about joining our team, please stop by the kitchen.

 **Arlington Street Circle of Caring**

Today & Sundays - February 5th and 19th ~ 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitators Maureen Peterson and Lisa Kirk lend their significant personal and professional experience to create a safe space for sharing our stories and supporting one another through the crises of life.

 **Indulge 2017 Planning Meeting**

Today ~ 12:30 PM, Church Office

Join the team as we continue planning decorations, menu, and auction details. Indulge 2017 is our spring time fundraiser scheduled for Saturday, April 1st. Come be a part of helping to make this fun night a reality!

 **Inside Out Concert**

Today ~ 4:00 PM, Hunnewell Chapel *FREE, Donations Gratefully Accepted*

The award-winning Inside Out concert series returns to Arlington Street Church with works for wind quintet by Ligeti, Hindemith, and Bach.

Hindemith wrote his Wind Quintet during the roaring twenties when jazz, jitterbug and all of the arts were flourishing after World War I. Ligeti's music is at times super-energetic and provocative, and at other times deeply emotional and evocative. His works have been featured in such films as 2001: *A Space Odyssey* and *Eyes Wide Shut*. Bach is sublime. Hungarian composer Gyorgy Kurtag said, "Consciously, I am certainly an atheist, but I do not say that out loud, because if I look at Bach, I cannot be an atheist."

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Refuge Recovery

Today ~ 6:00 PM, Hunnewell Chapel

Refuge Recovery is a Buddhist path to recovering from addiction. All are welcome! For more information, please visit facebook.com/refugebackbay or email refugerecoverybackbay@gmail.com.

THIS WEEK



Civil Disobedience Training

Sponsored by Jewish Voice for Peace with Intelligent Mischief

Monday, January 23rd ~ 6:00 - 9:00 PM, Parish Hall

Space is limited. You *must* apply here in order to participate: <http://tinyurl.com/readytofightboston>. Suggested donation \$5-10. If you would like to be an ASC host for the evening, please reach out to Laura Evonne Steinman at LES@ASCBoston.org.



Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, January 24th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha's Belly*: We will finish our discussion of Charlotte Joko Beck's *Everyday Zen: Love and Work*.

Coming up in February: *The Book of Joy* by His Holiness The Dalai Lama and Bishop Desmond Tutu

7:00 *Arlington Street Zen Center*: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



Active Bystander Intervention Training

Sponsored by Jewish Voice for Peace - Boston with Boston Area Rape Crisis Center

Wednesday, January 25th ~ 6:00 - 8:00 PM, Parish Hall

Space is limited. You *must* apply here in order to participate: <http://tinyurl.com/readytofightboston>. Suggested donation \$5-10. If you would like to be an ASC host for the evening, please reach out to Laura Evonne Steinman at LES@ASCBoston.org



Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



Countering Islamophobia: Organizing as a Unified Force

Saturday, February 4th ~ 10 AM -3 PM, Hunnewell Chapel

Learn how we can support our Muslim neighbors at this all day workshop. Featured speakers, Shannon Erwin from *Muslim Justice League*, and Hayat

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, January 22, 2017

- *9:30 AM Choir Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education (CRE) - Nursery, Chapel, Perkins, and Carol Smith Rooms
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Indulge Planning ~ Church Office
- 12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room
- 4:00 PM Inside Out Concert ~ Hunnewell Chapel
- 6:00 PM Refuge Recovery ~ Hunnewell Chapel

Monday, January 23, 2017

- 6:00 PM Civil Disobedience Training ~ Parish Hall
- 6:30 PM Shambhala Boston ~ Hunnewell Chapel

Tuesday, January 24, 2017

- 6:00 PM Buddha's Belly ~ Hunnewell Chapel
- 7:00 PM Arlington Street Zen Center ~ Hunnewell Chapel

Wednesday, January 25, 2017

- *12:30 PM Staff Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel
- 6:00 PM Active Bystander Intervention Training ~ Parish Hall

Thursday, January 26, 2017

- 7:00 PM Choir Practice ~ Clarke Room

Friday, January 27, 2017

- 5:00 PM Friday Night Supper Program (FNSP)~ Parish Hall

Saturday, January 28, 2017

No congregational events are scheduled.

Sunday, January 29, 2017

- *9:30 AM Choir Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education (CRE) - Nursery, Chapel, Perkins and Carol Smith Rooms
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Corporation Meeting ~ Hunnewell Chapel
- 12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room
- 1:00 PM COA Lunar New Year Parade and Lunch in Chinatown - Meet in Perkins Room
- 6:00 PM Refuge Recovery ~ Hunnewell Chapel

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON STREET CHURCH
Unitarian Universalist

Imam from *Dorchester People for Peace*, will lead us during the interactive sessions to help develop positive action plans. Space is limited! \$10 per ticket. Please RSVP at socialaction@ascboston.org. Lunch is provided.

ANNOUNCEMENTS



Arlington Street Church Corporation Meeting

Sunday, January 29th ~ 12:30 PM, Hunnewell Chapel

*All are welcome even if you can't vote. * Indicates vote required*

1. Membership Update* (Doc Kinne)
2. Potential Renovation of the Clarke Room (Reverend Kim)
3. Treasurer's Update (Art Nava)
4. Accessibility Ramp Update (Tina Rose)
5. Congregation Retreat (Al Ingram)
6. Q&A on Written Reports
 - Children's Religious Education
 - Prudential Committee (ASC Board)
 - Transformation Team for Racial Justice
 - Treasurer's Report
7. Any Other Business



Lunar New Year Lion Dance Parade

Sunday, January 29th ~ 1:00 PM, Chinatown

Come to Chinatown and celebrate the Lunar New Year - Year of the Rooster, featuring the Lion Dance Parade, food, and fun! Meet in the Perkins Room to go to Chinatown together.



Coming Together: Art and Music

First Friday of the month ~ 6:00 - 8:00 PM, JP Licks, 150 Charles Street

The Hidden Art Gallery, run by Zoe Arguello, soprano in the Arlington Street Choir, brings together art and music. At these monthly gatherings on the flats of Beacon Hill, local professional artists and musicians bring joy, harmony, and warmth to our community.

A portion of proceeds from the sales of paintings and CDs will support the documentary *everythingmattersfilm* (everythingmattersfilm.com), which is about the healing aspects of meditation techniques used to overcome life-threatening illness. For more information, please visit thehiddenartgallery.com. All are welcome!



Spiritual Passions 2017: Meditation Retreat: Chanting, Sitting, Walking, Eating

Sunday, February 5th ~ 1:00-5:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Zen Center invite you to an afternoon meditation retreat. During the first hour, we welcome guest musicians from Sri Sri Ravi Shankar's The Art of Living program, who will lead us in kirtan: call-and-response singing (chanting) Sanskrit prayers. It's heavenly!

Then we'll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)—the same format as our twice-monthly gatherings in a longer session.

Whether you are experienced in meditation or interested in a full immersion introduction, please join us! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (we will be walking in the