

marathon runner Sakyong Mipham Rinpoche exploring our incredible capacity to meet daily challenges with strength, courage, and compassion. Tickets are available at movingforwardboston.com!

Workshop on Class and Privilege

Sunday, April 27th ~ 12:30–2:00 PM, Hunnewell Chapel

Arlington Street Church’s anti-racism/anti-oppression/multiculturalism class will be leading a workshop about class and privilege. Details to follow. All are welcome!

ANNOUNCEMENTS

Anti-Racism Class Starting end of March/Early April!

This spring, Arlington Street will offer the Building the World We Dream program as either eight two-hour workshops or four day-long intensive workshops. The workshops include take-home-activities, reflections, and readings to be done between workshops. This highly interactive program leads participants through exploring individual and group identity, resistance to multiculturalism, whiteness and privilege, voices and perspectives, and building multicultural competence as a personal and spiritual practice. We will be adapting the young adult version of this curriculum. For more information, visit: uaa.org/re/tapestry/adults/btwwdaya/index.shtml

If you are interested in participating in this class, please see the available dates below, speak with Barbara Seidl in person and/or email transformation@ascboston.org with your date preferences. We will select a final time based on popular demand/critical mass.

Possible Course Dates:

- **Mondays: 6:30–8:30 PM:**
Mar. 31 APRIL 7, 14, 28 May 5, 12, 19
- **Every Other Wednesday: 6:30–8:30 PM:**
April 2, 16, 30 May 14, 21 June 4, 18 July 2
- **Thursdays: 6:30–8:30 PM:**
April 3, 17 May 1, 15, 29 June 12, 19, 26
- **Sundays: 8:30–10:30 AM:**
April 6, 13, 20, 27 May 4, 11, 18, 25
- **The “Every Other Saturday” Intensive: 10:00 AM–3:00 PM**
April 5, 19 May 17, 31

Coro Allegro’s “Annelies: Diary of Anne Frank”

Sunday, March 30th ~ 3:00 PM, Sanders Theatre, Harvard Square

Come listen to this first authorized choral setting of the riveting, often profound words of young Annelies “Anne” Marie Frank. In British composer James Whitbourn’s score, Anne’s interior voice and longings resonate with echoes of the world outside—church bells and popular tunes from the radio mix with instrumental timbres and melodic contours drawn from Jewish traditions. Arlington Street members and friends may enjoy a 10% discount by ordering online at coroallegro.org/annelies using promo code “ASC”. Ask chorus members Jim Tice or Steve Vorenberg for more information.

From 9/11 to the Marathon Bombings: How Does a Community Heal?

Tuesday, April 1st ~ 7:30 PM, Levanthal-Sidman Jewish Community Center, 333 Nahanton Street, Newton

Now in its third year, The Jonathan L. Samen “Hot Buttons Cool Conversations” Series brings together thought leaders, academics,

activists and others to discuss difficult issues on subjects of concern to the Jewish and general communities.

On April 1st, we will present a program on heroism, intended to coincide with the first anniversary of the Boston Marathon bombings. Rev. Kim will moderate a panel featuring:

- Kenneth Feinberg, Administrator of the U.S. government’s September 11th Victim Compensation Fund and, following the Marathon Bombing, Administrator of the One Fund.
- Susan Retik, who lost her husband on September 11th and is the co-founder of Beyond the 11th, a non-profit organization that provides support to widows in Afghanistan who have been afflicted by war, terrorism & oppression.
- Rabbi Claudia Kreiman, associate rabbi at Temple Beth Zion in Brookline. Rabbi Claudia grew up in Chile and Argentina. In 1994, her mother died in the terrorist bombing of the AMIA (Jewish Community Center) building in Argentina.

Tickets for this event (\$18) can be purchased at <https://web.ovationtix.com/trs/pe.c/9883828>

Only a Child Turns 20!

Saturday, April 12th ~ 7:00 PM, 215 Waverly Oaks Road, Waltham MA

Only A Child, the program for Guatemalan street youth founded by Arlington Street’s own George Leger, is having its annual fundraiser. The event, which includes an informal buffet, will be held at a new venue this year, The Waltham American Legion Hall. This is a wonderful opportunity to learn more about work that George is doing. Enjoy the dinner and buy raffle tickets to win restaurant gift certificates, handcrafted Guatemalan textiles, and a set of beautiful boxes made by the young men in Only A Child’s carpentry shop. Tickets for the event are \$35 each or \$25 for seniors and students, and will be available March 30th at the Social Action Table in the parish hall. Please join us for a festive evening and a worthy cause!

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. The Church’s administrative assistant will pass your message on to the appropriate people. Please speak your “truths in love” and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday “Inside” announcements **before Tuesday noon to print@ascboston.org**. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM
Phone: 617-536-7050 • Fax: 617-536-7051
E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, MARCH 23RD, 2014

TODAY

Coffee Hour

Today ~ Immediately following worship, Parish Hall

Let’s all gather downstairs for coffee, soup, sandwiches, and community! If you’re visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson at office@ascboston.org.

Share the Plate with Friday Night Supper Program

Today ~ 11:00 AM, Sanctuary

Today, we continue our new spiritual practice of generosity at Arlington Street. For the month of March, *Share the Plate* donations will go to Friday Night Supper Program.

FNSP was cofounded by members of the Arlington Street Church and Dignity Boston, Peter Thoms and Michael Scally. Thirty years ago, FNSP served its first supper, opening its doors to Boston’s hungry, disadvantaged, and underserved. To this day, FNSP serves approximately 150 guests a meal each Friday, with the same focus that its founders embraced 30 years ago.

- 50% of this morning’s offering will sustain Arlington Street.
- 50% will go to Friday Night Supper Program.

You may give cash, write a check, or make a credit card donation. Whatever you put into the collection plate can be split between your pledge to Arlington Street and *Share the Plate*. Just note carefully on the check memo line or on the offering envelope how much money goes toward fulfilling your pledge and how much goes to *Share the Plate*. Thank You! Happy Birthday and Congratulations, Friday Night Supper Program!

Building the World We Dream—Lunch Conversation!

Today ~ Noon, Parish Hall Stage

The “Building the World We Dream” team invites you to eat lunch together in the Parish Hall after service. This will be an informal setting to talk about the issues of racism and multiculturalism

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and the charter for a Transformation Team at Arlington Street. Please come say hello and share your thoughts, or send an email to transformation@ascboston.org.

Spiritual Passion ~ Spirituality of Decluttering

Today ~ 12:30 PM, Hunnewell Chapel

Our Affiliated Community Minister, Rev. Vera O'Brien, invites you to attend this year's Spirituality of Decluttering session. Is your "stuff" weighing you down? We'll prepare to spring clean our spirits by forgiving ourselves for our mistakes and imperfections, letting go of the reminders of our mistakes, and freeing up energy for new passions. We'll look at practical ways to bless others by sharing our excess stuff. See how Vera did on her 2013 in 2013 and 365 in 365 challenges. If you have any questions, or if there is a specific decluttering challenge you are facing, feel free to let Vera know by contacting her at office@ascboston.org. All are welcome, wherever you find yourself on your decluttering journey!

Buddha's Belly ~ The Buddhist Book Discussion and the Arlington Street Zen Center

Tuesday, March 25th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

Buddha's Belly meets at 6 PM. For tonight's discussion, please read through Chapter Four of *Love Your Enemies: How to Break the Anger Habit and Be a Whole Lot Happier* by Sharon Salzberg and Robert Thurman.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

New Member Class

Tuesday, March 25th ~ 6:00 PM, Perkins Room

Sunday, March 30th ~ 12:30 PM, Clarke Room

All interested newcomers are warmly invited to our next two-session new member class. Rev. Kim joins us for the first session, when we share stories about our spiritual journeys and ask our burning questions. In our second session, we learn a little of Arlington Street's history, polity, and practices, and meet some of our illustrious leadership and staff. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. Please sign up at the Welcome Table in the parish hall after the service. All are welcome!

Kundalini Yoga Class

Wednesday, March 26th ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 donation that goes to the church. First class is free!

SAVE THE DATE

Domestic Workers' Rights Workshop

Sunday, March 30th ~ 12:30–2:00 PM, Hunnewell Chapel

The Social Action Committee and the Brazilian Immigrant Center are sponsoring a workshop about the rights of domestic workers. A

We invite you to cut out this calendar and keep it handy or view the full calendar at ASCBoston.org

This Week

Sunday, March 23, 2014

| | |
|----------|---------------------------------------------------------------|
| 9:15 AM | CRE Committee ~ Perkins Room |
| 9:30 AM | Choir Rehearsal ~ Sanctuary |
| 11:00 AM | Sunday Morning Worship ~ Sanctuary |
| 11:15 AM | Children's Religious Education ~ Perkins, Parish, Carol Smith |
| 12:00 PM | Coffee & Lunch Hour ~ Parish Hall |
| 12:20 PM | Covenant Renewal Meeting ~ Frothingham Library |
| 12:30 PM | Spirituality of Decluttering ~ Hunnewell Chapel |

Monday, March 24, 2014

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| *10:30 AM | Connections Group ~ Perkins Room |
| 6:30 PM | Membership Team Meeting ~ Perkins Room |

Tuesday, March 25, 2014

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|----------|-----------------------------------------------------|
| 6:00 PM | Buddha's Belly ~ Hunnewell Chapel |
| 6:00 PM | New Member Class: Spiritual Journeys ~ Perkins Room |
| *6:30 PM | Connections Group ~ Perkins Room |
| 7:00 PM | Arlington Street Zen Center ~ Hunnewell Chapel |

Wednesday, March 26, 2014

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|-----------|---------------------------------------------|
| *12:00 PM | Staff Meeting ~ Perkins Room |
| 6:00 PM | Kundalini Yoga ~ Hunnewell Chapel |
| *6:30 PM | Building the World We Dream ~ Clarke Room |
| *7:30 PM | Connections Facilitators ~ Hunnewell Chapel |

Thursday, March 27, 2014

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| 7:00 PM | Choir Practice ~ Clarke Room |
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Friday, March 28, 2014

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| 5:00 PM | Friday Night Supper ~ Parish Hall |
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Saturday, March 29, 2014

No Congregational Events

Sunday, March 30, 2014

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|----------|---------------------------------------------------------------|
| 9:30 AM | Choir Rehearsal ~ Sanctuary |
| 11:00 AM | Sunday Morning Worship ~ Sanctuary |
| 11:15 AM | Children's Religious Education ~ Perkins, Parish, Carol Smith |
| 12:00 PM | Coffee & Lunch Hour ~ Parish Hall |
| 12:30 PM | New Member Class: Meet ASC ~ Clarke Room |
| 12:30 PM | Domestic Workers Rights ~ Hunnewell Chapel |
| 1:00 PM | Highly Sensitive Support Group ~ Stage Right Room |
| 1:00 PM | Humanist Group ~ Smith Room |

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



**ARLINGTON
STREET CHURCH**
Unitarian Universalist

small group of domestic workers will be present to share their stories in an artistic way. The workshop will flow as follows:

- A report on the progress of the campaign to enact a new Domestic Worker's Bill of Rights in Massachusetts.
- We will touch on the roots of the exploitation of domestic workers, and why it is so prevalent, including the marginalized populations who have historically performed this work.
- Small group discussions about implementation of the Bill of Rights, trying to identify next steps, with open dialogue among all present on what can be done to inform workers of their rights, and to help them gain respect and dignity in this industry.

Are You a Highly Sensitive Person?

Sunday, March 30th ~ 1:00 PM, Stage Right Room

Have you ever been told "You're too sensitive"? Do you wonder why you sometimes get overwhelmed by everything going on around you? Do you "sense" other people's feelings before they express them? Then you might be one of the 20% of the population that is wired as a Highly Sensitive Person. Join our facilitator, Michael Parise, Life & Spirit Coach, and explore this wonderful and challenging gift with like-minded people. Receive the support you deserve! We will be meeting on the last Sunday of every month for 45 minutes.

Arlington Street Humanists

Sunday, March 30th ~ 1:00 PM, Smith Room

The Arlington Street Humanists will be continue discussing a good definition of Religious Humanism and how it can compliment the Unitarian Universalism experience. We'll also talk about the new TV program "Cosmos," being presented by the American Humanist Association's 2009 Isaac Asimov Award Winner, Dr. Niel deGrasse Tyson, and how it is being received. Please join us!

Claiming Our Faith!

Tuesday, April 1st, Wed., April 9th & 16th ~ 6:00–7:30 PM, Perkins Room

Have you ever wished that you could be part of Arlington Street's Coming of Age program for teens so that you could have deep conversations about your spiritual journey, Unitarian Universalist theology, and your personal credo? You're in luck! Rev. Kim, Catie Scudera, and Erica Long have created a 3-session adult religious exploration workshop, "Claiming Our Faith." Erica begins with a creative exploration of our individual spiritual journeys. Catie follows with an interactive, abbreviated history of Universalism and Unitarianism. Rev. Kim finishes the series with a workshop to create personal credo statements of belief, wonderments, and guesses. Come to all three sessions or whatever you can. Tea, sweets, and engaging spiritual conversations await!

Boston Strong in Everyday Life

Saturday, April 12th ~ 7:00–9:00 PM, Sanctuary

How can we come together and create a society that is sane, healthy and good? In the chaos of modern life can we meet daily challenges with dignity and wisdom? One year after the Boston Marathon tragedy—when the people of our city demonstrated profound kindness and courage—we are moving forward. We are looking into what will bring us greater peace and resilience in our everyday lives. Join us for an inspiring evening with meditation master and

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