

## Summer Reading Opportunity

Christa Lamb, friend of Arlington Street Church, has written a book, *In the Beginning, The Journey of Awakening into Awareness of Universal Truth*. Christa writes, "We are all rooted in eternal love and this love is of one source."

Christa's book is available in the parish hall after today's service at the special Arlington Street price of \$10 dollars. Christa will be signing copies!

In the fall, Christa will lead a series of conversations on thoughts and issues related to the book.

## Children's Religious Education (CRE) This Summer

This Sunday is our final day in CRE for the church year. Arlington Street doesn't offer a CRE program from June 23<sup>rd</sup> through September 1<sup>st</sup>. However, we are piloting offering childcare during the summer services from 10:30-12:30. All children are welcome.

## THANK YOU

Thank you -  
Helpful heart,  
Amazing activist,  
Nurturing being,  
Kind soul.

YOU are truly divine,  
Outstanding in your being,  
Uniquely, Unitarian Universalist.

Have a beautiful summer!  
*The ASC Staff*

## COVENANT RENEWAL PLEDGE FORM

July 2013 through June 2014

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an annual total pledge of \$ \_\_\_\_\_ to support the work of Arlington Street Church.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Pledge contributions may be made by cash, check, or credit card.**

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and "2014 Pledge Payment".
- Checks should be made payable to Arlington Street Church with "2014 Pledge Payment" written on the check memo line.
- If you wish to pay by credit card, please complete the following:

**Accepted:**  Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Please charge my credit card in either:**

- One payment for my entire pledge on **July 10<sup>th</sup>, 2013**
- 12 equal monthly installments on the **10<sup>th</sup> of each month**

### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to **print@ascboston.org**. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051  
E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

# INSIDE

ARLINGTON STREET CHURCH

*NEWS FROM THE SOUL OF SUNDAY*

SUNDAY, JUNE 16<sup>TH</sup>, 2013

## TODAY

### Coffee Hour

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson or Sharon Pressly-Fiero.

### Emancipation Trail Tour

Today ~ 12:45 PM, leave from Social Action table

Vincent Licenziato, longtime member of Arlington Street, will lead a tour of the Emancipation Trail, a trail exploring the stories behind 21 statues, sculptures, and monuments in Boston that have relevance to African American history. Vincent designed this trail and it has been endorsed by the Boston African American National Historic Site, whose Rangers give tours of the Black Heritage Trail on Beacon Hill. All are welcome! The tour will take about 90 minutes. Wear sneakers or walking shoes!

### Are You Highly Sensitive?

Today ~ 1:00 PM, Frothingham Library

Looking for some support for this wonderful way of being "wired?" We'd like to continue our support and conversation for us Highly Sensitive People (HSP). Join Michael Parise and the rest of us in the Froth. All highly sensitive people are welcome!

## THIS WEEK

### Kundalini Yoga Class

Wednesday, June 19<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

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## Save the Date

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### Worship at Arlington Street Church this Summer!

Thanks to Liz Weber, Lisa Mobayed, and Art Judge for the fabulous lineup of speakers engaged for this summer. Come keep the faith!

#### First Up!

Sunday, June 23<sup>rd</sup> ~ 11:00 AM, Sanctuary

“Was Lost But Now Am Found: Stories of Transformation”

Barb Seidl

Christianity tells us transformation may come as a sudden flash. Buddhism likens it to a river softening a stone. Hear inspirational stories of how change is born in ourselves and our communities.

Guest speaker, Barbara Seidl, has been a member of Arlington Street Church for fifteen years and is honored to be invited back into the pulpit for this, her fifth consecutive summer.

#### June 30

“Helping and Healing” ..... Mary Marcel

#### July 7

“WORD! Thoughts Toward A Unitarian Universalist Theology of Language” ..... Desmond Ravenstone

#### July 14

“Questioning” ..... Lisa Mobayed

#### July 21

“A Year to Live” ..... Rev. Vera O’Brien

#### July 28

“Finches’ Wings and the Pursuit of Happiness” ..... Ann Clarke

#### August 4

“Patience, One Breath at a Time” ..... Luigi Roberto Cuddi

#### August 11

“The Spoon Blessing” ..... Joanna Lubkin

#### August 18

“The Power of Community” ..... Myrna Johnson

#### August 25

“Why Not Both” ..... Thomas Simers

#### September 1

“Our Bodies, Our Blessings” ..... Liz Weber

### Fourth Sunday Discussions

Sunday, June 23<sup>rd</sup> ~ Noon, Stage Right Room

Join us the fourth Sunday of each month to share your thoughts or reactions to the sermon or discuss broader themes in our liberal faith.

All are welcome to discuss, raise questions, share opinions, or listen to the conversation. Members of the Adult Religious Exploration team will be on hand to help facilitate the conversation.

*We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, June 16, 2013

9:30 AM Choir Rehearsal ~ Sanctuary  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children’s Religious Education ~ Perkins Room  
12:00 PM Coffee Hour ~ Parish Hall  
12:45 PM Emancipation Trail Tour ~ Social Action Table  
1:00 PM Highly Sensitive People ~ Frothingham Library

### Monday, June 17, 2013

No congregational events

### Tuesday, June 18, 2013

6:00 PM Prudential Committee ~ Perkins Room

### Wednesday, June 19, 2013

6:00 PM Kundalini Yoga ~ Hunnewell Chapel

### Thursday, June 20, 2013

7:00 PM Music Wrap-Up ~ Clarke Room  
\*8:00 PM Connections Group ~ Perkins Room

### Friday, June 21, 2013

5:00 PM Friday Night Supper ~ Parish Hall

### Saturday, June 22, 2013

No congregational events

### Sunday, June 23, 2013

9:30 AM Music Rehearsal ~ Sanctuary  
11:00 AM Sunday Morning Worship ~ Sanctuary  
12:00 PM Coffee Hour ~ Parish Hall  
12:00 PM Fourth Sunday Discussion Group ~ Stage Right Room

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

### A Service in Celebration of the Life of Nancy Gleason

Friday, July 12<sup>th</sup> ~ 11:00 am, Sanctuary

Rev. Kim will memorialize Arlington Street’s beloved Nancy Gleason. Please join Herb Gleason, their family, and Nancy’s many friends and admirers for this beautiful rite of passage.

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## ANNOUNCEMENTS

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### Covenant Renewal ~ Have You Pledged Yet?

Covenant Renewal season is not over! We are still counting on pledges from an additional 67 member households. Please get your pledge in now, so we can balance next year’s budget!

There is a pledge form on the back of this publication. Just fill it out, and place it in the offering basket! Please give enough to stand by this church—to maintain the glorious building we love, to step up and pay our national and district dues, to grow the programs we so enjoy, and to support the minister and staff we depend on!

### Help Harvest the Garden and Feed Our FNSP Guests!

Thursdays in July and August

Have you seen the new raised beds in our garden. The kids from the Children’s Religious Education (CRE) program are growing vegetables and herbs with the intention of donating the fresh food to the Friday Night Supper Program (FNSP)! CRE is asking for volunteers to help pick and wash the vegetables and herbs throughout the summer.

Each volunteer signs up for one or more harvesting sessions this July or August. The process is to pick the ripe vegetables and herbs any time on a Thursday, wash and bag the produce in the kitchen, and leave the bags in the fridge for the FNSP crew to use on Friday. Instructions, tools, and materials will be provided.

Please sign up with Erin Frost through the church office ([office@ASCBoston.org](mailto:office@ASCBoston.org)) and provide your full name, phone number, email, and your preferred picking date(s).

Picking dates are all Thursdays. Thanks so much for participating!

- July 11, 18, 25
- August 1, 8, 15, 22, 29

### The Spiritual Journey from Fundamentalism to Unitarian Universalism

Are you a former fundamentalist or evangelical? What happened to bring you through the great doors of Arlington Street Church and into the big tent of Unitarian Universalism? What did you love? Why did you leave? What are you still trying to understand? What do you need now? If you’re interested in an evening of sharing your story and reflecting on these questions with those who have made similar spiritual journeys, please speak with Rev. Kim or email her at [office@ASCBoston.org](mailto:office@ASCBoston.org). This will be a closed meeting, but a later gathering on the same topic will be open to the larger congregation.

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