

Sanctuary Movement at the Suffolk County House of Correction. We will car pool from the church at 1:15. If you want a ride, please email socialaction@ascboston.org.

Blessing of the Animals

Sunday, September 28th ~ 11:00 AM, Sanctuary

Each year on a Sunday near the Feast Day of St. Francis, we celebrate the animal companions in our lives by welcoming them (crated, on a leash, in a bowl) to be blessed. Come join in this happy, hilarious, and love-filled worship service!

In celebration of next week's annual Blessing of the Animals service, we'd love for you to submit a picture of your furry companions. All photos will be displayed on a bulletin board in the Parish Hall from Sunday, September 28th to Sunday, October 18th. Please contact Morgan Johnstone through the church office for more information.

Interfaith Open House

Sunday, September 28th ~ 2:00–5:00 PM, Roxbury

The ASC Transformation Team and the CRE Committee invite you to join us at an Interfaith Open House. Meet at the great doors at 1:15 for a short Orange Line ride from Back Bay to Roxbury Crossing or bring your animals home and then meet up in Roxbury when you can!

We will start at the First Church in Roxbury, founded in 1632. Explore the 1804 meetinghouse, climb up to the steeple for a stunning view of downtown Boston, ring the Paul Revere bell, and participate in a scavenger hunt to learn the history of a congregation that helped to establish Harvard College, founded Roxbury Latin School, and played an important role in our Revolutionary War.

We will then walk down the hill to tour the Islamic Society of Boston Cultural Center, the largest mosque in New England and a dynamic cultural center. Our tour guide will speak to the architectural and spiritual features of the Center. We will also learn about Islam and the Boston Muslim community, and have an opportunity to discuss how we can all foster interfaith dialogue. For more information please pick up a flyer at the Welcome table or see Nancy Perna.

Multiculturalism / Anti-Racism Workshop Series

Wednesdays, October 1st–November 19th ~ 6:30-8:30 PM, Perkins Room

Building the World We Dream About is a Unitarian Universalist workshop curriculum that seeks to interrupt the workings of racism and transform how people from different racial/ethnic groups understand and relate to one another. It offers:

- Honest and open conversations about race
- Tools to better understand your own ethnic and racial identity and journey
- Practical skills you need in your own life, right now, in an increasingly multicultural world

This highly interactive class consists of eight, two-hour workshops including take-home activities, reflections, and readings to be done between workshops. It will be facilitated by Arlington Street members Art Nava and Barbara Seidl. For more information or to sign up, please email transformation@ascboston.org. Childcare available upon request. Please let us know the ages of your children. The series is free!

Children's Religious Education Wants You!

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt! If the answer is yes, please contact Laura or Erica for more information!

CRE Volunteer Training

Tuesday Sept. 23rd ~ 6:30PM Parish Hall

Are you interested in teaching a CRE class this year? Do you want to learn more about how you could be involved with programs for children and youth at Arlington Street Church? If so, please consider attending our volunteer training. This is a great opportunity to meet other CRE volunteers, learn about our grade-based group curriculums and offer your own new and exciting ideas for religious education programs at Arlington Street Church. Please RSVP by emailing Erica at elong@ascboston.org.

Join the Arlington Street Choir this Fall!

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome—we are a mix of professionals and amateurs. One highlight of our coming fall repertoire will be Benjamin Britten's resplendent masterwork, Rejoice in the Lamb.

We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements *before Tuesday noon* to print@ascboston.org. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM
Phone: 617-536-7050 • Fax: 617-536-7051
E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE



ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, SEPTEMBER 21ST, 2014

TODAY

Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson.

THIS WEEK

Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, September 23rd ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

Buddha's Belly meets at 6 PM. Tonight, we begin our discussion of Pema Chödrön's *The Wisdom of No Escape and the Path of Lovingkindness*. Please read chapters 1-4 (pp. 3-20).

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

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Transformation Team Meeting

Tuesday, September 23rd ~ 7:00 PM, Perkins Room

The Transformation Team meets monthly and works to support and foster anti-racism, anti-oppression, and multicultural practice across all committees and all aspects of church life. Come to this meeting to learn more about joining the team! A one-year commitment will be required.

Shambhala Gathering: Food, Conversation, and Meditation

Wednesday, September 24th ~ 7:00-8:30 PM, Shambhala Meditation Center of Boston, 646 Brookline Avenue, Brookline, MA

In the spirit of continuing to build on our relationship with Shambhala Center, Join Rev. Kim and her friend and colleague, Shastri Carolyn, for an evening with our Shambhala Buddhist friends in Brookline.

You are invited to arrive anytime after 6:15. Bring your dinner, if you'd like. Enjoy a cup of tea, and relax with others.

The program will begin at 7:00, and will include guided group meditation instruction; meditation practice; and a conversation between Shastri Carolyn and Rev. Kim about their respective spiritual paths—Shambhala Buddhism and Unitarian Universalism/Zen Buddhism—basic goodness, enlightened society, and whatever else might be on their minds! Questions and reflections from the congregation will be followed by refreshments and social time. All are invited to this free event, or a donation to Shambhala Center is welcome!

Interfaith Summit on Immigrant Justice

Saturday, September 27th ~ 10:00 AM - 4:00 PM, Hunnewell Chapel

Learn about the conditions that are driving the immigrant children crisis and help determine a compassionate response. We'll hear stories from immigrant families and from an ALL STAR panel of immigrant rights leaders!

- Patty Montes, Executive Director of Centro Presente
- Natalicia Tracy, Executive Director of Brazilian Immigrant Center
- Gladys Vega, Executive Director of Chelsea Collaborative
- Cristina Aguilera, Organizing Director of MIRA
- Lucy Pineda, Executive Director of LUMA (Latinos Unidos de Massachusetts)

Sponsored by Boston New Sanctuary Movement, UU Mass Action, and the Alliance for Immigrant Justice. Please RSVP by email to socialaction@ascboston.org.

Homecoming Potluck

Saturday, September 27th ~ 5:30-8:00 PM, Parish Hall

Everyone, adults and children, is invited to our homecoming potluck! Greet friends, meet new people, enjoy good food and fellowship! Bring your dish at 5:30. Dinner will begin at 6:00, following a welcome from Rev. Kim. After dinner, it's dessert and games!

Sign up at the Welcome Table after the Sunday service. You can also RSVP to Charles Howes or Shane McBride through the church office (office@ascboston.org).

We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at ASCBoston.org

This Week

Sunday, September 21, 2014

9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins, Parish, Stage Right
12:00 PM	Coffee Hour and Lunch ~ Parish Hall

Monday, September 22, 2014

6:00 PM	Membership Team Meeting ~ Perkins Room
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Tuesday, September 23, 2014

6:00 PM	Buddha's Belly ~ Hunnewell Chapel
6:30 PM	CRE Volunteer Training ~ Parish Hall
7:00 PM	Arlington Street Zen Center ~ Sanctuary
7:00 PM	Transformation Team ~ Perkins Room

Wednesday, September 24, 2014

*11:30 AM	Staff Meeting ~ Perkins Room
6:00 PM	Kundalini Yoga ~ Hunnewell Chapel

Thursday, September 25, 2014

7:00 PM	Choir Practice ~ Clarke Room
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Friday, September 26, 2014

5:00 PM	Friday Night Supper ~ Parish Hall
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Saturday, September 27, 2014

10:00 AM	Social Action Committee/BNSM ~ Hunnewell Chapel
5:30 PM	ASC Homecoming Potluck ~ Parish Hall

Sunday, September 28, 2014

9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins, Parish, Stage Right
12:00 PM	Coffee Hour and Lunch ~ Parish Hall
*12:30 AM	Nominating Committee ~ Smith Room

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON
STREET CHURCH
Unitarian Universalist

Save the Date

A Spiritual Journey Through Alzheimer's Disease

Book Reading & Signing with Rev. Dr. Jade Angelica

Sunday, October 19th ~ 12:30 PM, Hunnewell Chapel

Please join Rev. Kim in welcoming her beloved colleague, Jade Angelica, whose ground breaking work offers hope, inspiration, and healing through her "Healing Moments Alzheimer's Ministry." (healingmoments.org). Rev. Jade writes, "Our mission is to improve the quality of life for persons with Alzheimer's and dementia, reduce caregiver stress, and inspire a hopeful attitude. Our intent is to help caregivers and communities develop a deeper understanding of these diseases, and nurture the belief that deep, meaningful relationships remain possible throughout all the stages of dementia." Rev. Jade's new book, both a spiritual memoir and pastoral guide, is entitled *Where Two Worlds Touch*. In it, she shares the reassuring words of someone who has been there and can give advice on preserving connection, finding hope, and staying open to the possibility of grace. To read Rev. Jade's beautiful piece entitled "Acceptance and Gratitude: Transforming Spiritual Practices for Alzheimer's Caregivers," please see huffingtonpost.com/jade-c-angelica/acceptance-gratitude-tran_b_5699475.html.

A brief reading will be followed by questions and answers. Books will be for sale at a special price, and Rev. Jade will be happy to sign them for us. All are welcome!

ANNOUNCEMENTS

Changes for OOS, Inside, the Web, & Reimbursements

Our Business Administrator, Phyllis Guiliano, has taken a new position and is no longer working at Arlington Street. There are two new people who now handle the publications and the finances.

- Laurinda O'Connor will be producing Inside and OOS and continuing her weekly role updating the ASC web content. When you have a listing for any of these, including Snapshot, please send it to publications@ascboston.org. The deadline is still Tuesday at noon!
- Adam Berman will take over the bookkeeping. Adam can be reached at bookkeeper@ascboston.org for reimbursements or for payments that need to be made to outside organizations, etc.
- Jeffrey Bouchard is responsible for donations, member contact information, pledge forms, and email distribution lists. Jeff can be reached at jbouchard@ascboston.org.

Arlington Street Fund for Rev. Eugene Navias

Rev. Eugene Navias was passionate about a lot of things: religious education, history, LGBT rights, music, and Arlington Street Church. We are establishing a memorial fund in Gene's honor! Donation checks can be written to Arlington Street Church with Gene Navias Fund in the memo line.

Prayer Vigil for Immigrant Detainees

Sunday, September 28th ~ 2:00 PM, 20 Bradston Street, Boston

Stop the detentions and deportations and help keep immigrant families together! Join the prayer vigil sponsored by the Boston New

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