

Announcements

Nondiscrimination/Inclusion Amendment to the ASC Bylaws

Many thanks to Desmond Ravenstone for proposing and drafting this excellent addition to our bylaws, and to the Prudential Committee and attendees at the January 11th corporation meeting for their work in refining its language. Please visit ASCBoston.org and click on the Announcements link to read Article 1. A vote on this amendment will be taken at our corporation meeting on March 22nd. Comments are most welcome, and may be sent to office@ASCBoston.org.

Delegates to Represent Arlington Street

At the March 22nd corporation meeting, we will elect delegates to represent Arlington Street at three different gatherings and organizations. The first is five delegates to the General Assembly of the Unitarian Universalist Association scheduled for June 24th - 28th in Portland, Oregon. These delegates will be voting on issues of importance to us and the larger world, and reporting to the congregation on their return. The second is three delegates to the Massachusetts Bay District meeting scheduled for April 25th in Weston. The final is three delegates to the UU Urban Ministry in Roxbury (with a meeting to be scheduled in May). For more information on any of these positions, please contact nominating@ascboston.org

What Happens at Indulge ... Depends on You!

Saturday, March 28th ~ 6:30 PM, Arlington Street Church

The success of Indulge—Arlington Street's annual fundraising gala set for March 28th—always depends on dedicated volunteers who staff the event and those who donate auction items. So, if you haven't already signed up to help, please consider stopping by the Indulge table in the Parish Hall to volunteer and help make the 6th annual Indulge the best ever!

Following on last year's success, we're bringing back a raffle with even more fantastic prizes. Cost is \$20 per ticket. The drawing will be at 10 pm at the end of Indulge festivities, and you do not have to be present to win.

- Grand Prize: iPad Mini 3 and Smart Cover
- 2nd Prize: Bose SoundLink Mini Bluetooth Speaker
- 3rd Prize: Two GoBoston passes

Tickets are available at the Indulge table during coffee hour and will be sold at the event.

Join the Arlington Street Choir!

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome—we are a mix of professionals and amateurs.

We rehearse every Thursday in the Clarke Room and are always accepting new members. Please feel free to send questions to our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.

COVENANT RENEWAL PLEDGE FORM

July 2014 through June 2015

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ _____

to support the work of Arlington Street Church for 2014-2015.

Signature: _____ Date: _____

Signature: _____ Date: _____

Phone: _____ Email: _____

Pledge contributions may be made by cash, check, or credit card.

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and **"2015 Pledge Payment"**.
- Checks should be made payable to Arlington Street Church with **"2015 Pledge Payment"** written on the check memo line.
- If you wish to pay by credit card, please complete the following:

Accepted: Mastercard Visa

Credit Card #: _____

Expiration Date: mm _____ yy _____ Zip Code: _____

Please charge my credit card in either:

- One payment for my entire pledge on July 10, 2014
- Equal monthly installments on the **10th of each month**
- I'm adding a pledge of SERVICE! Here's how I'd like to serve:**

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street
Boston, Massachusetts 02116-3303

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Phone: 617-536-7050 • Fax: 617-536-7051

E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, FEBRUARY 22ND, 2015

TODAY

Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson.

Just Coffee Just In!

We have a new supply of Just Coffee from the coffee growers cooperative in Chiapas Mexico. Please get your supply at the Social Action table in the Parish Hall after the service: dark roast and medium roast; ground and beans; \$12 a pound. Brought to you by your friends from the Social Action Committee.

Indulge Planning Meeting

Today ~ 12:30 PM, Clarke Room

Indulge 2015 is scheduled for March 28th, 2015! Today, the planning continues as sub-teams report about their progress with invitations, menu choices, and the auction and raffle. Come be a part of helping to make this fun night a reality!

Arlington Street Circle of Caring

Today ~ 12:30 PM, Frothingham Library

Are you battling illness, caring for someone who is ill, struggling with isolation or in the process of losing someone you love? Or have you already lost someone, and are you trying to cope with the heartbreak and anger that accompany loss and grief? If you are currently struggling, or have experienced this or any other type of life crisis and would like to share how you made it through, then please join the Caring Circle.

Maureen Peterson is an ASC member who has lost her parents and her best friend to cancer and her brother and close friends

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to AIDS. Her vision of the Circle of Caring is to create a safe space in which to share our stories, discuss what might help, and just be together in support, in healing, in peace and always in love.

Spiritual Passion: Recovery with John, Kate, Mary, and Robert

Today ~ 12:45 PM, Hunnewell Chapel

What is recovery? Are you curious about recovery from addiction? From sexual abuse? What does it mean to live life on life's terms?

Whose life are we living? What happens when the role models of our upbringing no longer serve us well, if they ever did at all? Waking up and choosing to live a life in recovery can be fun. Leave the doom and gloom at the door. Buddy up and hold on tight! You don't have to do this alone. ~ John

“Frederick Buechner says: ‘It is important to tell our secrets too because it makes it easier that way to see where we have been in our lives and where we are going.’ For me, that is the process of recovery. Recovery, in varying applications, carries the meaning of a return to an original state; the gradual act of healing; or the act of regaining or saving something lost. Action, in other words, based on acknowledging the truth.” ~ Kate

“To me, recovery is about recovering the truth, so that we can be in an honest relationship to ourselves, to others, and to reality. For as wrenching and difficult as the process of facing those memories was, the women who wrote *The Courage To Heal* gave me hope that on the other side, I would have my life back. My recovery from incest has enabled me to be in the world fully, and to form loving and lasting relationships. As Audre Lorde said, ‘the most radical thing you can do is heal yourself.’” ~ Mary

Join us for a shared exploration of recovery! All are welcome!

THIS WEEK

Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, February 24th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

Buddha's Belly meets at 6 PM. Tonight, we continue our discussion of Pema Chödrön's *The Wisdom of No Escape and the Path of Lovingkindness*. Please read chapters 16-18.

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, February 22, 2015

*9:30 AM Music Rehearsal ~ Sanctuary
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education ~ Perkins, Parish Hall, Stage R.
12:00 PM Coffee Hour and Lunch ~ Parish Hall
12:30 PM Spiritual Passion: Recovery ~ Hunnewell Chapel
12:30 PM Arlington Street Circle of Caring ~ Frothingham Library
12:30 PM Indulge Planning Meeting ~ Clarke Room
12:30 PM Youth Group ~ Stage Right
12:30 PM Ice Skating ~ Frog Pond, Boston Common

Monday, February 23, 2015

10:30 AM Connection Meeting ~ Perkins Room
6:30 PM Membership Team Meeting ~ Perkins Room

Tuesday, February 24, 2015

6:00 PM Buddha's Belly ~ Hunnewell Chapel
7:00 PM Arlington Street Zen Center ~ Hunnewell Chapel

Wednesday, February 25, 2015

*11:30 AM Staff Meeting ~ Perkins Room
6:00 PM Kundalini Yoga ~ Hunnewell Chapel
6:00 PM The Wednesdays Literary Salon: Robert Frost ~ Frothingham Library
7:00 PM Vets for Peace ~ Clarke Room

Thursday, February 26, 2015

7:00 PM Choir Practice ~ Clarke Room

Friday, February 27, 2015

5:00 PM Friday Night Supper ~ Parish Hall

Saturday, February 28, 2015

6:00 PM Boston Gay Men's Chorus Retreat ~ Parish Hall
7:30 PM Kirtan Concert ~ Sanctuary (tickets required)

Sunday, March 1, 2015

*9:30 AM Music Rehearsal ~ Sanctuary
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education ~ Perkins, Parish Hall, Stage R.
12:00 PM Coffee Hour and Lunch ~ Parish Hall
1:00 PM Spiritual Passion: Celebrate the Power of a Loving Heart! ~ Newton South High School

* **Denotes closed meetings.** This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



**ARLINGTON
STREET CHURCH**
Unitarian Universalist

The Wednesdays: Arlington Street's Literary Salon Robert Frost's Winter Poems

Wednesday, February 25th ~ 6:00 PM, Frothingham Library

Join Prof. Alan and Rev. Kim for a cozy evening of winter poems by Robert Frost. Here are a dozen that will warm your heart, money-back guarantee! Printed copies of the poems will be available, but if you'd like a head start, the poems are as follows (in chronological order). Climb in your sleigh and come join us! All are welcome!

Reluctance	The Onset
The Wood Pile	On a Tree Fallen Across the Road
An Old Man's Winter Night	Our Singing Strength
Birches	A Winter Eden
Dust of Snow	Desert Places
The Runaway	Stopping by Woods on a Snowy Evening

5th Annual St. Patrick's Peace Parade Planning Meeting

Wednesday, February 25th ~ 7:00 PM, Clarke Room

5th Annual Saint Patrick's Peace Parade, the alternative parade for Peace, Equality, Environmental Stewardship, Jobs, Social and Economic Justice, is right after church on Sunday, March 15th. With just a month to go and a lot of work ahead, help is needed now more than ever. Please join this organizing meeting this Wednesday. All are welcome!

Power of a Loving Heart: A Weekend Intensive of Kirtan & Spiritual Teachings

with Krishna Das, Sharon Salzberg, and Lama Surya Das

Saturday, February 28th ~ 7:30 PM, Sanctuary, Arlington Street Church
Sunday, March 1st ~ 1 PM, Newton South HS, 140 Brandeis Rd., Newton

Let's come together to discover and celebrate the power of the heart by cultivating our natural capacity for faith, compassion, and love. For more information and to purchase tickets, please visit ASCBoston.org and click through from the homepage.

SAVE THE DATE

New Member Class

Spiritual Journey, Wednesday, March 4th ~ 6:00 PM, Perkins Room

Meet ASC, Sunday, March 8th ~ 12:30 PM, Clarke Room

All interested newcomers are warmly invited to our next two-session new member class. Rev. Kim joins us for the first session, where we share stories about our spiritual journeys and ask our burning questions. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. In our second session, we learn a little of Arlington Street's history, polity, and practices; and meet some of our illustrious leadership and staff. Please sign up at the Welcome Table in the Parish Hall after the service. All are welcome!