

## MUSIC

### Add More Music to Your Life This Spring!

Be part of our Arlington Street Church Choir! Do you love to sing? Would you like to be part of a community of sharing music? Do you want or need to take just a couple hours out of your week to create something beautiful? The Arlington Street Church Choir may be just the place for you! No musical experience necessary! We find that making music with and for our community here at Arlington Street is a central and beautiful part of our spiritual practice as Unitarian Universalists. We rehearse one night a week and sing Sunday mornings at our weekly services, performing an array of challenging, evocative repertoire spanning dozens of cultures, and centuries of musical and liturgical history.

The choir is open to all interested singers able to make a commitment to the choir's schedule. Attendance each week is not mandatory, though members find that it's difficult to function effectively if they miss more than a quarter of the rehearsals. We rehearse on Thursdays from 7:00–9:00 pm in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles, who is available at the front of the sanctuary following the service or via email at [MBuckles@ASCBoston.org](mailto:MBuckles@ASCBoston.org).

## SPECIAL MESSAGE

### Blessings From Rev. Yvonne

*Dear members and friends of Arlington Street Church,*

It fills me with sadness to resign as your Acting Associate Minister, departing without having the opportunity to say goodbye in person to many of you. Please know that our Unitarian Universalist ministerial ethics require me to sever contact with the congregation, much as I would have loved to stay in touch. I care deeply about each of you; you will be in my prayers. I take with me many warm memories and deep gratitude for the opportunity to have served you in ministry this year. I wish you all a bright and harmonious future.

*With deepest respect,*

*– Rev. Yvonne Schumacher Strejcek*



*If your baby grows restless during worship, please bring him or her to the nursery (located off of the Chapel, through the leather door). Restless toddlers and older children are invited to join the church school program downstairs.*

## COVENANT RENEWAL PLEDGE FORM 2010 thru. 2011

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We Commit A Total Of \$ \_\_\_\_\_ to Support the Work of the Arlington Street Church for 2010-2011.

My/Our Pledge Will Be Paid:

Weekly  Monthly  Quarterly

Semi-annually  One payment  Or As Follows: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Contributions may be made via cash, check, or credit card. If you are paying your pledge with cash via the Sunday collection, be sure to clearly mark the envelope with your name(s) and indicate “**Pledge Payment**”. Checks should be made payable to Arlington Street Church and also please include “2011 pledge payment” on memo line. If you wish to use a credit card, please complete the information below:

Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

One Time Charge  Monthly Contribution

### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your “truths in love” and include your name and contact information so we can follow-up. Thanks! For emergencies, please see “**Our Caring Community**” to the right.

### INSIDE SUBMISSION GUIDELINES

Please deliver all Sunday announcements before Tuesday at 3:00 pm by e-mail to [communications@ASCBoston.org](mailto:communications@ASCBoston.org). Announcements will not be accepted by telephone. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, Assistant to the Administrator. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617-536-7050 ext. \*814 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

### OUR CARING COMMUNITY

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office. Our staff and ministers will be in touch to lend support.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended! Also, please be attentive when exiting the church into the alley. When walking in the alley avoid being alone, carry a cell phone, walk in the center of the road, and pay attention!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051

E-mail: [office@ASCBoston.org](mailto:office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

# INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY  
SUNDAY, APRIL 25<sup>TH</sup>, 2010

## CONGREGATIONAL ANNOUNCEMENTS

### \*Covenant Renewal

Sunday, May 2<sup>nd</sup> ~ 11:00 am, Parish Hall

Please join with members and friends of ASC for our annual Covenant Renewal Celebration, when we renew our financial support of the church and our commitment to the values of a liberal faith. Our theme this year is **NOW MORE THAN EVER**.

*Now More Than Ever* we need your financial support to continue the work of the church and this community. *Now More Than Ever* we need your energy and commitment to sustain and enrich the abundance that is ASC. *Now More Than Ever* we invite you to explore the connection between what you give and what you receive from ASC, and experience that contribution as a source of growth and joy!

**Please join us for a wonderful meal in the parish hall to cap our celebration!**

### Tips to Help the Planet

*We are beginning a series of tips in INSIDE for ways to help the planet.*

**TODAY'S TIP:** So you are trying out new and wonderful grain and vegetable entrees, but you still eat meat. One way to live your values regarding sustainable small farm practices and humane treatment of animals that provide our food is to shop for grassfed meat and milk. Yes, it costs a bit more, but maybe you are eating less of it. Even partial changes make a difference.

American Grassfed Association (AGA) standards require open pasture, humane animal care, no antibiotics and no hormones; they are intended to support healthy meats - and animals - and American family farms. <http://www.americangrassfed.org>

To locate Massachusetts farms using sustainable low input practices (of which there are many), consult the map at <http://www.eatwild.com/PRODUCTS/massachusetts.html>. You will also find restaurants, stores and farmers markets listed, including several in Belmont, Cambridge, Boston, and J.P.

### The Art of Hospitality

**TODAY:** Sunday, April 25<sup>th</sup> ~ 12:30 PM, Clarke Room

Come learn the subtle nuances of welcoming visitors and members to our spiritual home. Hosted by the Membership Committee, this one hour session is great for anyone interested in practicing hospitality by being a greeter – a fun and fulfilling way to make new friends and provide service to Arlington Street Church. Current greeters and ushers are also welcome.

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## CONGREGATIONAL ANNOUNCEMENTS *(Continued)*

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### Service-Fellowship-Jazz: New Orleans Spring Trip

**TODAY:** Trip Date: April 25<sup>th</sup> thru. 30<sup>th</sup>

Travel earlier or stay later to enjoy the music! Join Senior Minister Rev. Kim Crawford Harvie and other veteran Arlington Street Church New Orleans volunteers who will be giving service in the Big Easy this spring. This will be Arlington Street Church's spring trip to walk with our sisters and brothers of First Church as we continue to support them with our presence, our resources, and our love. Much has changed since our first service trip; however there is still much to do. Arrive early and stay longer to enjoy the hospitality of the city, during their annual jazz festival, and to worship and socialize with our First Church sisters and brothers.

### May Day: March and Rally for Immigrant and Workers Rights!

Saturday, May 1<sup>st</sup>

- ~ 12:00 PM, Everett City Hall
- ~ 1:00 PM, Chelsea City Hall
- ~ 2:00 PM, Lopresti Park, East Boston

*Join the New Sanctuary Movement contingent!*

Contact Peter Lowber for more info [SocialAction@ASCBoston.org](mailto:SocialAction@ASCBoston.org)

### UU Reading Group: Here If You Need Me, by Kate Braestrup

Monday, May 10<sup>th</sup> ~ 6:15 – 7:45 PM, Frothingham Library

All are welcome to our discussion of our new selection, *Here If You Need Me*, a memoir by Kate Braestrup. Braestrup is a UU Chaplain to the Maine Warden Service, and excerpts from her book have appeared in *UU World* magazine. Sample quote: "If anyone needs proof that God has a sense of humor, here it is: I am a middle-aged mother of four who works primarily with young, very fit men... And I, a famously loquacious person, have a job that requires me mostly to just show up, shut up, and be." For more information, please contact Sarah Richards at [office@ascboston.org](mailto:office@ascboston.org).

### A Memorial Service for Emily Dunn

Sunday, May 16<sup>th</sup> ~ 1:00 PM, Sanctuary

Come celebrate the life of our beloved Emily. Rev. Kim officiating; Rodger Clinton Vine on organ and piano. *All are welcome.*

### Parents as Resident Theologians

Sunday, May 23<sup>rd</sup> ~ 1:00 PM, with Rev. Kim

Let us build memories in our children lest they allow treasures to be lost because they have not been given the keys. We live, not by things, but by the meanings of things. It is needful to transmit the passwords from generation to generation. – *Antoine de St. Exupéry*

What are the "passwords" we want to transmit? What insights can we glean from our own spiritual journeys to accompany our children on theirs? All are welcome! Childcare will be provided.

*We invite you to cut out this calendar and clip it to your refrigerator or bulletin board!*

## Coming Up...

### Sunday, April 25<sup>th</sup>, 2010

- 9:30 AM Choir Warm-Up – Sanctuary
- 11:00 AM Sunday Morning Worship – Sanctuary
- 12:00 PM Coffee Hour – Parish Hall
- 12:00 PM Path to Membership - Welcome Table – Parish Hall
- 12:30 PM The Art of Hospitality – Clarke Room
- 12:30 PM Nominating Committee – Archives Room
- 12:30 PM Young Adult Group Lunch – Stage Right Room

### Monday, April 26<sup>th</sup>, 2010

- 7:00 PM Sacred Eros – Perkins Room

### Tuesday, April 27<sup>th</sup>, 2010

- 6:00 PM Buddha's Belly – Chapel
- 7:00 PM Arlington Street Zen Center – Chapel

### Wednesday, April 28<sup>th</sup>, 2010

- 3:30 PM \*Staff Meeting – Perkins Room
- 6:00 PM Kundalini Yoga – Chapel

### Thursday, April 29<sup>th</sup>, 2010

- 7:00 PM Choir Rehearsal – Clarke Room

### Friday, April 30<sup>th</sup>, 2010

- 5:00 PM Friday Night Supper Program – Parish Hall/Kitchen

### Saturday, May 1<sup>st</sup>, 2010

No congregation related events at this time.

### Sunday, May 2<sup>nd</sup>, 2010

- 9:30 AM Choir Warm-Up – Sanctuary
- 11:00 AM Sunday Morning Worship – Sanctuary
- 11:00 AM Covenant Renewal – Sanctuary/Parish Hall
- 12:00 PM Coffee Hour – Parish Hall
- 12:00 PM Path to Membership – Welcome Table/Parish Hall
- 12:00 PM ASC Council Meeting – Archives Room
- 12:30 PM Young Adult Group Lunch – Stage Right Room

**NOTE:** This calendar is accurate as of noon the Wednesday before publication and only includes events directly related to the congregation. For complete, up-to-date calendar listings over the coming months, visit [www.ASCBoston.org](http://www.ASCBoston.org).

*\* Denotes Closed Meetings*



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

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## CONGREGATIONAL ANNOUNCEMENTS *(Continued)*

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### Sandwich Board

*The Little Red Hen Needs Help, Please!*

Each Sunday, a delicious feast is prepared for us by a dedicated, fun-loving crew. You want to be part of this, and we need you now!

No prior cooking experience necessary. Join us!

Please contact Sharon Pressly-Fiero and Tom Ellertson through [office@ASCBoston.org](mailto:office@ASCBoston.org), or find them in the kitchen! Thank you!

### At the Social Action table

*Fund Our Communities, Reduce Military Spending*

Sign a letter to your elected representatives asking that they enact a 25% reduction in military spending, with all the savings redirected to urgent community needs.

### Thinking about Membership in Arlington Street Church?

Stop by the Welcome Table in the Parish Hall to get information and to sign up for our next two-part new member class, set for two Thursday evenings, **May 6<sup>th</sup> and 13<sup>th</sup>, from 6 to 8 pm**. Be sure to schedule both those dates if you are considering joining. *All are welcome!*

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## ADULT RELIGIOUS EDUCATION

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### Sacred Eros - Sex and Gender: Beyond the Binary

Monday, April 26<sup>th</sup> ~ 7:00 PM, Perkins Room

At this month's Sacred Eros gathering, we will discuss how ideas of gender and sexual identity have evolved. What does it really mean to be "male" or "female" – or another gender altogether? Come and join the discussion, and bring something to eat or drink!

### Arlington Street's Literary Salon

Wednesdays, May 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> ~ 6:00 PM, Frothingham Library

Haiku with Professor Alan Helms and Rev. Kim. All are welcome!

### Kundalini Yoga Class

Wednesdays, ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There will be a \$10 charge that will go to the church.

### Talking Our Walk: A Discussion Group for People Affected by Depression

Third Wednesdays, ~ 5:30 PM, Perkins Room

A wonderful, supportive atmosphere, facilitated by our own John Sacco, awaits in this open discussion group: not a substitute for therapy or medication, but a different kind of healing. The group meets the third Wednesday of the month. Please speak with John or Rev. Kim for more information. *You are not alone!*