



**ARLINGTON  
STREET CHURCH**  
Unitarian Universalist

SUNDAY, AUGUST 4<sup>TH</sup>, 2013

*Welcome to Summer Services*

ADOPT THE PACE OF NATURE.  
HER SECRET IS PATIENCE.  
*RALPH WALDO EMERSON*

**PRELUDE**

Aspen, Miles Apart, Trooper, Twilight, Wildflower

Molly Lozeau, piano

*Jennifer Haines* (b. 1980)

**CHALICE LIGHTING** ..... Alison Dias  
Buddha, Samyutta Nikaya 47:19

*The flaming chalice is the symbol of our free faith.*

**WELCOME AND GREETINGS**

**\*HYMN 100**

I've Got Peace Like a River ("patience like a river")

**COMMUNITY CANDLES OF SORROW & JOY**

You are invited to share your sorrows and joys with the congregation by filling out a Candle Card in the back pew on the right-hand side of the sanctuary. Candle Cards are collected until the beginning of the first hymn. After the service, Candle Cards are posted downstairs during coffee hour. You may also submit a candle by Saturday night at the church website, [ASCBoston.org](http://ASCBoston.org), by clicking on "Worship."

**Spirit of Life (Hymn 123)**

Spirit of Life, come unto me.

Sing in my heart all the  
stirrings of compassion.

Blow in the wind, rise in  
the sea;

Move in the hand, giving  
life the shape of justice.

Roots hold me close; wings  
set me free;

Spirit of Life, come to me,  
come to me.

Fuente de Amor, ven hacia mí.

Y al corazón,  
cántale tu compasión.

Sopla al volar,  
sube en la mar;

Hasta moldear  
la justicia de la vida

Arráigame,  
libérame,

Fuente de Amor, ven a mí,  
ven a mí.

## **AFFIRMATION AND COVENANT**

Love is the spirit  
of this congregation,  
And service is our gift.  
This is our great covenant:  
To dwell together in peace,  
To speak our truths in love,  
And to help one another.

El amor es el espíritu  
de nuestra congregación  
Y el servicio es nuestro regalo.  
Esto es a lo que nos comprometemos:  
Convivir en paz,  
Hablar nuestras verdades con amor,  
Y ayudarnos los unos a los otros.

### **\*HYMN 1009** *(in the teal hymnal)*

Meditation on Breathing

**POEM** ..... Alison Dias

Just Before ..... *Luigi Roberto Cuddie*

## **SERMON**

Patience, One Breath at a Time ..... Luigi Roberto Cuddie

## **SILENT REFLECTION, MEDITATION, AND PRAYER**

### **OUR SHARED RESPONSIBILITY**

Over 300 pledging members and friends support the work of Arlington Street Church with commitments averaging \$20 a week plus volunteer service. Whatever you give is greatly appreciated. Please consider a generous donation today! Contributions placed in an envelope will be credited toward your pledge.

## **OFFERTORY**

Dance of the Lonely Maiden ..... *Alberto Ginastera (1916-1983)*  
Molly Lozeau, piano

## **PARISH HIGHLIGHTS**

### **\*HYMN 118**

This Little Light of Mine

### **\*BENEDICTION AND EXTINGUISHING THE CHALICE**

Buddha, The Dhammapada 122

## **POSTLUDE**

Finale: Tempo di Minuet, from *Sonata No. 59 in Eb major*  
Molly Lozeau, piano *Joseph Haydn (1732-1809)*

*\*You are invited to stand as you are willing and able.*

**PLEASE SILENCE YOUR CELL PHONE. THANK YOU!**

### **Service is Our Gift**

*Guest Speaker, Luigi Roberto Cuddie*

*Worship Coordinator, Charles Dimino*

*Candles Coordinator, Ann Clarke*

*Lead Greeter, Art Nava*

*Lead Usher, Dennis Haley*

*Assistant Treasurers, Philip Roberts and Scott Schroeder*