

# SUNDAY, JULY 19<sup>TH</sup>, 2015

## Welcome to Summer Services

# \*You are invited to stand as you are willing and able.

Prelude	Tyler Turner
CALL TO WORSHIP	
We Meet on Holy Ground	Rev. Richard Gilbert
CHALICE LIGHTING	Rev. Vera O'Brien
The flaming chalice is the symbol of our	free faith.

#### WELCOME AND GREETINGS

## \*HYMN 290

Bring O Past Your Honor

# READING 657

It Matters What We Believe

# COMMUNITY CANDLES OF SORROW & JOY

You are invited to share your sorrows and joys with the congregation by filling out a Candle Card in the back pew on the right-hand side of the sanctuary. Candle Cards are collected until the beginning of the first hymn. After the service, Candle Cards are posted downstairs during coffee hour. You may also submit a candle by Saturday night at the church website, ASCBoston.org, by clicking on "Worship."

# Spirit of Life (Hymn 123)

Spirit of Life, come unto me.

Sing in my heart all the stirrings of compassion.

Blow in the wind, rise in the sea;

Move in the hand, giving life the shape of justice.

Roots hold me close; wings set me free;

Spirit of Life, come to me, come to me.

Fuente de Amor, ven hacia mí.

Y al corazón, cántale tu compasión.

Sopla al volar, sube en la mar;

Hasta moldear la justicia de la vida

Arráigame, libérame,

Fuente de Amor, ven a mí, ven a mí.

#### **AFFIRMATION AND COVENANT**

Love is the spirit

of this congregation,

And service is our gift.

This is our great covenant:

To dwell together in peace,

To speak our truths in love,

And to help one another.

El amor es el espíritu

de nuestra congregación

Y el servicio es nuestro regalo.

Esto es a lo que nos comprometemos:

Convivir en paz,

Hablar nuestras verdades con amor,

Y ayudarnos los unos a los otros.

# \*Hymn 345

With Joy We Claim the Growing Light

#### **SERMON**

Let it Go ...... Rev. Vera O'Brien

## SILENT REFLECTION, MEDITATION, AND PRAYER

## **OUR SHARED RESPONSIBILITY**

Over 300 pledging members and friends support the work of Arlington Street Church with commitments averaging \$20 a week plus volunteer service. Whatever you give is greatly appreciated. Please consider a generous donation today! Contributions placed in an envelope will be credited toward your pledge.

## **OFFERTORY**

## **PARISH HIGHLIGHTS**

# \*HYMN 145

As Tranquil Streams

\*Benediction and Extinguishing the Chalice

## **POSTLUDE**





# News from the Soul of Sunday

SUNDAY, JULY 19<sup>TH</sup>, 2015

## All Are Welcome

## We are glad you have joined us this morning for worship!

This morning, we invite you to:

- \* Fill in the Welcome Card and place it in the collection plate;
- \* Join us for coffee and a light lunch in the Parish Hall;
- \* Introduce yourself to the service leaders, and;
- \* Please come back again soon!

## **TODAY'S SPEAKER**

**Rev. Vera O'Brien** is an interfaith chaplain at Brigham and Women's Hospital where she feels blessed to work primarily with palliative care and cancer patients. She co-leads a small group of volunteers and is involved in a variety of educational activities of chaplains and physicians. Rev. Vera is our Affiliated Community Minister and our former Lifespan Educator. She is a proud graduate of Meadville Lombard Theological School (a UU seminary) and was joyfully ordained at ASC.

# SPEAKING ON SUNDAY, JULY 26<sup>TH</sup>

Reverend Dr. Mark Morrison-Reed, who hails from Chicago, joined the Chicago Children's Choir in 1957 (the second year of its existence) and was the second African-American child to sing in that fine chorus. He earned his M.A. from the University of Chicago and his D.Min from Meadville Lombard Theological School. He served as co-minister with his wife, Donna Morrison-Reed, in Rochester, NY and Toronto, Canada. Currently he is an Affiliated Faculty at Meadville Lombard and Coordinator of its Sankofa Archive. He is recognized as the premier historian of the African-American experience in UUism. In much demand as a preacher, he has spoken at over 200 UU congregations and conferences in Canada, the U.S. and Europe.

**UUMN** is a professional organization of the Unitarian Universalist Association. We were founded in 1983 to develop and enrich music ministry in the denomination and to support the musicians who carry out this vital work. Our current 600 plus membership encompasses both professional and lay musicians, largely from North America. While the majority of our resources are intended for music staff in UU congregations we welcome all who support this vital ministry. UUMN members include music directors, organists, conductors, singers, instrumentalists, composers, ministers, religious educators, music committee members, troubadours, as well as individual members of congregations.

The Mission of the Unitarian Universalist Musicians Network is to nurture, educate, and inspire UU music leaders to create dynamic and transformative music ministries. The members of UUMN covenant to support and motivate one another in joyous and loving community.

## **SUMMER WORSHIP HIGHLIGHTS**

#### CHILDCARE DURING SUMMER WORSHIP SERVICES

The formal CRE program begins again on Sunday, September 13<sup>th</sup>. This summer, Arlington Street youth and adult volunteers will be here to care for elementaryaged children during the service. Please meet them at the back of the sanctuary before the service begins.

We ask that older children stay with their families in the service. Very young children can either stay in the service or use the nursery where the service piped in.

## **COFFEE HOUR**

Immediately following the service in the Parish Hall

Let's all gather downstairs for beverages, a light lunch, and community!

#### **KUNDALINI YOGA CLASS**

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

# Join the Arlington Street Choir!

Every Thursday starting September 10th ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome—we are a mix of professionals and amateurs. All are welcome!

# Join the Social Action Committee in the Fall

Join the committee and bring a social action topic that concerns you: voting rights, climate change, economic inequality, gun violence, Citizens United, homelessness, etc. The committee will support you! In September, the committee resumes meeting on the second Sunday of each month at 9:30 AM. For more information, contact Art Judge at socialaction@ASCBoston.org. "The service begins when the service ends."

#### **ANIMAL ISSUES GROUP**

Do you believe in kindness toward animals, yet are uneasy about the ways animals are treated in today's world? Have you considered switching to a plant based diet, but making changes seems overwhelming? Do you feel compassion for others should be as inclusive as possible? If you would like to see animal issues as part of our social action initiatives, please email the social action committee at socialaction@ASCBoston.org, and place "animal issues" in the subject line. We can discuss how to make changes in our daily lives, support the national Unitarian Universalist Animal Ministry, and educate interested members of our congregation about living more mercifully, healthfully, and sustainably.

Elizabeth (Dinny) Fletcher is a lifelong animal lover, and current board member of the Boston Vegetarian Society. She also volunteers for the Massachusetts Animal Rights Coalition (MARC). Dinny would welcome any level of participation or discussion of animal issues.