

including take-home activities, reflections, and readings to be done between workshops. It will be facilitated by Arlington Street members Art Nava and Barbara Seidl. For more information or to sign up, please email transformation@ascboston.org. Childcare available upon request. Please let us know the ages of your children.

Children's Religious Education Wants You!

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt! If the answer is yes, please contact Laura or Erica for more information!

Join the Arlington Street Choir this Fall!

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life!

Musicians and non-musicians are welcome—we are a mix of professionals and amateurs. One highlight of our coming fall repertoire will be Benjamin Britten's resplendent masterwork, *Rejoice in the Lamb*.

The first choir rehearsal of the season is September 4th, but we rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.

Are You a SnapShot Subscriber?

If you would like the week's news from Arlington Street Church to arrive in your inbox every week, please sign up for our e-newsletter, SnapShot. There's no easier way to stay in touch with all the activities at Arlington Street Church. Register today on the home page of www.ASCBoston.org.

Do you 'like' us on facebook?

If you are on facebook, be sure to 'like' our page. You can view photos, post comments, ask questions, or RSVP to upcoming special events and concerts. It's an easy way to help our outreach efforts by showing your facebook friends that you support ASC. Simply go to www.facebook.com/ArlingtonStreetChurch, or go to our home page for a convenient link (www.ascboston.org).

COVENANT RENEWAL PLEDGE FORM

July 2014 through June 2015

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ _____ to support the work of Arlington Street Church for 2014-2015.

Signature: _____ Date: _____

Signature: _____ Date: _____

Phone: _____ Email: _____

Pledge contributions may be made by cash, check, or credit card.

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and "**2015 Pledge Payment**".
- Checks should be made payable to Arlington Street Church with "**2015 Pledge Payment**" written on the check memo line.
- If you wish to pay by credit card, please complete the following:

Accepted: Mastercard Visa

Credit Card #: _____

Expiration Date: mm _____ yy _____ Zip Code: _____

Please charge my credit card in either:

- One payment for my entire pledge on July 10, 2014
- Equal monthly installments on the **10th of each month**
- I'm adding a pledge of SERVICE! Here's how I'd like to serve:**

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to **print@ascboston.org**. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM

Phone: 617-536-7050 • Fax: 617-536-7051

E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, SEPTEMBER 7TH, 2014

TODAY

Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson.

THIS WEEK

Buddha's Belly ~ The Buddhist Book Discussion and the Arlington Street Zen Center

Tuesday, September 9th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

Buddha's Belly meets at 6 PM. Tonight, we begin our discussion of, Chogyam Trungpa's *Shambhala, The Sacred Path of the Warrior*.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation.

Beginners and experienced meditators from all traditions are welcome!

Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

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Save the Date

Transformation Team Meeting

Tuesday, September 23rd ~ 7:00 PM, Perkins Room

The Transformation Team meets monthly and works to support and foster anti-racism, anti-oppression, and multicultural practice across all committees and all aspects of church life. Come to this meeting to learn more about joining the team! A one-year commitment will be required.

Interfaith Summit on Immigrant Justice

Saturday, September 27th ~ 10:00 AM - 4:00 PM, Hunnewell Chapel

Learn about the conditions that are driving the immigrant children crisis and help determine a compassionate response. We'll hear stories from immigrant families and from an ALL STAR panel of immigrant rights leaders!

- Patty Montes, Executive Director of Centro Presente
- Nalacia Tracy, Executive Director of Brazilian Immigrant Center
- Gladys Vega, Executive Director of Chelsea Collaborative
- Cristina Aguilera, Organizing Director of MIRA
- Lucy Pineda, Executive Director of LUMA (Latinos Unidos de Massachusetts)

Sponsored by Boston New Sanctuary Movement, UU Mass Action, and the Alliance for Immigrant Justice. Please RSVP by email to socialaction@ascboston.org.

Homecoming Potluck

Saturday, September 27th ~ 5:00 PM, Parish Hall

Everyone, adults and children, are invited to a homecoming potluck! See next week's *Inside* for details.

Blessing of the Animals

Sunday, September 28th ~ 11:00 AM, Sanctuary

Each year on a Sunday near the Feast Day of St. Francis, we celebrate the animal companions in our lives by welcoming them (crated, on a leash, in a bowl) to be blessed. Come join in this happy, hilarious, and love-filled worship service!

A Spiritual Journey Through Alzheimer's Disease

Book Reading & Signing with Rev. Dr. Jade Angelica

Sunday, October 19th ~ 12:30 PM, Hunnewell Chapel

Please join Rev. Kim in welcoming her beloved colleague, Jade Angelica, whose ground breaking work offers hope, inspiration, and healing through her "Healing Moments Alzheimer's Ministry." (healingmoments.org). Rev. Jade writes, "Our mission is to improve the quality of life for persons with Alzheimer's and dementia, reduce caregiver stress, and inspire a hopeful attitude. Our intent is to help caregivers and communities develop a deeper understanding of these diseases, and nurture the belief that deep, meaningful relationships remain possible throughout all the stages of dementia."

Rev. Jade's new book, both a spiritual memoir and pastoral guide, is entitled *Where Two Worlds Touch*. In it, she shares the reassuring

We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at ASCBoston.org

This Week

Sunday, September 7, 2014

9:30 AM Choir Rehearsal ~ Sanctuary
11:00 AM Sunday Morning Worship ~ Sanctuary
12:00 PM Coffee Hour and Lunch ~ Parish Hall

Monday, September 8, 2014

No congregational events

Tuesday, September 9, 2014

6:00 PM Buddha's Belly ~ Hunnewell Chapel
7:00 PM Arlington Street Zen Center ~ Hunnewell Chapel

Wednesday, September 10, 2014

*11:30 AM Staff Meeting ~ Perkins Room
6:00 PM Kundalini Yoga ~ Hunnewell Chapel

Thursday, September 11, 2014

7:00 PM Choir Practice ~ Clarke Room

Friday, September 12, 2014

5:00 PM Friday Night Supper ~ Parish Hall

Saturday, September 13, 2014

No congregational events

Sunday, September 14, 2014

9:30 AM Choir Rehearsal ~ Sanctuary
9:30 AM Social Action Committee ~ Smith Room
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education ~ Perkins, Parish, Stage Right
12:00 PM Coffee Hour and Lunch ~ Parish Hall

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



words of someone who has been there and can give advice on preserving connection, finding hope, and staying open to the possibility of grace. To read Rev. Jade's beautiful piece entitled "Acceptance and Gratitude: Transforming Spiritual Practices for Alzheimer's Caregivers," please see huffingtonpost.com/jade-c-angelica/acceptance-gratitude-tran_b_5699475.html.

A brief reading will be followed by questions and answers. Books will be for sale at a special price, and Rev. Jade will be happy to sign them for us. All are welcome!

ANNOUNCEMENTS

Covenant Renewal ~ Have You Pledged Yet?

Along with volunteer service, an annual pledge is an important component of membership at Arlington Street Church. Please fill out a pledge form and place it in the offering basket! Let's give to maintain the glorious building we love, to grow the programs we so enjoy, to support the minister and staff we depend on, and to make real our vision of love, service, justice, and peace in the world!

A Rising Tide of Silence: Film Screening and Discussion Conversations with producer & director Peter Jones and the Venerable Tenzin Priyadarshi

Wednesday, September 17th ~ 6:00 PM, MIT Simmons Hall (bldg. W79)

Father Thomas Keating is the founder of Centering Prayer. This film traces Father Keating's spiritual journey from an affluent New York City childhood, to an austere Trappist monastic life, to his election as abbot of St. Joseph's Abbey in 1961, and his current life's work. One reviewer says, "The movie is absolutely incredible and will open your heart. The life of Thomas Keating provides a rich context for understanding his great contribution to the inner journey in modern times."

Prayer Vigil for Immigrant Detainees

Sunday, September 28th ~ 2:00 PM, 20 Bradston Street, Boston

Stop the detentions and deportations and help keep immigrant families together! Join the prayer vigil sponsored by the Boston New Sanctuary Movement at the Suffolk County House of Correction. We will car pool from the church at 1:15. If you want a ride, please email socialaction@ascboston.org.

Free Multiculturalism / Anti-Racism Workshop Series

Wednesdays, October 1st–November 19th ~ 6:30-8:30 PM, Perkins Room

Building the World We Dream About is a Unitarian Universalist workshop curriculum that seeks to interrupt the workings of racism and transform how people from different racial/ethnic groups understand and relate to one another. It offers:

- Honest and open conversations about race
- Tools to better understand your own ethnic and racial identity and journey
- Practical skills you need in your own life, right now, in an increasingly multicultural world

This highly interactive class consists of eight, two-hour workshops

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