

Street Zen by David Schneider
Surfing the Himalayas by Frederick Lenz
What Makes You Not a Buddhist by Dzongsar Jamyang Khyentse
Love Everyone by Parvati Markus

Please visit ASCBoston.org for Amazon links to these books.

Arlington Street Zen Center meets at 7 pm and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

World AIDS Day Beloved Community, Beloved Work: Moving Forward in Life

Friday, December 1st ~ 6:30 PM, Cambridge Friends Meeting House, 5 Longfellow Park, Cambridge

World AIDS Day is a time when our community can gather to remember those we have lost to AIDS, celebrate their and our lives together, and make a commitment to continue living in love. Please join local faith communities as we enter into the practice of community remembrance and celebration through meditation, chanting, music, personal sharing, and silence.

VNA Care Network and Hospice Seeks Volunteers

Join our Volunteer Team! VNA Hospice Care seeks volunteers to visit patients and families in your community. A volunteer may provide patients with company, give the spouse, partner, or other caregiver a needed break from caregiving, or help run errands.

A strong need exists for volunteers who can visit on weekdays. We are also looking for volunteers who can visit on Saturdays and Sundays. In addition, we seek musicians who would like to sing or play music quietly at the bedside; and Reiki practitioners who would like to give Reiki to patients and caregivers. Please call 781-569-2888 and ask to speak to a volunteer coordinator, or email lpalais@vnab.org for more information. Thank you!

Dining Out with Arlington Street Church Neighbors

After hearing about the good time the Merrimac Valley contingent is having dining out together The Membership Team has decided to try this in different areas of the ASC Community. We're starting with the these areas: Cambridge, Somerville, Belmont, and Arlington.

Anybody who lives in these towns and is interested in getting together for dinner can contact Gaby Whitehouse at office@ascboston.org, or sign up at the Welcome Table in the parish hall. More areas to follow!

Want To Showcase Your Crafts at the Holiday Bazaar?

Sundays, December 6th, 13th, 20th ~ 12 - 2:00 PM, Parish Hall

December is around the corner, and it's almost time for our Holiday Bazaar! Would you like help make this happen? Please speak with Laura Evonne (les@ascboston.org) ASAP or sign up at <https://docs.google.com/forms/d/1vSiUf1RRVeAWfQCKPgvIX3ZLpG9C2LhNZcN/GmPEyV3k/viewform>. Would you like to reserve a table? Each table is asked to make a free-will donation to the church from their proceeds.

ARLINGTON STREET MINISTRIES

Join the Arlington Street Choir!

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome—we are a mix of professionals and amateurs.

We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.

Children's Religious Education Wants You!

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt? If the answer is yes, please contact Laura or Erica this week for more information at CRE@ASCBoston.org.

Transformation Team for Racial Justice

The Transformation Team for Racial Justice is an ongoing task force of Arlington Street Church that seeks to identify and eliminate interpersonal and institutional barriers of racism and oppression, and build a justice-seeking, multiracial, multicultural community. If you have suggestions, questions, comments, or concerns for The Team, please email transformation@ascboston.org, attend our open meetings on the third Tuesday of every month from 7 - 8:30 p.m. or speak with a team member (Sarah Cooleybeck, Margy Herley, Peter Lowber, Laura Pattison, Nancy Perna, Steve Marable, and Barbara Seidl). Membership on the Team requires a one year commitment and anti-racism/anti oppression/multicultural training.

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM

Phone: 617-536-7050 • Fax: 617-536-2729

E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, NOVEMBER 15TH, 2015

TODAY

Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today or contact Jon Ellertson.

Your Thanksgiving Pie Order Provides Hot Meals

Today ~ 12:00 PM, Parish Hall

Every Thanksgiving since 1993, 150 of Boston area's top chefs donate more than 18,000 freshly baked pies to support Community Servings. Every \$28 pie sold enables Community Servings to provide a week of free, nutritious, home-delivered meals to 1,525 critically ill individuals and their families. 90% of this year's \$675,000 goal will directly support the mission.

The PIE IN THE SKY bake sale is your chance to enjoy a wonderful, freshly-baked gourmet pie and celebrate the true spirit of Thanksgiving. Choose regular or diabetic apple, pecan, pumpkin, or sweet potato! You can pick up your pies the day before Thanksgiving at over 90 different sites in the greater Boston area.

Order directly from Lisa Drapkin and Debbie Lewis in the Parish Hall today. All pie orders must be received by Nov. 23rd. If you do not want a pie, please consider making a donation!


The Conversation Project: Death Café

Today ~ 12:30 PM, Hunnewell Chapel

Join Rev. Vera O'Brien, our Community Minister and chaplain at Brigham and Women's Hospital, for Arlington Street's first Death Café. Rev. Vera will facilitate informal, small group discussions on topics such as how to speak with family and friends about how to begin to think about the decisions you might be called upon to make for yourself and others. We'll also talk about our own end-of-life wishes. Having these conversations now is a great gift to give during the holiday season - a gift of comfort and peace of mind in the future. You'll choose the topic in which you wish to participate

continued on next page...

and join with others in that conversation. We will be one of many congregations, of many faiths, participating in such conversations this month, sponsored by The Conversation Project. Bring lunch if you like. Tea and cookies will be served. All are welcome!

 **Inside Out Concert**
Today ~ 3:00 PM, Hunnewell Chapel


Works by Joan Tower, Virgil Thomson, and J. S. Bach played by Sharan Leventhal on violin with Eli Epstein as our concert guide.

Inside Out builds bridges to audiences by showing that connecting with music is about tapping into the emotional essence and universal human experience inherent in every work of art.

 **A Concert for Marriage Equality**
Today ~ 3:00 PM, Sanders Theatre, Cambridge, MA


Join Coro Allegro in celebrating this year's historic marriage equality victory with Wolfgang Amadeus Mozart's radiant *Exultate Jubilate* and musical rejoicings by American composers on the poetry of Walt Whitman, e. e. cummings, and African American spirituals. Don't miss the chance to hear *Leaving Limerick* by composer Pablo Ortiz, based on a poem by US Inaugural Poet Richard Blanco, commissioned for and premiered by Coro Allegro at the Terezin Foundation Liberation GALA. Then experience the profoundly moving and transcendent power of Mozart's *Requiem*, as we remember those who struggled for but never saw this day and the great, unfinished work of human rights worldwide. Please see ASC members Jim Tice or Steve Vorenberg for tickets or order online at www.coroallegro.org.

THIS WEEK

 **Kundalini Yoga Class**
Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

ANNOUNCEMENTS

 **Arlington Street Church Corporation Meeting**
Sunday, November 22nd ~ 12:30 PM, Hunnewell Chapel *Vote required

- Agenda**
- *Membership Update Doc Kinne
 - *Special Election: New Co-Moderator Gaby Whitehouse
 - GA Delegates Report Joanna Lubkin
 - Report on Ramp and Tiffany Windows Rev. Kim and others
 - Treasurer's Report Susie Nacco
 - Q&A on Written Reports
 - Other Business

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, November 15, 2015

- *9:30 AM Music Rehearsal ~ Sanctuary
- 9:30 AM CRE Committee Meeting - Cosi Cafe, 399 Boylston Street
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Nursery, Chapel, Perkins
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- *12:30 PM OWL-Our Whole Lives ~ Perkins Room
- 12:30 PM The Conversation Project: Death Café ~ Hunnewell Chapel
- 1:00 PM Nominating Committee ~ Clarke Room
- 3:00 PM Inside Out Concert ~ Hunnewell Chapel

Monday, November 16, 2015

No congregational events are scheduled.

Tuesday, November 17, 2015

- 6:00 PM Prudential Committee ~ Perkins Room
- 7:00 PM Transformation Team for Racial Justice ~ Frothingham Library

Wednesday, November 18, 2015

- *12:30 PM Staff Meeting ~ Perkins Room
- 3:30 PM Connections ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel

Thursday, November 19, 2015

- 7:00 PM Choir Practice ~ Clarke Room

Friday, November 20, 2015

- 5:00 PM Friday Night Supper ~ Parish Hall

Saturday, November 21, 2015

- 11:00 AM CRE Potluck ~ Kitchen | Perkins Room

Sunday, November 22, 2015

- *9:30 AM Music Rehearsal ~ Sanctuary
- 9:30 AM Breakfast and Joining ~ Chapel
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Nursery, Chapel, Perkins
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Corporation Meeting ~ Hunnewell Chapel
- 12:30 PM ASC Circle of Caring ~ Frothingham Library
- 12:30 PM CRE Band Practice ~ Clarke Room

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



 **Corporation Meeting: General Assembly Delegate Report**

Sunday, November 22nd ~ 12:30 PM, Hunnewell Chapel

The Arlington Street delegates to the General Assembly in Portland, Oregon this past June will present a brief report of their experiences and learnings at the corporation meeting on Sunday, November 22nd.


In the upcoming week, they will be sharing several videos and articles about memorable moments, important decisions, and other items of note from their trip. Here is the third in that series:

This year's Ware Lecture was delivered by Dr. Cornell West. Our delegates' report will reference this rousing, powerful, and inspirational speech: <http://tinyurl.com/CornellWest-UUGA>.


 **Arlington Street Circle of Caring**
Sunday, November 22nd ~ 12:30 PM, Frothingham Library

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle.

Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer, her Aunt to Alzheimer's and her brother and close friends to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.

 **CRE Band**
Sunday, November 22nd ~ 12:30-1:00 PM, Clarke Room

Kids and Youth, come join the band! Bring your voices and musical instruments! For more information, please contact children's religious educator Laura Evonne Steinman at les@ascboston.org. All welcome!

 **Boston Transgender Day of Remembrance**
Sunday, November 22nd ~ 4:00 PM, St. Paul's Cathedral, 138 Tremont St.

The annual Transgender Day of Remembrance (TDOR) memorializes individuals who have died throughout the world in the previous year because of anti-transgender hatred. Each November, the worldwide transgender community turns its attention to family, friends and loved ones lost to violence and prejudice. A tradition inspired by the Allston, MA vigil for slain transgender woman Rita Hester in 1998, this day has become the worldwide rallying point for a community long under siege.

If you are interested in volunteering, please email Sabrina at volunteer@tnlr.org with the subject line "TDOR volunteering."

 **Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center**

Tuesday, November 24th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

Buddha's Belly meets at 6 pm. There are several books in the queue for our next read! Please peruse these, and come prepared to campaign for your favorite: