

of being a single gay Jewish man in Boston. Called “engaging,” and “poignant,” Judah’s show speaks to universal themes: looking for love, dealing with the aging process, and dealing with situations when “Man plans, and God laughs.”

Tickets are available at the welcome table in the parish hall or at judahleblang.com. Arlington Street member tickets are \$12; general public, \$15.

ANNOUNCEMENTS

Community Meeting on Gun Violence

Today ~ 12:30 PM, First Church Boston, 66 Marlborough

You are invited to a special presentation on gun violence, beginning with a showing of the documentary “Living for 32,” which chronicles the life and work of one of the survivors of the Virginia Tech massacre. Following, there will be a discussion and talk by John Rosenthal. Mr. Rosenthal is recognized as a highly influential expert on this issue, principal sponsor of the powerful billboard on the Mass. Pike, and founder of stophandgunviolence.org. Please plan to join us for this educational opportunity!

Easter Sunday ~ March 31st

On Easter Sunday, feel free to bring hard boiled Easter eggs to be blessed during the service.

Pru in Review ~ March

- The Pru (Prudential Committee, our Board of Directors) discussed the kickoff for the 2013-2014 budgeting process. Committees and teams will be working with the Finance Committee to draft a proposed budget for the Pru to consider.
- The Pru reviewed a first draft of a charter for the Human Resources Committee. The Pru has been working this year on clarifying the activities and responsibilities of committees and their relationship to the Congregation and the Pru.
- The Pru approved a recommendation to change the bylaws by removing the Church Council, which has not been active in recent years. This recommendation will be brought for discussion and vote at the next Corporation meeting scheduled for June.

Anne Lamott Book Signing

Monday, April 8th ~ 7:30 PM, First Parish, Bedford MA

Author Anne Lamott will read from her newest best-selling book, *Help, Thanks, Wow: The Three Essential Prayers*, as well as from the new paperback release of her book, *Some Assembly Required*.

Both of these books will be available for sale, and Anne will sign them. This event is open to the public and free, though contributions will gratefully be received. A portion of all proceeds will go the human rights work of the Unitarian Universalist Service Committee—uusc.org.

First Parish is on the Bedford Town Common, 75 The Great Road in Bedford. All facilities are accessible. For more information, uubedford.org or 781-275-7994.



SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church’s administrative assistant will pass your message on to the appropriate people. Please speak your “truths in love” and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday “Inside” announcements **before Tuesday noon** to print@ascboston.org. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM
Phone: 617-536-7050 • Fax: 617-536-7051

E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, MARCH 24TH, 2013

TODAY

Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let’s all gather downstairs for coffee, soup, sandwiches, and community! If you’re visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson or Sharon Pressly-Fiero through the church office, office@ASCBoston.org.

Tom Goss Playing at Today’s Service

Today ~ 11:00 AM, Sanctuary

Musician Tom Goss returns to Arlington Street to play for us in today’s worship service. Tom’s music continues to stand at the forefront of LGBTQ equality and arts. His newest music video, “Make Believe”, made a splash, generating over 70,000 views in it’s first week. His previous videos have tackled “Don’t Ask, Don’t Tell” and marriage equality.

Fourth Sunday Discussions

Today ~ 12:00-2:00 PM, Stage Right Room

Join us the fourth Sunday of each month to share your thoughts or reactions to the sermon or discuss broader themes in our liberal faith.

All are welcome to discuss, raise questions, share opinions, or listen to the conversation. Members of the Adult Religious Exploration team will be on hand to help facilitate the conversation.

Spiritual Passions 2013!

Mindful Self-Compassion Workshop

Today ~ 12:30-2:00 PM, Hunnewell Chapel

Join Rev. Vera O’Brien, our Affiliated Community Minister, for an introduction to the practice of Mindful Self-Compassion. Vera

continued on next page...

studied these truly transformational practices with Christopher Germer who says, “Self-compassion is a skill that can be learned by anyone. It involves generating kindness and respect toward ourselves as imperfect human beings, and learning to be present with the inevitable struggles of life with greater ease.” No prior experience with the practice of mindfulness needed. If you have any questions, feel free to contact Vera through the church office (office@ASCBoston.org). All are welcome. If there is enough interest, this group will continue to meet monthly.

Spiritual Passions 2013!

Cracking the Codes: Interactive, Informative, Inspiring!

Sunday, March 24th ~ 12:30 PM, Hunnewell Chapel

A group of Arlington Street members has been meeting twice a month to understand race and racism in themselves and in our congregation. Today, they invite you to an amazing film that will leave you informed and inspired. “Cracking the Codes” offers a series of 15 minute vignettes of revealing stories about race and racism that share new insights and start compelling conversations. Created by Dr. Shakti Butler and multiple Emmy Award winning director/cameraman Rick Butler. If you missed the showing on the blizzard weekend, you won’t want to miss it today! Refreshments too!

Indulge Planning Meeting and Sign Up for the Gala!

Today ~ 12:30 PM, Smith Room

Indulge, on Saturday, April 6th, is only two weeks away, and the sign-up deadline of March 31st is fast approaching. You don’t want to miss an evening returning to an era of elegance and sophistication, speakeasies, and bathtub gin! The Waldorf Astoria dinner menu promises to be fabulous, and choice auction items are yours for the bidding! We still need a few volunteers: two experienced wait staff, one experienced bartender, one dishwasher; and three fast-moving and organized people to help with auction check out. If you can help, please let Art Nava know at INDULGE@ASCBoston.org.

Planning meeting today at 12:30 PM in the Smith Room.

THIS WEEK

Buddha’s Belly ~ The Buddhist Book Discussion and the Arlington Street Zen Center

Tuesday, March 26th ~ 6:00 PM, Hunnewell Chapel

Buddha’s Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

Buddha’s Belly meets at 6 PM. For this evening, please read the handout available from Jeffrey Bouchard in the church office. It is a chapter from Sylvia Boorstein’s book, *Happiness Is an Inside Job*. For our April 9th meeting, we will begin Thich Nhat Hanh’s *Anger: Wisdom for Cooling the Flames*, chapters one and two.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at ASCBoston.org

This Week

Sunday, March 24, 2013

- 9:30 AM Choir Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children’s Religious Education ~ Perkins Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:00 PM Fourth Sunday Discussion Group ~ Stage Right Room
- 12:30 PM Film: Cracking the Codes ~ Hunnewell Chapel
- 12:30 PM Mindful Self-Compassion Workshop ~ Frothingham Library
- 12:30 PM Indulge Meeting ~ Smith Room
- *1:00 PM Connections Group ~ Parish Hall

Monday, March 25, 2013

- *5:30 PM Connections Group ~ Stage Right Room
- 6:30 PM Membership Team ~ Perkins Room

Tuesday, March 26, 2013

- 6:00 PM Buddha’s Belly ~ Hunnewell Chapel
- *6:30 PM Connections Group ~ Perkins Room
- 7:00 PM Arlington Street Zen Center ~ Hunnewell Chapel

Wednesday, March 27, 2013

- *3:30 PM Staff Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel
- 6:00 PM New Member Class: Spiritual Journey ~ Perkins Room
- 7:00 PM Sacred Eros ~ Clarke Room
- *7:30 PM Connections Facilitators Meeting ~ Hunnewell Chapel

Thursday, March 28, 2013

- 7:00 PM Choir Practice ~ Clarke Room

Friday, March 29, 2013

- 5:00 PM Friday Night Supper ~ Parish Hall

Saturday, March 30, 2013

No Congregational Events

Sunday, March 31, 2013

- 9:30 AM Choir Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children’s Religious Education ~ Perkins Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Indulge Meeting ~ Smith Room
- 12:30 PM Young Adult Group Meeting ~ Clarke Room

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



**ARLINGTON
STREET CHURCH**
Unitarian Universalist

Kundalini Yoga Class

Wednesday, March 27th ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. Your first class is free!

New Member Class

Wednesday, March 27th, Spiritual Journey ~ 6:00 PM, Perkins Room

Wednesday, April 3rd, Meet ASC ~ 6:30 PM, Clarke Room

All interested newcomers are warmly invited to our next two-session new member class. Rev. Kim joins us for the first session, where we share stories about our spiritual journeys and ask our burning questions. In our second session, we learn a little of Arlington Street’s history, polity, and practices; and meet some of our illustrious leadership and staff. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. Please sign up at the Welcome Table in the parish hall after the service. All are welcome!

Sacred Eros: The Colonization of Eros

Wednesday, March 27th ~ 7:00 PM, Clarke Room

How did European colonization and domination distort our sexual interactions, even into the 21st century? From imposing gender hierarchies to exoticizing the “other,” this month’s discussion will touch on a number of these connections.

Sacred Eros is a monthly discussion group providing a safe and supportive space to explore questions about sexuality from a spiritual and ethical perspective. Anyone over 18 is welcome, and participants are expected to respect one another and keep personal matters discussed confidential.

SAVE THE DATE

Are You a Highly Sensitive Person?

Sunday, April 7th ~ 1:00-2:30 PM, Frothingham Library

Do you sometimes feel overwhelmed by your environment? Do you feel as if you’re often on the “outside looking in?” Do you take too much responsibility for others, while neglecting your own needs? You may be Highly Sensitive! All are welcome to participate in a workshop to discover what it means for you or a loved one to be a Highly Sensitive Person. Twenty percent of all people are “wired” this way with particular life challenges.

Michael Parise and Alla Zollers, both trained life coaches and Highly Sensitive Persons, will offer tools to identify Highly Sensitive traits in ourselves that can be managed in a deeply creative and life-giving way.

Finding My Place: One Man’s Journey through the Middle Ages

Saturday, April 20th ~ 7:30 PM, Hunnewell Chapel

After last year’s sold-out performance, Judah Leblang returns with his (mostly humorous) tales of life in middle age, and his exploration

continued on next page...