

THE WORSHIP COMMITTEE PRESENTS ...

Spiritual Passions, 2009

Spiritual Passion: Journaling

Today, March 8th, 1:00 PM, in the Hunnewell Chapel

The Journal method is a remarkable and efficient way to open up new horizons in your life. This Spiritual Passion will show you different kinds of journals, and how they can be used for specific results. Learn how to write dialogues to work through difficult situations; lists of 100; "springboards;" steppingstones for clarifying thoughts and finding solutions; "topics du jour" to reflect on work and career problems; "journals to go" for ways to write in under 15 minutes, and many more techniques! Many of these journal exercises include an "entrance meditation" that allows you to clarify your thoughts before you put pen to paper. Journaling calls us to journey with our inner self, with humanity, and our own spirituality. Let the journey begin!

UPCOMING PASSIONS CHECK INSIDE FOR MORE INFORMATION

Spiritual Retreat in the Wilderness - An Arctic Sojourn

Sunday, March 15th, 1:00 PM, in the Hunnewell Chapel

Since childhood, nature has taught Lois spiritual lessons. In August 2008, she went on a women's wilderness camping trip to Gates of the Arctic National Park, which is in Alaska, north of the arctic circle. She will share her experiences of living in an area where the only human impact has been from nomadic hunter and gatherer cultures. On the last day of her trip, a grizzly bear came to the campsite, and one woman was mauled. She survived due to heroic efforts of the trip guides and all of the members. Discussion will consider lessons of 1) living with limited control of our environment; 2) appreciating the scale of wilderness in comparison to human experience; 3) discovering our true self by looking at the awesome beauty in wilderness and our vulnerability as humans.

friends. Many will be traveling to Boston for the weekend and may need housing. If you are willing to host one of Dan's guests, please contact Rob Cuddi via the Arlington Street Church office, 617-536-7050 or speak to Rob directly.

Project Only A Child Annual Fundraiser and Book Discussion

Project Only A Child, the program for Guatemalan street youths founded by Arlington Street Church's own George Leger, is holding its annual fundraiser Saturday March 28 at 7:00 PM at the Waltham Sons of Italy Hall on Cedar Street in Waltham. This is a wonderful opportunity to learn more about the great work George is doing with the young people of Only A Child, funded in part by Jubilee, Arlington Street Church's work in the world. Enjoy a buffet supper and buy raffle tickets to win restaurant gift certificates, handcrafted Guatemalan textiles, and beautifully designed cedar boxes made in Only A Child's carpentry shop.

Tickets to the event are \$25 per person (\$15 seniors and students). Tickets are available at the Social Action table on Sunday mornings, or see any of these Arlington Street Church members and Only A Child Board members: Janice Brunts, Judy Chambliss, Sheila Murphy, or Don Tucker. This year Only A Child is also hosting a book discussion at Arlington Street Church on Sunday afternoon March 29th at 12:30 PM in the Clarke Room, with special guest Francisco Goldman, author of "The Art of Political Murder: Who Killed the Bishop?," a riveting book portraying the corruption and violence of the society in which Only A Child operates. For more information about Only A Child, visit the OAC website at onlyachild. org. You may contact George Leger by email at onlyachild@aol. com.

Suggestion Box

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org or leave a note in the suggestion box outside the Church Office. Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "Our Caring Community" to the right.

Inside Submission Guidelines

Please deliver all Sunday announcements before Tuesday at noon by e-mail to inside@ASCBoston. org. Announcements will not be accepted by telephone. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

Scheduling Events at Arlington Street Church

All issues dealing with building usage for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, facilities manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617-536-7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

Our Caring Community

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office. Our staff and ministers, will be in touch to lend support.

Security Note

This is an urban church. Please do not leave your valuables unattended! Also, please be attentive when exiting the church into the alley. When walking in the alley avoid being alone, carry a cell phone, walk in the center of the road, and pay attention!

Arlington Street Church, *Unitarian Universalist* 351 Boylston Street Boston, Massachusetts 02116-3399

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-7051 E-mail: office@ASCBoston.org • Web: www.ASCBoston.org



News from the Soul of Sunday

SUNDAY, MARCH 8^{th} , 2009

Today's Events

Coffee Hour

Immediately following the service in the Parish Hall

Let's gather downstairs for coffee, comestibles, and community! If you're visiting Arlington Street Church, or would like more information about Unitarian Universalism, please visit the Welcome Table. The children are in the Perkins Room, right off the Parish Hall; stop by to see what they have been up to this morning. And there's always something going on at the Social Action Table. All are welcome. Enjoy!

Parish Concerns - It Concerns You!

Come by the Parish Concerns table in the Parish Hall during coffee hour today to write or sign a card to Arlington Street Church members and friends who are in need of our loving embrace and community concern. The Parish Concerns table will be dispensing notes and cards on the second and fourth Sundays of each month. We have the cards, the stamps and the pens – you add the love!

Plastic Bags

During coffee hour, the Social Action Committee will be collecting your grocery-sized plastic bags for the food pantry at Bethel Pentecostal Tabernacle Church in Dorchester. The Social Action Committee will collect bags on the second Sunday of each month for the food pantry. Bethel Pentecostal houses "Villages without Walls," one of our Jubilee funded projects.

Children's Religious Education

Today the children of our church school will explore our fifth principle, the right of conscience and the use of the democratic process within our congregations and in society at large. All are welcome.



Music @ Arlington Street Church

Inside Out Concert: Chamber of Dreams

Sunday, March 29th, 2009, 1:30 PM in the Sanctuary

The Inside Out Concert Series returns to Arlington Street Church with a world premiere performance of Boston composer Dalit Warshaw's "Chamber of Dreams!" Artistic Director Eli Epstein is joined by violinist Sharan Leventhal and Arlington Street's own Karl Paulnack on piano.

The *Inside Out* concert series is rooted in the belief that classical music can be a tremendous resource for understanding oneself and others. It's food for our minds, hearts and souls. Yet, for most of the American population, classical music is often intangible, mysterious, and undiscovered.

Inside Out builds bridges to audiences by showing that a connection with music is not so much about knowing (although it's useful to know the historical and cultural context of a piece), it's more about tapping into the emotional essence and universal human experience that's inherent in every work of art, be it music, dance, theatre, film, or visual art. This innovative interdisciplinary approach helps concertgoers access their memories and activate their imaginations so that they can have more moving, meaningful, and personal experiences.

Congregational Announcements

Arlington Street Church Corporation Meeting Sunday, March 22nd, 2009

Agenda:

- Membership Update
- *II. Election of ASC UUAGA Delegates/Alternates
- *III. Vote on the co-sponsorship of the Declaration of Religious and Faith-Based Support for Massachusetts Legislation, An Act Relative to Gender-Based Discrimination and Hate Crimes as drafted by the Interfaith Coalition for Transgender Equality**
- IV. Finance Report
- V. Prudential Committee Report
- VI. Congregational Conversation (Green Sanctuary)
- VII. Other Business
- * Vote required

		Coming Up
Sunday, March 8th, 2009		
	8:00 ам	Children's Religious Education - Perkins Room
	9:30 ам	Choir Warm-Up - Sanctuary
	9:30 ам	Social Action Committee - Archives Room
	11:00 ам	Sunday Morning Worship - Sanctuary
	12:00 рм	Coffee Hour - Parish Hall
	12:30 рм	Young Adults Lunch - Stage Right Room
	12:30 рм	Church Council - Clarke Room
	1:00 рм	Sunday Connections Group - Perkins Room
	1:00 рм	Spiritual Passion, 2009 - Hunnewell Chapel
Mo	nday, Marcl	n 9th, 2009
	6:00 рм	Prison Education Group - Perkins Group
	7:00 рм	U.U. Book Club - Archives Room
	7:00 рм	Gay Men's Spirituality Group* - Hunnewell Chapel
Tu	esday, Marc	h 10th, 2009
	6:00 рм	Buddha's Belly - Hunnewell Chapel
	6:00 рм	Finance Committee - Perkins Room
	6:45 рм	Children's Religious Education Committee Meeting
		- Clarke Room
	7:00 рм	Arlington Street Zen Center - Hunnewell Chapel
W	ednesdav. M	arch IIth, 2009
	3:30 рм	Staff Meeting* - Perkins Room
	6:00 рм	Kundalini Yoga - Parish Hall
	6:30 рм	Environment and Energy Forum - Hunnewell Chapel
Th	ursday, M are	ch 12th 2009
• • •	7:00 pm	Choir Rehearsal - Clarke Room
Eri	day, March	13th 2009
• • • •	5:00 рм	Friday Night Supper Program - Parish Hall and Kitchen
	7:00 РМ	Young Adult Group - Perkins Room
Sat	turday, M arc	:h 4 th , 2009
		no planned congregational events.
Su	nday, M arch	15th, 2009
	8:00 ам	Children's Religious Education - Perkins Room
	11:00 ам	Sunday Morning Worship - Sanctuary
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12:00 рм Coffee Hour - Parish Hall NOLA Drop In Info Meeting - Archives Room 12:30 рм 12:30 рм Security Task Force - Clarke Room 12:30 рм Young Adults Lunch - Stage Right Room Spiritual Passion, 2009 - Hunnewell Chapel 1:00 рм

*Closed meeting

NOTE: This calendar is accurate as of noon the Wednesday before publication and only includes events directly related to the congregation. For complete, upto-date calendar listings over the coming months, visit www.ASCBoston.org.

Other Announcements

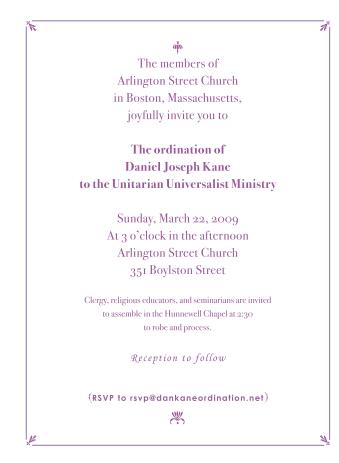
New Book Club

The response to the invitation to read and discuss *Out of the Flames*, a book about Michael Servetus and his masterpiece, Christianismi Restitutio, was tremendous. Due to space availability and other considerations, the group is now closed. However, your chance to read and discuss books with fellow Arlington Street Church

members is not gone: keep your eyes open for a New Orleansthemed book group starting in April, and for opportunities over the summer months.

Note The Date Change: Chili and Contra Dancing to "Balance" the Budget

Sunday, April 5th, 2:00 – 5:00 PM in the Parish Hall



Join our team of volunteers and help with Dan Kane's ordination!

We need volunteers to bring refreshments and snack-type foods such as fruit, cookies, cheese, and cake for Dan's ordination party! Dan's ordination service is Sunday, March 22nd and begins at 3:00 PM with the party immediately following.

We've decided to do assign suggested food and snacks alphabetically by last name: A-F bring sweets, G-P bring savory, Q-Z bring fruits or veggies. Of course if your culinary skills lead you to bring something that doesn't match your last name, please feel free to bring that instead!

It would be helpful if you could sign up ahead of time. Sign-up sheets will be available at the Welcome Table beginning Sunday, March 8th. For more information, to sign up, or if you have any questions, please contact Susan Thomas by email at SThomas@ ASCBoston.org.

Volunteers are also needed to open their homes to Dan's family and

^{**} For more information and the full text of the declaration, go to the Prudential Committee bulletin board in the Parish Hall