

ARLINGTON STREET MINISTRIES



Join the Arlington Street Choir

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life!

Musicians and non-musicians are welcome - we are a mix of professionals and amateurs. We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.



Children's Religious Education Wants You!

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt? If the answer is yes, please contact Beth Robbins at BRobbins@ASCBoston.org.



Transformation Team for Racial Justice

The Transformation Team for Racial Justice is an ongoing task force of Arlington Street Church that seeks to identify and eliminate interpersonal and institutional barriers of racism and oppression, and build a justice-seeking, multiracial, multicultural community. Please email any feedback or questions to Transformation@ASCBoston.org, attend our open meetings on the third Tuesday of the month from 7 - 8:30 p.m. or speak with a team member (Jonah Beukman, Sarah Cooleybeck, Rita Falzarano, Suzanne Garverich, Margy Herley, Art Nava, Laura Pattison, Nancy Perna, and Barbara Seidl). Membership on the Team requires a one year commitment and anti-racism/anti oppression/multicultural training.



Join the Social Action Committee

Join our team and get support on the social action topic you are passionate about: voting rights, climate change, economic inequality, gun violence, Citizens United, homelessness, and more. We meet on the second Sunday of each month at 9:30 am. For more information, contact David McLain at SocialAction@ASCBoston.org.

"The service begins when the service ends."



COVENANT RENEWAL PLEDGE FORM

December 2017 through June 2018

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ _____

to support the work of Arlington Street Church for 2017-2018.

Signature: _____ Date: _____

Phone: _____ Email: _____

Pledge contributions may be made by cash, check, or credit card.

Mastercard Visa

Credit Card #: _____

Expiration Date: mm _____ yy _____

Please charge my credit card in either:

One payment for my entire pledge.

Equal monthly installments on the 12th of each month.

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday - Friday, 8:00 AM - 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, Unitarian Universalist
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday - Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729
Email: Office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, DECEMBER 31ST, 2017

*If you are visiting Arlington Street Church
or would like information about Unitarian Universalism,
please visit the Welcome Table in the Parish Hall.*

TODAY



Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! Please visit the Arlington Street Cares Table (on your right as you enter the Parish Hall) to sign cards for those who have shared candles of sorrow and joy with us.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.

THIS WEEK



Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

ANNOUNCEMENTS



Spiritual Passions 2018!

Arlington Street Zen Center:

Introduction to Meditation

Sunday, January 7th ~ 12:30 PM, Hunnewell Chapel

Don't just do something; sit there! And when you sit, just sit. Very simple directives ... simple, but not easy! Join Rev. Kim and members of Arlington Street Zen Center for Meditation 101, which will include answers to burning questions such as, "Where do I put my legs?" and "How do I quiet my mind without going to sleep?" This ancient spiritual practice will bring profound benefits not just to you, but to all whose life touches yours. Wear comfortable clothing (and yes, you can meditate in a chair!)

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Inside Out Concert

Sunday, January 7th ~ 4:00 PM, Hunnewell Chapel
Free, Donations Gratefully Accepted

The award-winning Inside Out concert series returns to Arlington Street Church with works for wind quintet.

The Inside Out approach helps concert goers access their memories and activate their imaginations so that they can have more moving, meaningful, and personal experiences with classical music.



Intersectional Book Group

Monday, January 8th ~ 5:30 - 7:00 PM, Frothingham Library

Join Rev. Kim for the fourth in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading Lindy West's *Shrill: Notes from a Loud Woman*, a series of essays dealing with issues of body image, popular culture, feminism, and social justice. All are welcome!



Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, January 9th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 Buddha's Belly: We'll continue our discussion of *All the Rage: Buddhist Wisdom on Anger and Acceptance* (Andrea Miller, editor). Please read through page 91, "When the Tornado Touches Down."

7:00 Arlington Street Zen Center: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



Concert by Boston Chamber Music Society (BCMS)

Saturday, March 10th ~ 11:30 AM, Sanctuary

Welcome to Morning Light! Our own Gaby Whitehouse, BCMS board member, invites you to come listen to this magnificent chamber orchestra play an all-Brahms concert in our beautiful sanctuary. We had great feedback from our fall concerts and look forward to seeing you at the final one in this three-concert series. It's good to see Boston catching up with European cities (think Prague and Amsterdam!), where morning concerts in churches are a wonderful part of daily life. And don't miss the chance to meet the musicians at the delicious reception in the Hunnewell Chapel following the concert. Tickets are \$35, but for ASC members and friends there's a 50% discount! For tickets, visit BCMS at www.bostonchambermusic.org and enter ASC50 as the discount code.

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, December 31, 2017

11:00 AM Sunday Morning Worship ~ Sanctuary
12:00 PM Coffee Hour and Lunch ~ Parish Hall

New Year's Day, January 1, 2018

Church office is closed for the holiday.

Tuesday, January 2, 2018

No congregational events are scheduled.

Wednesday, January 3, 2018

6:00 PM Kundalini Yoga ~ Hunnewell Chapel

Thursday, January 4, 2018

7:00 PM Choir Practice ~ Clarke Room

Friday, January 5, 2018

5:00 PM Friday Night Supper Program (FNSP) ~ Parish Hall

Saturday, January 6, 2018

No congregational events are scheduled.

Sunday, January 7, 2018

*9:30 AM Choir Rehearsal ~ Sanctuary
11:00 AM Sunday Morning Worship ~ Sanctuary
11:15 AM Children's Religious Education ~ Perkins Room
12:00 PM Coffee Hour and Lunch ~ Parish Hall
12:30 PM Spiritual Passion - Introduction to Meditation ~ Hunnewell Chapel
1:00 PM ASC Circle of Caring ~ Carol Smith Room
4:00 PM Inside Out Concert ~ Hunnewell Chapel

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON STREET CHURCH
Unitarian Universalist



Cris Williamson - Barbara Higbie - Teresa Trull The Reunion Tour

Saturday, March 31st ~ 7:00 PM, Sanctuary

Back momentarily from New Zealand where she now makes her home, Teresa Trull joins forces with Barbara Higbie and Cris Williamson for an evening of beloved old and new favorites. This trio of friends, composed of gutsy blues/rock vocal dynamo and songwriter, Teresa Trull; Grammy-nominated multi-instrumentalist and singer, Barbara Higbie; and the iconic singer/songwriter Cris Williamson, bring a mixture of new material and old favorites to Arlington Street as part of a special few East Coast dates. Without a doubt, the very real friendship binding these three musicians brings a powerful mixture guaranteed to delight, inspire, cheer and comfort. Tickets are available at brownpapertickets.com

MARK YOUR CALENDAR!

There are many great Arlington Street Church events in the works for the New Year. As you begin planning for 2018, be sure to save the dates for:

- January 7th** Meditation 101 - You know you've been meaning to learn to meditate ... or come kick-start your practice!
- January 8th** Intersectional Book Group: *Shrill*
- January 14th** Ice Skating & Hot Chocolate at Frog Pond
- January 21st** Karlene Griffiths Sekou/Black Lives Matter Boston ~ Imagine!
- February 4th** Meditation Retreat
- February 11th** Chinese New Year Parade & Dim Sum Outing
- March 10th** Concert by Boston Chamber Music Society
- March 24th** Indulge Auction & Celebration
Arlington Street Annual Fundraiser
- March 31st** Cris Williamson in Concert
 - April 1st** Easter Sunday Worship
 - April 8th** Rise Against Hunger Service Event
 - April 29th** Covenant Renewal Sunday
 - May 6th** Ordination of Beth Robbins
 - May 12th** Sakyong Mipham (son of Chögyam Trungpa; head of Shambhala)
 - June 9th** Pride!
... and an evening Kirtan with Krishna Das