

## Pru in Review ~ September

- The Pru (Prudential Committee, our Board of Directors) heard from our Director of Religious Education, Laura Evonne Steinman, about plans to increase congregational involvement in our expanding Children's Religious Education Program. If you'd like to be learn more, contact Laura at les@ascboston.org.
- The Building The World We Dream Committee briefed the Pru on its plans for many discussions and events throughout the year as it works to make Arlington Street Church a more multicultural, inclusive, and anti-racist congregation. If you're intrigued and would like to learn more, contact Barb Seidl through btwwd@ascboston.org.
- The Pru heard an update about the continuing work to make our building more accessible for those with physical disabilities. For more information, contact any member of the Pru (listed on the back of the Order of Service), or via prudential@ascboston.org.

## Just Coffee—Just for You!

Friends, we have a new supply of Just Coffee! It is available for \$12 a pound at the Social Action table after the service. Enjoy 100% organic coffee while helping to support the grower cooperative in Chiapas, Mexico, www.justcoffee.org.

## Volunteer at Friday Night Supper

Every Friday ~ Served at 5:00 PM, Parish Hall

Every Friday evening, year-round, the Friday Night Supper Program (FNSP) prepares a delicious and nutritious 3-course meal for 120-150 guests. FNSP is a non-profit organization that uses Arlington Street's kitchen and parish hall. They would like to remind Arlington Street folks that you are most welcome to help prep or serve the meal. If you would like to inquire about volunteer opportunities, please email Amber, the FNSP Director Amber (info@fridaynightsupper.org).

## Emma's Revolution Concert for UU Mass Action

Friday, October 25<sup>th</sup>, Doors Open 7:30 PM, UU Church of Wakefield

The Iowa City Press-Citizen calls the music of Emma's Revolution progressive, socially-conscious, confrontational, and shot-through with intelligence and cutting humor. Emmas Revolution wrote Swimming the to Other Side and Peace, Salaam, Shalom, along with other songs familiar to our congregation.

Activist singer/songwriter folk duo Sandy O and Pat Humphries are giving a benefit concert to support the mission of UU Mass Action. Tickets are \$25 in advance or \$30 at the door. Advance tickets can be purchased online at uumassaction.org/emmasrevolution.

## Come, Lend a Hand in the Garden!

Sunday, October 27<sup>th</sup>, 1:00-3:00 PM, Boylston Street Garden

Sunday, November 5<sup>th</sup>, 1:00-3:00 PM, Boylston Street Garden

Everyone is invited to help put the Arlington Street garden to bed for the winter. On October 27<sup>th</sup>, we'll plant 500 Daffodil bulbs with the City for Boston Blooms. On November 5<sup>th</sup>, we'll clean up the flower beds and rake the leaves. There may even be some leaf piles to jump in! Tools will be supplied. See you in the garden!

## COVENANT RENEWAL PLEDGE FORM

July 2013 through June 2014

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an annual total pledge of \$ \_\_\_\_\_ to support the work of Arlington Street Church.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Pledge contributions may be made by cash, check, or credit card.**

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and "2014 Pledge Payment".
- Checks should be made payable to Arlington Street Church with "2014 Pledge Payment" written on the check memo line.
- If you wish to pay by credit card, please complete the following:

**Accepted:**  Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Please charge my credit card in either:**

- One payment for my entire pledge
- Equal monthly installments on the 10<sup>th</sup> of each month

### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to **print@ascboston.org**. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051

E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

# INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, OCTOBER 13<sup>TH</sup>, 2013

## TODAY

### Coffee Hour

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson or Sharon Pressly-Fiero at office@ascboston.org.

## THIS WEEK

### Kundalini Yoga Class

Wednesday, October 16<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

## Save the Date

### Decommissioning of the Prayer Flags

Sunday, October 20<sup>th</sup> ~ 10:00 AM, ASC Garden Fence, Boylston Street

In recognition of the six-month anniversary of the Boston Marathon bombings, please join the Worship Team in decommissioning our prayer flag memorial. At 10:00 AM, we will need help taking down all the prayer flags and bringing them into the church. They will be blessed during the worship service. Church historian and archivist Holly Hendricks will take some to create a memorial quilt, to be unveiled next April. Rev. Kim will ritually burn the rest, and bring the ashes to our annual Day of the Dead service on 10/27. This coming spring, at the one-year anniversary, the ashes will be scattered in our garden.

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## On the Rocks Is a Form of Life: Philosophy & Addiction

Sunday, October 20<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

What an honor to welcome New York Times columnist Peg O'Connor! All are welcome!

How does a person make meaning or sense of her life when she feels defeated and worthless and experiences the world as alien, hostile, and devoid of meaning? Some of us looked to alcohol and drugs as a way to cope with our realities. In asking questions such as, "what kind of person do I want to be," or "who am I and why am I like this," and "does any of this matter in the bigger scheme of things," a person is seeking self understanding and an understanding of her place in the world. For millennia, philosophy has been grappling unapologetically with questions about meaning and value, seeking understanding of human nature and the human condition. This talk addresses addiction and recovery from a western philosophical perspective. Rates of addiction to alcohol, illicit drugs, and prescription drugs are reaching epidemic proportions. More people are interrogating themselves about their relationships to these substances and behaviors. This interrogation, the ancient Greek philosopher Socrates might claim, is about examining one's life. "On the Rocks" introduces some of the core concepts and vexing questions of philosophy as a way to help addicts and those affected by our addictions to examine ours and perhaps transform our relationship to our drugs or behaviors of choice. A recovering alcoholic for more than 25 years and a philosophy professor for 18, philosophy helped the speaker get and stay sober.

## Sarah Richards Ordination

Sunday, October 20<sup>th</sup> ~ 3:00 PM, (2:30 clergy robing) Sanctuary

Arlington Street Church, along with the First Parish in Waltham congregation, will be ordaining long-time member Sarah Richards into Unitarian Universalist ministry. All Arlington Street members and friends are invited to participate in this celebration of our family of faith. Dessert reception to follow in the Parish Hall.

## The Wednesdays: Huckleberry Finn

Wednesdays, October 23<sup>rd</sup>, November 6<sup>th</sup> & 13<sup>th</sup> ~ 6:00 PM, The Froth

Please join Professor Alan Helms and Rev. Kim for Arlington Street's fall literary salon: Mark Twain's *Huckleberry Finn*!

**Recommended text:** The Norton Critical Edition of "*The Adventures of Huckleberry Finn*" (3<sup>rd</sup> edition). You'll find cheap copies at Amazon and abebooks.com, but pretty much any edition will work. For more information, please see [ASCBoston.org](http://ASCBoston.org).

## Channing School in Concert

Thursday, October 24<sup>th</sup> ~ Doors open at 7:00 PM, Sanctuary

Fifty girls from the choir and chamber orchestra of England's Channing School will be taking the stage at Arlington Street Church! The girls, aged 14-18, are very excited to be on their first Boston tour.

In this Benjamin Britten centenary year, the choir will perform Britten's Simple Symphony and his stunning Missa Brevis arranged for orchestra and choir. JS Bach's E major violin concerto and Tavener's The Lamb will also be featured. Directed by Peter Boxall, this exquisite ensemble is not to be missed!

*We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, October 13, 2013

9:30 AM Choir Rehearsal ~ Sanctuary  
9:30 AM Social Action Committee Meeting ~ Smith Room  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children's Religious Education ~ Perkins Room  
12:00 PM Coffee & Lunch Hour ~ Parish Hall

### Monday, October 14, 2013

No congregational events

### Tuesday, October 15, 2013

6:00 PM Finance Team Meeting ~ Perkins Room  
\*6:30 PM Connections Group ~ Hunnewell Chapel

### Wednesday, October 16, 2013

\*12:00 PM Staff Meeting ~ Perkins Room  
6:00 PM Kundalini Yoga ~ Hunnewell Chapel

### Thursday, October 17, 2013

7:00 PM Choir Practice ~ Clarke Room  
\*8:00 PM Connections Group ~ Perkins Room

### Friday, October 18, 2013

5:00 PM Friday Night Supper ~ Parish Hall

### Saturday, October 19, 2013

No congregational events

### Sunday, October 20, 2013

9:00 AM New Member Joining Ceremony ~ Hunnewell Chapel  
9:30 AM Choir Rehearsal ~ Sanctuary  
10:00 AM Decommissioning the Prayer Flags ~ ASC Garden Fence  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children's Religious Education ~ Perkins Room  
12:00 PM Coffee & Lunch Hour ~ Parish Hall  
12:30 PM Peg O'Connor Talk ~ Hunnewell Chapel  
\*1:15 PM Our Whole Lives ~ Perkins Room  
3:00 PM Sarah Richards Ordination ~ Sanctuary

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

Opening the evening will be Boston's own New England Conservatory Youth Chorale, directed by Jonathan Richter. This ensemble of 60 young singers will perform a collection of a cappella works by British composers.

Together, the two groups will perform John Rutter's All Things Bright and Beautiful.

The Channing School in England is a Unitarian school founded on the principles of William Ellery Channing, the father of Unitarianism and the minister of this church from 1803-1842.

Everyone is welcome to enjoy this special free musical evening! Any donations will be gratefully accepted.

## Are You a Highly Sensitive Person

Sunday, October 27<sup>th</sup> ~ 1:00 PM, Stage Right Room

Have you ever been told "You're too sensitive"? Do you wonder why you sometimes get overwhelmed by everything going on around you? Do you "sense" other people's feelings before they express them? Then you might be one of the 20% of the population that is wired as a Highly Sensitive Person. Join our facilitator, Michael Parise, Life & Spirit Coach, and explore this wonderful and challenging gift with like-minded people. Receive the support you deserve! We will be meeting on the last Sunday of every month for 45 minutes.

## Announcements

### October Prudential Meeting Cancelled

Instead of meeting in October, members of the Pru will be fanning out throughout the congregation, visiting with other lay leaders in committee and team meetings as they continue to support the growth of our beloved community!

### Nominations for Open Positions

There is a open position on the Prudential Committee, the governing board of Arlington Street Church. The term of the position is through June 2016. There are also open positions for the Arlington Street Church delegates to the Mass Bay District of the Unitarian Universalist Association and to the UU Urban Ministry. If you are interested in being a nominee or would like to know more about the roles and their responsibilities, please send e-mail to [nominating@ascboston.org](mailto:nominating@ascboston.org).

### Participate in a Connections Group

Connections continues, and registration is open. Connections is Arlington Street's small group ministry—facilitated experiences of deep sharing and listening around selected topics such as belonging, aging, fear, disappointment, living, and dying. These small groups of 6-10 people will deepen their relationships with one another and the congregation; explore and engage with shared Unitarian Universalist principles; and participants will be included and heard in a safe, nurturing environment. Connections groups meet twice a month for about 90 minutes.

To participate or learn more, e-mail [connections@ascboston.org](mailto:connections@ascboston.org), speak with Thomas Simers, or look for the registration form at the Welcome Table in the Parish Hall during coffee hour.

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