



### The Spiritual Passion of Godless UUs

Sunday, February 19<sup>th</sup> ~ 1:00 PM, Hunnewell Chapel

Come join this conversation on defining meaning, values, and impact in a non-theistic framework. This session is part of Arlington Street's winter Spiritual Passions series. All are welcome!



### Arlington Street's Literary Salon, The Wednesdays: Shakespeare

Wednesdays ~ 6:00 PM, Frothingham Library

- March 29<sup>th</sup> ~ Henry V
- April 12<sup>th</sup> ~ Much Ado About Nothing
- April 26<sup>th</sup> ~ Julius Caesar
- May 10<sup>th</sup> ~ As You Like It

Prof. Alan Helms and Rev. Kim welcome you to the fourth installment of the Wednesdays Shakespearathon! Reading all 38 of Shakespeare's plays is admittedly a huge ambition, but Shakespeare is, by universal consent, not only the greatest writer in the English language, but one of the immortals of world literature. We'll need patience with archaic language while attending to a plethora of footnotes (there's no doing without them unless you live in a world where you cut your meat with a bodkin and your children say their orizons at bedtime). In other words, these Shakespeare courses are not for the faint of heart. But since it's generally true that "as ye sow, so shall ye reap," the rewards will be enormous. For many of us, this will be one of the great experiences of our lives! All are welcome!



### Pru in Review

Arlington Street's governing board is the Prudential Committee, affectionately known as the Pru. At their most recent meeting, they discussed a potential renovation of the Clarke Room and the possibility of a long-term tenant to share that space with us. Our treasurer, Art Nava, stated that our finances are in good shape. The Foundation for the Preservation of 20 Arlington Street is researching and writing grants to fund additional capital projects. Securing the remaining permits for the accessibility ramp is underway. BU MBA students gave a presentation on investments, rental opportunities, and partnership with the Foundation. We discussed a congregation-wide Shape Our Future retreat. Details to follow.



### Have You Made Your Pledge Yet?

If you have not yet made a financial pledge of support to Arlington Street for this church year, it's not too late! This church is a self-supporting community that relies on the generosity of members to fund everything from our transcendent worship to our mundane electric bill. Coordinating your values with where your money goes is a powerful spiritual practice! Plus, pledging helps the church plan responsibly for the year ahead. We are very close to reaching our goal of \$260,000, which will allow for a fully-funded budget. Covenant Renewal forms are available in the pews and at ASCBoston.org. Please submit your pledge today!



### Car Donations Made Easy!

Why not start 2017 with a tax deduction by donating your vehicle? If you are finally splurging on that new vehicle, donate your trade-in to Arlington Street. Use the link below or call 855-500-RIDE (7433). [www.cardonatingiseasy.org/donate/?CharityID=4038](http://www.cardonatingiseasy.org/donate/?CharityID=4038)

## COVENANT RENEWAL PLEDGE FORM July 2016 through June 2017

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ \_\_\_\_\_  
to support the work of Arlington Street Church for 2016-2017.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

#### **Pledge contributions may be made by cash, check, or credit card.**

Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_

#### **Please charge my credit card in either:**

- One payment for my entire pledge.
- Equal monthly installments on the 12<sup>th</sup> of each month.

#### **SUGGESTION BOX**

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

#### **SCHEDULING EVENTS AT ARLINGTON STREET CHURCH**

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

#### **INSIDE SUBMISSION GUIDELINES**

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### **OUR CARING COMMUNITY—EMERGENCIES**

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### **SECURITY NOTE**

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street, Boston, Massachusetts 02116-3303

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# INSIDE

ARLINGTON STREET CHURCH

## NEWS FROM THE SOUL OF SUNDAY

SUNDAY, JANUARY 1<sup>ST</sup>, 2017

### TODAY



#### Happy New Year from the Staff!

We are looking forward to seeing you next week. Enjoy this morning's wonderful service with our beloved affiliated minister and chaplain, Rev. Vera O'Brien! Happy New Year!



#### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community. If you're visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table.

Additional volunteers are always welcome to help with food preparation and, especially, with clean-up. To learn more about joining our team, please stop by the kitchen.



#### Refuge Recovery

Today ~ 6:00 PM, Hunnewell Chapel

Refuge Recovery is a Buddhist path to recovering from addiction. All are welcome! For more information, please visit [facebook.com/refugebackbay](http://facebook.com/refugebackbay) or email [refugerecoverybackbay@gmail.com](mailto:refugerecoverybackbay@gmail.com).

### THIS WEEK



#### Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

### ANNOUNCEMENTS



#### Uncomfortable Conversations

Sunday, January 8<sup>th</sup> ~ 12:30 PM, Carol Smith Room

The Transformation Team for Racial Justice offers this time and space for facilitated discussion and continuing conversation about developing an anti-racist worldview. All are welcome and no RSVP is needed. For more information or to suggest discussion topics in advance, email [Transformation@ASCBoston.org](mailto:Transformation@ASCBoston.org).

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### Indulge 2017 Planning Meeting

Sunday, January 8th ~ 12:30 PM, Church Office

Join the team as we continue planning decorations, menu, and auction details. Indulge 2017 is our spring fundraiser scheduled for Saturday, April 1st. Come be a part of helping to make this fun night a reality!



### Arlington Street Circle of Caring

Sundays, January 8th and 22nd and February 5th and 19th  
12:30 PM, Stage Right Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitators Maureen Peterson and Lisa Kirk lend their significant personal and professional experience to create a safe space for sharing our stories and supporting one another through the crises of life.



### Ice Skating with COA Youth!

Sunday, January 8th ~ 1:00 PM, Frog Pond

All are invited! Bring your friends and family! For more information, please email Laura Evonne at les@ascboston.org.



### Spiritual Passions 2017! Introduction to Meditation

Sunday, January 8th ~ 1:00-3:00 PM, Hunnewell Chapel

Don't just do something; sit there! And when you sit, just sit. Very simple directives ... simple, but not easy!

Join Rev. Kim and members of Arlington Street Zen Center for Meditation 101, including answers to burning questions such as, "Where do I put my legs?" and "How do I quiet my mind without going to sleep?" This ancient spiritual practice will bring profound benefits not just to you, but to all whose life touches yours. Wear comfortable clothing (and yes, you can meditate in a chair!)



### A Reflective Discussion for Lesbians Seeking Spiritual Answers—Separate from Traditional Religious Beliefs!

Saturday, January 14th ~ 12:00 PM, Hunnewell Chapel

Might you be interested in getting together with other lesbians—who have left traditional religious beliefs—to think about and discuss our unique explorations and journeys of a spiritual nature? We'll have our discussion over a luncheon potluck. Please bring what you'd like for 5-6 persons: snack, sides, sandwiches, salad, or dessert! For further information, contact Sue Reamer at Office@ASCBoston.org



### The Great Dictator

Saturday, January 14th ~ 6:00 PM, Hunnewell Chapel

Film screening and discussion of *The Great Dictator* with special guest, Charlie Chaplin (Christa Lamb). This 1940 American political satire is fitting for today's state of the world. Charlie Chaplin starred in, wrote, directed, produced, and scored this classic comedy drama. *Co-sponsored by the Social Action Team.*



### The New Administration

Sunday, January 15th ~ 12:30 PM, Parish Hall

What is troubling you? What can be done? All are invited to join in a discussion after the service at the Social Action table.

*We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### New Year's Sunday, January 1, 2017

*9:30 AM	Music Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
12:00 PM	Coffee Hour and Lunch ~ Parish Hall
6:00 PM	Refuge Recovery ~ Hunnewell Chapel

### Monday, January 2, 2017

Church office is closed.

### Tuesday, January 3, 2017

6:00 PM	Worship Committee ~ Perkins Room
*7:30 PM	Spiritual Practice for Professional Caregivers ~ Frothingham Library

### Wednesday, January 4, 2017

*12:30 PM	Staff Meeting ~ Perkins Room
6:00 PM	Kundalini Yoga ~ Hunnewell Chapel

### Thursday, January 5, 2017

7:00 PM Choir Practice ~ Clarke Room

### Friday, January 6, 2017

5:00 PM Friday Night Supper ~ Parish Hall

### Saturday, January 7, 2017

No congregational events are scheduled.

### Sunday, January 8, 2017

*9:30 AM	Choir Rehearsal ~ Sanctuary
9:30 AM	Social Action ~ Carol Smith Room
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education - Nursery, Chapel, Perkins and Carol Smith Rooms
12:00 PM	Coffee Hour and Lunch ~ Parish Hall
12:30 PM	Indulge Planning Meeting ~ Church Office
12:30 PM	Arlington Street Circle of Caring ~ Stage Right Room
12:30 PM	Uncomfortable Conversations ~ Carol Smith Room
1:00 PM	Spiritual Passion: Meditation 101 ~ Hunnewell Chapel
1:00 PM	Ice Staking on Frog Pond with COA (all are invited!)
6:00 PM	Refuge Recovery ~ Hunnewell Chapel

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON STREET CHURCH  
Unitarian Universalist



### Arlington Street's Literary Salon, The Wednesdays: Frost ~ Winter Poems, Part II

Wednesday, January 18th ~ 6:00 PM, Frothingham Library

Join Prof. Alan and Rev. Kim for a cozy evening of winter poems by Robert Frost. This session we'll be discussing ten new Frost winter poems. Printed copies of the poems will be available, but if you'd like a head start, the poems are as follows (in chronological order). Climb in your sleigh and come join us! All are welcome!

Storm Fear	Good Hours
Christmas Trees	Snow
Wild Grapes	Two Witches
Looking for a Sunset Bird in Winter	Dust in the Eyes
There Are Roughly Zones	To a Young Wretch



### Alcoholics Anonymous Conference

January 27-29th ~ Kirsch Auditorium, MIT, Cambridge

Join us for a weekend of the steps as they are laid out in the Big Book of Alcoholics Anonymous. Registration is open now and costs only \$40 for the entire weekend, including coffee, snacks, and an ice cream social. Scholarships are available. For more information please visit [beacongroupaa.com/freedom-trail-conference](http://beacongroupaa.com/freedom-trail-conference).



### Spiritual Passions 2017! Meditation Retreat: Chanting, Sitting, Walking, Eating

Sunday, February 5th ~ 1:00-5:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Zen Center invite you to an afternoon meditation retreat. During the first hour, we welcome guest musicians from Sri Sri Ravi Shankar's The Art of Living program, who will lead us in kirtan: call-and-response singing (chanting) Sanskrit prayers. It's heavenly!

Then we'll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)—the same format as our twice-monthly gatherings in a longer session.

Whether you are experienced in meditation or interested in a full immersion introduction, please join us! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (we will be walking in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning and stay as long as you like. At 5:00, we'll celebrate by enjoying an early dinner together somewhere nearby. BYO\$.



### Arlington Street's Literary Salon, The Wednesdays: Ezra Pound's "Cathay"

Wednesday, February 15th ~ 6:00 PM, Frothingham Library

In 1915, Ezra Pound published 15 translations from the Chinese writers under the title "Cathay." Pound's little book electrified the reading public who had been mostly ignorant of the amazingly rich literature of China. Most of his translations are of Li Po, the Tang poet who is the Shakespeare of Chinese literature, and all of them are of an unparalleled beauty and tenderness. This is most definitely a book to take to your desert island! All are welcome!