

## ANNOUNCEMENTS

### **The Environment and Food Choices**

*Less Meat = Less Heat.* To what does this refer? It is about the fact that the raising of livestock is a major contributor to greenhouse gas emissions. Of these emissions, it is mainly beef cattle that produce methane, a gas that gets trapped in the ozone layer. As the ozone layer thickens, less heat is able to escape into the atmosphere, causing the earth to heat up. There are many steps we can each take to lessen the heating of the planet and one is to no longer eat beef. Please give serious consideration to this important suggestion; small steps by millions of us can have a positive effect. You can be part of the solution! This information is sponsored by the Social Action Committee and the Arlington Street members of Mothers Out Front.

### **Volunteers Needed!**

Do you love babies and small children? Then we need you! We are looking for folks who would be willing to help out in the nursery on Sunday mornings, to give our young parents a short respite during the service. For safety's sake, all volunteers will need to be CORI checked and have gotten a flu vaccine. If you are interested, please contact our Director of Family Ministry, Dave Egan: [degan@ascboston.org](mailto:degan@ascboston.org). Thanks!

## ARLINGTON STREET MINISTRIES

### **Join the Arlington Street Choir**

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life!

Musicians and non-musicians are welcome - we are a mix of professionals and amateurs. We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at [MBuckles@ASCBoston.org](mailto:MBuckles@ASCBoston.org).

### **Family Ministry Wants You!**

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with Legos, or digging in the dirt? If the answer is yes, please contact Dave Egan, Director of Family Ministry, at [DEgan@ASCBoston.org](mailto:DEgan@ASCBoston.org).

### **Join the Social Action Committee**

Join our team and get support on the social action topic you are passionate about: voting rights, climate change, economic inequality, gun violence, Citizens United, homelessness, and more. We meet on the second Sunday of each month at 9:30 am. For more information, please contact Margy Herley at [SocialAction@ASCBoston.org](mailto:SocialAction@ASCBoston.org). *"The service begins when the service ends."*

## COVENANT RENEWAL PLEDGE FORM

through June 2019

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ \_\_\_\_\_

to support the work of Arlington Street Church for 2018-2019.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Pledge contributions may be made by cash, check, or credit card.**

Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_

**Please charge my credit card in either:**

One payment for my entire pledge.

Equal monthly installments on the 12<sup>th</sup> of each month.

### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Congregational Administrator and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### FINDING EVENTS AT ARLINGTON STREET

**Main level: Hunnewell Chapel** is through the leather door to the right of the pulpit; **Nursery** is off the hallway outside the chapel; **Frothingham Library** is past the stairs and next to the Boylston Street entrance.

**Upstairs: Clarke Room** is up the stairs outside the nursery.

**Downstairs: Parish Hall** is the main room; **Carol Smith Room** is to the right of the stage; **Alan Helms Library** is to the left of the stage; **Perkins Room** (Family Ministry) is just past the kitchen; **Program Room** is at the back of the Perkins Room.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729  
Email: [Office@ASCBoston.org](mailto:Office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

# INSIDE

## ARLINGTON STREET CHURCH

### **NEWS FROM THE SOUL OF SUNDAY**

SUNDAY, DECEMBER 16<sup>TH</sup>, 2018

*If you are visiting Arlington Street Church  
or would like information about Unitarian Universalism,  
please visit the Welcome Table in the Parish Hall.*

## TODAY

### **Coffee Hour and Lunch**

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! Please visit the Arlington Street Cares Table (on your right as you enter the Parish Hall) to sign cards for those who have shared candles of sorrow and joy with us.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.

### **Arlington Street Circle of Caring**

Today and Sundays, Dec. 30<sup>th</sup>, Jan. 13<sup>th</sup> & 7<sup>th</sup>, ~ 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitator, Maureen Peterson calls on her significant personal experience to create a safe space for sharing our stories and supporting one another through the crises of life.

### **Rodger Clinton Vine, Christmas Music on Piano**

Today ~ 12:30 PM, Hunnewell Chapel

Arlington Street's Artist in Residence, Rodger Clinton Vine, presents a brief, beautiful program of Christmas music for the piano, followed immediately by our annual Carol Sing!

### **12th Annual Carol Sing!**

Today ~ 1:00 PM, Hunnewell Chapel

Join Arlington Street's musicians for our annual old-fashioned Christmas carol sing! Mark David Buckles, Director of Music, and the Arlington Street Choir will lead us in seasonal favorites, from Jingle Bells to It Came Upon a Midnight Clear. Hot chocolate, tea, cookies, and fruit to follow!

### **Annual Bethel Holiday Party**

Today ~ 2:30 PM, Bethel Tabernacle Pentecostal Church, Dorchester

Each year, we receive an invitation from the Bethel Pentecostal Tabernacle Church to help with their holiday party for their Dorchester neighborhood. If you would like to come to the party, If you would like to come to the party, please visit the Social Action table after the service today and we'll get you the address and coordinate rides to the party. *All are welcome!*

## THIS WEEK



### Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

## SAVE THE DATE



### Christmas Eve!

Monday, December 24<sup>th</sup> ~ Services at 5:00 PM, 7:00 PM, and 9:00 PM, Sanctuary

O, Come All Ye Faithful! Our choir sings in the holiday at the 5:00 family service, with participation by all the children. This service is perfect for children, but all are welcome at all three services. At 7:00 and 9:00, the Boston Gay Men's Chorus stands in for the Heavenly Host! Candle lighting is a highlight of all three services. Please come and bring your loved ones to share in this magical evening!



### Ushers Needed for Christmas Eve

Christmas Eve is special at Arlington Street, with three candlelit services: 5 pm (a family-oriented service, with music provided our choir) and again at 7 and 9 pm (with music provided by the Boston Gay Men's Chorus). We need ushers to help out with all three services. You can volunteer by signing up at the Welcome Table in the Parish Hall after today's service; or by emailing Philip Roberts or Kevin Tyrrell at ushers@ascboston.org. Please be sure to let us know which service or services you are volunteering to usher and provide an email address and phone number where we can reach you. *Thank you!*



### Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, January 8<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

*6:00 Buddha's Belly:* We will complete Sylvia Boorstein's *It's Easier Than You Think: The Buddhist Way to Happiness*. Please read through to the end. All are welcome!

*7:00 Arlington Street Zen Center:* Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



### Strategic Planning: Collaborative Conversations

Sunday, January 13<sup>th</sup> ~ 12:45 PM, Perkins Room

The Prudential Committee (our governing board, comprised of elected members of the congregation) has drafted the following vision Statement for Arlington Street:

*We are a welcoming sanctuary,  
an historic destination for arts and culture,  
and a hub for progressive values and spiritual transformation.*

*We invite you to cut out this calendar or  
view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### December 16, 2018

*9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Worship Service ~ Sanctuary
11:15 AM	Family Ministry Program ~ Perkins Room
12:30 PM	ASC Circle of Caring ~ Carol Smith Room
12:30 PM	Christmas Music on Piano Rodger Clinton Vine Hunnewell Chapel
1:00 PM	Carol Sing ~ Hunnewell Chapel

### Monday, December 17, 2018

6:00 PM	Shambhala: Beyond Fear: Discovering Inherent Confidence Hunnewell Chapel
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### Tuesday, December 18, 2018

6:00 PM	Prudential Committee ~ Perkins Room
7:00 PM	Transformation Team ~ Frothingham Library

### Wednesday, December 19, 2018

6:00 PM	Kundalini Yoga ~ Hunnewell Chapel
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### Thursday, December 20, 2018

7:00 PM	Choir Practice ~ Clarke Room
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### Friday, December 21, 2018

5:00 PM	Friday Night Supper Program ~ Parish Hall
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### Saturday, December 22, 2018

No congregational events are scheduled.

### December 23, 2018

*9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Worship Service ~ Sanctuary
11:15 AM	Family Ministry Program ~ Perkins Room

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

**For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)**



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

The Pru will be hosting a series of collaborative discussions and invites you join us and share your ideas on how our congregation can realize this vision. Topics will include:

1. Membership and Financial Growth
2. Arlington Street Church as the Hub for Progressive Values and Spiritual Transformation
3. Program Expansion (i.e. Coming of Age packages, a lecture series, concerts, weddings)
4. Integrating ASC and the Foundation (in service to making ASC an historic destination for arts and culture)
5. Stewardship

At this gathering, we'll be discussing our second topic: Arlington Street Church as the Hub for Progressive Values and Spiritual Transformation. *All are welcome!*



### Intersectional Book Discussion

Monday, January 14<sup>th</sup> ~ 5:30 PM, Frothingham Library

Join Rev. Kim for the tenth in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading Robin DiAngelo's *White Fragility: Why It's So Hard for White People to Talk about Racism*. All are welcome!



### Arlington Street's Literary Salon The Wednesdays: Shakespeare

Wednesdays ~ 6:00 PM, The Vendome, 160 Commonwealth Avenue  
(tell the doorman you're there to see Professor Helms)

January 16<sup>th</sup> ~ Timon of Athens

January 30<sup>th</sup> ~ Pericles

Professor Alan Helms and Rev. Kim welcome you to the seventh installment of the Wednesdays Shakespearathon! Reading all 38 of Shakespeare's plays is admittedly a huge ambition, but Shakespeare is, by universal consent, not only the greatest writer in the English language, but one of the immortals of world literature. We'll need patience with archaic language while attending to a plethora of footnotes (there's no doing without them unless you live in a world where you cut your meat with a bodkin and your children say their orizons at bedtime). In other words, these Shakespeare courses are not for the faint of heart. But since it's generally true that "as ye sow, so shall ye reap," the rewards will be enormous. For many of us, this will be one of the great experiences of our lives! All are welcome!



### Delegates needed for General Assembly Meeting

June 19-23, 2019 ~ Spokane, WA

Are you a voting member of the congregation planning on attending this year's General Assembly Meeting in Spokane, WA (either in person or online)? If your answer is yes, then would you consider using this trip as an opportunity to be of service to our beloved spiritual community? The Nominating Committee will be submitting the names of five delegates to represent our congregation at this year's meeting. If being of service in this way interests you, please contact the Nominating Committee before March 3, 2019 at [nominating@ascboston.org](mailto:nominating@ascboston.org) or see Rachel Corey at the Welcome Table after the service for more information.