

Announcements

Spiritual Passion: Recovery with John, Kate, Mary, and Robert
Sunday, February 22nd ~ 12:45 PM, Hunnewell Chapel

What is recovery? Are you curious about recovery from addiction? From sexual abuse? What does it mean to live life on life's terms?

Whose life are we living? What happens when the role models of our upbringing no longer serve us well, if they ever did at all? Waking up and choosing to live a life in recovery can be fun. Leave the doom and gloom at the door. Buddy up and hold on tight! You don't have to do this alone. ~ John

"Frederick Buechner says: 'It is important to tell our secrets too because it makes it easier that way to see where we have been in our lives and where we are going.' For me, that is the process of recovery. Recovery, in varying applications, carries the meaning of a return to an original state; the gradual act of healing; or the act of regaining or saving something lost. Action, in other words, based on acknowledging the truth." ~ Kate

"To me, recovery is about recovering the truth, so that we can be in an honest relationship to ourselves, to others, and to reality. For as wrenching and difficult as the process of facing those memories was, the women who wrote *The Courage To Heal* gave me hope that on the other side, I would have my life back. My recovery from incest has enabled me to be in the world fully, and to form loving and lasting relationships. As Audre Lorde said, the most radical thing you can do is heal yourself." ~ Mary

Join us for a shared exploration of recovery! All are welcome!

A Weekend Intensive of Kirtan & Spiritual Teachings *with Krishna Das, Sharon Salzberg, and Lama Surya Das*

Saturday, February 28th ~ 7:30 PM, Sanctuary, Arlington Street Church
Sunday March 1st ~ 1 PM, Newton South HS, 140 Brandeis Rd., Newton

We will come together to discover and celebrate the power of the heart by cultivating our natural capacity for faith, compassion, and love. To purchase tickets and learn more about this wonderful event, visit ASCBoston.org and click on the link in the right-hand box!

What Happens at Indulge ... Depends on You!

Saturday, March 28th ~ 6:30 PM, Arlington Street Church

The success of Indulge—Arlington Street's annual fundraising gala set for March 28th—always depends on dedicated volunteers who staff the event and those who donate auction items. So, if you haven't already signed up to help, please consider stopping by the Indulge table in the Parish Hall to volunteer and help make the 6th annual Indulge the best ever!

Following on last year's success, we're bringing back a raffle with even more fantastic prizes. Cost is \$20 per ticket. The drawing will be at 10 pm at the end of Indulge festivities, and you do not have to be present to win.

- Grand Prize: iPad Mini 3 and Smart Cover
- 2nd Prize: Bose SoundLink Mini Bluetooth Speaker
- 3rd Prize: Two GoBoston passes

Tickets are available at the Indulge table during coffee hour and will be sold at the event.

COVENANT RENEWAL PLEDGE FORM

July 2014 through June 2015

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ _____
to support the work of Arlington Street Church for 2014-2015.

Signature: _____ Date: _____

Signature: _____ Date: _____

Phone: _____ Email: _____

Pledge contributions may be made by cash, check, or credit card.

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and "**2015 Pledge Payment**".
- Checks should be made payable to Arlington Street Church with "**2015 Pledge Payment**" written on the check memo line.
- If you wish to pay by credit card, please complete the following:

Accepted: Mastercard Visa

Credit Card #: _____

Expiration Date: mm _____ yy _____ Zip Code: _____

Please charge my credit card in either:

- One payment for my entire pledge on July 10, 2014
- Equal monthly installments on the **10th of each month**
- I'm adding a pledge of SERVICE! Here's how I'd like to serve:**

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
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INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, FEBRUARY 8TH, 2015

TODAY

To Renewal House with Love

Today ~ 11:00 AM, Sanctuary

It's time for our annual lovefest for Renewal House (Unitarian Universalist Urban Ministry), our shelter for women and children escaping domestic violence.

This year, please bring full-sized toiletries—shampoo, conditioner, soap, razors, deodorant, toothbrushes, toothpaste—and tampons and pads. All contributions will be gratefully received until noontime on Thursday the 12th! Thank you!

Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson.

Valentine's Day Opportunity from Only A Child

Today ~ 12:30 PM, Social Action Table

The Social Action Committee is sponsoring the sale of beautifully designed boxes made by the youngsters who live in the shelter and work in the carpentry shop of Only A Child. Only A Child, a program for Guatemalan street and poverty-stricken youth, was founded and is directed by ASC's own George Leger. The heart-shaped boxes are offered for the last time today, just in time for Valentine's Day. The handsome boxes will be sold for the reduced price of \$25.00 and can be purchased at the Social Action table. Proceeds from the sale and any additional donations will go to the Only A Child carpentry shop. Your support is greatly appreciated.

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End-of-Life Conversations

Today and Sunday, March 8th ~ 1:00–2:30 PM, Hunnewell Chapel

We all confront death. As family members and friends, do we know how to talk about it? The evidence suggests we don't: 70% of Americans have not communicated their end-of-life wishes.

Arlington Street Church has been invited, along with other congregations, to experience the Conversation Project Starter Kit, with the hope of sparking hundreds of conversations across Greater Boston. In a two-part workshop, Elizabeth Aeschlimann (Harvard MDiv '17) will introduce the Starter Kit and guide participants through conversations with loved ones about an experience that touches everyone. Please plan to attend both sessions of this two-part workshop. For additional information, please speak with Rev. Kim.

THIS WEEK

Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, February 10th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

Buddha's Belly meets at 6 PM. Tonight, we continue our discussion of Pema Chödrön's *The Wisdom of No Escape and the Path of Lovingkindness*. Please read chapters 16-18.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

Arlington Street's Literary Salon, The Wednesdays, presents The Wednesdays: Shakespeare's Plays

Wednesdays, Feb. 11th and 18th ~ 6:00 PM, Frothingham Library

Professor Alan Helms and Rev. Kim have come up with a scheme that we hope will excite you as much as it does us! The Wednesdays of January and February will be the first installment of a long series devoted to reading all 38 plays of Shakespeare! For many of us this will be one of the great experiences/accomplishments of our lives! This will be fun! All are welcome!

Shakespeare I: 2/11: The Comedy of Errors; 2/18: Titus Andronicus

5th Annual St. Patrick's Peace Parade Planning Meeting

Wednesday, February 11th ~ 7:00 PM, Clarke Room

5th Annual Saint Patrick's Peace Parade, the alternative parade for Peace, Equality, Environmental Stewardship, Jobs, Social and Economic Justice, is right after church on Sunday, March 15th. With only one month and a lot of work ahead, help is needed now more than ever. Please join this organizing meeting this Wednesday. All are welcome!

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, February 8, 2015

- *9:30 AM Music Rehearsal ~ Sanctuary
- 9:30 AM Social Action Committee Meeting ~ Smith Room
- 9:30 PM CRE Committee Meeting ~ Pret A Manger (restaurant), 507 Boylston Street
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins, Parish Hall, Stage R.
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM End-of-Life Conversations ~ Hunnewell Chapel

Monday, February 9, 2015

- *11:00 AM Connections Meeting ~ Perkins Room

Tuesday, February 10, 2015

- 6:00 PM Buddha's Belly ~ Hunnewell Chapel
- 7:00 PM Arlington Street Zen Center ~ Hunnewell Chapel | Sanctuary Library

Wednesday, February 11, 2015

- *11:30 AM Staff Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel
- 6:00 PM The Wednesdays ~ Frothingham Library
- 7:00 PM Vets for Peace ~ Clarke Room

Thursday, February 12, 2015

- 7:00 PM Choir Practice ~ Clarke Room

Friday, February 13, 2015

- 5:00 pm Friday Night Supper ~ Parish Hall

Saturday, February 14, 2015

No congregational events are scheduled.

Sunday, February 15, 2015

- *9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins, Parish Hall, Stage R.
- 12:00 PM Coffee Hour and Lunch ~ Parish Hall
- 12:30 PM Indulge Planning Meeting ~ Smith Room
- 12:30 PM Spiritual Passion ~ Hunnewell Chapel
- 12:30 PM Arlington Street Circle of Caring ~ Frothingham Library

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



SAVE THE DATE

Indulge 2015 Planning Meeting

Sunday, February 15th ~ 12:30 PM, Clarke Room

Indulge 2015 is scheduled for March 28th, 2015, and it will doubtless be as much fun and as successful as all the previous Indulges! Today, the planning continues as sub-teams report about their progress with invitations, menu choices, and the auction and raffle. Come be a part of helping to make this fun night a reality!

Arlington Street Circle of Caring

Sundays, February 15th and 22nd ~ 12:30 PM, Frothingham Library

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle.

Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer and her brother and close friends to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.

Prayer Vigil for Immigrant Detainees

Sunday, February 15th ~ 2:00 PM, 20 Bradston Street, Boston

Stop the detentions and deportations and help keep immigrant families together! Join the prayer vigil sponsored by the Boston New Sanctuary Movement at the Suffolk County House of Correction. We will car pool from the church at 1:15. If you want a ride, please email socialaction@ascboston.org.

A Study Group Based on UU Principles: Palestine and Israel

February 2015

Perhaps no other issue challenges our UU principles—to support human rights and social justice—than the Israeli Palestinian question. In a talk given during General Assembly last June, Rabbi Brian Walt said: “At its root it is a struggle insuring that everyone gets equal rights.” For those of you who are interested, a study group based on the UUJME (UUs for Justice in the Middle East) curriculum on Justice in Israel-Palestine will start in February 2015. This curriculum will connect questions raised by this conflict with each UU principle. We will meet six times, and we will determine the best time for us to meet. If you want to be part of the group, please contact socialaction@ASCBoston.org.