

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, MARCH 19TH, 2017

If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.

TODAY



Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community. Additional volunteers are always welcome to help with food preparation and, especially, with clean-up. To learn more about joining our team, please stop by the kitchen.



Spiritual Passion: Introduction to Anti-Racism

Today ~ 12:30 – 2:15 PM, Hunnewell Chapel

What is racism? What is white privilege? Why do we say Black Lives Matter? Join Arlington Street's Transformation Team for Racial Justice to learn more. All are welcome; bring your questions!

THIS WEEK



Happiness Hour

Tuesday, March 21st ~ 6:30 PM, Hunnewell Chapel

This is Art of Living's internationally acclaimed seminar on innovative breathing techniques to reduce stress and heighten mental clarity. We will explore the mind-breath-body connection and how we can consciously use our breath to live in the present moment, break through barriers, manage emotions, realize our full potential, and live a happier life! The program includes guided meditation and an introduction to the Art of Living Course and Sudarshan Kriya, the famous, powerful breathing technique. All are welcome!



Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

are \$30 each (\$20 for seniors and students) and can be purchased at www.onlyachild.org or at the door. Please join us for this festive evening and worthy cause!



Arlington Street Church Visitor Tours

The guided tour program for our historic church and its unique Tiffany stained glass windows will begin again on April 25th. Tours will be offered Tuesday through Saturday during April and May and Monday through Saturday from June to October. We need volunteers to warmly welcome our guests from all over the globe. If you are potentially interested in serving as an ambassador or greeter in the visitor's center, please contact Cecelia Levin at preservation.ascboston@gmail.com.



Long Strange Trip Part 2: The Birth of Unitarianism (1553 – 1794)

Sunday, April 30th ~ 1:00 PM, Hunnewell Chapel

Throughout 2017, Arlington Street historian, Holly Hendricks, will be screening all six episodes of Ron Cordes' documentary series tracing Unitarian Universalist history from early Christianity to the modern era. The second film in our series chronicles religious liberals in Poland and Transylvania, concluding with the emigration of Joseph Priestley from England to America in 1794. Upcoming films in the series in viewing order include American Unitarianism 1620-1860; Universalism 1600-1860; Evolution 1861-1961; and Unitarian Universalism 1961 on.

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

The 2015 restoration of Arlington Street Church's Tiffany stained glass windows was made possible through the generous support of this congregation, an anonymous donor, and the George B. Henderson Foundation.

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729
Email: Office@ASCBoston.org • Web: www.ASCBoston.org

Local Green Jobs campaign is designed to compel the local utility company to radically increase investments in renewable energy and create jobs in low income communities. EQAT will also speak to their success in forcing PNC Bank to divest from mountaintop removal coal mining through a five-year, non-violent campaign of civil disobedience.

The space is fully accessible, and the event is free, but there is a \$10 suggested donation to cover food and space rental. For more information, contact Evan Seitz at 413-687-8444 or eseitz@uumassaction.org.

Get Ready for the Adventure of a Lifetime

Saturday, April 1st ~ 6:30 PM, Arlington Street Church

Indulge, Arlington Street's annual fundraising gala, is coming soon! The success of Indulge depends on dedicated volunteers who staff the event and those who donate auction items. Please stop by the Indulge table in the Parish Hall to volunteer and help make the 7th annual Indulge the best ever!

Following on last year's success, we're bringing back the raffle with even more fantastic prizes. Tickets are available now at the Indulge table during coffee hour (\$20/each) and will be sold at the event. The drawing will be at the end of the evening, and you do not have to be present to win.

Living in the Cave: Addiction and Shame with Peg O'Connor

Sunday, April 2nd ~ 1:00 PM, Hunnewell Chapel

Plato's famous allegory of the cave is a way to understand some dimensions of addiction, relapse, and recovery. As useful as the allegory may be, it does raise an important question: Why are some people in the cave in the first place? This talk explores structural dimensions of oppression and their relation to addiction and how shame can be both a cause and a consequence of addiction. Peg O'Connor is the author of *Life on the Rocks: Finding Meaning in Addiction and Recovery* and the popular "Philosophy Stirred, Not Shaken" blog on psychologytoday.com. She is also a columnist for the Pro Talk series on rehab.com. Peg is a recovering alcoholic who believes that philosophy helped her to get and stay sober.



A Syrian Refugee's Journey

Saturday, April 8th ~ 5:00 PM, Hunnewell Chapel

Sarah Ezzat Mardini is coming to Arlington Street to share her incredible story. In the summer of 2015, Sarah and her sister climbed into a crowded rubber dinghy in Turkey bound for the Greek island of Lesbos. When the boat began taking on water, the sisters plunged into the sea and swam for hours, tugging the vessel toward shore. Their bravery and determination saved the lives of all 20 passengers onboard. Today, Sarah lives in Germany with her family and helps Syrian refugees in Greece rebuild their lives. Please RSVP through the Facebook event "A Syrian refugee's journey of courage and hope."

Save the Date: Only a Child Fundraiser

Saturday, April 8th ~ 7:00 PM, American Legion Hall
(215 Waverly Oaks Road, Waltham)

Project Only A Child is holding its annual fundraiser on April 8th. This program was founded by our own George Leger to support impoverished youth in Guatemala. Enjoy a buffet supper and buy raffle tickets to win restaurant gift certificates, handcrafted Guatemalan textiles, and beautiful boxes made by the young men in Only A Child's carpentry shop. Tickets

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Judah Leblang: One-Man Show
One Man's Journey through the Late Middle Ages

Friday, March 24th ~ 8:00 PM, Hunnewell Chapel

Writer/storyteller/columnist Judah Leblang presents a new version of his one-man show—One Man's Journey through the Late Middle Ages. The show, based on Judah's book *Finding My Place*, is a mostly humorous look at getting older and dealing with times when "man planned and God laughed." Tickets are \$15/\$12 for ASC members at the door. For more information, visit www.judahleblang.com or call 617-466-9637.



From Spirit with Love:
A Council Gathering of The Ancestors

March 25 – 26th ~ Roots and Wings Healing Arts, Natick

Join licensed psychologist and spiritual elder, Dr. Maria Michael, for this experiential workshop designed to promote physical, mental, emotional, and spiritual healing. Learn more at www.drmariamichael.com.

ANNOUNCEMENTS



Feed 20,000 in Two Hours

Sunday, March 26th ~ 1:00 PM, Parish Hall

Arlington Street's 4th annual meal packaging event with Rise Against Hunger is happening next week! With neighbors from Emmanuel Church and Bethel Tabernacle Pentecostal Church, we will be transforming the Parish Hall into an all-ages assembly line. Be part of the fun as we package 20,088 highly-nutritious, dehydrated meals to be shipped across the globe to hungry people in dire circumstances.

Sign up now to join the assembly line and contribute to international hunger relief in this joyful afternoon of hands-on service. Donations are also welcome – a gift of \$29 covers the cost of 100 meals. Give \$100 and feed 345. To register for the event or make a contribution, please visit <http://events.stophungernow.org/ArlingtonSt2017>. Looking forward to seeing you next Sunday!



Arlington Street Circle of Caring

Sundays, March 26th, April 9th & 23rd, and May 21st
 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitators Maureen Peterson and Lisa Kirk lend their significant personal and professional experience to create a safe space for sharing our stories and supporting one another through the crises of life.



Sanctuary and Solidarity

Monday, March 27th ~ 7:00 – 8:30 PM, Hunnewell Chapel

Undocumented people are not safe—anywhere. How can Arlington Street Church be involved with the congregations organizing on this issue? Let's begin by launching a Task Force on Immigrant Justice. The first meeting will be at the church on Monday, March 27th. ALL are invited! *Sponsored by the Social Action Committee.*

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, March 19, 2017

- *9:30 AM Choir Rehearsal ~ Sanctuary
- 9:45 AM Info session for new ASC event host volunteers ~ Perkins Room
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education (CRE) - Nursery, Chapel, Perkins and Carol Smith Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Spiritual Passion: Introduction to Anti-Racism ~ Hunnewell Chapel

Monday, March 20, 2017

- *6:30 PM Finance Committee ~ Carol Smith Room

Tuesday, March 21, 2017

- 6:00 PM Prudential Committee ~ Perkins Room
- 6:30 PM Happiness Hour ~ Hunnewell Chapel
- 7:00 PM Transformation Team ~ Frothingham Library

Wednesday, March 22, 2017

- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel

Thursday, March 23, 2017

- 7:00 PM Choir Practice ~ Clarke Room

Friday, March 24, 2017

- 5:00 PM Friday Night Supper Program (FNSP) ~ Parish Hall

Saturday, March 25, 2017

No congregational events scheduled.

Sunday, March 26, 2017

- *9:30 AM Choir Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education (CRE) - Nursery, Chapel, Perkins and Carol Smith Room
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room
- 1:00 PM Stop Hunger Now ~ Parish Hall

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON STREET CHURCH
 Unitarian Universalist



Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, March 28th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha's Belly*: We will continue our discussion of *The Book of Joy* by His Holiness The Dalai Lama and Bishop Desmond Tutu. Please read through the end of Day 1 (page 78).

7:00 *Arlington Street Zen Center*: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



Arlington Street's Literary Salon, The Wednesdays: Shakespeare

Wednesdays ~ 6:00 PM, Frothingham Library

March 29th ~ Henry V

April 12th ~ Much Ado About Nothing

April 26th ~ Julius Caesar

May 10th ~ As You Like It

Prof. Alan Helms and Rev. Kim welcome you to the next installment of the Wednesdays Shakespearathon! Reading all 38 of Shakespeare's plays is admittedly a huge ambition, but Shakespeare is, by universal consent, not only the greatest writer in the English language, but one of the immortals of world literature. We'll need patience with archaic language while attending to a plethora of footnotes (there's no doing without them unless you live in a world where you cut your meat with a bodkin and your children say their orisons at bedtime). In other words, these Shakespeare courses are not for the faint of heart. But since it's generally true that "as ye sow, so shall ye reap," the rewards will be enormous. For many of us, this will be one of the great experiences of our lives! All are welcome!



Black Lives Matter & Unitarian Universalism Lecture Series

Friday, March 31st ~ 6:00 PM, Rev. Mark Morrison-Reed at First Church in Boston (66 Marlborough Street)

Saturday, April 1st ~ 3:00 PM, Rev. Rosemary Bray McNatt at First Parish in Cambridge (3 Church Street)

Who were the African American leaders in Unitarian, Universalist, and Unitarian Universalist congregations? Why don't today's UUs know about our black ancestors? What is the relationship between this "black hole" in white consciousness and the contemporary Black Lives Matter movement? The Minns Lectures Committee is honored to host these leading UU historians, ethicists, and activists to present their research and address these critical questions. Each lecture will be followed by a wine and cheese reception. Learn more and register at no cost at www.minnslectures.org.



UUs Resist: A New Campaign of Joyous Resistance

Saturday, April 1st ~ 2:00 – 5:30 PM, First Parish Dorchester (10 Parish Street)

UU Mass Action is hosting the Philadelphia-based Earth Quaker Action Team (EQAT) for a presentation on Power Local Green Jobs and a discussion on how UUs might create a similar campaign in the Boston area. The Power