



**ARLINGTON  
STREET CHURCH**  
Unitarian Universalist

SUNDAY, JUNE 25<sup>TH</sup>, 2017

*Welcome to Summer Services*

*\*You are invited to stand as you are willing and able.*

**PRELUDE**

Improvisation

Mark David Buckles, piano

Julie Metcalf, violin

**WELCOME, CHALICE LIGHTING, AND GREETINGS**

*The flaming chalice is the symbol of our free faith.*

**\*HYMN 1007**

There's a River Flowin' in My Soul

**COMMUNITY CANDLES OF SORROW & JOY**

You are invited to share your sorrows and joys with the congregation by filling out a Candle Card in the back pew on the right-hand side of the sanctuary. Candle Cards are collected until the beginning of the first hymn. After the service, Candle Cards are posted downstairs during coffee hour. You may also submit a candle by Saturday night at the church website, ASCBoston.org, by clicking on "Worship."

**Sanctuary** ..... *John W. Thompson and Randy Scruggs (b. 1953)*  
text adapted: *Crawford Harvie/Buckles*  
music arranged: *Mark David Buckles (b. 1980)*

Open my heart to be a sanctuary  
All made holy, loved and true  
With thanksgiving, I'll be a living  
Sanctuary for you

**AFFIRMATION AND COVENANT**

*Love is the spirit  
of this congregation,  
And service is our gift.  
This is our great covenant:  
To dwell together in peace,  
To speak our truths in love,  
And to help one another.*

*El amor es el espíritu  
de nuestra congregación  
Y el servicio es nuestro regalo.  
Esto es a lo que nos comprometemos:  
Convivir en paz,  
Hablar nuestras verdades con amor,  
Y ayudarnos los unos a los otros.*

**\*HYMN 1053**

How Could Anyone?

**SERMON**

Shame Less ..... Melissa Dlugolecki

# SILENT REFLECTION, MEDITATION, AND PRAYER

## ANTHEM

True Things ..... *JJ Heller* (b. 1980)

Mark David Buckles, guitar and vocals

Julie Metcalf, violin and vocals

There are true things inside of me

I have been afraid to see

I believe.

Help my unbelief.

Would you say again what you said to me

“I am loved and I am free.”

I believe

Help my unbelief.

## OUR SHARED RESPONSIBILITY

During the offertory, you are invited to open your heart and engage in the spiritual practice of generosity. For 288 years, the abundant support of our community has allowed Arlington Street Church to remain a beacon for liberal religious values in downtown Boston. Your gifts in the Sunday plate sustain both the church and the larger community – half of the offering is shared



with a partner in our mission of love, service, justice, and peace. As a convenient option, you may text the word GIVE to 617-300-0509 or scan the QR code.

*Thank you for your stewardship and support!*

## OFFERTORY

Two Rivers ..... *Larry Unger* (b. 1951)

Julie Metcalf, violin

Mark David Buckles, piano

## PARISH HIGHLIGHTS

### \*HYMN 201

Glory, Glory, Hallelujah

### \*BENEDICTION AND EXTINGUISHING THE CHALICE

### \*RECESSIONAL *(sung twice; please join in!)*

When You Walk From Here ..... text: *Linnea Good*

music: *Tom Witt*, arranged: *Mark David Buckles*

*When you walk from here, When you walk from here,*

*Walk with justice, Walk with mercy, and with God's humble care.*

## POSTLUDE

The Earl of Dalhousie's Happy Return to Scotland

*Neil Gow Jr.* (1795 - 1823)

# INSIDE

ARLINGTON STREET CHURCH

## *NEWS FROM THE SOUL OF SUNDAY*

SUNDAY, JUNE 25<sup>TH</sup>, 2017

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### All Are Welcome

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*We are glad you have joined us this morning for worship!*

This morning, we invite you to:

- \* Fill in the Welcome Card and place it in the collection plate;
- \* Join us for coffee and a light lunch in the Parish Hall;
- \* Introduce yourself to the service leaders, and;
- \* Please come back again soon!



#### **TODAY'S SPEAKER**

**Melissa Dlugolecki** joined the Arlington Street Community in 2014 and is an active member on the Worship Committee. Melissa is currently the athletic director at Arlington High School and a certified yoga instructor. She previously taught and coached at both the youth and high school levels. Melissa majored in psychology and sociology and continues to study education, philosophy and nutrition. She is the proud mother to her late daughter, Leyden, and partner to Mike, both of whom inspire, strengthen and motivate Melissa each day.



#### **SPEAKING ON SUNDAY, JULY 2<sup>ND</sup>**

Just One ..... Al Ingram

We are each just one person, one of the millions of people in our country and billions on our planet. So how can one person make a difference? How can we each discover our unique, individual gifts? How can we find the energy to present our gifts? How can each of us lead ourselves and others through the change we want to see?

**Al Ingram** started attending Arlington Street Church in 1996 and joined in 2008. He currently serves on the Prudential Committee and Covenant Renewal team. He is an independent leadership coach who helps high-tech professionals “find their calm” and become master change leaders. He’s also a member of the Boston Gay Men’s Chorus, and has sung at almost every ASC Christmas Eve service since 1996.

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## SUMMER WORSHIP HIGHLIGHTS

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### **SUMMERTIME AT ARLINGTON STREET**

The program staff and the Arlington Street Choir are away for the summer, but will be back for worship on September 10th. Today and every Sunday through Labor Day, we are grateful to our musicians, our preacher, the volunteer team, and Jaimie Dingus, our Summer Student Minister, for this beautiful worship service!

Next to the Hunnewell Chapel, there is a nursery for restless babies and their caregivers. This space offers a rocking chair, changing table with supplies, and a live audio feed of the service.

Should you need a minister over the summer, please call the church office at 617-536-7050. The admin staff is always here for you; Jeffrey, and Brad are glad to help! Happy summer, one and all!

During summer the best way to stay informed on all of the church's activities is to visit our website, [ASCBoston.org](http://ASCBoston.org) and click on "Calendar." Jeff Bouchard, our facilities manager, keeps it current.



### **COFFEE HOUR**

Immediately following the service in the Parish Hall

Let's all gather downstairs for beverages, light lunch, & community!



### **SUMMER MEDITATION**

Tuesdays, June 27<sup>th</sup>, July 11<sup>th</sup> & 25<sup>th</sup>, & August 8<sup>th</sup> & 22<sup>nd</sup> ~ 6:45 PM

While the Arlington Street Zen Center is on summer recess, Martha Weiss has generously offered her office for Buddhist meditation on the second and fourth summer Tuesdays. Martha's office is located on Marlborough Street, a short distance from ASC. If you are interested, please contact her through Jeffrey Bouchard in the church office at [office@ASCBoston.org](mailto:office@ASCBoston.org). All are welcome!



### **KUNDALINI YOGA CLASS**

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



### **SUMMER SEMINARY IS COMING TO ARLINGTON STREET!**

Sunday, July 30<sup>th</sup> ~ 11:00 AM, Sanctuary

Mark your calendars for a special service by Summer Seminary students on July 30th! High school aged youth from across the country are convening in Boston to discern their call to ministry in all its forms. We welcome them to our congregation and join them in exploring the theme Giving Life the Shape of Justice. At Summer Seminary, students will learn with local religious professionals at Harvard Divinity School, Arlington Street Church, and the Unitarian Universalist Association's Headquarters.



### **BUDDHA'S BELLY SUMMER READ**

Everyone is invited to join the members of Buddha's Belly, Arlington Street's Buddhist book group, in reading Sharon Salzberg's *Real Love: The Art of Mindful Connection*. Sharon is a beloved teacher and the co-founder of Insight Meditation Society in Barre,



Massachusetts. *Real Love* is a creative tool kit of mindfulness exercises and meditation techniques to help deepen our capacity to love and be loved. From 6:00-7:00 on Tuesday evening, September 12th, we'll gather in the Hunnewell Chapel to discuss *Real Love*. All are welcome!



### **INTERSECTIONAL BOOK DISCUSSION**

Monday, September 18<sup>th</sup> ~ 6:00 - 7:30 PM, Frothingham Library

Join Rev. Kim for the third in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading *Beyond Ramps: Disability at the End of the Social Contract* by Marta Russell. All are welcome!



### **ARLINGTON STREET IS SEEKING AN ACCOMPANIST/ORGANIST**

The Accompanist/Organist accompanies the choir and soloists and provides music for Thursday evening rehearsals, Sunday worship services, and special services. Depending upon qualifications, this position may also include assistant directing responsibilities with the choir. For more information, please visit [ASCBoston.org/music/job\\_posting.html](http://ASCBoston.org/music/job_posting.html)

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### **Share the Plate**

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Each Sunday between September and June, we shared the offering plate with a partner in our mission of love, service, justice, and peace. This year's Share the Plate recipients include:

**Beyond the 11th**, *which supports widows of terrorism in Afghanistan.*

**Into the Woods**, *a weekend of camping in Vermont for kids from Dorchester and Roxbury.*

**PetPals**, *cat and dog volunteers who, along with their human companions, visit elderly residents in long-term care facilities.*

**The Standing Rock Sioux Tribe**, *to support their work to stop the Dakota Access Pipeline.*

**The Haitian Coalition**, *to support Hurricane Matthew Relief Drive for People in Haiti.*

**Friday Night Supper Program**, *feeding our neighbors who are hungry and homeless.*

**Bethel Tabernacle Pentecostal Church in Dorchester**, *for their holiday outreach.*

**Stop Hunger Now/Rise Against Hunger** *to package 20,000 meals*

**Renewal House**, *providing shelter and services for people escaping domestic violence.*

**Only a Child**, *a home, carpentry shop, and venue for education for street kids in Guatemala.*

**Boston Marathon Charity Runners for Team Hoyt and Team Leyden**, *supporting The Hoyt Foundation and Boston Children's Hospital.*

**Louis D. Brown Peace Institute**, *the anti-gang violence organization in Boston.*

**Camperships** *to help get kids and youth off the city streets and into the word at camps sponsored by Morgan Memorial Goodwill Industries (Fresh Air Camps), Into the Woods (Arlington Street Church), and Lend a Hand Society, and*

**The Katie Tyson Fund** *for Youth and Young Adult Ministries*

*Thank you for your Generosity!*

#### **Service is Our Gift**

Guest Speaker, *Melissa Dlugolecki*

Worship Coordinator, *Kate Birney*

Candles Coordinator, *Art Judge*

Song Leader, *Mark David Buckles*

Lead Greeter, *Queen Cheryl*

Lead Usher, *Kevin Tyrrell*

Assistant Treasurers, *Nancy George & Kevin Tyrrell*