

each UU principle. We will meet six times, and we will determine the best time for us to meet. If you want to be part of the group, please contact [socialaction@ASCBoston.org](mailto:socialaction@ASCBoston.org).

## Announcements

### Nondiscrimination/Inclusion Amendment to the ASC Bylaws

Many thanks to Desmond Ravenstone for proposing and drafting this excellent addition to our bylaws, and to the Prudential Committee and attendees at the January 11th corporation meeting for their work in refining its language. Please visit [ASCBoston.org](http://ASCBoston.org) and click on the Announcements link to read Article 1. A vote on this amendment will be taken at our corporation meeting on March 22nd. Comments are most welcome, and may be sent to [office@ASCBoston.org](mailto:office@ASCBoston.org).

### Delegates to Represent Arlington Street

At the March 22nd corporation meeting, we will elect delegates to represent Arlington Street at three different gatherings and organizations. The first is five delegates to the General Assembly of the Unitarian Universalist Association scheduled for June 24th - 28th in Portland, Oregon. These delegates will be voting on issues of importance to us and the larger world, and reporting to the congregation on their return. The second is three delegates to the Massachusetts Bay District meeting scheduled for April 25th in Weston. The final is three delegates to the UU Urban Ministry in Roxbury (with a meeting to be scheduled in May). For more information on any of these positions, please contact [nominating@ascboston.org](mailto:nominating@ascboston.org)

### What Happens at Indulge ... Depends on You!

Saturday, March 28<sup>th</sup> ~ 6:30 PM, Arlington Street Church

The success of Indulge—Arlington Street's annual fundraising gala set for March 28th—always depends on dedicated volunteers who staff the event and those who donate auction items. So, if you haven't already signed up to help, please consider stopping by the Indulge table in the Parish Hall to volunteer and help make the 6th annual Indulge the best ever!

Following on last year's success, we're bringing back a raffle with even more fantastic prizes. Cost is \$20 per ticket. The drawing will be at 10 pm at the end of Indulge festivities, and you do not have to be present to win.

- Grand Prize: iPad Mini 3 and Smart Cover
- 2nd Prize: Bose SoundLink Mini Bluetooth Speaker
- 3rd Prize: Two GoBoston passes

Tickets are available at the Indulge table during coffee hour and will be sold at the event.

## COVENANT RENEWAL PLEDGE FORM

July 2014 through June 2015

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ \_\_\_\_\_  
to support the work of Arlington Street Church for 2014-2015.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Pledge contributions may be made by cash, check, or credit card.**

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and **"2015 Pledge Payment"**.
- Checks should be made payable to Arlington Street Church with **"2015 Pledge Payment"** written on the check memo line.
- If you wish to pay by credit card, please complete the following:

**Accepted:**  Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Please charge my credit card in either:**

- One payment for my entire pledge on July 10, 2014
- Equal monthly installments on the **10<sup>th</sup> of each month**
- I'm adding a pledge of SERVICE! Here's how I'd like to serve:**

\_\_\_\_\_  
\_\_\_\_\_

#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

#### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

#### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM

Phone: 617-536-7050 • Fax: 617-536-7051

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## NEWS FROM THE SOUL OF SUNDAY

SUNDAY, FEBRUARY 15<sup>TH</sup>, 2015

## TODAY

### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson.

### Indulge 2015 Planning Meeting

Today ~ 12:30 PM, Clarke Room

Indulge 2015 is scheduled for March 28th, 2015, and it will doubtless be as much fun and as successful as all the previous Indulges! Today, the planning continues as sub-teams report about their progress with invitations, menu choices, and the auction and raffle. Come be a part of helping to make this fun night a reality!

### Arlington Street Circle of Caring

Today and Sunday, February 22<sup>nd</sup> ~ 12:30 PM, Frothingham Library

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle.

Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer and her brother and close friends to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.

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## Prayer Vigil for Immigrant Detainees

Today ~ 2:00 PM, 20 Bradston Street, Boston

Stop the detentions and deportations and help keep immigrant families together! Join the prayer vigil sponsored by the Boston New Sanctuary Movement at the Suffolk County House of Correction. We will car pool from the church at 1:15. If you want a ride, please email [socialaction@ascboston.org](mailto:socialaction@ascboston.org).

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### THIS WEEK

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## Transformation Team for Racial Justice Meeting

Tuesday, February 17<sup>th</sup> ~ 7:00 PM, Perkins Room

The Transformation Team meets monthly and works to support and foster anti-racism, anti-oppression, and multicultural practice across all committees and all aspects of church life. Come to this meeting to learn more about joining the team!

## Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

## Arlington Street's Literary Salon, The Wednesdays, presents The Wednesdays: Shakespeare's Plays

Wednesday, Feb. 18<sup>th</sup> ~ 6:00 PM, Frothingham Library

Professor Alan Helms and Rev. Kim have come up with a scheme that we hope will excite you as much as it does us! The Wednesdays of January and February will be the first installment of a long series devoted to reading all 38 plays of Shakespeare! For many of us this will be one of the great experiences/accomplishments of our lives! This will be fun! All are welcome!

*Shakespeare I:* February 18: Titus Andronicus

## 5th Annual St. Patrick's Peace Parade Planning Meeting

Wednesday, February 18<sup>th</sup> ~ 7:00 PM, Clarke Room

5th Annual Saint Patrick's Peace Parade, the alternative parade for Peace, Equality, Environmental Stewardship, Jobs, Social and Economic Justice, is right after church on Sunday, March 15th. With only one month and a lot of work ahead, help is needed now more than ever. Please join this organizing meeting this Wednesday. All are welcome!

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### SAVE THE DATE

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## Spiritual Passion: Recovery with John, Kate, Mary, and Robert

Sunday, February 22<sup>nd</sup> ~ 12:45 PM, Hunnewell Chapel

What is recovery? Are you curious about recovery from addiction? From sexual abuse? What does it mean to live life on life's terms?

Whose life are we living? What happens when the role models of our upbringing no longer serve us well, if they ever did at all? Waking up

*We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, February 15, 2015

- \*9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Childcare ~ Perkins
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Indulge Planning Meeting ~ Smith Room
- 12:30 PM Arlington Street Circle of Caring ~ Frothingham Library

### Monday, February 16, 2015

No congregational events are scheduled.

### Tuesday, February 17, 2015

- 6:00 PM Prudential Committee Meeting ~ Perkins Room
- 7:00 PM Transformation Team for Racial Justice Meeting ~ Frothingham Library

### Wednesday, February 18, 2015

- \*11:30 AM Staff Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel
- 6:00 PM The Wednesdays ~ Frothingham Library
- 7:00 PM Vets for Peace ~ Clarke Room

### Thursday, February 19, 2015

- 7:00 PM Choir Practice ~ Clarke Room

### Friday, February 20, 2015

- 5:00 PM Friday Night Supper ~ Parish Hall

### Saturday, February 21, 2015

- 6:00 PM Arlington Street Potluck Dinner ~ Parish Hall

### Sunday, February 22, 2015

- \*9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins, Parish Hall, Stage R.
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Spiritual Passion: Recovery ~ Hunnewell Chapel
- 12:30 PM Arlington Street Circle of Caring ~ Frothingham Library
- 12:30 PM Youth Group ~ Stage Right
- 12:30 PM Ice Skating ~ Frog Pond, Boston Common

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

and choosing to live a life in recovery can be fun. Leave the doom and gloom at the door. Buddy up and hold on tight! You don't have to do this alone. ~ John

“Frederick Buechner says: ‘It is important to tell our secrets too because it makes it easier that way to see where we have been in our lives and where we are going.’ For me, that is the process of recovery. Recovery, in varying applications, carries the meaning of a return to an original state; the gradual act of healing; or the act of regaining or saving something lost. Action, in other words, based on acknowledging the truth.” ~ Kate

“To me, recovery is about recovering the truth, so that we can be in an honest relationship to ourselves, to others, and to reality. For as wrenching and difficult as the process of facing those memories was, the women who wrote *The Courage To Heal* gave me hope that on the other side, I would have my life back. My recovery from incest has enabled me to be in the world fully, and to form loving and lasting relationships. As Audre Lorde said, ‘the most radical thing you can do is heal yourself.’” ~ Mary

Join us for a shared exploration of recovery! All are welcome!

## Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, February 24<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday.

Buddha's Belly meets at 6 PM. Tonight, we continue our discussion of Pema Chödrön's *The Wisdom of No Escape and the Path of Lovingkindness*. Please read chapters 16-18.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

## A Weekend Intensive of Kirtan & Spiritual Teachings with Krishna Das, Sharon Salzberg, and Lama Surya Das

Saturday, February 28<sup>th</sup> ~ 7:30 PM, Sanctuary, Arlington Street Church  
Sunday, March 1<sup>st</sup> ~ 1 PM, Newton South HS, 140 Brandeis Rd., Newton

We will come together to discover and celebrate the power of the heart by cultivating our natural capacity for faith, compassion, and love. To purchase tickets and learn more about this wonderful event, visit [ASCBoston.org](http://ASCBoston.org) and click on the link in the right-hand box!

## A Study Group Based on UU Principles: Palestine and Israel

February 2015

Perhaps no other issue challenges our UU principles—to support human rights and social justice—than the Israeli Palestinian question. In a talk given during General Assembly last June, Rabbi Brian Walt said: “At its root it is a struggle insuring that everyone gets equal rights.” For those of you who are interested, a study group based on the UUJME (UUs for Justice in the Middle East) curriculum on Justice in Israel-Palestine will start in February 2015. This curriculum will connect questions raised by this conflict with