



### Intersectional Book Discussion

Monday, March 23<sup>rd</sup> ~ 5:30 PM, Frothingham Library

Join Rev. Kim for the fifteenth in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading bell hooks' *Ain't I a Woman: Black Women and Feminism*. All are welcome!



### Meet ASC Connections Fair

Sunday, April 5<sup>th</sup> ~ 12:30 PM, Parish Hall

*"Love is the spirit of this congregation, and service is our gift."*

Let's get excited to:

- Deepen our connections to Arlington Street Church
- Discover how each of us can further engage in the great work of this spiritual community
- Join a group to honor our covenant of service to the church

You are invited to the Arlington Street Church Connections Fair! All of the committees, teams, groups, and other organizations that serve and support our congregation are invited to participate. It's not a meeting; it's a party to speed-match your passions to your service!

*The service begins when the service ends!*



### Delegates Needed for General Assembly Meeting

June 24-28, 2020 ~ Providence, RI

Are you a voting member of the congregation planning on attending the Unitarian Universalist Association's General Assembly in Providence, RI (either in person or online) this year? If your answer is yes, would you consider serving our beloved spiritual community as a delegate? The Nominating Committee will be submitting the names of five delegates to represent our congregation at this year's meeting. Please visit the Welcome Table after the service for more information.

*Thank you!*

## ágora events

*Ágora is the Latinx cultural center nested here at Arlington Street.*

*Elsa and Beba are featuring a host of celebrated artists and warmly welcome us to join in these ¡eventos fantásticos!*

*Unless otherwise noted, all Ágora events will be held in CROMA, the parish hall, with info and tickets available at [Facebook.com/culturalagora/events](https://www.facebook.com/culturalagora/events)*

### 50 Years of Toni Morrison's *The Bluest Eye* Live Reading + Panel

Saturday, February 22<sup>nd</sup> ~ 12:00 - 6:30 PM

Join us for a live reading of Toni Morrison's first novel, *The Bluest Eye*, with readers from many backgrounds coming together to give life to Toni Morrison's beautiful creation. This is a free and open event with ongoing reading from 12pm - 5pm. Feel free to come in and out or stay the entire time! RSVP!



#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

#### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Congregational Administrator and Facilities Manager. Jeffrey is able to help you Monday - Friday, 8:00 AM - 3:00 PM. He can be reached by phone at 617-536-7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

#### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617-536-7050. Our staff and ministers will be in touch to lend support.

#### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to [publications@ascboston.org](mailto:publications@ascboston.org). Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### FINDING EVENTS AT ARLINGTON STREET

**Main level: Hunnewell Chapel** is through the leather door to the right of the pulpit; **Nursery** is off the hallway outside the chapel; **Frothingham Library** is past the stairs and next to the Boylston Street entrance.

**Upstairs: Clarke Room** is up the stairs outside the nursery.

**Downstairs: Parish Hall** is the main room; **Carol Smith Room** is to the right of the stage; **Alan Helms Library** is to the left of the stage; **Perkins Room** (Family Ministry) is just past the kitchen; **Ágora office** is at the back of the Perkins Room.

#### SECURITY NOTE

Remember to be mindful of your belongings! Today and throughout the week, please help to keep the outside doors to the church secure.

# INSIDE

## ARLINGTON STREET CHURCH

### NEWS FROM THE SOUL OF SUNDAY

SUNDAY, FEBRUARY 9<sup>TH</sup>, 2020

*If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.*

### TODAY



### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! Please visit the Arlington Street Cares Table (on your right as you enter the Parish Hall) to sign cards for those who have shared candles of sorrow and joy with us. We welcome additional volunteers to help with the Cares table, food preparation, and, clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.



### The Wedding of Liz Teixeira & Dawn Bellamo: You Are Invited!

Today ~ 1:00 PM, Sanctuary

Liz & Dawn are getting married today! The ceremony will be followed by a celebratory toast in the chapel. *All are welcome!*

Liz & Dawn (and Puffin!) write, "We have everything we need, but we will be making a donation to the church with the gifts from our wedding. We plan on setting up a fund for treats at the Blessing of the Animals!"

### THIS WEEK



### Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Meditation Center

Tuesday, February 11<sup>th</sup> ~ 6:00 PM, Frothingham Library

Buddha's Belly and Arlington Street Meditation Center (feel free to come to one or both) meet every 2nd and 4th Tuesday. **6:00 Buddha's Belly (Book Group):** We will continue our discussion of Pema Chödrön's *Welcoming the Unwelcome: Wholehearted Living in a Brokenhearted World*. Please read through chapter 8, "Beyond the Comfort Zone." *All are welcome!*

**7:00 Arlington Street Meditation Center:** Our gathering includes seated and walking meditations, a brief reading from Buddhist teachings, and conversation. If you'd like to walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions (or none!) are warmly welcome.

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## **The Wednesdays: Walt Whitman**

Wednesdays, February 12<sup>th</sup>, 19<sup>th</sup>, and 26<sup>th</sup> ~ 3:00 – 5:00 PM  
The Vendome, 160 Commonwealth Ave. (tell the doorman you're there to see Professor Helms)

Join Professor Helms and Rev. Kim on wintry Wednesday afternoons for a deep exploration of four Whitman masterpieces: *Crossing Brooklyn Ferry*, *Out of the Cradle Endlessly Rocking*, *As I Ebbd with the Ocean of Life*, and the Lincoln elegy, *When Lilacs Last in the Dooryard Bloomed*. These poems are often overlooked because of the universal focus on “Song of Myself,” but in any accounting of Whitman’s accomplishment all four are essential reading. You can find all these poems on the web; we’ll discuss one per gathering. A special packet for February 19th is available from Rev. Kim. *All are welcome!*

## **Sacred Circle**

Wednesday, February 12<sup>th</sup> ~ 5:30 PM, Alan Helms Library

Join us for poetry and music! This time we’ll be focusing on Black History Month and how it connects with Unitarian Universalism. There will also be pizza and cookies! See you there!

## **Kundalini Yoga Class**

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

## **UU Singles Valentine’s Day Potluck**

Friday, February 14<sup>th</sup> ~ 6:30 PM  
The First Unitarian Universalist Society in Newton

Join a group of Unitarian Universalist singles from all over the Boston area for our first event: a potluck on that most awkward of all days if you’re single—Valentine’s Day! Enjoy good food, good conversation, and good fun with area UU singles.

The dinner will be from 6:30 - 8:30(ish) at FUUSN. RSVP to [www.signupgenius.com/go/30e0c44a5a72ca4f85-uusingles](http://www.signupgenius.com/go/30e0c44a5a72ca4f85-uusingles). Please include what you will be bringing in the comment section (though if we wind up with 12 pans of brownies, is that really a bad thing?). Please share this invitation with your single UU friends! To help organize this group, please contact Brad, Deb, or Julia at [debpicciuto@juno.com](mailto:debpicciuto@juno.com). For more information about the Valentine’s Day Potluck, please contact Barb at [celeryelectric@gmail.com](mailto:celeryelectric@gmail.com). This is our first event—come and you can say you were with us on the ground floor!

## SAVE THE DATE

## **Arlington Street Circle of Caring**

Sundays, February 16<sup>th</sup> & 23<sup>rd</sup> ~ 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitator, Maureen Peterson calls on her significant personal experience to create a safe space for sharing our stories and supporting one another through the crises of life.

*We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Renewal House Sunday, February 9, 2020

\*9:30 AM Choir Rehearsal ~ Sanctuary  
11:00 AM Sunday Worship ~ Sanctuary  
12:30 PM Social Action Meeting ~ Alan Helms Library  
12:30 PM Safe Congregation Committee Meeting ~ Clarke Room  
1:00 PM Dawn and Liz Wedding ~ Hunnewell Chapel

### Monday, February 10, 2020

No congregational events are scheduled.

### Tuesday, February 11, 2020

6:00 PM Buddha’s Belly ~ Frothingham Library  
7:00 PM Arlington Street Meditation Center ~ Hunnewell Chapel

### Wednesday, February 12, 2020

3:00 PM The Wednesdays: Walt Whitman ~ The Vendome, 160 Commonwealth Ave. (tell doorman you’re there to see Professor Helms)  
5:30 PM Sacred Circle ~ Alan Helms Library  
6:00 PM Kundalini Yoga ~ Hunnewell Chapel

### Thursday, February 13, 2020

7:00 PM Choir Practice ~ Clarke Room

### Friday, February 14, 2020

5:00 PM Friday Night Supper Program ~ Parish Hall

### Saturday, February 15, 2020

No congregational events are scheduled.

### Sunday, February 16, 2020

\*9:30 AM Choir Rehearsal ~ Sanctuary  
11:00 AM Sunday Worship ~ Sanctuary  
12:15 PM Nominating Committee ~ Alan Helms Library  
12:30 PM Indulge Meeting ~ Clarke Room  
12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room  
1:00 PM Spiritual Passion: Heart Speaks ~ Hunnewell Chapel

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

***For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)***



## **Spiritual Passion: Heart Speaks ~ An Expressive Arts Presentation**

Sunday, February 16<sup>th</sup> ~ 1:00 – 3:00 PM, Hunnewell Chapel

Speaking the language of the heart through paintings, poetry and music, artist Kathleen Quigley will share her Heart Energy Transmissions. These heart transmissions will help each of us reconnect to our own heart language and the Universal Heart—the One. Please join Kathleen for this heart adventure expressing your heart’s desires!

## **My Life in the Middle Ages**

Saturday, February 22<sup>nd</sup> ~ 7:30 PM  
Piano Craft Gallery, 793 Tremont Street, Boston

Writer, storyteller, and ASC choir member Judah Leblang presents a new version of his show, “It’s Now or Never: My Life in the Late Middle Ages,” recounting his adventures on turning 60 and sharing excerpts from his book, *Echoes of Jerry*, about life with his deaf uncle. Advance tickets are \$16 at <https://bpt.me/4492590>, \$20 at the door. For more info, call 617-466-9637 or go to <http://bit.ly/judahshow>. *All are welcome!*

## **Pledge Clinic**

Sunday, February 23<sup>rd</sup> ~ 12:30 PM, Parish Hall

Do you have questions about your pledge? Or would you like to make one, pay one, change the way you’re paying, make a stock donation, arrange to remember ASC in your will, or otherwise give lots of money to Arlington Street? Our beloved community thrives on all our gifts, but especially the ones that arrive automatically (and without fees) as ACH transfers from our bank accounts. It’s easy to set up; let’s make it happen! Stop by for a confidential conversation about your pledge with our treasurer, Liz Teixeira, and our executive minister, Rev. Beth, or pop in to say hello just because they’re so awesome! *Thank you for your generosity!*

## **Meditation Retreat: Don’t Just Do Something—Sit!**

Sunday, February 23<sup>rd</sup> ~ 1:00 – 5:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Meditation Center invite you to an afternoon meditation retreat. We’ll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)—the same format as our twice-monthly gatherings, just a longer session.

Whether you’re experienced in meditation or interested in a full-immersion introduction, welcome! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (if you’d like to walk in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning and stay as long as you like. At 5:00, we’ll celebrate by enjoying an early dinner together at a Thai restaurant nearby (BYO\$!).

## **Feed 10,000 in Two Hours**

Sunday, March 22<sup>nd</sup> ~ 1:00 PM, Parish Hall

Save the date for Arlington Street’s 7th annual meal packaging event with Rise Against Hunger! Bring family, friends, neighbors, and coworkers—from three to 103 years old!—to transform the Parish Hall into a lively and fun assembly line. Join in the life-saving service of packaging 10,000 highly-nutritious, dehydrated meals to be shipped across the globe to hungry people in dire circumstances. Participating in this event is a truly rewarding experience! *All are welcome!*