



### Intersectional Book Discussion

Monday, January 14<sup>th</sup> ~ 5:30 PM, Frothingham Library

Join Rev. Kim for the tenth in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading Robin DiAngelo's *White Fragility: Why It's So Hard for White People to Talk about Racism*. All are welcome!

## ANNOUNCEMENTS



### Ushers Needed for Christmas Eve

Christmas Eve is special at Arlington Street, with three candlelit services: 5 pm (a family-oriented service, with music provided our choir) and again at 7 and 9 pm (with music provided by the Boston Gay Men's Chorus). We need ushers to help out with all three services. You can volunteer by signing up at the Welcome Table in the Parish Hall after today's service; or by emailing Philip Roberts or Kevin Tyrrell at [ushers@ascboston.org](mailto:ushers@ascboston.org). Please be sure to let us know which service or services you are volunteering to usher and provide an email address and phone number where we can reach you. *Thank you!*



### Volunteers Needed!

Do you love babies and small children? Then we need you! We are looking for folks who would be willing to help out in the nursery on Sunday mornings, to give our young parents a short respite during the service. For safety's sake, all volunteers will need to be CORI checked and have gotten a flu vaccine. If you are interested, please contact our Director of Family Ministry, Dave Egan: [degan@ascboston.org](mailto:degan@ascboston.org). Thanks!

## ARLINGTON STREET MINISTRIES



### Join the Arlington Street Choir

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life!

Musicians and non-musicians are welcome - we are a mix of professionals and amateurs. We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at [MBuckles@ASCBoston.org](mailto:MBuckles@ASCBoston.org).



### Family Ministry Wants You!

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with Legos, or digging in the dirt? If the answer is yes, please contact Dave Egan, Director of Family Ministry, at [DEgan@ASCBoston.org](mailto:DEgan@ASCBoston.org).

## COVENANT RENEWAL PLEDGE FORM

through June 2019

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ \_\_\_\_\_

to support the work of Arlington Street Church for 2018-2019.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Pledge contributions may be made by cash, check, or credit card.**

Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_

**Please charge my credit card in either:**

One payment for my entire pledge.

Equal monthly installments on the 12<sup>th</sup> of each month.

### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Congregational Administrator and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### FINDING EVENTS AT ARLINGTON STREET

**Main level: Hunnewell Chapel** is through the leather door to the right of the pulpit; **Nursery** is off the hallway outside the chapel; **Frothingham Library** is past the stairs and next to the Boylston Street entrance.

**Upstairs: Clarke Room** is up the stairs outside the nursery.

**Downstairs: Parish Hall** is the main room; **Carol Smith Room** is to the right of the stage; **Alan Helms Library** is to the left of the stage; **Perkins Room** (Family Ministry) is just past the kitchen; **Program Room** is at the back of the Perkins Room.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729  
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# INSIDE

## ARLINGTON STREET CHURCH

### NEWS FROM THE SOUL OF SUNDAY

SUNDAY, DECEMBER 2<sup>ND</sup>, 2018

*If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.*

## TODAY



### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! Please visit the Arlington Street Cares Table (on your right as you enter the Parish Hall) to sign cards for those who have shared candles of sorrow and joy with us.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.



### Arlington Street Circle of Caring

Today, and Sundays, Dec. 16<sup>th</sup> and 30<sup>th</sup> ~ 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitator, Maureen Peterson calls on her significant personal experience to create a safe space for sharing our stories and supporting one another through the crises of life.



### A Light Through The Ages ~ Community Chanukah Celebration

Today ~ 4:00 PM, Emmanuel Church, 15 Newbury Street

Central Reform Temple extends a special welcome to join them for the tenth annual Boston presentation of "A Light Through The Ages," a celebration of Chanukah in story, song, and light. The 40 voices of the world renowned Zamir Chorale will accompany these timeless stories with traditional and contemporary holiday music.

Rabbi Howard Berman says, "Chanukah, with its universal message of the light of spiritual freedom and the embrace of diversity, truly can and should be celebrated as an interfaith experience with our friends and neighbors in the community. We offer what has always been a family tradition as a special gift to our extended family throughout the city of Boston."

The Temple will once again honor community leaders representing organizations and issues that share the core spiritual and social values of the congregation. This year, the Temple will honor the neighboring churches in the Back Bay/Downtown neighborhoods. We are invited to join Rev. Kim

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in representing Arlington Street at this celebration! All are welcome to this free event. No reservations or tickets are required. For more information, please visit [www.centralreformtemple.org](http://www.centralreformtemple.org)

## THIS WEEK

### **Arlington Street's Literary Salon** **The Wednesdays: Shakespeare**

Wednesdays ~ 6:00 PM, The Vendome, 160 Commonwealth Avenue  
(tell the doorman you're there to see Professor Helms)

December 5<sup>th</sup> ~ Coriolanus

January 16<sup>th</sup> ~ Timon of Athens

January 30<sup>th</sup> ~ Pericles

Professor Alan Helms and Rev. Kim welcome you to the seventh installment of the Wednesdays Shakespearathon! Reading all 38 of Shakespeare's plays is admittedly a huge ambition, but Shakespeare is, by universal consent, not only the greatest writer in the English language, but one of the immortals of world literature. We'll need patience with archaic language while attending to a plethora of footnotes (there's no doing without them unless you live in a world where you cut your meat with a bodkin and your children say their orizons at bedtime). In other words, these Shakespeare courses are not for the faint of heart. But since it's generally true that "as ye sow, so shall ye reap," the rewards will be enormous. For many of us, this will be one of the great experiences of our lives! All are welcome!

### **Kundalini Yoga Class**

Every Wednesday ~ 6:00 PM, Perkins Room

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

### **Memorial Service for Kay McClain**

Saturday, Dec. 8<sup>th</sup> ~ 11:00 AM, First Parish in Bedford, 75 Great Road, Bedford

All are welcome to join in a service in celebration of the life of Kay McClain, beloved wife of longtime Arlington Street member David McClain. Revs. John Gibbons and Kim Crawford Harvie will officiate. A reception will follow.

## SAVE THE DATE

### **Indulge 2019 Planning Meeting**

Sunday, December 9<sup>th</sup> ~ 12:30 PM, Alan Helms Library

Join in as we continue planning decorations, menu, and auction details. Indulge 2019 is our tenth annual springtime fundraiser. Come be a part of helping make this fun night a reality! And save the date: Saturday, March 30, 2019.

*We invite you to cut out this calendar or  
view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### **Mitten Tree Sunday, December 2, 2018**

\*9:30 AM Choir Rehearsal ~ Sanctuary  
11:00 AM Sunday Worship Service ~ Sanctuary  
11:15 AM Family Ministry Program ~ Perkins Room  
12:30 PM ASC Circle of Caring ~ Carol Smith Room

### **Monday, December 3, 2018**

6:00 PM Shambhala: Beyond Fear: Discovering Inherent Confidence  
Hunnewell Chapel

### **Tuesday, December 4, 2018**

6:00 PM Worship Committee ~ Perkins Room  
\*6:00 PM Spiritual Practice for Professional Caregivers  
Frothingham Library

### **Wednesday, December 5, 2018**

6:00 PM Kundalini Yoga ~ Hunnewell Chapel  
6:00 PM Arlington Street's Literary Salon: The Wednesday's  
The Vendome, 160 Commonwealth Avenue  
6:30 PM Membership Team ~ Perkins Room

### **Thursday, December 6, 2018**

7:00 PM Choir Practice ~ Clarke Room

### **Friday, December 7, 2018**

5:00 PM Friday Night Supper Program ~ Parish Hall

### **Saturday, December 8, 2018**

No congregational events are scheduled.

### **December 9, 2018**

\*9:30 AM Choir Rehearsal ~ Sanctuary  
9:30 AM Social Action Committee ~ Carol Smith Room  
11:00 AM Sunday Worship Service ~ Sanctuary  
11:15 AM Family Ministry Program ~ Perkins Room  
12:30 PM Indulge 2019 ~ Alan Helm's Library

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



### **Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center**

Tuesday, December 11<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha's Belly*: We will begin Sylvia Boorstein's *It's Easier Than You Think: The Buddhist Way to Happiness*. Please read through page 80. All are welcome!

7:00 *Arlington Street Zen Center*: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



### **Rodger Clinton Vine, Christmas Music on Piano**

Sunday, December 16<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

Arlington Street's Artist in Residence, Rodger Clinton Vine, presents a brief, beautiful program of Christmas music for the piano, followed immediately by our annual Carol Sing!



### **12th Annual Carol Sing!**

Sunday, December 16<sup>th</sup> ~ 1:00 PM, Hunnewell Chapel

Join Arlington Street's musicians for our annual old-fashioned Christmas carol sing! Mark David Buckles, Director of Music, and the Arlington Street Choir will lead us in seasonal favorites, from Jingle Bells to It Came Upon a Midnight Clear. Hot chocolate, tea, cookies, and fruit to follow!



### **Annual Bethel Holiday Party**

Sunday, December 16<sup>th</sup> ~ 2:30 PM, Bethel Tabernacle Pentecostal Church, Dorchester

Each year, we receive an invitation from the Bethel Pentecostal Tabernacle Church to help with their holiday party for their Dorchester neighborhood. If you would like to come to the party, please leave your name and contact information at the Social Action table and we'll get you the address and coordinate rides to the party. *All are welcome!*



### **Bethel Children's Book Drive**

*New this year!* The Social Action committee is doing a book drive for the Bethel party. Please bring in new picture books, easy readers, graphics books, or fiction books for readers up to age 12. You can leave them in the box at the back of the sanctuary or at the Social Action table in the parish hall after the service. We'll have a list of recommended titles there; we're especially hoping for books including children of color. We will bring all books to the holiday party on December 16th. *Thank you for your generosity!*



### **Christmas Eve!**

Monday, December 24<sup>th</sup> ~ Services at 5:00 PM, 7:00 PM, and 9:00 PM, Sanctuary

O, Come All Ye Faithful! Our choir sings in the holiday at the 5:00 family service, with participation by all the children. This service is perfect for children, but all are welcome at all three services. At 7:00 and 9:00, the Boston Gay Men's Chorus stands in for the Heavenly Host! Candle lighting is a highlight of all three services. Please come and bring your loved ones to share in this magical evening!