

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY
SUNDAY, DECEMBER 18TH, 2016

TODAY



Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community. If you're visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table.

Additional volunteers are always welcome to help with food preparation and, especially, with clean-up. To learn more about joining our team, please stop by the kitchen.



Holiday Party!

Today ~ 12:00 PM, Parish Hall

The Arlington Street staff invites you to a festive holiday celebration! Visit the hot chocolate bar, make a gingerbread house and a pomander (fragrant orange-clove), and string a popcorn and cranberry garland for your tree. Rev. Kim will wrap your presents. Let's celebrate together!



Uncomfortable Conversations

Today ~ 12:30 PM, Hunnewell Chapel

The Transformation Team for Racial Justice offers this time and space for facilitated discussion and continuing conversation about developing an anti-racist worldview. All are welcome and no RSVP is needed. For more information or to suggest discussion topics in advance, email Transformation@ASCBoston.org.



Arlington Street Circle of Caring

Today ~ 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitators Maureen Peterson and Lisa Kirk lend their significant personal and professional experience to create a safe space for sharing our stories and supporting one another through the crises of life.



Coming Of Age

Today ~ 1:00 PM, Parish Hall and Perkins Room

Youth and their mentors will meet at the holiday party and get to know each other a little better. Please email Jaimie for more information at JDingus@ASCBoston.org.

COVENANT RENEWAL PLEDGE FORM

July 2016 through June 2017

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ _____
to support the work of Arlington Street Church for 2016-2017.

Signature: _____ Date: _____

Phone: _____ Email: _____

Pledge contributions may be made by cash, check, or credit card.

Mastercard Visa

Credit Card #: _____

Expiration Date: mm _____ yy _____

Please charge my credit card in either:

One payment for my entire pledge.

Equal monthly installments on the 12th of each month.

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729
Email: Office@ASCBoston.org • Web: www.ASCBoston.org

continued on next page...

Whether you are experienced in meditation or interested in a full immersion introduction, please join us! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (we will be walking in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning and stay as long as you like. At 5:00, we'll celebrate by enjoying an early dinner together somewhere nearby. BYO\$.



Arlington Street's Literary Salon, The Wednesdays: Ezra Pound's "Cathay"

Wednesday, February 15th ~ 6:00 PM, Frothingham Library

In 1915, Ezra Pound published 15 translations from the Chinese writers under the title "Cathay." Pound's little book electrified the reading public who had been mostly ignorant of the amazingly rich literature of China. Most of his translations are of Li Po, the Tang poet who is the Shakespeare of Chinese literature, and all of them are of an unparalleled beauty and tenderness. This is most definitely a book to take to your desert island! All are welcome!



The Spiritual Passion of Godless UUs

Sunday, February 19th ~ 1:00 PM, Hunnewell Chapel

Come join this conversation on defining meaning, values, and impact in a non-theistic framework. This session is part of Arlington Street's winter Spiritual Passions series. All are welcome!



Arlington Street's Literary Salon, The Wednesdays: Shakespeare

Wednesdays ~ 6:00 PM, Frothingham Library

March 29th ~ Henry V

April 12th ~ Much Ado About Nothing

April 26th ~ Julius Caesar

May 10th ~ As You Like It

Prof. Alan Helms and Rev. Kim welcome you to the fourth installment of the Wednesdays Shakespearathon! Reading all 38 of Shakespeare's plays is admittedly a huge ambition, but Shakespeare is, by universal consent, not only the greatest writer in the English language, but one of the immortals of world literature. We'll need patience with archaic language while attending to a plethora of footnotes (there's no doing without them unless you live in a world where you cut your meat with a bodkin and your children say their orizons at bedtime). In other words, these Shakespeare courses are not for the faint of heart. But since it's generally true that "as ye sow, so shall ye reap," the rewards will be enormous. For many of us, this will be one of the great experiences of our lives! All are welcome!



Have You Made Your Pledge Yet?

If you have not yet made a financial pledge of support to Arlington Street for this church year, it's not too late! This church is a self-supporting community that relies on the generosity of members to fund everything from our transcendent worship to our mundane electric bill. Coordinating your values with where your money goes is a powerful spiritual practice! Plus, pledging helps the church plan responsibly for the year ahead. We are very close to reaching our goal of \$260,000, which will allow for a fully-funded budget. Covenant Renewal forms are available in the pews and at ASCBoston.org. Please submit your pledge today!



Chanukah Concert—A Light Through the Ages

Today ~ 4:00 PM, Central Reform Temple, 15 Newbury St.

Come celebrate the meaning of Chanukah in story and song with a dramatic candle lighting ceremony! The Zamir Chorale of Boston will perform traditional and contemporary holiday classics. Free!



Refuge Recovery

Every Sunday ~ 6:00 PM, Hunnewell Chapel

Refuge Recovery is a Buddhist path to recovering from addiction. All are welcome! For more information, please visit [facebook.com/refugebackbay](https://www.facebook.com/refugebackbay) or email refugerecoverybackbay@gmail.com.

THIS WEEK



Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



Christmas Eve!

Saturday, December 24th ~ Services at 5:00, 7:00, and 9:00 PM

O, Come All Ye Faithful! Our choir sings in the holiday at the 5:00 family service, with participation by all the children. This service is perfect for children, but all are welcome at all three services. At 7:00 and 9:00, the Boston Gay Men's Chorus stands in for the Heavenly Host! Candle lighting is a highlight of all three services. Please come and bring your loved ones to share in this magical evening!



Ushers Still Needed for Christmas Eve

Christmas Eve is special at Arlington Street, with three candlelit services, and we need ushers to help out with all three, especially at the 5 pm service! You can volunteer by signing up at the Welcome Table in the Parish Hall after today's service or by contacting the church office (Office@ASCBoston.org; 617-536-7050). Please be sure to let us know which service or services you are volunteering to usher and provide an email address and phone number where we can reach you. Thank you!

ANNOUNCEMENTS



Merry Christmas!

Sunday, December 25th ~ 11:00 AM, Sanctuary and Parish Hall

Join Rev. Kim for a special Christmas worship service featuring congregational caroling & Charles Dickens' A Christmas Carol. Immediately following the service will be a Christmas dinner in the Parish Hall. Please RSVP to 617-536-7050 or Office@ASCBoston.org (suggested \$15 donation or whatever you can). All are welcome!



Spiritual Passions 2017! Introduction to Meditation

Sunday, January 8th ~ 1:00-3:00 PM, Hunnewell Chapel

Don't just do something; sit there! And when you sit, just sit. Very simple directives ... simple, but not easy!

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, December 18, 2016

- *9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Lessons & Carols Multigenerational Worship ~ Sanctuary
- 12:00 PM Coffee Hour, Lunch, and Holiday Party ~ Parish Hall
- 12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room
- 12:30 PM Uncomfortable Conversations ~ Hunnewell Chapel
- *1:00 PM Coming Of Age ~ Parish Hall and Perkins Room
- 6:00 PM Refuge Recovery ~ Hunnewell Chapel

Monday, December 19, 2016

- 6:30 PM Finance Committee ~ Carol Smith Room

Tuesday, December 20, 2016

- 6:00 PM Prudential Committee ~ Perkins Room
- 7:00 PM Transformation Team ~ Frothingham Library

Wednesday, December 21, 2016

- *12:30 PM Staff Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel

Thursday, December 22, 2016

No congregational events are scheduled.

Friday, December 23, 2016

- 5:00 PM Friday Night Supper ~ Parish Hall

Saturday, December 24, 2016

- *3:30 PM Music Rehearsal ~ Sanctuary
- 5:00 PM Family Christmas Eve Service with the Arlington Street Choir ~ Sanctuary
- 7:00 PM Community Christmas Eve Service with Boston Gay Men's Chorus ~ Sanctuary
- 9:00 PM Community Christmas Eve Service with Boston Gay Men's Chorus ~ Sanctuary

Christmas Sunday, December 25, 2016

- *9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Worship Service: Congregational Caroling & Charles Dickens' A Christmas Carol ~ Sanctuary
- 12:00 PM Christmas Lunch ~ Parish Hall

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON STREET CHURCH
Unitarian Universalist

Join Rev. Kim and members of Arlington Street Zen Center for Meditation 101, including answers to burning questions such as, "Where do I put my legs?" and "How do I quiet my mind without going to sleep?" This ancient spiritual practice will bring profound benefits not just to you, but to all whose life touches yours. Wear comfortable clothing (and yes, you can meditate in a chair!)



A Reflective Discussion for Lesbians Seeking Spiritual Answers—Separate from Traditional Religious Beliefs!

Saturday, January 14th ~ 12:00 PM, Hunnewell Chapel

Might you be interested in getting together with other lesbians—who have left traditional religious beliefs—to think about and discuss our unique explorations and journeys of a spiritual nature? We'll have our discussion over a luncheon potluck. Please bring what you'd like for 5-6 persons: snack, sides, sandwiches, salad, or dessert! For further information, contact Sue Reamer at Office@ASCBoston.org



The New Administration

Sunday, January 15th ~ 12:30 PM, Parish Hall, Social Action Table

What is troubling you? What can be done? All are invited to join in a discussion after the service. *Sponsored by the Social Action Committee*



Arlington Street's Literary Salon, The Wednesdays: Frost ~ Winter Poems, Part II

Wednesday, January 18th ~ 6:00 PM, Frothingham Library

Join Prof. Alan and Rev. Kim for a cozy evening of winter poems by Robert Frost. This session we'll be discussing ten new Frost winter poems. Printed copies of the poems will be available, but if you'd like a head start, the poems are as follows (in chronological order). Climb in your sleigh and come join us! All are welcome!

- | | |
|-------------------------------------|-------------------|
| Storm Fear | Good Hours |
| Christmas Trees | Snow |
| Wild Grapes | Two Witches |
| Looking for a Sunset Bird in Winter | Dust in the Eyes |
| There Are Roughly Zones | To a Young Wretch |



Alcoholics Anonymous Conference

January 27-29th ~ Kirsch Auditorium, MIT, Cambridge

Join us for a weekend of the steps as they are laid out in the Big Book of Alcoholics Anonymous. Registration is open now and costs only \$40 for the entire weekend, including coffee, snacks, and an ice cream social. Scholarships are available. For more information please visit beacongroupaa.com/freedom-trail-conference.



Spiritual Passions 2017! Meditation Retreat: Chanting, Sitting, Walking, Eating

Sunday, February 5th ~ 1:00-5:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Zen Center invite you to an afternoon meditation retreat. During the first hour, we welcome guest musicians from Sri Sri Ravi Shankar's The Art of Living program, who will lead us in kirtan: call-and-response singing (chanting) Sanskrit prayers. It's heavenly!

Then we'll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)—the same format as our twice-monthly gatherings in a longer session.