

done. With every accomplishment there arises a new responsibility... Sabbath dissolves the artificial urgency of our days, because it liberates us from the need to be finished.” (Wayne Muller) Join our affiliated minister, Joanna Lubkin, as we explore ways to balance the rhythm of our lives and engage in practices that are nourishing, life-giving, and restful. All are welcome!

One Act Play: Mariposa and the Saint

Thursday, March 24th ~ 8:00 PM, Milford Performing Arts Center

“Mariposa and the Saint” is the true story of a woman locked in solitary confinement for nearly three years. The performance is co-sponsored by EMIT (End Mass Incarceration Together), a task force of Unitarian Universalist Mass Action Network. Join UUs from across Massachusetts in attending this play at the Milford Performing Arts Center. Admission is by donation. For more information, please visit www.ASCBoston.org/programs/cmtes-grps/SocialAction.html.

The Wednesdays: Ovid’s Metamorphoses, or The Book of Transformations

Wednesdays, March 30th, April 6th, April 20th, April 27th, 6:00-8:00 PM, Frothingham Library

March 30: Books one-four

April 20: Books nine-twelve

April 6: Books five-eight

April 27: Books thirteen-fifteen

If a literary classic is a work that has survived the test of time, Ovid’s *Metamorphoses* is one of the greatest classics ever. Published in the year 8 CE and spanning a period from the creation of the world to the deification of Julius Caesar, the book has been wildly popular for over two thousand years. Its happy readers number in the millions, and it has exerted enormous influence on subsequent great artists, inducing Dante, Boccaccio, Chaucer, Titian, Tintoretto, da Vinci, Michelangelo, Caravaggio, and Rembrandt. The *Metamorphoses* was Shakespeare’s favorite book, and our favorite playwright would be unrecognizable without benefit of his Roman predecessor.

Two things probably account for Ovid’s enduring popularity: his gifts as a great poet and his ability to tell spell-binding stories. We’ll deal with the specifics of the poetry in class; as for the stories, we’ll follow the sexual escapades of Jupiter as he abducts the beautiful Europa in the guise of a bull, has his way with Leda in the form of a swan, and seduces Danae as a shower of gold. We’ll follow Narcissus’s transformation from a beautiful youth to a flower that heralds the advent of spring; Hercules in his twelve labors; Jason on his quest for the Golden Fleece; and Pygmalion as he brings to life the ivory statue who becomes his wife. Famous lovers abound: Venus and Adonis, Pyramus and Thisbe, Jason and Medea, Orpheus and Eurydice, Apollo and Hyacinth, and many, many more.

This course also gives you a bigger bang for your buck (even though it’s free) since, in addition to the pleasure of our reading, it also serves as an introduction to Greek and Roman mythology. Few books yield as much sheer joy as the *Metamorphoses*. All are welcome to join the fun!

Required translation: Ovid *Metamorphoses* translated by Rolfe Humphries, Indiana University Press (Amazon has over 200 used copies starting at a penny each).



An Opportunity to Support Justice for Palestinians

Sunday, April 10th, 12:45 PM, Hunnewell Chapel

Speakers from Jewish Voice for Peace (JVP) and Unitarian Universalists for Justice in the Mid-East (UUJME) will talk about the Boycott, Divestment, and Sanctions (BDS) movement. These leaders are urging Unitarian Universalists to support the resolution, “Divestment from Corporations Complicit in the Violation of Palestinian Rights,” that will be debated and voted on at General Assembly this June.



Dining Out with Arlington Street Church Neighbors

The Membership Team would like to announce updates to our existing dinners and the launch of a dinner in the South End area.

1. We’ve added some areas to the Jamaica Plain dinner. Lois and Jenn Britt have teamed up to arrange a dinner for people who live in Jamaica Plain, Brookline, and Brighton.
2. Carol Fisher and Bob Sessions are organizing a dinner for people who live in the South End. Stay tuned!

If you are interested in joining one of these dinners, please contact Office@ASCBoston.org or sign up at the Welcome Table in the parish hall after church today. More areas to follow!

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church’s administrative assistant will pass your message on to the appropriate people. Please speak your “truths in love” and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday “Inside” announcements *before Tuesday noon* to publications@ascboston.org. Laurinda O’Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street, Boston, Massachusetts 02116-3303

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INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, MARCH 6TH, 2016

TODAY



Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let’s all gather downstairs for coffee, soup, sandwiches, and community! If you’re visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table. In preparation for Jon Ellertson’s upcoming hip replacement and recovery, the Sandwich Board team is seeking new volunteers. Drop by the kitchen on Sunday around 10:00 am to don an apron, learn the prep routines, and make some new friends. And thanks to the many, many who have been helping with prep and cleanup...it takes many hands! For more information, please email Jon at Office@ASCBoston.org.



Just Coffee - Just for You!

Today ~ Immediately following worship, Parish Hall

Friends, we have a new supply of Just Coffee! Please come and get yours at the Social Action table after the service. Just \$12 per pound for great 100% organic coffee! Help support the grower cooperative in Chiapas, Mexico, www.justcoffee.org.



Arlington Street Corporation Meeting

Today ~ 12:30 PM, Hunnewell Chapel *Vote required

1. Membership Update* (Doc Kinne)
2. Election of Delegates* (Nominating Committee)
 - General Assembly:** Rich Abreu • Morgan Johnstone • Peter Lowber
Joanna Lubkin • Karen Tausch
 - UUA Mass Bay District:** Charles Howes • Reese Millican • Karen Tausch
 - UU Urban Ministry:** Jon Ellertson • Nancy Perna • Rev. George Whitehouse
3. Treasurer’s Report (Susie Nacco)
4. Q&A on Written Reports
5. 501(c)(3) Update (Rev. Kim)
6. Affiliation of Rev. Fred Small (Rev. Kim)
7. Other Business

continued on next page...



Arlington Street Circle of Caring

Today and Sunday, March 20th ~ 12:30 PM, Carol Smith Room

Are you battling illness, caring for someone who is ill, struggling with isolation, or in the process of losing someone you love? Have you already lost someone and are trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through and be in a place of quiet listening and support, then please join the Circle of Caring.

Maureen Peterson is an ASC member who has lost her parents and several close friends to cancer and her brother and close friends to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love. She is joined this year by two amazing co-facilitators, Art Judge, who is both a retired physician and hospital chaplain and Lisa Kirk, one of ASC's newest members who has lead grief and small support groups for other congregations.

THIS WEEK



Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, March 8th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 Buddha's Belly: Tonight, we will continue our discussion of *Calming the Fearful Mind: A Zen Response to Terrorism* by Thich Nhat Hanh. Please read up to Chapter 5.

7:00 Arlington Street Zen Center: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. This is the season for boots and warm jackets! Beginners and experienced meditators from all traditions are warmly welcome.



Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

ANNOUNCEMENTS



Wild and Precious

Friday, March 11th ~ 7:30 PM, Club Cafe, 209 Columbus Avenue, Boston

Wild & Precious is a theatrical memoir celebrating the very gay life and times of Boston's own Steve Cadwell. Tickets are \$20 and \$15 for seniors and students. 100% of proceeds benefit AIDS Action Committee. To order tickets and for more information, please visit www.clubcafe.com.

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, March 6, 2016

- *9:30 AM Music Rehearsal ~ Sanctuary
- *9:30 AM New Member Breakfast/Joining ~ Hunnewell Chapel
- 9:30 AM CRE Committee Meeting ~ Cosi Cafe, 399 Boylston Street
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Chapel, Perkins, Parish Hall, Carol Smith Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM ASC Circle of Caring ~ Carol Smith Room
- 12:30 PM Corporation Meeting ~ Hunnewell Chapel
- *1:00 PM OWL - Our Whole Lives ~ Perkins Room

Monday, March 7, 2016

No congregational events are scheduled.

Tuesday, March 8, 2016

- 6:00 PM Buddha's Belly ~ Hunnewell Chapel
- 7:00 PM Arlington Street Zen Center ~ Hunnewell Chapel

Wednesday, March 9, 2016

- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel

Thursday, March 10, 2016

- 7:00 PM Choir Practice ~ Clarke Room

Friday, March 11, 2016

- 5:00 PM Friday Night Supper ~ Parish Hall

Saturday, March 12, 2016

No congregational events are scheduled.

Sunday, March 13, 2016 (Daylight Savings ~ Spring Ahead!)

- *9:30 AM Music Rehearsal ~ Sanctuary
- 9:30 AM Social Action Committee ~ Carol Smith Room
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Chapel, Perkins, Parish Hall, Carol Smith Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Uncomfortable Conversations ~ Carol Smith Room
- 1:00 PM Spiritual Journaling ~ Frothingham Library
- 1:00 PM Islam 101 ~ Hunnewell Chapel
- 1:00 PM Nominating Committee Meeting ~ Clarke Room

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON STREET CHURCH
Unitarian Universalist



Spiritual Passions 2016: Spiritual Journaling

Sunday, March 13th ~ 1:00 - 3:00 PM, Frothingham Library

Are you looking for new ways to journal? Have you always wanted to keep a journal but never started? This workshop, for beginning and experienced practitioners alike, will explore ways to approach writing for yourself as a spiritual practice. We'll look at time-honored traditions like Lectio Divina and out-of-the-box techniques. Join Liz Weber, seminarian and member of the Worship Team, in a time for introspection and expression. Paper and pens will be provided, but feel free to bring a journal if you have one.



Islam 101

Sundays, March 13th (book discussion), and April 17th (speaker) ~ 1:00-3:00 PM, Hunnewell Chapel

Representatives of the Social Action Committee, Transformation Team for Racial Justice, and Rev. Kim are preparing a multi-faceted response to escalating violence toward the Muslim community. Toward the end of extending ourselves in friendship and sanctuary to our Islamic neighbors here in Boston, we'd like to offer some opportunities to learn about Islam. For March 13th's book discussion, please read *The Muslim Next Door: The Qur'an, the Media and That Veil Thing* by Sumbul Ali-Karamali (available at the library as well as new and used from Amazon and ABE books). Lori Kenschaft, coordinator of the Mass Incarceration Working Group and member of First Parish in Arlington, will lead this discussion. She has a Master's of Theological Studies and a doctorate in American Studies and has been learning and teaching about Islam in for nearly a decade. Her most recent book is a co-authored college textbook, *Gender Inequality in Our Changing World: A Comparative Approach* (Routledge, 2015). We will conclude our series on April 17th with a discussion with Shannon Erwin, a convert to Islam and wonderful speaker! Please save the dates and plan to be part of this life-saving initiative! Childcare will be provided by Allie Dagg.



Uncomfortable Conversations

Sunday, March 13th ~ 12:30 PM, Carol Smith Room

The Transformation Team would like to offer a time and space to continue the conversation about developing an anti-racist worldview. At the January 9th workshop on this topic, we learned about the "Uncomfortable Conversations" which have been held at the First Unitarian Universalist Church of New Orleans. We hope to hold these conversations monthly at Arlington Street Church. All are welcome!



Cuba

Sunday, March 20th ~ 12:45 PM, Sanctuary

Join Peter Lowber as he presents pictures from his Witness for Peace trip to Cuba. Peter will discuss the healthcare and education systems in Cuba today as well as the status of children. Come hear about Cuban's perspective on their country and what the future holds for this island nation in transition. All are welcome!



Spiritual Passions 2016: The Art of Sabbath

Sunday, March 20th ~ 1:00-3:00 PM, Hunnewell Chapel

"Sabbath requires surrender. If we only stop when we are finished with all our work, we will never stop, because our work is never completely