

be dealt with in a timely manner between monthly meetings of the Pru. This discussion will be continued at future meetings to ensure that the process is fair and inclusive.

- Options for property and liability insurance coverage of the church and its employees were compared.
- The Pru voted to grant Joanna Lubkin congregational sponsorship at Arlington Street Church as she pursues her work towards Unitarian Universalist ministry. Joanna has already made numerous contributions to Arlington Street in music and worship.
- Rev. Kim presented plans for initiating a Share the Plate program at Arlington Street beginning, February 9<sup>th</sup>.

### Share the Plate Begins Next Sunday!

Every Sunday Service ~ 11:00 AM, Sanctuary

Beginning next Sunday, we will share the morning offering with initiatives concerning Hunger, Homelessness, and Healthcare. Specifically, 50% percent of all donations (but not Covenant Renewal pledge donations) will go to support these causes.

When we say, “the church has left the church,” we are talking about money as well as about ourselves. As always, our money and other capacity-building resources will go forth from Arlington Street in the hands of those of us who are prepared to do good work with it. Very fittingly, the first *Share the Plate* Sunday will be on February 9<sup>th</sup>, our annual celebration of Valentine’s Day and *To Renewal House with Love*. Renewal House is the Unitarian Universalist Urban Ministry’s shelter for women and children escaping domestic violence. In addition to sharing our collection plate, we will be filling a grocery cart for them. We will continue to collect donations for Renewal House throughout the month of February.

Our Jubilee Team, led by Susie Nacco, Laura Pattison, and Greg Haig, will be vetting organizations with whom we choose to share our Sunday morning offering.

From February through June, we will be engaged in a learning and refining process of this spiritual practice. Members of the Pru, Jubilee, and Rev. Kim would love to hear from you as our beloved spiritual community takes this extraordinary step on our spiritual journey together! For more information, please read Rev. Kim’s white paper available at ASCBoston.org.

### Welcome, Veterans for Peace! Let’s March Together!

Planning Meetings Every Wednesday ~ 7:00–10:00 PM, Clarke Room

It is a special joy and honor to welcome the Smedley D. Butler Brigade of Veterans for Peace! Everyone is invited to attend their meetings to organize for the St. Patrick’s Day Parade in South Boston. The parade has been the source of much contention and heartache in the city; in the past, both Veterans for Peace and LGBTQ groups have been denied permits to march. Three years ago, a second parade was created. This year, the hope is to create one huge parade! Neither Mayor Menino nor Mayor Walsh is willing to march until this vision is realized. Let’s help bring it to fruition!

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### General Assembly 2014

June 25–29, 2014 ~ Providence, RI

General Assembly: A Meeting of Congregations is an annual opportunity for delegates from member congregations to affirm, promote, and practice the democratic process while conducting the business of the Unitarian Universalist Association.

General Assembly (GA) is so much more. The myriad of programs, worship events, witness and service opportunities, and exhibits provide a rich experience to the thousands of Unitarian Universalists who attend each year. GA also gives participants a renewed sense of energy, up-to-date information, inspiration, and innovative ideas to take back to their congregations.

The votes that GA delegates cast have a huge impact on Unitarian Universalism. They determine our elected leaders, amend the bylaws and rules that govern our Association, and shape the justice work that we do as a movement.

Any member of Arlington Street Church is eligible to be a delegate. Please share your interest by emailing [nominating@ascboston.org](mailto:nominating@ascboston.org) by February 14<sup>th</sup>. The committee will present the slate of candidates for election at the corporation meeting on March 9<sup>th</sup>. If confirmed by the Corporation, GA delegates are expected to actively engage with the Arlington Street community on issues identified in the GA agenda, commit to attending the entire program from June 25<sup>th</sup> to June 29<sup>th</sup>, and report back to the congregation about your experience. Delegates are responsible for their registration fees, transportation, and lodging.

#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church’s administrative assistant will pass your message on to the appropriate people. Please speak your “truths in love” and include your name and contact information so we can follow up. Thanks!

#### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

#### INSIDE SUBMISSION GUIDELINES

Please email all Sunday “Inside” announcements **before Tuesday noon** to [print@ascboston.org](mailto:print@ascboston.org). Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

#### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

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Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303  
Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051  
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# INSIDE



## ARLINGTON STREET CHURCH

*NEWS FROM THE SOUL OF SUNDAY*

SUNDAY, FEBRUARY 2<sup>ND</sup>, 2014

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### TODAY

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#### Coffee Hour

Today ~ Immediately following worship, Parish Hall

Let’s all gather downstairs for coffee, soup, sandwiches, and community! If you’re visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson at [office@ascboston.org](mailto:office@ascboston.org).

#### Arlington Street Zen Center Meditation Retreat

Today ~ 1:00–5:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Zen Center

Don’t just do something; sit there! We invite you to an afternoon meditation retreat. We’ll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)—the same format as our twice-monthly gatherings, just a longer session.

Whether you are experienced in meditation or interested in a full-immersion introduction, please join us! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (we will be walking in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning, and stay as long as you like. At 5:00, we’ll celebrate by walking down to Bangkok Blue to enjoy Thai food together! BYO\$.

#### Arlington Street Humanists

Today ~ 1:00–3:00 PM, Stage Right Room

At the next meeting of the Arlington Street Humanists, we will make plans for Darwin Day and discuss the first three chapters of William R. Murry’s *Becoming More Fully Human*, available in print or eBook from Amazon.com. No experience is required, and any questions can be forwarded to Doc Kinne via [Office@ASCBoston](mailto:Office@ASCBoston). All are welcome!

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## THIS WEEK

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### Kundalini Yoga Class

Wednesday, February 5<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

### The Wednesdays: Arlington Street's Literary Salon Robert Frost's Winter Poems

New Date: Wednesday, February 5<sup>th</sup> ~ 6:00 PM, Frothingham Library

Join Prof. Alan and Rev. Kim for a cozy evening of winter poems by Robert Frost. Here are a dozen that will warm your heart, money-back guarantee! Printed copies of the poems will be available, but if you'd like a head start, the poems are as follows (in chronological order). Climb in your sleigh and come join us! All are welcome!

Reluctance	The Onset
The Wood Pile	On a Tree Fallen Across the Road
An Old Man's Winter Night	Our Singing Strength
Birches	A Winter Eden
Dust of Snow	Desert Places
The Runaway	
Stopping by Woods on a Snowy Evening	

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## SAVE THE DATE

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### Stop Hunger Now: Arlington Street Takes Action!

Sunday, February 9<sup>th</sup> ~ 12:30–3:00 PM, Parish Hall

Let's come together to stop hunger now! All hands on deck to package 10,000 meals to be sent to the Philippines by Stop Hunger Now ([stophungernow.org](http://stophungernow.org)), an organization working to create a world without hunger by providing meals to those in need.

All ages are welcome to package the meals, which include protein, vegetables, and vitamins. Meals cost 25 cents each, and donations can be made online at <https://www.givlet.org/donate/vpiN/>.

Bring your family and friends, neighbors and co-workers! RSVP on the ASC Facebook page or just come! All in! Let's Stop Hunger Now!

### Announcing An Exciting New Way to Indulge!

Saturday, March 1<sup>st</sup> ~ 6:30 PM, Arlington Street Church

The success of Indulge—Arlington Street's annual fundraising gala set for March 1<sup>st</sup>—always depends on dedicated volunteers who staff the event and those who donate auction items. So, if you haven't already signed up to help, please consider stopping by the Indulge table in the Parish Hall to volunteer and help make the 5<sup>th</sup> annual Indulge the best ever!

**What's new?** Contribute to the success of Indulge by buying tickets for the first-ever Indulge raffle. Cost is \$20 per ticket. The drawing will be at 10 PM at the end of Indulge festivities, and you do not have to be present to win.

*We invite you to cut out this calendar and keep it handy or view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, February 2, 2013

9:30 AM	Choir Practice ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee & Lunch Hour ~ Parish Hall
12:30 PM	New Member Class: Meet ASC ~ Clarke Room
1:00 PM	Spiritual Passion: Meditation Retreat ~ Hunnewell Chapel
1:00 PM	Arlington Street's Humanist Group ~ Stage Right

### Monday, February 3, 2013

*10:00 AM	Connections Group ~ Perkins Room
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### Tuesday, February 4, 2013

6:00 PM	Worship Committee ~ Perkins Room
*6:30 PM	Connections Group ~ Hunnewell Chapel
*7:30 PM	Spiritual Practice for professional Caregivers ~ Frothingham

### Wednesday, February 5, 2013

*12:30 PM	Staff Meeting ~ Perkins Room
6:00 PM	Kundalini Yoga ~ Hunnewell Chapel
6:00 PM	The Wednesdays: Robert Frost Poems ~ Frothingham Library
7:00 PM	Veterans for Peace Meeting ~ Clarke Room

### Thursday, February 6, 2013

7:00 PM	Choir Practice ~ Clarke Room
*8:00 PM	Connections Group ~ Perkins Room

### Friday, February 7, 2013

5:00 PM	Friday Night Supper ~ Parish Hall
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### Saturday, February 8, 2013

No Congregational Events

### Sunday, February 9, 2013

9:30 AM	Choir Practice ~ Sanctuary
9:30 AM	Joining Ceremony ~ Hunnewell Chapel
9:30 AM	Social Action Committee ~ Smith Room
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee & Lunch Hour ~ Parish Hall
12:30 PM	Indulge Planning Meeting ~ Stage Right Room

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

- Grand Prize: Two tickets to "Book of Mormon" (Saturday, 4/26, Boston Opera House, great seats!)
- 2<sup>nd</sup> Prize: Kindle Fire HDX, 32GB
- 3<sup>rd</sup> Prize: iPod touch, 32GB

Tickets are available at the Indulge table during coffee hour and will be sold at the event.

### Behind the Kitchen Door ~ An ASC Reading Group

Sundays Feb. 23<sup>rd</sup>, March 16<sup>th</sup>, and April 13<sup>th</sup> ~ 12:30–2:30 PM, Clarke Room

In *Behind the Kitchen Door*, author Saru Jayaraman reveals how restaurant workers live on some of the lowest wages in America. The book explores how poor working conditions—discriminatory labor practices, exploitation, and unsanitary kitchens—affect the meals that arrive at our restaurant tables.

*Behind the Kitchen Door* is this year's Unitarian Universalists Association Common Read. It makes visible the lives of people who are subject to discrimination and oppression based on economic status, race, ethnicity, gender, and/or immigration status. Common Reading groups are encouraged to let *Behind the Kitchen Door* inspire follow-up action, such as advocacy for just working conditions for restaurant workers, as part of a commitment to ethical eating.

The three-meeting UUA curriculum will provide the framework for our discussions. People can come to any or all of the meetings. The book is available from the UUA bookstore, Amazon, and the library. If you would like to be in this reading group, please RSVP in person to Kate Birney or Peter Lowber or send an email to [socialaction@ASCBoston.org](mailto:socialaction@ASCBoston.org).

### Boston Strong in Everyday Life—early bird special!

April 12<sup>th</sup> ~ 7:00–9:00 PM, Sanctuary

How can we come together and create a society that is sane, healthy and good? In the chaos of modern life can we meet daily challenges with dignity and wisdom? One year after the Boston Marathon tragedy—when the people of our city demonstrated profound kindness and courage—we are moving forward. We are looking into what will bring us greater peace and resilience in our everyday lives.

Join us for an inspiring evening with meditation master and marathon runner Sakyong Mipham Rinpoche exploring our incredible capacity to meet daily challenges with strength, courage, and compassion. Special \$40 early bird tickets are available to Arlington Street until February 5<sup>th</sup> at [movingforwardboston.com](http://movingforwardboston.com)!

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## ANNOUNCEMENTS

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### The Pru in Review ~ January

- The Prudential Committee (Pru), our Board of Directors, discussed plans for its annual retreat, which will be held on February 22<sup>nd</sup>. Representatives of various committees will be invited to consider important issues that impact the Arlington Street community. Particular attention will be paid to how we can continue to attract and retain new members to our vibrant congregation.
- The Pru discussed how electronic voting (by email primarily) can be included in its deliberations, so that urgent matters can

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