



# ARLINGTON STREET CHURCH

Unitarian Universalist

SUNDAY, JULY 31<sup>ST</sup>, 2016  
*Welcome to Summer Services*

*\*You are invited to stand as you are willing and able.*

## **PRELUDE**

Op. 109, 1<sup>st</sup> movement ..... *Ludwig van Beethoven* (1770 - 1827)  
Jaime Kathleen Castellanos, piano

## **CHALICE LIGHTING**

*The flaming chalice is the symbol of our free faith.*

## **WELCOME AND GREETINGS**

### **\*HYMN 317**

We Are Not Our Own

## **COMMUNITY CANDLES OF SORROW & JOY**

You are invited to share your sorrows and joys with the congregation by filling out a Candle Card in the back pew on the right-hand side of the sanctuary. Candle Cards are collected until the beginning of the first hymn. After the service, Candle Cards are posted downstairs during coffee hour. You may also submit a candle by Saturday night at the church website, [ASCBoston.org](http://ASCBoston.org), by clicking on "Worship."

## **Spirit of Life (Hymn 123)**

Spirit of Life, come unto me.

Sing in my heart all the  
stirrings of compassion.

Blow in the wind,  
rise in the sea;

Move in the hand, giving  
life the shape of justice.

Roots hold me close;  
wings set me free;

Spirit of Life, come to me,  
come to me.

Fuente de Amor, ven hacia mí.

Y al corazón,  
cántale tu compasión.

Sopla al volar,  
sube en la mar;

Hasta moldear  
la justicia de la vida

Arráigame,  
libérame,

Fuente de Amor, ven a mí,  
ven a mí.

## **AFFIRMATION AND COVENANT**

*Love is the spirit  
of this congregation,  
And service is our gift.  
This is our great covenant:  
To dwell together in peace,  
To speak our truths in love,  
And to help one another.*

*El amor es el espíritu  
de nuestra congregación  
Y el servicio es nuestro regalo.  
Esto es a lo que nos comprometemos:  
Convivir en paz,  
Hablar nuestras verdades con amor,  
Y ayudarnos los unos a los otros.*

### **\*HYMN 404**

What Gift Can We Bring

## **SERMON**

Cycling as a Spiritual Practice ..... Tina Rose

## **SILENT REFLECTION, MEDITATION, AND PRAYER**

### **OUR SHARED RESPONSIBILITY**

During the offertory, you are invited to open your heart and engage in the spiritual practice of generosity. For 287 years, the abundant support of our community has allowed Arlington Street Church to remain a beacon for liberal religious values in downtown Boston. Your gifts in the Sunday plate sustain both the church and the larger community – half of the offering is shared with a partner in our mission of love, service, justice, and peace. *Thank you for your stewardship and support!*

### **OFFERTORY**

Make You Feel My Love ..... *Bob Dylan* (b. 1941)  
Jaime Kathleen Castellanos, piano

## **PARISH HIGHLIGHTS**

### **\*HYMN 301**

Touch the Earth, Reach the Sky!

### **\*BENEDICTION**

## **POSTLUDE**

L'Aveu (The Vow) ..... *Eric Chausson* (1855 - 1899)  
Jaime Kathleen Castellanos, piano

# INSIDE

ARLINGTON STREET CHURCH

## *NEWS FROM THE SOUL OF SUNDAY*

SUNDAY, JULY 31<sup>ST</sup>, 2016

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### All Are Welcome

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*We are glad you have joined us this morning for worship!*

This morning, we invite you to:

- \* Fill in the Welcome Card and place it in the collection plate;
- \* Join us for coffee and a light lunch in the Parish Hall;
- \* Introduce yourself to the service leaders, and;
- \* Please come back again soon!



### **TODAY'S SPEAKER**

Tina Rose was a regular guest at Arlington Street for three years before she joined the church in 2013. Since then she's been involved in a number of committees, enjoys washing dishes on Sundays, and currently serves as Chair of the Prudential Committee, Arlington Street's Board of Directors.



### **SPEAKING ON SUNDAY, AUGUST 7<sup>TH</sup>**

*Uncomfortable Transformations* ..... Jonah Beukman

The Transformation Team for Racial Justice is hosting next Sunday's service. The Team is an ongoing task force of Arlington Street Church that seeks to identify and eliminate interpersonal and institutional barriers of racism and oppression, and build a justice-seeking, multiracial, multicultural community.

Jonah Beukman is so excited to be speaking to this wonderful community. He has been attending Arlington Street Church since 2009, becoming a member in 2015 and joining the Transformation Team this year. When not working in the development office at the USS Constitution Museum, he enjoys reading, writing, vegan/vegetarian cooking, Zumba, escapist media, and spending time with friends and family.

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## SUMMER WORSHIP HIGHLIGHTS

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### **SUMMERTIME AT ARLINGTON STREET**

Every Sunday through Labor Day, a different member of the Arlington Street community will be preaching, while Rev. Kim, Beth, Mark David, and Laura Evonne are away on summer break. Should you need a minister over the summer, please call the church office at 617-536-7050. The admin staff is always here for you; Jeffrey, and Brad are glad to help! Happy summer, one and all!

During summer, life at Arlington Street Church slows down and *Inside Arlington Street Church* is published in this leaner format. Until Homecoming Sunday Service on September 11<sup>th</sup>, the best way to stay informed on all of the church's activities is to visit our website, [ASCBoston.org](http://ASCBoston.org) and click on "Calendar." Jeff Bouchard, our facilities manager, keeps it current.



### **CHILDCARE DURING SUMMER WORSHIP SERVICES**

The formal CRE program begins again on Sunday, September 11<sup>th</sup>. Thanks in advance to Allie Dagg, an Arlington Street youth, who will be providing childcare again this summer. We are thrilled to have her back! Allie can be found in the "kids" box pew in the front of the sanctuary. We ask that older children/youth stay with their friends/families during the service. Very young children can either stay in the service or use the nursery where the service is piped in.



### **COFFEE HOUR**

Immediately following the service in the Parish Hall

Let's all gather downstairs for beverages, a light lunch, and community!



### **KUNDALINI YOGA CLASS**

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



### **ASK THE TRANSFORMATION TEAM FOR RACIAL JUSTICE**

Sunday, August 7<sup>th</sup> ~ 12:00 - 1:00 PM, Hunnewell Chapel

The Transformation Team for Racial Justice is hosting a resource table to answer "what can we do in the wake of such racial violence?" Discover articles, organizations, events, and small day to day changes that address hopelessness and helplessness. Transformation Team members will be on hand to listen and discuss as needed. Please stop by immediately following the service!



### **UNCOMFORTABLE CONVERSATIONS**

Sunday, August 21<sup>st</sup> ~ 12:30 PM, Hunnewell Chapel

The Transformation Team would like to offer a time and space to continue the conversation about developing an anti-racist worldview. At the January 9<sup>th</sup> workshop, we learned about the "Uncomfortable Conversations" which have been held at the First Unitarian Universalist Church of New Orleans. We hope to hold these conversations monthly at Arlington Street Church. All are welcome!





## **CAR DONATIONS MADE EASY!**

Start your summer off on the right track by donating a vehicle. If you are finally splurging on that new vehicle, donate your trade-in to Arlington Street. Just click the link below or call 855-500-RIDE (7433). [www.cardonatingiseasy.org/donate/?CharityID=4038](http://www.cardonatingiseasy.org/donate/?CharityID=4038)



## **JOIN THE ARLINGTON STREET CHOIR!**

Every Thursday starting September 8<sup>th</sup> ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome—we are a mix of professionals and amateurs. All are welcome!



## **CHILDREN'S RELIGIOUS EDUCATION WANTS YOU!**

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt? If the answer is yes, please contact Laura or Erica after Labor Day for more information at [CRE@ASCBoston.org](mailto:CRE@ASCBoston.org).



## **ARLINGTON STREET CHURCH VISITS THE ISLAMIC CENTER OF BOSTON! SPECIAL TOUR FOR ARLINGTON STREET MEMBERS & FRIENDS**

Sunday, September 18<sup>th</sup> ~ 2PM, 100 Malcolm X Blvd., Roxbury

Join Rev. Kim, our Transformation Team for Racial Justice and our Social Action Team in this wonderful opportunity to tour the Islamic Society of Boston Cultural Center (ISBCC) and meet members of the Muslim community in Boston. Their vision is to build a community of leaders rooted in the Islamic tradition who are committed to American ideals and empowered to serve the common good. For info on ISBCC, please visit [www.isbcc.org](http://www.isbcc.org).

We need to let the ISBCC know how many people are coming. Please RSVP to Jeffrey Bouchard in the church office ([jbouchard@ascboston.org](mailto:jbouchard@ascboston.org)). Children are welcome but must be accompanied by an adult. Out of respect for their traditions, please dress modestly (no skin-tight clothing; arms and legs covered). The Center is across the street from the Roxbury Crossing T stop on the orange line. If you need a ride, or can provide a ride, please let us know. Please visit their web site for directions. All are welcome!

**PLEASE SILENCE YOUR CELL PHONE. THANK YOU!**

### **Service is Our Gift**

Guest Speaker, *Tina Rose*

Music, *Jaime Kathleen Castellanos*

Worship Coordinator, *Melissa Dlugolecki*

Candles Coordinator, *Robert Holley*

Lead Greeter, *Nancy Perna*

Lead Usher, *Deb Vittner*

Assistant Treasurers, *Paul Babbitt and Nancy Perna*