

## Concert by Boston Chamber Music Society (BCMS)

Saturday, March 10<sup>th</sup> ~ 11:30 AM, Sanctuary

Welcome to Morning Light! Our own Gaby Whitehouse, BCMS board member, invites you to come listen to this magnificent chamber orchestra play an all-Brahms concert in our beautiful sanctuary. We had great feedback from our fall concerts and look forward to seeing you at the final one in this three-concert series. It's good to see Boston catching up with European cities (think Prague and Amsterdam!), where morning concerts in churches are a wonderful part of daily life. And don't miss the chance to meet the musicians at the delicious reception in the Hunnewell Chapel following the concert. Tickets are \$35, but for ASC members and friends there's a 50% discount! For tickets, visit BCMS at [www.bostonchambermusic.org](http://www.bostonchambermusic.org) and enter ASC50 as the discount code.

## Cris Williamson - Barbara Higbie - Teresa Trull The Reunion Tour

Saturday, March 31<sup>st</sup> ~ 7:00 PM, Sanctuary

Back momentarily from New Zealand where she now makes her home, Teresa Trull joins forces with Barbara Higbie and Cris Williamson for an evening of beloved old and new favorites. This trio of friends, composed of gutsy blues/rock vocal dynamo and songwriter, Teresa Trull; Grammy-nominated multi-instrumentalist and singer, Barbara Higbie; and the iconic singer/songwriter Cris Williamson, bring a mixture of new material and old favorites to Arlington Street as part of a special few East Coast dates. Without a doubt, the very real friendship binding these three musicians brings a powerful mixture guaranteed to delight, inspire, cheer, and comfort. Tickets are available at [brownpapertickets.com](http://brownpapertickets.com)

## MARK YOUR CALENDAR!

There are many great Arlington Street Church events in the works for the New Year. As you begin planning for 2018, be sure to save the dates for:

- April 1<sup>st</sup>** Easter Sunday Worship
- April 8<sup>th</sup>** Rise Against Hunger Service Event
- April 29<sup>th</sup>** Covenant Renewal Sunday
- May 6<sup>th</sup>** Ordination of Beth Robbins
- May 12<sup>th</sup>** Sakyong Mipham (son of Chögyam Trungpa; head of Shambhala)
- June 9<sup>th</sup>** Pride!  
... and an evening Kirtan with Krishna Das

## ARLINGTON STREET MINISTRIES

### Join the Arlington Street Choir Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life!

Musicians and non-musicians are welcome - we are a mix of professionals and amateurs. We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at [MBuckles@ASCBoston.org](mailto:MBuckles@ASCBoston.org).



### Save the Date ~ Indulge 2018!

Saturday, March 24<sup>th</sup> ~ 6:30 PM, Arlington Street Church

Come be delighted, dazzled, astounded, and amazed. There's a reason it's called the Greatest Show on Earth!

#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

#### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday - Friday, 8:00 AM - 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

#### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday - Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729  
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# INSIDE

## ARLINGTON STREET CHURCH

### NEWS FROM THE SOUL OF SUNDAY

SUNDAY, JANUARY 28<sup>TH</sup>, 2018

*If you are visiting Arlington Street Church  
or would like information about Unitarian Universalism,  
please visit the Welcome Table in the Parish Hall.*

## TODAY

### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! Please visit the Arlington Street Cares Table (on your right as you enter the Parish Hall) to sign cards for those who have shared candles of sorrow and joy with us.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.

### Encountering Our Spiritual Wounds

Today ~ 12:30 PM, Hunnewell Chapel

Did you come to Unitarian Universalism after a wounding religious experience? So many of us find refuge in our tradition after experiencing harm elsewhere, and we never find the time or place to revisit and tend to those wounds. Join Ali Jablonsky for today's introduction to a 4-week spirituality group where we will explore where we came from, how we were harmed, how we can tend to our wounds, and how our experiences form who we are as Unitarian Universalists, all in the company of our ASC spiritual community. All are welcome! Ali is an ASC member and a Resident Chaplain at Massachusetts General Hospital. If you choose to register for the course, space is limited; please contact her via the church office at [office@ASCBoston.org](mailto:office@ASCBoston.org) with any questions and to reserve your space!

### Uncomfortable Conversations about Race

Today and Sunday, February 25<sup>th</sup> ~ 12:30 PM, Program Room

The Transformation Team for Racial Justice offers this time and space for facilitated discussion and continuing conversation about developing an antiracist worldview. We hold these conversations periodically at Arlington Street Church. All are welcome and no RSVP is needed. For more information, email [transformation@ascboston.org](mailto:transformation@ascboston.org)

### Indulge 2018 Planning Meeting

Today ~ 12:30 PM, Carol Smith Room

Join the team as we continue planning decorations, menu, and auction details. Indulge 2018 is our spring fundraiser scheduled for Saturday, March 24<sup>th</sup>. Come be a part of helping to make this fun night a reality!

*continued on next page...*

## THIS WEEK



### Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



### Pru in Review ~ January

The Prudential Committee is our governing board, made up of leadership elected by and from Arlington Street members.

At the January meeting, the Pru reviewed and discussed reports on:

- Financial status
- Potential Foundation projects, including brownstone assessment/repair
- Family Ministry Director search planning
- A proposal to move our banking and investment management to another financial institution
- Nominating Committee activities and plans for this year
- Accessibility ramp status, potential costs, and options
- Visioning and strategic/operations planning approach and roadmap

## ANNOUNCEMENTS



### Arlington Street Circle of Caring

Sundays, February 4<sup>th</sup> & 19<sup>th</sup> ~ 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitator, Maureen Peterson calls on her significant personal experience to create a safe space for sharing our stories and supporting one another through the crises of life.



### Meditation Retreat

Sunday, February 4<sup>th</sup> ~ 1:00-5:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Zen Center invite you to an afternoon meditation retreat. We'll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)—the same format as our twice-monthly gatherings, just a longer session.

Whether you are experienced in meditation or interested in a full immersion introduction, please join us! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (we will be walking in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning and stay as long as you like. At 5:00, we'll celebrate by enjoying an early dinner together somewhere nearby. BYO\$.



### To Renewal House with Love

Sunday, February 11<sup>th</sup> ~ Arlington Street Church

It's time for our annual lovefest for Renewal House, Unitarian Universalist Urban Ministry's shelter for women and children escaping domestic violence. This year, please bring full-sized toiletries: shampoo, conditioner, soap, razors, deodorant, toothbrushes, toothpaste, and tampons and pads. All contributions will be gratefully received! Thank you!

We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)

## This Week

### Sunday, January 28, 2018

*9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee Hour and Lunch ~ Parish Hall
12:30 PM	Encountering Our Spiritual Wounds ~ Hunnewell Chapel
12:30 PM	Uncomfortable Conversations about Race ~ Program Room
12:30 PM	Indulge 2018 Planning Meeting ~ Carol Smith Room

### Monday, January 29, 2018

No congregational events are scheduled.

### Tuesday, January 30, 2018

No congregational events are scheduled.

### Wednesday, January 31, 2018

6:00 PM	Kundalini Yoga ~ Hunnewell Chapel
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### Thursday, February 1, 2018

7:00 PM	Choir Practice ~ Clarke Room
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### Friday, February 2, 2018

5:00 PM	Friday Night Supper Program (FNSP) ~ Parish Hall
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### Saturday, February 3, 2018

No congregational events are scheduled.

### Sunday, February 4, 2018

*9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee Hour and Lunch ~ Parish Hall
12:30 PM	Arlington Street Circle of Caring ~ Carol Smith Room
1:00 PM	Meditation Retreat ~ Hunnewell Chapel
*2:00 PM	OWL Class ~ Perkins Room

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

**For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)**



ARLINGTON  
STREET CHURCH  
Unitarian Universalist



### Lunar New Year Lion Dance Parade

Sunday, February 11<sup>th</sup> ~ 12:30 PM, Chinatown

Join Rev. Kim and Beth to celebrate the Year of the Dog with the Lion Dance Parade, food, and fun! We will head over as a group for the parade and then enjoy Dim Sum together in Chinatown! All are welcome! If you are interested in participating, please sign up by e-mailing Beth at [brobbins@ASCBoston.org](mailto:brobbins@ASCBoston.org).



### Delegates Needed for General Assembly Meeting

Sign up before February 12<sup>th</sup> ~ Welcome Table in the Parish Hall

Are you planning to attend the Unitarian Universalist Association's General Assembly meeting in Kansas City this June? If your answer is yes (either in person or online), would you consider serving our beloved spiritual community as a GA delegate? The Nominating Committee will be submitting names for five delegates to vote on behalf of Arlington Street Church at our association's annual meeting. For more information, please contact [Nominating@ASCBoston.org](mailto:Nominating@ASCBoston.org) or see Rachel Corey at the Welcome Table in the Parish Hall after the service for more information before February 12th. Thank you!



### Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, February 13<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha's Belly*: We'll continue our discussion of *All the Rage: Buddhist Wisdom on Anger and Acceptance* (Andrea Miller, editor). Please read through page 168.

7:00 *Arlington Street Zen Center*: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



### New Member Class

Wednesday, February 28<sup>th</sup>, *Spiritual Journey* ~ 6:00 PM, Perkins Room

Sunday, March 4<sup>th</sup>, *Meet ASC* ~ 12:30 PM, Hunnewell Chapel

Sunday, March 11<sup>th</sup>, *New Member Breakfast/Joining* ~ 9:30 AM, Hunnewell Chapel

All interested newcomers are warmly invited to our next two-session new member class. Rev. Kim joins us for the first session, where we share stories about our spiritual journeys and ask our burning questions. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. In our second session, we learn a little of Arlington Street's history, polity, and practices; and meet some of our illustrious leadership and staff. Please sign up at the Welcome Table in the parish hall after the service. All are welcome!



### Intersectional Book Group

Monday, March 5<sup>th</sup> ~ 5:30 - 7:00 PM, Frothingham Library

Join Rev. Kim for the sixth in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading *Romantic Violence: Memoirs of an American Skinhead* by Christian Piccolini. All are welcome!