

Arlington Street Circle of Caring

Sunday, March 29th ~ 12:30 PM, Frothingham Library

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle.

Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer and her brother and close friends to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.

Join the Arlington Street Choir!

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome—we are a mix of professionals and amateurs. We rehearse every Thursday in the Clarke Room and are always accepting new members. Please feel free to send questions to our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.

Children's Religious Education Wants You!

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt? If the answer is yes, please contact Laura or Erica for more information at CRE@ASCBoston.org.

Covenant Renewal ~ Have You Pledged Yet?

Along with volunteer service, an annual pledge is an important component of membership at Arlington Street Church. Please fill out a pledge form and place it in the offering basket! Let's give to maintain the glorious building we love, to grow the programs we so enjoy, to support the minister and staff we depend on, and to make real our vision of love, service, justice, and peace in the world!



What happens at
Indulge stays at
Indulge!

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Get Ready to Indulge ... Vegas Style!

Saturday, March 28th ~ 6:30 PM, Arlington Street Church

With only two weeks to go, now is the time to make your commitment to Indulge! You can help make the 6th annual Indulge the best ever!

Here's how:

1. Mail back your RSVP card, letting us know you plan to attend. Or pick up an invitation at the Indulge table today in the Parish Hall.
2. Volunteer to help out if you don't plan to be a guest.
3. Donate something great to the Indulge silent auction.
4. Buy a raffle ticket during coffee hour today for a chance to win one of 3 great prizes.

The success of Indulge depends on each of us. Make a commitment to Indulge today!

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements *before Tuesday noon* to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM
Phone: 617-536-7050 • Fax: 617-536-7051
E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, MARCH 15TH, 2015

TODAY

Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson.

About Today's Speaker

A frequent presence in the Arlington Street Church pulpit and an active member of the congregation for 16 years, guest speaker Barbara Seidl is a 2nd generation Unitarian Universalist and a founding member of both Arlington Street Church's Transformation Team for Racial Justice and The Lucy Stone Unitarian Universalist Housing Cooperative in Roxbury. She is also a professional filmmaker, a lover of all things chocolate, and perhaps best well known for her "leftovers casserole." She is deeply honored to have been invited to serve Arlington Street Church in this way this morning.

Just Coffee Just In!

We have a new supply of Just Coffee from the coffee growers cooperative in Chiapas Mexico. Please get your supply at the Social Action table in the Parish Hall after the service: dark roast and medium roast; ground and beans; \$12 a pound. Brought to you by your friends from the Social Action Committee.

continued on next page...

THIS WEEK

Kundalini Yoga Class

Every Wednesday ~ 5:30 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

Spring Equinox Worship Service with The Sanctuary Boston

Wednesday, March 18th ~ 6PM, First Church Boston, 66 Marlborough St.

There are many traditions that honor this time of the shifting of the sun. From wherever we enter, it is a time of renewal, hope and trust in the new life that will spring forth from the turning of seasons. Join us as we till the soil, prepare the seeds and let the change come! Rev. Mykal Slack will be reflecting as The Sanctuary Boston leads First Church Boston's annual Spring Equinox service. Music will be led by Arlington Street's own Mark David Buckles, who also doubles as the Music Director for the Sanctuary Boston.

The Sanctuary Boston is a community of vibrant, spirit-filled worship and connection. We gather twice a month to worship, reconnect to the sacred, experience the wonder of our being, and encounter a love beyond our knowing. Rooted in Unitarian Universalism, we are open to seekers and worshippers of all kinds. Whether you go to church on Sunday morning or light candles on Friday nights, whether you've been hurt by religion, saved by it, or some of both, whether you're brand new to spiritual community, or a seasoned seeker, you are welcome here. Bring your whole self.

Announcements

Nondiscrimination/Inclusion Amendment to the ASC Bylaws

Many thanks to Desmond Ravenstone for proposing and drafting this excellent addition to our bylaws, and to the Prudential Committee and attendees at the January 11th corporation meeting for their work in refining its language. Please visit ASCBoston.org and click on the Announcements link to read Article 1. A vote on this amendment will be taken at our corporation meeting on March 22nd. Comments are most welcome, and may be sent to office@ASCBoston.org.

Delegates to Represent Arlington Street

At the March 22nd corporation meeting, we will elect delegates to represent Arlington Street at three different gatherings and organizations. The first is five delegates to the General Assembly of the Unitarian Universalist Association scheduled for June 24th - 28th in Portland, Oregon. These delegates will be voting on issues of importance to us and the larger world, and reporting to

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, March 15, 2015

- *9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins, Parish Hall, Stage R.
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Indulge 2015 Planning Meeting ~ Clarke Room
- 12:30 PM Nominating Committee Meeting ~ Smith Room
- 12:30 PM Youth Group ~ Stage Right

Monday, March 16, 2015

- 6:30 PM Boston New Sanctuary Movement ~ Hunnewell Chapel

Tuesday, March 17, 2015

- *6:00 PM Prudential Committee ~ Perkins Room
- 7:00 PM Transformation Team for Racial Justice ~ Frothingham Library

Wednesday, March 18, 2015

- *11:30 AM Staff Meeting ~ Perkins Room
- 5:30 PM Kundalini Yoga ~ Hunnewell Chapel
- 7:00 PM Vets for Peace ~ Hunnewell Chapel

Thursday, March 19, 2015

- 7:00 PM Choir Practice ~ Clarke Room

Friday, March 20, 2015

- 5:00 PM Friday Night Supper ~ Parish Hall
- 7:30 PM The Mankind Project, Informational Session ~ Hunnewell Chapel

Saturday, March 21, 2015

No congregational events are scheduled.

Sunday, March 22, 2015

- 9:00 AM Joining Ceremony Breakfast ~ Hunnewell Chapel
- *9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins, Parish Hall, Stage R.
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Corporation Meeting ~ Hunnewell Chapel
- 12:30 PM Indulge 2015 Planning Meeting ~ Clarke Room

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



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Unitarian Universalist

the congregation on their return. The second is three delegates to the Massachusetts Bay District meeting scheduled for April 25th in Weston. The final is three delegates to the UU Urban Ministry in Roxbury (with a meeting to be scheduled in May). For more information on any of these positions, please contact nominating@ascboston.org.

Arlington Street Church Corporation Meeting

Sunday, March 22nd ~ 12:30 PM, Hunnewell Chapel *Vote required

* Membership Update

* Election of Mass. Bay District Delegates Nominating Committee

Kate Birney Rachel Corey Charles Howes

* Election of UUA GA Delegates Nominating Committee

Rich Abreu Dan Brotman Charles Howes

Art Nava Karen Tausch

* Election of UU Urban Ministry Delegates .. Nominating Committee

Jon Ellertson Nancy Perna George Whitehouse

* Amendment to ASC Bylaws (Inclusion Clause)

Desmond Ravenstone

Q&A on Written Reports

Other Business

Written Reports

Treasurer Susie Nacco

Prudential Committee Alex Frost

Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center Come for a Star Wars Movie Night!

Tuesday, March 24th ~ 6:00 PM, Hunnewell Chapel

Our next book is Matthew Bortolin's *The Dharma of Star Wars*. A wonderful and fanciful introduction to the teachings of the Buddha, it explains how life a long time ago in a galaxy far, far away can teach us more about Buddhism. But first, you are invited to come watch the very first *Star Wars* movie!

Star Wars (later re-titled *Star Wars Episode IV: A New Hope*) is a 1977 American epic space opera film, written and directed by George Lucas, starring Mark Hamill, Harrison Ford, Carrie Fisher, Peter Cushing, and Alec Guinness. The plot focuses on the Rebel Alliance, led by Princess Leia (Fisher), and its attempt to destroy the Galactic Empire's space station, the Death Star. Skywalker (Hamill) agrees to accompany Jedi Master Obi-Wan Kenobi (Guinness) on a mission to return the Death Star plans to the Rebel Alliance and save the galaxy from the tyranny of the Galactic Empire. (~wikipedia)

Arlington Street Zen Center meets at 7 pm and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday. All are welcome!