### Lama Surya Das

Wednesday, September  $16^{th}$ , 7:30 PM - 9:15 PM, Hunnewell Chapel \$15 (proceeds will be shared with the church)

Please join Rev. Kim in welcoming to Arlington Street her beloved and esteemed friend, Lama Surya Das. Surya will be with us on the third Wednesday evenings of each month, beginning this week!

Lama Surya Das is one of the foremost Western Buddhist meditation teachers and scholars, one of the main interpreters of Tibetan Buddhism in the West, and a leading spokesperson for the emerging American Buddhism. The Dalai Lama calls him "The Western Lama."

Surya has spent thirty-five years studying Buddhism with the great masters of Asia, including the Dalai Lama's own teachers, and has twice completed the traditional three year meditation cloistered retreat at his teacher's Tibetan monastery. Founder of the Western Buddhist Teachers Network with the Dalai Lama, he is also active in interfaith dialogue and social activism and regularly organizes its international Buddhist Teachers Conferences.

Surya Das is the author of many bestselling books, including *Awakening the Buddha Within: Tibetan Wisdom for the Western World*, and, just last month, *The Mind is Mightier Than the Sword*.

Please join us! All are welcome!

### **Other Announcements**

## Please Donate Plastic Grocery Bags!

We are resuming our collection of plastic bags for the food pantry at Bethel Tabernacle Pentecostal Church in Dorchester. Please bring grocery sized plastic bags (not newspaper or sandwich bags) to the Social Action table after church. Supporting this food pantry is part of our Jubilee service to Bethel which sponsors the Villages without Walls youth program, funded by Jubilee, Arlington Street Church's work in the world.

# Kundalini Yoga Class

Wednesdays, 6:00 – 7:30 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There will be a \$10 charge that will go to the church.



# Young Adult Group

The Young Adult Group (ages 18–35) meets two Fridays per month at 7 pm in the Perkins Room (downstairs next to the kitchen) for activities, food, and worship. The schedule of meetings can be found on Arlington Street Church's online calendar at www.ASCBoston.org.

The Young Adult Group also meets for lunch after the service on Sundays. You can purchase food from the Sandwich Board during Coffee Hour, or bring your own food. The group meets in the Stage Right Room. The Stage Right Room is the first room on your left after going down the stairs at the back of the sanctuary. The group will begin their informal lunches shortly – please check the church calendar for details.



### Suggestion Box

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org or leave a note in the suggestion box outside the Church Office. Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "Our Caring Community" to the right.

#### **Inside Submission Guidelines**

Please deliver all Sunday announcements before Tuesday at 3:00 pm by e-mail to communications@ ASCBoston.org. Announcements will not be accepted by telephone. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist ommunity.

#### Scheduling Events at Arlington Street Church

All issues dealing with building usage for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, facilities manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617-536-7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

### Our Caring Community

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office. Our staff and ministers will be in touch to lend support.

#### Security Note

This is an urban church. Please do not leave your valuables unattended! Also, please be attentive when exiting the church into the alley. When walking in the alley avoid being alone, carry a cell phone, walk in the center of the road, and pay attention!

Arlington Street Church, *Unitarian Universalist* 351 Boylston Street Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 am to 5:00 pm Phone: 617-536-7050 • Fax: 617-536-7051 E-mail: office@ASCBoston.org • Web: www.ASCBoston.org



## News from the Soul of Sunday

SUNDAY, SEPTEMBER 13TH, 2009

### **Today's Events**

### Coffee Hour

Immediately following the service in the Parish Hall

Let's gather downstairs for coffee, comestibles, and community! If you're visiting Arlington Street Church, or would like more information about Unitarian Universalism, please visit the Welcome Table. The children are in the Perkins Room, right off the Parish Hall; stop by to see what they have been up to this morning. And there's always something going on at the Social Action Table. All are welcome. Enjoy!

# Children's Religious Education

All children are invited to join Erick DuPree, religious educator, for church school immediately following the water communion. Today, children will create nametags, get to know each other, and help to decorate the newly renovated Perkins Room downstairs.

During Coffee Hour, the Children's Religious Education Committee, along with Erick, will be registering children for church school. This year we will be offering three classes: *Little Lights, Chalice Children*, and *Explorers*. This is an excellent opportunity to learn about church school, to meet other parents and volunteers, and to learn how you can get involved. All are welcome!

Our church school has grown, and we need your help! We are looking for volunteers to assist in the children's religious education program. This is a great and easy way to foster community and help out your congregation. Please see Erick DuPree, religious educator, during Coffee Hour.

# **Congregational Announcements**

#### **Church Calendar Reminder**

The church calendar is available online at our website, www. ASCBoston.org. The calendar can be found on the Home page, on the left navigation bar. The calendar is regularly updated. To confirm or view a meeting time and place, please check the online calendar before calling the church office.

### **Open-Sharing Worship for Katie Tyson**

Saturday, September 26th, 7:15 PM, Chapel

Join us to share memories of Katie. This event is open to all.

We'll loosely follow the circle worship style often used by UU Youth and Young Adults, but the bulk of the worship will be a time for anyone to share a favorite memory of Katie. Feel free to bring a poem, song, or story to share.

We will gather at 7:15 PM and begin at 7:30 PM. We may end by 8:30 PM, but wouldn't be surprised if the worship ran until 9:30 PM or later (Feel free to leave whenever you need). When entering the building, please use the upstairs door at 351 Boylston Street.

### A Service in Celebration of the Life of Katie Tyson

Sunday, September 27th, 1:30 PM, Sanctuary and Chapel

Please join in welcoming Katie's parents, Karen and Herb Tyson; the Boston University community; and Katie's many friends to Arlington Street Church for this memorial celebration.

# Introducing Arlington Street Church's New Acting Associate Minister!

The Rev. Yvonne Schumacher Strejcek — newly fellowshipped, newly ordained — comes to us from the Unitarian Church of Harrisburg (PA) where she served as Acting Associate Minister (2008–09) after a year there as Intern Minister (2007–08).

She's a lifelong UU who earned her MDiv from Starr King School for the Ministry in Berkeley in 2008.

She's been a congregation president, a new congregation organizer, district president, and Acting District Exec in the UUA's Pacific Central District. She was a board member of the UU Legislative Ministry in California and has served in numerous lay leadership positions in UU congregations and the Pacific Central District. Her previous careers were in audiobook publishing, editing/proofreading, and federal civil rights work with the Equal Employment Opportunity Commission and the US Commission on Civil Rights.

She moved to the Boston area from Pennsylvania this summer with her husband Barry Strejcek and their cute little Havanese dog Bounder. Their son Brendan lives in Toronto with his partner Chenbo Zhong. Barry's grown "kids" Kier, Nathan, and Mardi are parents of Yvonne and Barry's grandkids Conor, Liam, Locke, and Marissa.

Yvonne will be working half-time with us this year. Her ministry interests include growing healthy, thriving congregations, using our UU values to foster peace and justice in our lives and the wider community, and valuing every single person in our congregation. She wants you to know she is feeling blessed and honored to serve this congregation, and looks forward to getting to know us. Please help her feel welcome at Arlington Street Church!

# Coming Up...

#### Sunday, September 13th, 2009

9:30 AM Choir Warm-Up - Sanctuary

9:30 AM Social Action Committee - Archives Room 10:00 AM Fundraising Team Committee - Clarke Room 11:00 AM Sunday Morning Worship - Sanctuary

12:00 рм Coffee Hour - Parish Hall

#### Monday, September 14th, 2009

6:00 PM Prison Education Group - Perkins Room 7:00 PM UU Reading Group - Stage Right Room

#### Tuesday, September 15th, 2009

5:00 PM Human Resource Committee - Perkins Room 6:00 PM Prudential Committee - Perkins Room

#### Wednesday, September 16th, 2009

6:00 РМ Kundalini Yoga - Parish Hall 7:30 РМ Lama Surya Das - Chapel

#### Thursday, September 17th, 2009

7:00 PM Choir Rehearsal - Clarke Room

#### Friday, September 18th, 2009

5:00 рм Friday Night Supper Program - Parish Hall and Kitchen

7:00 PM Young Adult Group - Perkins Room

#### Saturday, September 19th, 2009

No congregation related events at this time.

#### Sunday, September 20th, 2009

8:00 AM Children's Religious Education (CRE) - Perkins Room

9:30 AM Choir Warm-Up - Sanctuary

10:00 AM Fundraising Team Committee - Clarke Room

11:00 AM Sunday Morning Worship - Sanctuary

12:00 рм Coffee Hour - Parish Hall

12:30 PM Congregational Conversations - Clarke Room 12:30 PM Santuario Task Force meeting - Chapel

#### \*Closed meeting

**NOTE:** This calendar is accurate as of noon the Wednesday before publication and only includes events directly related to the congregation. For complete, upto-date calendar listings over the coming months, visit www.ASCBoston.org.

# Thank You, Summer Volunteers!

Summer volunteers included Jude-Marie Supplice, who organized the name tags for Sundays and supplied the pew racks with pledge envelopes and literature; Linda Evans, who worked with the Welcome Table; Woody O'Kane, who managed the Sandwich Board, and George Gibb, whose volunteering has been invaluable over this summer! George has many skills and has helped move furniture, remove dust from steam radiators, make plumbing repairs and mow and trim the lawn!



# Thank You to the Summer Speakers and Worship Coordinators!

Sarah Richards, Rob Cuddi, Desmond Ravenstone, Todd Rinehart, Michael Orzech, Kate Landis, Lois Hartsough, Matt Meyer, Deb Tobin, Harlow Robinson, Barb Seidl, Karl Paulnack, and Rev. George Whitehouse.

## **Music At Arlington Street Church**

# Love Singing? Love Community? Be Part of our Arlington Street Church Choir!

Do you love to sing? Would you like to be part of a community of sharing music? Do you want or need to take just a couple hours out of your week to create something beautiful? The Arlington Street Church Choir may be just the place for you! No musical experience necessary!

We find that making music with and for our community here at Arlington Street is a central and beautiful part of our spiritual practice as Unitarian Universalists. We rehearse one night a week and sing Sunday mornings at our weekly services, performing an array of challenging, evocative repertoire spanning dozens of cultures, and centuries of musical and liturgical history.

The choir is open to all interested singers able to make a commitment to the choir's schedule. Attendance each week is not mandatory, though members find that it's difficult to function effectively if they miss more than a quarter of the rehearsals. We rehearse on Thursdays from 7:00 – 9:00 PM in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.



# **Support Immigrant Rights!**

The Santuario Task Force will meet Sunday, September 20th, 12:30pm-2pm in the Chapel. There will be an update on recent detentions, raids and deportations and a discussion of opportunities for service work with immigrants and immigrant rights.

# **Unitarian Universalist Reading Group**

Mondays, 7:00 PM, in the Stage Right Room

The Unitarian Universalist Reading Group will continue this fall. Join us! To sign up, send an email to Richard Mattoli in care of Office@ ASCBoston.org or visit the Membership Table during Coffee Hour.